Welcome to UND! The University of North Dakota Athletics Department is happy to have you join our team! A team is just what we are on this campus, working together to educate UND and its community of students and fans, plus encouraging an atmosphere of compliance as it pertains to NCAA rules and guidelines. As a Division I institution, everyone on campus plays a role in our success towards this measure, meaning that as an employee of UND, the NCAA requires your adherence to NCAA rules. Below are some guidelines as it relates to you your new position. Should you have any questions please do not hesitate to contact the UND Athletics Compliance Office at the information below:

Kara Helmig, Associate Athletics Director for Compliance 777-5585 kara.helmig@athletics.und.edu
Holly Wojtylko, Compliance Coordinator 777-3169 holly.wojtylko@athletics.und.edu
Matthew Varnadoe, Compliance Assistant 777-5161 matthew.varnadoe@athletics.und.edu

Extra Benefits
The NCAA defines an “extra benefit” as any special arrangement made which is not expressly authorized by NCAA legislation.

The following are some (but not all) examples of items considered to be “extra benefits” and thus may not be provided to student-athletes as it would make them ineligible by you as an employee of UND:

- Providing cash or loans in any amount or signing/co-signing for a loan.
- Giving gifts of any kind, including birthday, holiday, graduation gifts and “get well soon” cards.
- Offering free or reduced-cost services such as tutoring or editing of coursework if not free to all students
- Providing the use of an automobile, as well as a ride anywhere.
- Offering free or reduced-cost rent or housing as a landlord or property owner.
- Giving tickets to athletic or community events, even if you received the tickets for free. Also, paying a student-athlete for any complimentary tickets they would provide for their contests.
- Providing course supplies, typing, or duplicating costs; or providing impermissible academic assistance. (See academic misconduct below.)

Academic Misconduct
The NCAA has re-focused its efforts on the topic of academic misconduct and impermissible academic assistance. Below are proposed definitions for impermissible academic assistance that would put the onus on academic misconduct violations. Please take special note of these terms and contact Compliance Staff should you have questions regarding possible misconduct or impermissible assistance.

- Substantial academic assistance to a student-athlete not generally available to the students or not expressly authorized by other Division I rules that causes the student to be declared eligible, receive aid or earn an Academic Progress Rate point.
- Creating an academic exception for a student-athlete to improve a grade, earn credit or meet a graduation requirement that is not generally available to the rest of the student body and that causes the student to be declared eligible, receive aid or earn an Academic Progress Rate point falsely.

A recent example of impermissible assistance at another institution, is a professor completing online coursework for 5 student-athletes. This professor can now not work at an NCAA institution for 5 years. Another example would be a tutor or a coach writing a paper for a student-athlete. Any time an employee of the university provides what qualifies as impermissible assistance to a student-athlete, it will be an NCAA violation, making that student ineligible.