List of approved Essential Studies courses can be found online at [http://und.edu/academics/essential-studies/approved-courses.cfm](http://und.edu/academics/essential-studies/approved-courses.cfm).

When choosing your Essential Studies (General Education) Courses in Communication, Fine Arts and Humanities, Social Science, and Math, Science and Technology, you will need to consider how you will meet the special emphasis requirements. Courses listed above that meet a special emphasis requirement are marked as follows: Oral Communication requirement (O), Social-Cultural Diversity requirement: United States (U), Social-Cultural Diversity requirement: Global (G), Quantitative Reasoning requirement (Q), and Advanced Communication requirement (A). To learn more please go to [http://und.edu/academics/essential-studies](http://und.edu/academics/essential-studies) or check with your adviser.

All students—including transfers—are required to take an Essential Studies upper division Capstone (C) course at UND. Approved Capstone courses are taken in the senior year of a student’s undergraduate program.

Additional classes will be required to earn the above degree; a minimum of 120 credits is required to graduate from UND. A complete listing of program requirements can be found in the [Academic Catalog](http://und.edu/academiccatalog) and [Four Year Plans](http://und.edu/four-year-plans).