Osher Lifelong Learning Institute

Summer 2013 Course Schedule

Unique Learning Opportunities for Adults 50+

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in partnership with

UNIVERSITY OF NORTH DAKOTA

in partnership with

BISMARCK STATE COLLEGE

olli.UND.edu
The Osher Lifelong Learning Institute at the University of North Dakota, OLLI@UND, offers more than 125 educational opportunities each year to 600+ members in the Red River Valley as well as the Bismarck and Mandan areas. Our members, ranging in age from 50 to 99, enjoy the interaction, knowledge, new ideas and friends they meet while OLLI is in session. Come and learn more about the intellectual discovery, creative challenge, and camaraderie of OLLI@UND. There’s a chair waiting for you!

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## Membership Benefits

- Explore a broad range of topics in liberal arts, sciences and current events.
- Discover a new passion or explore subjects of longstanding interest.
- Make connections with other OLLI members during courses and activities.
- Keep active, stay mentally fit, and enrich your life!
- Receive discounted pricing.
- The opportunity to earn LEARN MORE Rewards.
- You will have first access to OLLI classes, lectures, and discussion groups.
- You will receive course catalogs and e-mails announcing OLLI and local campus events.
- You will have access to campus facilities and events.
- As a member of OLLI you will be eligible for a reduced rate for a year-round or 4 month membership at the UND Wellness Center. Go to our website olli.UND.edu for more information.

## Membership Fees

The goal of OLLI@UND is to provide lifelong learning opportunities for mature learners while being a self-sustaining organization, advised by OLLI members, and supported through annual membership and course fees. We have 3 fee structures:
- An annual membership at $35,
- Early-bird annual renewal at $25,
- Three year membership at $60. (HUGE savings!)

## Course Fees

You must be a member of OLLI@UND to register for courses at discounted prices and enjoy the many FREE activities. Registration fees for courses range from FREE to $60. Please read the specifics for each course carefully as some course registration fees do not include lab/supply fees or required books.

## Friends and Partners

OLLI@UND benefits from collaborations with many non-profit organizations and local businesses. Their support of lifelong learning is greatly appreciated by all OLLI members and the community. Thank you for your support!

- Sanford Health - Bismarck
- St. Alexius - Bismarck
- Parkwood Senior Living
- Holy Family Catholic Church
- Sharon Lutheran Church
- Happy Harry’s Bottle Shops - GF
- EGF Campbell Library
- Altru Health System
- UND Hyslop Sports Center
- Edgewood Vista - Bismarck
- REAC 1
- Blockbuster Video
- EGF City Hall
- UND Bookstore
- Greater Grand Forks Symphony Orchestra

And our host institutions: University of North Dakota and Bismarck State College

OSH
er Lifelong Learning INSTITUTE
Join us for an adventure to Door County, September 22-28!

As always with OLLI trips, you learn something new every day. This is no different as we go to beautiful Door County, WI. Our adventure highlights include: a visit to the Pine Cone Ridge Alpaca breeding ranch outside Sauk Centre, MN; a tour of the Wisconsin Cranberry Discovery Center and nearby marsh (the exact same marsh featured in the Ocean Spray Cranberry commercials!); 2 nights at the beautiful Rowleys Bay Resort in upper Door County that includes the storytelling of their famous fish boil (as well as enjoying the fish!), and 2 extensive breakfasts at their 14 foot buffet table; attending a play under the stars in a fragrant cedar forest overlooking the waters of Green Bay; maritime and lighthouse museum tours; a tour of Lambeau Field and lunch in Curly’s Pub; a visit to the EAA AirVenture Museum (one of the most extensive aviation attractions in the world) in Oshkosh, WI; an afternoon and evening exploring the historic charm of Galena, IL - via trolley car; lunch in Dodge City, followed by a visit to The Blue Bunny Ice Cream Parlor and Museum, housed in the historic George E. Pew building located in LeMars, IA - the Ice Cream Capital of the World (more ice cream is produced in Le Mars, Iowa, by a single company than in any other city in the world!), before reaching our destination for the night in Watertown, SD. The next morning we will tour the Redlin Art Center and enjoy lunch that is catered and packed in a Terry Redlin keepsake tin, which of course, is yours to keep. Afterwards, it will be onward and upward to Fargo as we complete the last leg of our adventure. Go to http://www.discoverymap.com/Wisconsin/map-of-door-county-wisconsin.html for more information.

Grand Forks
Single - $900
Session#: GF-0008S
Double - $840
Session#: GF-0008D
Triple - $750
Session#: GF-0008T

Bismarck
Single - $900
Session#: BIS-1011S
Double - $840
Session#: BIS-1011D
Triple - $750
Session#: BIS-1011T

September 22-28
Depart: Sunday, September 22, 10:00 am from Fargo Hector Airport Parking lot. Park your car in the Economy Lot at the cost of $36 for the week. Each car must pay with a credit card and must have the same credit card in order to exit the lot. This parking location is the most secure and economical. Learn more at www.fargoairport.com/parking.html You are welcome to use the airport’s facilities. There is a Subway, Marlin’s Family Restaurant, and Caribou Coffee if you need anything before boarding the bus. More details will be forthcoming.

Please arrive 30 minutes early.
Return: Saturday, Sept. 28, 4:30 pm (approximate)

Fee includes travel in deluxe motor coach; six nights lodging; 6 breakfasts; 1 lunch; 4 dinners; snacks, some admission fees. It DOES NOT include personal incidentals or alcohol beverages. Only one large bag per person, please. If you bring two, please be prepared for the possibility of leaving one behind.

Absolutely NO refunds unless a withdrawal notification is received by end of the business day on Monday, August 12. Registration may be transferred, if needed, to another OLLI member or guest by calling 701.777.3000.

To make the trip possible, we must have a combined minimum from Grand Forks and Bismarck of 45 people by Monday, August 12. Deadline for registration: Monday, August 19. If space allows, later registrations will be taken. The trip will involve getting out of the bus numerous times throughout the day, and there will be a good amount of walking. Members should dress in very casual and comfortable layers and wear good, sturdy shoes as there may be rough terrain. Bring an umbrella for rain or shine, and bug spray. If you own a walking stick, feel free to bring it along.
■ Brown Bag Lunch & A Movie

Generously sponsored by BLOCKBUSTER of Grand Forks.
FREE to OLLI members! (Pre-registration REQUIRED)
REAC 1, Main Floor Classroom
4201 James Ray Drive, Grand Forks
On-campus parking requires a permit. (pg 18)
3rd Friday of the Month, starting June 21
NOTE: You are responsible for your own lunch and beverage at the lunch time movies.

June Feature Movie
The Best Exotic Marigold Hotel (2011)
British retirees travel to India to take up residence in what they believe is a newly restored hotel. Less luxurious than its advertisements, the Marigold Hotel nevertheless slowly begins to charm in unexpected ways. Cast includes Dame Judy Dench and Tom Wilkinson.
Session#: GF-0001
Friday, June 21
Noon - 2:00 pm

July Feature Movie
Argo (2012)
When Iranian militants seize the American embassy, six Americans slip into the Canadian embassy for protection, prompting a joint CIA-Canadian secret operation to concoct an elaborate plot to rescue them by pretending that they are filmmakers rather than diplomats.
Session#: GF-0002
Friday, July 19
Noon - 2:00 pm

August Feature Movie
Quartet (2012)
A trio of retired opera singers’ annual celebration of Verdi’s birthday sours when their estranged fourth member shows up but refuses to sing. Tensions rise and diva drama erupts -- will personal problems prevent the show from going on? Cast includes Maggie Smith and Billy Connolly, and directed by Dustin Hoffman.
Session#: GF-0003
Friday, August 16
Noon - 2:00 pm

■ Special Interest Group: Shakespeare!

“How many ages hence shall this our lofty scene be acted over, in states unborn and accents yet unknown”, says Cassius, as Caesar’s murderers wash their hands after their brutal act. The group views and reads Shakespearean plays separately, then meets once a month at the Coffee Company to discuss the bard’s works, with the goal of eventually reviewing all of the plays. Come and learn why Shakespeare’s pertinence in contemporary life is so amazing. The conversation is casual, the company friendly, and all who are interested are welcome to attend.
No registration necessary
Thursday, May 16
1:00 pm
The Coffee Company
2100 S. Columbia Road, Grand Forks
For more info, call Betty at 701-772-0932

■ Author’s Notes
The Adventures of Theologis with Michael Harvey

Michael L. Harvey (OLLI member and instructor) wrote his first children’s story at age eleven. His mother and both grandmothers deemed it stellar writing. The exact current location of “Mikey’s Trip to Santa Land” is not known. Like most parents, Michael and his wife read endless bedtime stories to their three children. After a zillion readings of each and every story, Michael branched off into “homemade” stories. Featured in the stories was a giant rhinoceros named Theologis. Their oldest granddaughter became a part of the Theologis family tradition. Her move, at age four, to Milwaukee (her parents went with her) left stories to tell with no listener. Michael resorted to writing the stories and mailing a copy to his granddaughter. There are four more grandchildren.

Michael Harvey started his own software computer business in 1986. He has developed software for businesses, county governments and universities, including UND and University of California, Chino. In 2007 he created a two volume DVD set tracing his family history from Norway to North Dakota. Since then he has created DVDs for museums, art fests, and Artist Receptions at the Campbell Library in East Grand Forks, MN. Michael has donated 20 of his DVDs to the Chester Fritz Library Special Collections.

FREE to OLLI members
Session#: GF-0004
Tuesday, July 9
1:00 - 2:30 pm
UND Campus
REAC 1, Main Floor Classroom
4201 James Ray Drive, Grand Forks
Requires parking permit (pg 18)
An Interpretation of Regional Geology
May 14

Experts on Board: Dr. Dexter Perkins & Dr. John Hoganson

We will examine the geology of North Dakota, traveling in a large circle north to Pembina, west to the Pembina River Gorge and the area near Walhalla, south to western Grand Forks County, and then home. We will stop often to examine the bedrock and glacial geology of eastern North Dakota. During several prolonged stops, we will look at maps and charts and learn about the geological history of our region. By the end of the trip, you will be able to describe how North Dakota has evolved during the more than 2 billion years from the Precambrian to present, and will be able to recognize key kinds of bedrock and landforms.

Dr. Dexter Perkins is a Professor of Geology at UND. Perkins completed graduate work at the University of Michigan before becoming faculty at the University of Chicago. He has published 4 books and more than 50 scientific papers. His research is focused on ancient metamorphic rocks found in the Canadian Shield, samples from Earth's mantle that have been carried to the surface during volcanic eruptions, and science education. Perkins often leads field trips or workshops for diverse groups that include professional geologists, the general public, and kids of all ages.

Dr. John W. Hoganson is the State Paleontologist with the ND Geological Survey and is curator of the ND State Fossil Collection in Bismarck. Hoganson earned a bachelor’s degree in earth science from NDSU. He earned masters and doctoral degrees in geology (emphasizing paleontology) from the University of Florida and UND respectively and authored numerous articles about North Dakota geology and paleontology. In 2003, he co-authored Geology of the Lewis and Clark Trail in North Dakota, and in 2007 his book, Dinosaurs, Sharks, and Woolly Mammoths: Glimpses of Life in North Dakota’s Prehistoric Past, won the State Historical Society of North Dakota’s editor’s award.

Member - $80
Session#: GF-0005
Non-member - $95
Session #: GF-0005G

Tuesday, May 14
Depart: 8:00 am Stamart Truck Stop
1212 N. 47th St., Grand Forks
Park on the west side of the old Emerald Grill
Please arrive 15 minutes early.
Return: 6:00 pm (approximate)

Fee includes travel in deluxe motor coach; snacks, and lunch.
Refunds are available if a withdrawal notification is received by end of the business day on May 3. Registration may be transferred, if needed, to another OLLI member or guest by calling 701.777.3000. To make the trip possible, we must have a minimum of 25 people by May 3. Deadline for registration: Thurs., May 9. If space allows, later registrations will be taken.

This trip involves getting out of the bus numerous times throughout the day. Members should dress in very casual and comfortable layers and wear good, sturdy shoes as there may be rough terrain. Bring an umbrella for rain or shine, and bug spray. If you own a walking stick, feel free to bring it along.

Oil Patch USA
June 18-20

Experts on Board: Lauren Hardmeyer Donovan and Drew Combs (Veteran OLLI Presentors)

Join career journalist Lauren Hardmeyer Donovan and the Director of Minerals Management Division (ND Land Department), Drew Combs, for a day-long guided tour of North Dakota’s oil patch. The tour hosts will provide an ongoing commentary about what you’ll be seeing right out the window as we go through oil patch cities and the oil fields. Hear about the nuts and bolts of oil development and consider the philosophical implications of oil development for our great state. The tour will include a stop at a “man camp” where we’ll eat like oil workers do. We’ll also enjoy on-board visits from the leaders of the oil patch communities that we pass through. Prepare for a vigorous and stimulating day with moderate physical activity.

Drew Combs has a BS degree in both political science and history. He has worked worldwide within the oil and gas industry in various capacities, often under extreme work environments (climate, conflicts and political unrest).

Lauren Hardmeyer Donovan, a Mott native, is a career journalist, currently reporting on the oil patch and other stories from western North Dakota for the Bismarck Tribune. She is a graduate of the UND and for part of her career, was a weekly newspaper editor for the Hazen Star in Coal Country. She is a member of Preservation North Dakota and recently authored a book, Prairie Churches, to illustrate the group’s work to help preserve these special icons of North Dakota’s settlement history.

Members Only
Single - $385
Session#: GF-0006S
Double - $305
Session #: GF-0006D
Triple - $240
Session #: GF-0006T

Tuesday, Wednesday & Thursday
June 18, 19 & 20
Depart: Tuesday, 1:00 pm
Pilot Flying J Travel Center,
Pilat Flying J Travel Center,
Con't on page 6
TRIPS

Rydell Wildlife Refuge and Agassiz Audubon Sanctuary

July 11

Expert on Board: Dr. Robert Seabloom
(Veteran OLLI Instructor)
Expert Guide: Heidi Hughes, Agassiz Audubon Sanctuary

This day trip will explore some aspects of the natural history of the Lake Agassiz beach ridges through visits to the Rydell National Wildlife Refuge and the Agassiz Audubon Center. Both of these sites include former farms which the owners have donated for the purpose of preserving the area’s natural heritage.

Rydell National Wildlife Refuge is located on the historic Glacial Lake Agassiz beach ridge transition zone, changing from the northern tall grass prairie/aspen parkland to the eastern deciduous forest. The refuge supports a diversity of wildlife in a mosaic of almost 2200 acres of wetlands, hardwood forest, and tall grass prairie.

The unique combination of habitats provides for an impressive diversity of wildlife, including over 100 species of migratory waterfowl and songbirds that breed and migrate through the refuge. The visitor center, observation platforms, and an extensive trail system allow for optimal wildlife observation and photography.

Fees include travel in deluxe motor coach; snacks, meals and two nights lodging. It DOES NOT include personal incidentals or alcohol beverages.

Absolutely NO refunds unless a withdrawal notification is received by end of the business day on Thursday, May 16.

Registration may be transferred, if needed, to another OLLI member or guest by calling 701.777.3000.

To make the trip possible, we must have a combined minimum from Grand Forks and Bismarck of 50 people by May 16.

Deadline for registration: Monday, July 1.

If space allows, later registrations will be taken. Members should dress in very casual and comfortable layers and wear good, sturdy shoes as there may be rough terrain.

COURSES

“Me” in Memoir III

Instructor: Ronald Vossler
(Veteran OLLI Instructor)

This course will continue with the same focus as the two previous “Me in Memoir” courses: to guide and encourage each enrolled student to write about a single event in his/her life following the various steps of the writing process—brainstorming, drafting, sharing, revising, and re-revising, depending on each student’s energy and inclination. Taught by a professional writer, this informal course will also include: discussion of intended audiences and purposes, use of professional and amateur writing models, and small peer groups, if students wish, to encourage free exchange of ideas and suggestions.

We will also read and use the author’s latest publication, a short essay, “Fellowship of the Sausage Ring” as one of the models for writing in the course. All students, including those previously enrolled in the “Me in Memoir” classes, are welcome.

Ron Vossler is an award-winning writer and scholar with numerous publications, including books and films. Go to his website, www.ronvossler.com for more information. In demand on the lecture circuit, his presentation topics include such diverse topics as ethnic humor, memoir writing, documentary film making, and family, local and regional history. His next major book grows out of his recent Fulbright Fellowship to Ukraine.

$55
Session#: GF-0009
6 Mondays
6/3, 6/10, 6/17, 6/24, 7/1, 7/8
1:00 - 3:00 pm
UND Campus, Gustafson Hall
3264 Campus Road, Grand Forks
Requires parking permit (pg 18)
**The Shack**

Instructor: Rev. Dr. Gretchen Graf  
(Veteran OLLI Instructor and Member)

The Shack by William P. Young created a stir in 2007 when it was first published. This class will revisit the novel to discover if it is still as startling as it was 6 years ago. This will give us an opportunity to ask ourselves important questions like: How do we picture God? Is it possible to have a personal relationship with divinity? Does sin exist? If God is good, why do innocent people suffer? Perhaps we'll find many answers to single questions or even that some questions are unanswerable – but that's the fun of it. It's recommended that people read the book over the 6 weeks of class. Sharing a copy among several people should be possible. **Please purchase or borrow a book on your own.**

Rev. Dr. Gretchen Graf is Director of Resource Development for Good Samaritan Society – Heritage Grove in East Grand Forks. She has been a pastor and a teacher and continues to be a mom, gardener, craftswoman, and seeker.

$55  
Session#: GF-0010  
6 Mondays  
5/20, 6/3, 6/10, 6/17, 6/24, 7/1  
(No class 5/27 - Memorial Day)  
4:30 - 6:00 pm  
East Grand Forks Campbell Library  
422 4th St. NW, East Grand Forks, MN

**Extra-(far from) Ordinary Watercolor Painting II**

Instructor: Jessica Pribula  
(Veteran OLLI Instructor)

Painting with watercolors can be so much more than just paint and water. Join instructor, Jessica Pribula, for this hands-on experimental watercolor course. Designed to inspire and motivate artists of all levels, this course gives you an opportunity to build your basic skills with non-traditional techniques using water-based media. Prior knowledge is not necessary; as demonstrations will be provided. Supplies are not included in the course fee; however, a supply list will be mailed to you upon registration. All materials (approximately $30) need to be obtained before the first class.

Jessica Pribula grew up on a small farm in northwest Minnesota. Her passion for art began at a young age with an interest in fashion design and expanded into the fine arts. As an undergraduate student she became captivated with weaving and surface design on fabric. Jessica received her Master of Fine Arts in 2009 from Central Washington University. Jessica currently works as a full-time artist investigating the aesthetic and expressive possibilities of weaving and dying paper.

$50  
Session#: GF-0011  
4 Tuesdays  
5/21, 5/28, 6/4, 6/11  
1:00 - 3:00 pm  
Parkwood Senior Living  
749 30th St. S, Grand Forks  
Maximum 20 people

**The Play’s The Thing**

Instructor: Kathleen Coudle King  
(Veteran OLLI Instructor)

In this 6 week course, you will be introduced to the basic elements of play writing. You will learn to craft a character, dialogue, and create a comic or dramatic monologue or short play. The course will culminate in staged readings of the work at the Fire Hall Theatre in downtown Grand Forks on July 16 at 7:00 PM.

**Admission for the July 16 event is FREE and open to the public.**

Kathy Coudle-King is an experienced playwright and teacher whose work has been produced around the country over the last 30 years. She is the Executive Director of the Greater Grand Forks Community Theatre. Go to [www.dakotalit.com](http://www.dakotalit.com) to see her work.

$55  
Session#: GF-0012  
6 Tuesdays  
6/4, 6/11, 6/25, 7/2, 7/9, 7/16  
(No class Tuesday, 6/18)  
5:30 - 7:30 pm  
Fire Hall Theatre  
412 2nd Ave., N., Grand Forks, ND  
Maximum 20 people
OLLI Grand Forks Offerings

**COURSES**

**IMPACT (International Movement Promoting Assault Contravention Training)**

Sponsored in part by the Red River Valley Motorcyclists
Course Open to Women 18 & Older
Instructor: Kay Mendick
(Veteran OLLI Instructor)

IMPACT is a highly specialized self-defense program that is based on the idea that learning is best accomplished by “doing.” A specially trained “mugger” instructor dons state-of-the-art customized padding so that you can practice the full-force defensive tactics. You will learn by fighting in scenarios that are as realistic as possible. It doesn’t matter what size or age you are, or what physical limitations you have, learn to protect yourself in case of an attack on your life. Not only will IMPACT empower you with defensive skills, you will gain confidence by building a voice against violence. Take this class with your mother, sister, daughter, granddaughter or girlfriend. Together, you will learn simple, effective self-defense skills.

Ellen Snortland, a self-defense advocate and the reason IMPACT is here in ND, is now in the process of putting together a documentary using footage from a class that she and Lisa Gaeta (CEO of IMPACT International) held in Tijuana and footage from some of UND’s IMPACT classes here in ND. In the documentary, she will use a comparison between what women in Mexico are facing, and women here, especially in the western part of ND, are facing. No matter where you live, the effect violence has on a woman’s soul makes ANY and EVERY form of violence a life-long wound. To get an idea of what kind of powerhouse Ellen Snortland is, go to [http://www.youtube.com/watch?v=cQ--44732V8](http://www.youtube.com/watch?v=cQ--44732V8) to watch a video. Also, here is the 5 minute trailer [http://www.youtube.com/watch?v=1zP4Mb6tXR0](http://www.youtube.com/watch?v=1zP4Mb6tXR0) for the documentary, Beauty Bites the Beast.

Kay Mendick has been the director of the UND Women’s Center since 1998. In 2000, Kay became a certified IMPACT Personal Safety Instructor and the director of IMPACT-U Personal Safety Program at UND.

**Member - $35**
**Session#: GF-0013**
**UND Student/Staff/Faculty - $55**
**Session#: GF-0013ST**
**Non-Member - $70**
**Session#: GF-0013NM**
4 Tuesdays
6/4, 6/11, 6/18, 6/25
5:30 - 8:30 pm
UND Campus, Hyslop Sports Center, 3rd Floor, 2751 2nd Ave. N, Grand Forks
Max 14 people/Min 8 people

Requires parking permit
Specific 4-Day Temporary Parking Permit for IMPACT course ONLY. This temporary permit is for those who have no other type of parking permit such as an annual OLLI permit or regular UND permit.

- $15 - GF-0013TP

**The Child Welfare Movement in Early North Dakota**

Instructor: Dr. Kenneth Dawes
(Veteran OLLI Instructor)

The “Good Old Days” weren’t necessarily good for everyone, especially children. We will examine the social and legal status of children from Dakota Territorial days until 1923 when the North Dakota Children’s Code Commission was established. We will touch on the following subjects: child indentureship, orphan trains, orphanages, poor farms, state and private institutions for children, juvenile court, child labor laws, mother’s pension law, state humane society, and services for children with disabilities. We will discuss the contributions of several North Dakota citizens who played key roles in reforming the child welfare system of that day.

Dr. Kenneth Dawes is Professor Emeritus of Social Work and a Chester Fritz Distinguished Professor. He is also the former Director of the UND Office of Research and Program Development. Prior to teaching at UND, he held a number of positions in North Dakota’s social welfare system.

- $50
**Session#: GF-00014**
4 Wednesdays
5/22, 5/29, 6/5, 6/12
10:00 am - Noon
Parkwood Senior Living
749 30th St. S, Grand Forks

**Short Story Study**

Instructor: Ruby Grove
(Veteran OLLI Instructor and Member)

Starting with how an author gets her/his inspiration for the story, we will move on to examine the elements of a short story and how an author pulls it all together in a forty-five minute read. Comparing older short stories to those of new writers, we will trace the development of the short story over the years. Different genres of short stories will be explored including adventure, science fiction, romance, and mystery. Above all we will read and discuss the favorites of class members. New short stories appearing on the internet and in e-publishing will also be discussed. We will read, read, read—how fun!

Ruby Grove has spent sixty years scribbling and teaching. She is an experienced OLLI instructor and English teacher. She has had work published in regional magazines and won several writing awards.

- $50
**Session#: GF-0015**
4 Thursdays
5/23, 5/30, 6/6, 6/13
10:00 am - Noon
UND Campus, Gustafson Hall
3264 Campus Road, Grand Forks
Requires parking permit (pg 18)
Glaucoma and Macular Degeneration

Presenter: Dr. Kari Torkelson

Your sight begins its dynamic changes after age 40. First, “your arms get too short.” Then you begin to cope with decreasing quality of vision, especially at night and when driving. Hearing the words cataract, glaucoma, macular degeneration, etc., could become alarming. Understanding, at a layperson’s level, how human vision works helps to recognize the changes associated with maturing vision. We consider how to address these changes effectively and take preventive measures so we can enjoy the benefits of today’s eye-care technologies and medical advances.

Dr. Kari Torkelson is a native of Thief River Falls, MN. She attended the University of MN-Crookston (UMC) and NDSU before receiving her Doctor of Optometry degree from Indiana University-School of Optometry in 1997. She also serves as the President of the ND School for the Blind Foundation and is member of the Board of Education at her church. She is a member of the American Optometric Association (AOA), AOA Contact Lens Section and AOA Low Vision Rehabilitation Section and has co-authored a journal article about normal tension glaucoma. Dr. Torkelson is an optometrist at Lifetime Vision Center in Grand Forks, ND.

$10
Session#: GF-0016
Monday - 5/20
10:00 - 11:30 am
UND Campus, REAC 1, Main Floor Classroom
4201 James Ray Drive, Grand Forks
Requires parking permit (pg 18)

World War II - Through the Eyes of a Child

Presenter: Mary Sass

We can’t imagine what it was like for most families in Europe during World War II. Now narrow it down and try to imagine life for a girl from age 6 to 13. Mary Sass will share her story of what her life was like - born in Hungary, fleeing with her family to Austria, then to Germany, and finally to the United States. Come and listen as Mary shares her personal story of family life during World War II.

$10
Session#: GF-0017
Wednesday - 5/22
2:00 - 4:00 pm
Parkwood Senior Living
749 S. 30th St., Grand Forks

The Dark Energy Survey: Measuring Something From Nothing

Presenter: Dr. Wayne Barkhouse

In 1998 the scientific community was turned on its head with the announcement of the discovery of a mysterious anti-gravity force that permeates all of space. This “dark energy” has defied explanation using our known laws of physics, and as such, provides us with clues toward achieving a deeper understanding of our universe. In this talk Dr. Barkhouse will describe the establishment and his involvement with the dark energy survey. This survey is a multi-national effort to provide observational constraints on the properties of dark energy, and thus help to unveil its true nature.

Dr. Wayne Barkhouse received his Ph.D. in astronomy and astrophysics from the University of Toronto in 2003. He then held a postdoctoral research position at the Harvard-Smithsonian Center for Astrophysics, Cambridge, MA, and in the Department of Astronomy at the University of Illinois (Champaign-Urbana, IL). Dr. Barkhouse is currently an assistant professor in the Department of Physics and Astrophysics at the UND.

$10
Session#: GF-0018
Wednesday - 6/5
2:00 - 4:00 pm
UND Campus, REAC 1, Main Floor Classroom
4201 James Ray Drive, Grand Forks
Requires parking permit (pg 18)

North Dakota Statewide Cancer Registry

Presenter: Dr. Mary Sens
(Veteran OLLI Presenter)

Learn about UND School Of Medicine and Health Sciences’ collaboration with the ND Department of Health to establish and operate the ND Statewide Cancer Registry.

$10
Session#: GF-0019
Thursday - 6/6
4:30 - 6:00 pm
UND Campus, REAC 1, Main Floor Classroom
4201 James Ray Drive, Grand Forks
Requires parking permit (pg 18)
Roy Rogers: The King of Cowboys and His Happy Trails

Presenter: Dr. Robert Boyd (Veteran OLLI Presenter and Member)

In the two-hour session we will reflect on the life of Roy Rogers. His career in movies and TV spanned nearly five decades. Starring in more than 100 movies and personal appearances that drew thousands of people; Roy Rogers became a hero to both kids and adults. The session will explore his career but will also touch on his personal life and the challenges and rewards it brought him.

Dr. Robert Boyd is Vice President Emeritus for Student and Outreach Services. He recently retired from the University of North Dakota after serving for more than 30 years as a dean and vice president. He grew up in Rock Lake, ND in the 50s when nearly every boy, and many girls, watched movies about cowboys and usually had to select either Roy Rogers or Gene Autry as their hero. “I decided on Roy because I liked that he always caught the bad guy without shooting anyone,” said Boyd, “and later in Roy’s TV program he always stressed to kids that it was important to love God and country.” Over the years Boyd has collected Roy Rogers memorabilia and given presentations on Roy and his family. In 1989 Boyd attended an event in Hollywood where he had the privilege of meeting both Roy Rogers and Gene Autry as their hero.

$10
Session#: GF-0020
Thursday - 6/6
1:00 - 3:00 pm
Parkwood Senior Living
749 S. 30th St., Grand Forks

The Impact of Ageism in America

Presenter: Dr. F. Richard Ferraro (Veteran OLLI Presenter)

This lecture will cover the topic of Ageism (stereotyping of older adults), using TV, movies, magazines, cartoons, etc., to discuss what ageism is, how it impacts older adults and what can be done about it. This presentation will be delivered via the Interactive Video Network from here in Grand Forks to OLLI members in Bismarck so they can take advantage of this offering.

Dr. Ferraro is currently a Chester Fritz Distinguished Professor of Psychology at the UND. He has been at UND since 1992, and is also currently the Director of the General/Experimental Ph.D. program. Dr. Ferraro has been involved in aging research since 1986 and continues to study aging, adulthood and age-related disease and disorders. He currently teaches PSYC 355 – Adulthood & Aging on the UND campus, on-line and through correspondence.

$10
Session#: GF-0021
Monday - 6/24
10:00 am - Noon
UND Campus, Gustafson Hall
3264 Campus Road, Grand Forks
Requires parking permit (pg 18)

Ceramics

Instructor: Dan Van Tassell
Artist in Residence

This class is an introduction to clay as a medium for making functional and sculptural objects. Like steel, bronze, fabric, paper or any other material, clay is a material with its own characteristics, history and context. This course will introduce participants to construct clay vessel forms/sculptural vessel forms using hand building and the potter’s wheel, in addition to glazing and firing. Participants will quickly become aware that clay can create a vast number of surface textures and is a very easy material to mold and shape. The cost of instruction includes parking, clay supplies and use of the facility. Students are encouraged to purchase their own pottery tools from the UND Bookstore. The Hughes Fine Arts Center is open on Friday, Saturday and Sunday for participants to work on their projects.

Dan Van Tassell is currently an artist in residence at the University of North Dakota. He obtained his Master of Fine Arts in ceramics from Southern Illinois University Edwardsville, where he also taught an Introduction to Ceramics class. He has participated in 23 exhibitions and has won several awards for his work.

$250
8 Thursdays
6/6, 6/13, 6/20, 6/27, 7/11, 7/18, 7/25, 8/1
(No class 7/4 - 4th of July)
5:30 - 8:30 pm
UND Campus, Hughes Fine Arts Center
3350 Campus Road, Grand Forks
Requires parking permit (pg 18)
Registration deadline: May 23, 2013

This is not an OLLI offering. For more information on how to register go to: www.summer.und.edu or call 777-3000.
You're Invited!

Grand Forks 2013 Summer OLLI Showcase

Guest Speaker
Dr. Michael Brown
Mayor of Grand Forks
at 5:15 pm

Monday, April 29, 2013
4:30 - 6:00 pm
Holy Family Catholic Church
1018 S. 18th Ave., Grand Forks

Call 1.800.225.5863 or 701.777.3000 for details.

Bismarck 2013 Summer OLLI Showcase

Guest Speaker
Kirsten Baesler
ND Superintendent of Public Instruction
at 5:00 pm

Thursday, May 2, 2013
4:30 - 6:00 pm
Bavendick Stateroom
National Energy Center of Excellence
BSC Campus, 1200 Schafer Street, Bismarck

Call 701.224.5600 for details.

The OLLI Showcase (formally the Open House and Course Preview) is a social event that features a special guest speaker, and introduces the rich array of learning opportunities and instructors for the upcoming semester. The event gives curiosity-filled adults a chance to gather, re-connect, and become inspired to take a fresh look at themselves, their world, and the possibilities that await them.

 Registration opportunities will no longer be available at this event. 

Here are the four ways to register: ☑ online, ☑️ by phone, ☝️ mail or in person. See page 19.

∗ LEARN MORE Reward ∗

The LEARN MORE Reward began September 1, 2011. When you partake in five OLLI offerings, you can earn a FREE course (valued up to $55) in recognition for your commitment to learning.*

As a current member of OLLI@UND, you are automatically enrolled in the LEARN MORE Reward program. The LEARN MORE Reward entitles you to a FREE $55 course once you have paid for any 5 OLLI offerings that each had a minimum registration fee of $30. Paid offerings completed prior to September 1, 2011, will not count toward the Reward.

There is no limit to the number of rewards you can earn, so you may continue earning rewards as long as your membership does not lapse. If your membership lapses, your count reverts to 0.

Your LEARN MORE Reward will be mailed to you upon payment for your 5th qualifying course. You may then use the coupon for your next registration towards one course valued up to $55. The Reward may NOT be redeemed for tours, trips, special events, membership, lab/supply fees, books, or other special OLLI offerings; nor can it be applied to previously paid courses. There will be no refunds.

For more details about the LEARN MORE Reward, email UND.lli@UND.edu or call 1.800.CALL.UND (1.800.225.5863) or 701.777.3000.

*Valid for current OLLI@UND members only. If membership lapses, the LEARN MORE Reward is void. The LEARN MORE Reward has no cash value, is non-transferrable, and cannot be combined with any other promotion. Once redeemed, the LEARN MORE Reward has no carryover balance. Subject to change without notice; OLLI@UND has the right to terminate the offer at any time.
**FREE ACTIVITIES**

- **Popcorn & A Movie**

  **FREE** to OLLI members!
  (Pre-registration **REQUIRED**)
  3rd Friday of the Month, starting June 21
  **Edgewood Vista**
  3124 Colorado Lane, Bismarck
  Travel east on Century, past Pebble Creek. Turn left on Illinois Drive, then take an immediate left onto Colorado Drive. Follow Colorado Drive to Edgewood Vista. Across from the theater, you may lunch at Edgewood Vista's coffee shop that offers reasonably priced sandwiches, cold salads, and beverages.
  **Maximum 32 people**

**June Feature Movie**
**The Best Exotic Marigold Hotel**
*(2011)*

British retirees travel to India to take up residence in what they believe is a newly restored hotel. Less luxurious than its advertisements, the Marigold Hotel nevertheless slowly begins to charm in unexpected ways. Cast includes Dame Judy Dench and Tom Wilkinson.

**Session#: BIS-1001**
**Friday, June 21**
**12:30 - 2:30 pm**
**Edgewood Vista**
**3124 Colorado Lane, Bismarck**

**July Feature Movie**
**Argo**
*(2012)*

When Iranian militants seize the American embassy, six Americans slip into the Canadian embassy for protection, prompting a joint CIA-Canadian secret operation to concoct an elaborate plot to rescue them by pretending that they are filmmakers rather than diplomats.

**Session#: BIS-1002**
**Friday, July 19**
**12:30 - 2:30 pm**
**Edgewood Vista**
**3124 Colorado Lane, Bismarck**

**August Feature Movie**
**Quartet**
*(2012)*

A trio of retired opera singers' annual celebration of Verdi's birthday sours when their estranged fourth member shows up but refuses to sing. Tensions rise and diva drama erupts -- will personal problems prevent the show from going on? Cast includes Maggie Smith and Billy Connolly, and directed by Dustin Hoffman.

**Session#: BIS-1003**
**Friday, August 16**
**12:30 - 2:30 pm**
**Edgewood Vista**
**3124 Colorado Lane, Bismarck**

- **Special Interest Group: Dakota Writing Group**

If you enjoy writing and have been looking to join a writer's group, look no further. This is a very diverse group of writers, each one writing something different – memoir, fiction, poetry/screenplay, historical biography, etc. In turn, each is given gentle feedback, critique and encouragement. The conversation is casual, the company friendly, and all who are interested is welcome to come. The group typically meets at 1 pm each Wednesday at the Bismarck Public Library, 515 N 5th St. Call Sonvy at 701-222-0514 or email at smrgs@midco.net for more information.

**TOUR**

- **Federal Building (Tour)**

  **Expert Guide: Lorna Meidinger**

  We will meet outside the secure building and enter as a group. The tour will begin with a short presentation of historic photographs in the training room and then we will make our way through the different levels of the building noting what has or has not changed over time. Before leaving, we will circle the outside of the building observing the fine details of the exterior.

  Lorna Meidinger has degrees in history and historic preservation from North Dakota State University and Colorado State University. Meidinger grew up in Bismarck and returned five years ago to become the Architectural Historian and National Register Coordinator for the North Dakota State Historic Preservation Office.

  $10
  **Session#: BIS-1004**
  **Tuesday - 5/21**
  **2:00 - 3:30 pm**
  **Please arrive 15 minutes early**
  **Meet at the front steps of the Federal Building, 304 E Broadway Ave.**
  **Maximum 10 people**
The National Audubon Wildlife Refuge Cormorant Colony Island - Pontoon Tour June 12

A leisurely pontoon ride around Cormorant Colony Island provides visitors with a great view of the double-crested cormorants that congregate on the island to build nests of sticks and raise their young. Along the way, participants will learn about Refuge history and management, as well as view various birds including gulls, terns, and pelicans. Life jackets and binoculars are provided. Boat tour will be cancelled if winds exceed 15 mph.

Members only
$20
Session#: BIS-1006
Wednesday - 6/12
7:30 am - Noon (approximate)
Please arrive 15 minutes early
Depart: BSC National Energy Center of Excellence, lower level, entrance Door D
Maximum 10 people

Fee includes van transportation and snacks.
Refunds are available if a withdrawal notification is received by end of the business day on Wednesday, June 5. Registration may be transferred, if needed, to another OLLI member or guest by calling 701.777.3000.
Deadline for registration: Monday, May 20. If space allows, later registrations will be taken.
Members should dress in very casual and comfortable layers and wear good, sturdy shoes as there may be rough terrain. Bring an umbrella for rain or shine, and bug spray.

Oil Patch USA June 19

Experts on Board: Lauren Hardmeyer Donovan and Drew Combs (Veteran OLLI Presenters)

Join career journalist Lauren Hardmeyer Donovan and Director of Minerals Management Division (ND Land Department), Drew Combs, for a day-long guided tour of North Dakota’s oil patch. The tour hosts will provide an ongoing commentary about what you’ll be seeing right out the window as we go through oil patch cities and the oil fields. Hear about the nuts and bolts of oil development and consider the philosophical implications of oil development for our great state. The tour will include a stop at a “man camp” where we’ll eat like oil workers do. We’ll also enjoy on-board visits from the leaders of the oil patch communities that we pass through. Prepare for a vigorous and stimulating day with moderate physical activity.

Lauren Hardmeyer Donovan, a Mott native, is a career journalist, currently reporting on the oil patch and other stories from western North Dakota for the Bismarck Tribune. She is a graduate of the UND and for part of her career, was a weekly newspaper editor for the Hazen Star in Coal Country. She is a member of Preservation North Dakota and recently authored a book, Prairie Churches, to illustrate the group’s work to help preserve these special icons of North Dakota’s settlement history.

Drew Combs has a BS degree in both political science and history. He has worked worldwide within the oil and gas industry in various capacities, often under extreme work environments (climate, conflicts and political unrest).

Members only
$120
Session#: BIS-1007
Wednesday - 6/19
7:00 am - 8:00 pm(approximate)

Con’t. on page 14
TRIPS

Please arrive 15 minutes early
Depart: BSC National Energy
Center of Excellence, lower level, entrance Door D

Non-members will be put on a waiting list. If there is space available following the Thursday, June 7th deadline, non-members may register for a fee of $175.
BIS-1007G
Fee includes travel in deluxe motor coach; snacks and meals. It DOES NOT include personal incidentals or alcohol beverages.

Absolutely NO refunds unless a withdrawal notification is received by end of the business day on Thursday, May 16. Registration may be transferred, if needed, to another OLLI member or guest by calling 701.777.3000.

To make the trip possible, we must have a combined minimum from Grand Forks and Bismarck of 50 people by May 16.
Deadline for registration: Friday, June 7. If space allows, later registrations will be taken.

Members should dress in very casual and comfortable layers and wear good, sturdy shoes as there may be rough terrain.

The Ronald Reagan Minuteman Missile Site near Cooperstown served an important role as part of the United States’ strategy of nuclear deterrence during the Cold War years. The confrontation between the United States and the former Union of Soviet Socialist Republics (U.S.S.R.) put our military on continuous alert. The U.S. Air Force began deploying solid-fuel Minuteman missiles near bases in Montana, Missouri, Wyoming, and the Dakotas in the 1960s. Constructed as part of the Grand Forks Air Force Base’s 321 Missile Wing, the Oscar-Zero Missile Alert Facility (MAF) and the November-33 Launch Facility (LF) were completed in 1965, with Minuteman II missiles installed shortly after completion.

Directly on the front lines of the Cold War, the Ronald Reagan Minuteman Missile State Historic Site preserves and interprets the story of the Minuteman missile system and the people working in and living around the missile sites.

Also on the itinerary is a visit to Griggs County Historical Society Museum that includes collections such as: Northern Plains Cold War Interpretive Center, Veteran’s Center, Pioneer Village, Main Street and period clothing.

Member: $90
Session#: BIS-1008
Non-member: $115
Session#: BIS-1008G
Tuesday - 7/9
8:00 am - 6:00 pm (approximate)
Please arrive 15 minutes early
Depart: BSC National Energy
Center of Excellence, lower level, entrance Door D

Maximum 14 people

Fee includes travel in deluxe motor coach; snacks and lunch. It DOES NOT include personal incidentals or alcohol beverages.

Refunds are available if a withdrawal notification is received by end of the business day on Tuesday, June 25. Registration may be transferred, if needed, to another OLLI member or guest by calling 701.777.3000.
Deadline for registration: Tuesday, July 2. If space allows, later registrations will be taken.

To make the trip possible, we must have a minimum of 31 people by June 25.

Members only
$20
Session#: BIS-1009
Monday - 7/22
1:00 - 5:30 pm (approximate)
Please arrive 15 minutes early
Depart: BSC National Energy
Center of Excellence, lower level, entrance Door D

Fee includes van transportation and snacks.

Refunds are available if a withdrawal notification is received by end of the business day on Friday, July 12.
Registration may be transferred, if needed, to another OLLI member or guest by calling 701.777.3000.
Deadline for registration: Wednesday, July 17. If space allows, later registrations will be taken.

To make the trip possible, we must have a minimum of 12 people.

Members should dress in very casual and comfortable layers and wear good, sturdy shoes as there may be rough terrain. Bring an umbrella for rain or shine, and bug spray.

A Touch of Honey
July 22

Expert Guide: Owner, Kristy Llerenas, A Touch of Honey (Veteran OLLI Presenter)

Tour a honey producer located in nearby Linton, North Dakota. Jump on the van to A Touch of Honey where you’ll visit the bee yards, see the extracting facilities, and watch honey bottled. See how this family-owned business creates products that are sold around the world.

Members only
$20
Session#: BIS-1009
Monday - 7/22
1:00 - 5:30 pm (approximate)
Please arrive 15 minutes early
Depart: BSC National Energy
Center of Excellence, lower level, entrance Door D

Maximum 14 people

Fee includes van transportation and snacks.

Refunds are available if a withdrawal notification is received by end of the business day on Friday, July 12.
Registration may be transferred, if needed, to another OLLI member or guest by calling 701.777.3000.
Deadline for registration: Wednesday, July 17. If space allows, later registrations will be taken.

To make the trip possible, we must have a minimum of 12 people.

Members should dress in very casual and comfortable layers and wear good, sturdy shoes as there may be rough terrain. Bring an umbrella for rain or shine, and bug spray.
**COURSES**

- **Magic Minot**  
  August 7  
  A fun-filled day is planned in Magic Minot – home to actors Boris Karloff and Josh Duhamel. The itinerary includes a visit to the Dakota Territory Air Museum, Scandinavian Heritage Center, Ward County Historical Society Museum and Pioneer Village, and the Old Soo Depot Transportation Museum.

  **Member:** $98  
  **Non-member:** $125  
  **Session#:** BIS-1010G  
  **Wednesday - 8/7**  
  8:00 am - 6:00 pm (approximate)  
  Please arrive 15 minutes early  
  Depart: BSC National Energy Center of Excellence, lower level, entrance Door D

  Fee includes travel in deluxe motor coach; snacks and meals. It DOES NOT include personal incidentals or alcohol beverages. **NO refunds unless a withdrawal notification is received by end of the business day on Friday, July 26. Registration may be transferred, if needed, to another OLLI member or guest by calling 701.777.3000.**

  To make the trip possible, we must have a minimum of 35 people by July 26. **Deadline for registration: Friday, August 2.** If space allows, later registrations will be taken.

  The trip will involve getting out of the bus numerous times throughout the day and there will be a good amount of walking. Members should dress in very casual and comfortable layers and wear good, sturdy shoes as there may be rough terrain. Bring an umbrella for rain or shine, and bug spray.

- **The Journey of a Jane Austen Heroine**

  **Instructor:** Joy Walter  
  **Strongly Encouraged Reading:** *Emma* by Jane Austen [Paperback]. (Book can be found at www.Amazon.com for $8.00 including shipping)

  This course will give you the opportunity to discuss the unique differences between Emma and other Jane Austen heroines.

  What will be your reaction to Emma—is she a likeable heroine? What has Emma learned during her journey? How do the other characters in the book react to Emma’s behavior? How can we compare Emma to heroines in more contemporary novels of today? Or is she in a class by herself?

  Joy Walter is currently teaching College Composition for Dickinson State University, tutoring English at Bismarck State College as well as working with Academic Support Services to provide workshops on various study skills for students. Joy continues to work as a freelance editor.

  **$55**  
  **Session#:** BIS - 1012  
  **6 Mondays**  
  5/28, 6/4, 6/11, 6/18, 6/25, 7/2  
  5:30 - 7:30 pm  
  BSC National Energy Center of Excellence, Room 119  
  1200 Schafer St., Bismarck

- **Human Behavior: Moving Forward, Looking Back**

  **Instructor:** Tim Gienger  
  This course will provide attendees the opportunity to learn about human behavior in the context of biological, psychological, and social aspects. Specific topics that will be discussed will be: grandparents raising grandkids, how to emotionally prepare for retirement, what’s with kids now days, what is important to know during later adulthood, and how to maintain a strong marriage. Other areas of human behavior will also be discussed based on interest.

  Tim Gienger, LICSW currently works at West Central Human Service Center, providing individual and family therapy. Tim is also employed with Lutheran Social Services as a co-facilitator in the domestic violence offender treatment program, as well as an adjunct instructor for Minot State University in the Social Work program on the campus of Bismarck State College. Tim holds a bachelor’s and master’s degree in social work from UND.

  **$55**  
  **Session#:** BIS - 1013  
  **6 Tuesdays**  
  5/28, 6/4, 6/11, 6/18, 6/25, 7/2  
  4:00 - 6:00 pm  
  BSC National Energy Center of Excellence, Room 119  
  1200 Schafer St., Bismarck

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**OLLI Bismarck Offerings**

“OLLI has been a wonderful addition to my retired life so that I can remain active mentally and socially. The instructors are knowledgeable and personable so it feels good to return to the classroom. Thanks OLLI!”

*— Beverly Eng, Bismarck OLLI member*
Inside Classical Music/Inside Jazz

Instructor: Scott and Marylee Prebys
(Scott is a Veteran OLLI Instructor)

Scott and Marylee Prebys integrate performance and teaching skills to bring music to life in the classroom. Both have extensive careers as soloists, recitalists, and performers with long tenures in higher education. Marylee has studied in Italy with Silvio Scionti and in Canada with Alma Brock-Smith, while Scott is an active clinician and faculty member of the Kansas City Jazz Alliance in addition to hosting Prairie Public’s popular weekday program Prebys on Classics. Each will bring a unique approach to looking at music from the “inside” of the classical and jazz genres.

$55
Session#: BIS - 1014
6 Wednesdays
5/22, 5/29, 6/5, 6/12, 6/26, 7/10
(No class June 19 or July 3)
5:30 - 7:30 pm
BSC National Energy
Center of Excellence, Room 119
1200 Schafer St., Bismarck

Bringing Down the Iron Curtain: Reagan, Gorbachev and the End of the Cold War

Instructor: Jason Matthews
(Veteran OLLI Instructor)

The central event of modern history is the peaceful end of the Cold War. Many individuals played vital roles that brought about the Cold War’s end, none more so than Ronald Reagan and Mikhail Gorbachev. Their partnership is now the stuff of legend. But, as we will see, the myths surrounding both men actually obscure the more fascinating truth. We will examine the forces that pushed these leaders together and look at their personalities, their unlikely rises to power, the common factors both men shared in their political careers, and their mutual willingness to buck convention in favor of bold, decisive action. Drawing on many sources, including archival video and interviews with participants and historians, we will go behind the scenes at their historic summit meetings to examine the growth of their relationship, while also exploring the influential roles played by their remarkable foreign ministers that allowed both leaders to forge a bond of trust that eventually changed the course of history.

Jason Matthews is the Public Relations Director for KK BOLD, an advertising, marketing and public relations firm in Bismarck. He is an adjunct political science professor with Bismark State College (BSC) where he teaches two classes on the American political system. He was honored for his teaching with the 2009 BSC Adjunct Faculty Award for Excellence. Jason holds a bachelor’s degree in political science from UND and a master’s in management from the University of Mary. This will be his fourth OLLI course. As an OLLI instructor, Jason combines his love of history and politics by teaching courses that touch on U.S. political history, the American presidency and U.S. government. Jason is active in the Bismarck Rotary Club and is vice president of the Friends of the Bismarck Library. He lives in Bismarck with his wife and daughter.

$50
Session#: BIS - 1015
4 Thursdays
5/30, 6/6, 6/13, 6/20
5:30 - 7:30 pm
BSC National Energy
Center of Excellence, Room 321
1200 Schafer St., Bismarck

The Winter Count

Presenter: Dakotah Goodhouse

North Dakota is rich with history, much of it including that of the Northern Plains Indians. Born and raised on the Standing Rock Indian Reservation, Goodhouse learned at an early age how sacred that history is and made a commitment to make it his life’s work to preserve and keep Native history and traditions alive. Discover how this archeologist, artist, writer and teacher has honored his commitment.

Dakotah Goodhouse is an enrolled member of the Standing Rock Sioux Nation and an American Indian Historian. He graduated with honors from the University of Mary with a Bachelor of Arts in theology and history and is currently the Program Officer at the North Dakota Humanities Council.

$10
Session#: BIS - 1016
Tuesday - 5/21
4:00 - 6:30 pm
BSC National Energy
Center of Excellence, Room 103
1200 Schafer St., Bismarck
Inside Their Backpacks: The Contraband Police Find in A Teen’s Life

Presenter: Officer Lynn Wanner, Crime Prevention, Bismarck Police Depart.

In this eye-opening presentation, see the contraband that police officers have discovered in teens’ lockers and in their backpacks. Learn how these items are used and what they signal to law enforcement.

$10
Session#: BIS - 1017
Thursday - 6/6
1:30 - 3:00 pm
BSC Campus, National Energy Center of Excellence, Room 119
1200 Schafer St., Bismarck

Indian Depredation Claims 1796-1920

Presenter: Dr. Larry C. Skogen (Veteran OLLI Presenter and Member)

Beginning in the seventeenth century, with the colonization of the Americas, European immigrants and American Indians experienced disputes around ownership of property. These disputes sometimes eroded into conflicts prompting the US Congress to create a depredation claims system of compensation for loss of property with the hope that peace would be preserved. Dr. Skogen, President of Bismarck State College and trained historian, analyzed claims between 1796 and 1920, to conclude there was a distinction between the lofty ideals and the tedious reality of the claims system. Understand how a federal policy failed to keep the peace on the frontier.

$10
Session#: BIS - 1018
Tuesday - 6/11
2:00 - 4:00 pm
BSC Campus, National Energy Center of Excellence, Room 119
1200 Schafer St., Bismarck

The Impact of Ageism in America

Instructor: Dr. F. Richard Ferraro (Veteran OLLI Presenter)

This lecture will cover the topic of Ageism (stereotyping of older adults), using TV, movies, magazines, cartoons, etc., to discuss what ageism is, how it impacts older adults and what can be done about it. This presentation will be delivered via the Interactive Video Network from Grand Forks to OLLI members here in Bismarck so you can take advantage of this offering.

Dr. Ferraro is currently a Chester Fritz Distinguished Professor of Psychology at UND. He has been at UND since 1992, and is also currently the Director of the General/Experimental Ph.D. program. Dr. Ferraro has been involved in aging research since 1986 and continues to study aging, adulthood and age-related disease and disorders. He currently teaches Adulthood and Aging on the UND campus, on-line and through correspondence.

$10
Session#: BIS - 1020
Monday - 6/24
10:00 am - Noon
BSC Campus, National Energy Center of Excellence, Room 345
1200 Schafer St., Bismarck

Sleep – It’s Not for Everyone

Presenter: Karla Smith

Sleep is all the same, or is it? We will discuss how sleep changes as we age and how our sleep affects our overall health, medical conditions and general well being. We will also explore what we can do to get a good night’s rest.

Karla Smith is the Coordinator of the St. Alexius Medical Center Sleep Center. She is a Registered Respiratory Therapist and a Registered Polysomnographic Technologist. She has been employed with St. Alexius for 25 years.
Don't Wait, Register Early!
If you already know what courses you wish to take, please register ASAP. Registering online allows you a better chance in securing your place in the course(s) before it fills.

PLEASE NOTE: All OLLI courses must have a minimum of 6 participants enrolled for the course to be offered. Please call the OLLI office prior to purchasing books or supplies for a given course. We cannot refund your purchases if the course is cancelled.

Cancellations and Refunds
If you register for a course but will not be able to attend, please call us as soon as possible. We have many courses with waiting lists and we want to accommodate as many members as possible. If you need to withdraw from a course, you must call OLLI@UND at 701.777.3000 or 1.800.CALL.UND (1.800.225.5863) at least 7 calendar days prior to the course START date to receive a full course fee refund. No refunds are available for withdrawal notifications received 6 or fewer business days prior to the course start date. However, you may transfer to another course (space permitting). Trips each have specific cancellation guidelines. Please read carefully ALL Trip descriptions.

Location & Parking
Grand Forks courses are held on the UND campus as well as locations within Grand Forks / East Grand Forks. Location addresses are listed in the catalog under each course title. If any of the courses you choose are on campus, you must have a permit. For a map of the entire UND campus, go to UND.edu/map. You may purchase a special OLLI annual parking permit for $25. For more details about parking, go to olli.UND.edu or email UND.olli@UND.edu or please call OLLI@UND at 1.800.CALL.UND (1.800.225.5863) or 701.777.3000. Bismarck courses are held on the BSC Campus - FREE parking.

Emergency/Inclement Weather Information
Please pay close attention to the news media as they will always post cancelled classes for universities/colleges. If UND or BSC is closed for any reason, there will be no OLLI classes. When in doubt, please email Connie at connie.hodgson@und.edu regarding cancellations at the OLLI site in Grand Forks. Email Robin at robin.thorstenson@bismarckstate.edu regarding cancellations at the OLLI site in Bismarck. Please include your telephone number in the email. Your personal safety is our main concern. Make-up classes will be scheduled, and you will be notified of the new dates via e-mail, or phone.

Scholarships
OLLI@UND offers scholarships (for course fees) for those on limited incomes. We want to make our program accessible to anyone who has a desire to learn. Scholarships are available through a simple, friendly, and confidential process. For more information, please email Connie at connie.hodgson@UND.edu or call 1.800.CALL.UND (1.800.225.5863). Note: You must be an OLLI member to be considered for a scholarship.

Wanted! Instructors & Discussion Leaders
Do you want to share your passion, develop innovative learning experiences and inspire others to learn without the burden of grades or homework? Go to olli.UND.edu/grandforks/teach/ or www.oll.UND.edu/bismarck/teach/ for more information about proposing an OLLI course.

Wanted! Classroom Assistants
If you register for a course, won’t you consider being the Class Assistant for that course? Class Assistants arrive early to be sure the room is open, and all the lights are on. You will assist the instructor/discussion leader, helping to ensure that announcements are made, equipment is set up (training will be provided), and new member gifts and handouts are distributed. You will make introductions and enjoy becoming better acquainted with both faculty and fellow class members.
OLLI@UND - GRAND FORKS & BISMARCK

2013 SUMMER MEMBERSHIP & COURSE REGISTRATION FORM

Use this form to Register by Mail. Please type or print clearly. Complete one page per person. Duplicate this page as necessary.

Name: ___________________________ Date of Birth: ___________ Month/Day/Year

E-mail: __________________________ Mailing Address: __________________________

City/State/Zip: __________________________

Daytime Phone (Required): __________________________ Cell Phone: __________________________

Please mark the box to indicate your membership status. OLLI Membership is required to participate in the OLLI@UND Program.

☑ I am a current OLLI member in GF BIS (circle one) and have already paid my membership fee.
☑ Yes, I want to become a NEW 1-year OLLI member for $35 in GF BIS (circle one).
☑ Yes, I want to renew my 1-year OLLI membership in GF BIS (circle one) for $25 before my end date (Early Bird Special).
☑ Yes, I want to become a NEW 3-year member of OLLI for $60 in GF BIS (circle one).
☑ Yes, I want to renew my 3-year membership for $60 in GF BIS (circle one).
☑ I am NOT an OLLI member, but would like to register for offerings available to guests (day trips, etc.)

NOTE: Your membership fee is non-refundable and non-transferable. Participants are responsible for any course materials required.

Please enroll me in the sessions listed below:

<table>
<thead>
<tr>
<th>Session#</th>
<th>Title</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIS1001</td>
<td>Scrapbooking</td>
<td>$50</td>
</tr>
<tr>
<td>GF0015</td>
<td>Legacy of Abraham Lincoln</td>
<td>FREE</td>
</tr>
</tbody>
</table>

Call OLLI office 701.777.3000 for LEARN MORE Reward Promotion Code # ________ for a discount of: $ ________

Membership fee $ ________

UND Wellness Cntr. Mmbrshp.–$180/4 mo. or $480/1 yr. $ ________

Need an OLLI@UND Annual Parking Permit for $25? $ ________

Sub-Total: $ ________

How did you FIRST hear about OLLI Courses?

☑ Newspaper ☑ Course Catalog ☑ Family/Friend ☑ Radio
☑ Social Media ☑ Internet/Web Search ☑ Presentation ☐ TV
☐ Other: __________________________

Want to receive information about OLLI@UND via e-mail?

☑ Yes ☐ No

Note: I understand by registering, I am giving OLLI@UND permission to use for publicity purposes any photographs taken during courses conducted by this program.

Preferred Method

☑ Web: olli.UND.edu (Secure Registration)

Mail check to or pay in person:

OLLI@UND
Gustafson Hall Room 103
3264 Campus Road Stop 9021
Grand Forks, ND 58202-9021

Phone: 1.800.225.5863 or 701.777.3000

PAYMENT METHOD Your payment must be included with your registration form. Make payable to University of North Dakota. Payable in US funds only, UND’s payment processor is unable to accept check payment from a foreign bank. Refunds will be processed using the current exchange rate.

Check # ________ is enclosed for $ ________

Charge $ ________ to:

☑ Visa ☑ MasterCard ☑ Discover ☐ American Express

Credit Card # __________________________ Expiration Date: __________________________

Name on Credit Card: __________________________

OFFICE USE ONLY: Order#: __________________________

Received Date: __________________________ Reference#: __________________________
You’re Invited!

2013 Summer OLLI Showcases

Grand Forks
Guest Speaker
Dr. Michael Brown
Mayor of Grand Forks
at 5:15 pm
Monday, April 29, 2013 • 4:30 - 6:00 pm
Holy Family Catholic Church • 1018 S. 18th Ave. S., Grand Forks

Bismarck
Guest Speaker
Kirsten Baesler
North Dakota Superintendent of Public Instruction
at 5:00 pm
Thursday, May 2, 2013 • 4:30 - 6:00 pm
Bavendick Stateroom, National Energy Center of Excellence
BSC Campus, 1200 Schafer Street, Bismarck