

# LEADERS CAN START ANYWHERE... AND FINISH THEIR DEGREE AT UND

Courses are sequenced to provide guidance and to help ensure that prerequisites are met.

Catalog Year: 2022-2023

When you begin your Associate of Arts degree at Northland Community and Technical College.

## Plan of Study: Bachelor of Science in Kinesiology (Option B)

Begin courses at Northland Community & Technical College		
First Year   First Semester		
	ENGL 1111: Composition I	3
	MATH 1110: College Algebra	3
	BIOL 1111: Biological Principles I	4
	PSYC 1105: Introduction to Psychology	3
	FYEC 1110: Pathways to Success	1
<b>Total Credits</b>		<b>14</b>
First Year   Second Semester		
	ENGL 1112: Composition II	3
	SPCH 1101: Intro to Public Speaking	3
	BIOL 2260: Anatomy & Physiology I	4
	SOCI 1101: Introduction to Sociology	3
	PHIL 1102: Intro to Ethics	3
<b>Total Credits</b>		<b>16</b>
Second Year   First Semester		
	BIOL 2262: Anatomy & Physiology II	3
	ENGL 2231: Literature & Film	3
	HPER 2250: Prevention & Care of Athletic Injuries	3
	BIOL 2131: Nutrition	3
	PSYC 2201: Developmental Psychology	3
<b>Total Credits</b>		<b>15</b>
<b>Apply to UND by April 15</b>		
<ul style="list-style-type: none"> <li>• Complete online application at <a href="https://www.und.edu/transfer">UND.edu/transfer</a></li> <li>• Request transcripts to be sent to UND <b>from NCTC</b>.</li> </ul>		
<b>Apply for scholarships at UND by March 1</b>		
<ul style="list-style-type: none"> <li>• After admission submit application for campus-wide scholarships in UND's <b>Scholarship Central</b></li> </ul>		
Second Year   Second Semester		
	ANTH 2202: Cultural Anthropology	3
	HPER 2270: Health & Wellness	3
	PHIL 2210: Morals & Medicine	3
	MUSC 1110: Understanding Music	3
	Elective credit	3
<b>Total Credits</b>		<b>15</b>
<b>Take next steps to begin at UND</b>		
<ul style="list-style-type: none"> <li>• Begin new student checklist at <a href="https://www.und.edu/admitted">UND.edu/admitted</a></li> <li>• Attend UND Transfer Student Orientation at <a href="https://www.und.edu/orientation">UND.edu/orientation</a></li> </ul>		

<b>Third Year   First Semester</b>		
	PHE 101: Introduction to Public Health	3
	PHIL 245: Death & Dying	3
	KIN 240: Introduction to Wellness	2
	KIN 242: Introduction to Kinesiology	2
	KIN 355: Applied Motor Development	3
	KIN 111M: Individual Sports/Beginning Combination I	1
	KIN 231M: Individual Sports/Activities MP&A Combination I	1
<b>Total Credits</b>		<b>15</b>
<b>Third Year   Second Semester</b>		
	KIN 366/L: Motor Learning w/laboratory	3
	KIN 326: Fundamentals of Physical Conditioning	3
	PHE 102: Epidemiology in Public Health	3
	PHE 305: Research Methods in Kinesiology and Public Health	3
	KIN 116W: Team Sports Beginning Combination I	1
	KIN 236W: Team Sports MP&A/Combination I	1
	Upper Division Elective in Related KIN Area	3
<b>Total Credits</b>		
<b>Fourth Year   First Semester</b>		
	KIN 309: Water Safety Instruction	2
	KIN 332/L: Biomechanics w/laboratory	3
	KIN 402/L: Exercise Physiology w/laboratory	4
	KIN 401: Sport Sociology	3
	KIN 491: Senior Capstone	3
<b>Total Credits</b>		
<b>Apply to graduate from UND</b>		
<ul style="list-style-type: none"> <li>After registering for your last semester of courses, apply at <a href="https://www.und.edu/commencement">UND.edu/commencement</a></li> </ul>		
<b>Fourth Year   Second Semester</b>		
	PHE 306: Epidemiology & Biostatistics	3
	KIN 440: Sport Psychology	3
	KIN 404: Adapted Physical Activity	3
	KIN 446: Exercise Testing and Prescription	3
	Special Emphasis: Analyzing Worldviews	3
<b>Total Credits</b>		<b>15</b>
<b>TOTAL CREDITS TO GRADUATE</b>		<b>120-124</b>

*This information is provided as guide only. Students are strongly encouraged to meet with their major specific UND advisor.*

*An official evaluation of transfer credit will be done upon admission to the university. Transfer credits will be evaluated and applied according to the current catalog and the approved Essential Studies list at the first semester of enrollment at UND.*

*Transfer credit for courses other than those listed above will be evaluated on a course-by-course basis.*

*Students are required to fulfill UND graduation and GPA requirements to receive a degree and should consult with their UND advisor and the undergraduate catalog for details.*