Dear Colleagues,

As part of UND's commitment to our travelers, we have invested in global medical and security assistance through International SOS. This program is designed to keep our students, faculty and staff healthy, safe and secure while they are traveling outside the US on university business and we strongly encourage you to take advantage of these services and online resources.

International SOS provides medical, security and logistical expertise to help safeguard our international travelers. So, if you lose your medication in Prague, need to see a doctor in New Delhi, get pick-pocketed in Rio or, find yourself in a more serious circumstance, such as an accident, you can immediately contact International SOS.

Travelers can conveniently dial one phone number that will connect them to the International SOS network of medical and professional service teams that operate 24 hours a day, 365 days a year, all over the world. International SOS will get in touch with us as needed, depending upon the situation, and can even communicate with the traveler's family members.

International SOS will provide advice to take care of any medical or security need while you are abroad. Carry the International SOS membership card with you at all times or download the Assistance App to use this complimentary service. Both contain our membership number and key phone numbers along with the website address (www.international SOS.com). Download phone app at: http://app.international SOS.com.

**When to use International SOS’ services:**

- **Before you travel** outside your home country, you should prepare by logging onto the International SOS website and sign up for health and security email alerts or review country-specific reports. Also, take a look at the information provided through the Assistance App.

- **While abroad**, International SOS will help you locate a qualified healthcare provider, replace a prescription or simply answer a general medical or security concern.

- **In an emergency**, International SOS can ensure that travelers get immediate care whether it requires evacuating them to a center of medical excellence or closely monitoring their condition with local doctors. Keep in mind that International SOS can also take care of all the details associated with the traveler's situation such as making travel arrangements for family members so they can focus on getting better.

Protecting people is their priority and help from a caring professional is just a phone call away.

Register your trip on MyTrips on the International SOS's web site at https://MyTrips.travelsecurity.com/Login.aspx?ci=MRXFy2zDmIc%3d. Registering your trip ensures your safety and well-being as you travel outside the U.S. Contact Office of Safety for membership card at 7-3341 or email request to und.safety@email.und.edu.

Sincerely,

Eric Plummer
Associate Vice President for Public Safety
Chief of Police

University of North Dakota
Int'l SOS Member #: 11BCAS093393

Scholastic Dedicated Line: +1-215-942-8478

Worldwide reach. Human touch.
Please follow the steps below to create your account in MyTrips!

Faculty and staff can register work-related trips on Travel Tracker at [https://MyTrips.travelsecurity.com/Login.aspx?ci=MRXFy2zDmIc%3d](https://MyTrips.travelsecurity.com/Login.aspx?ci=MRXFy2zDmIc%3d). Click on the “New User? Register here” link on the Login page and set up your account details. Then login to MyTrips with your Travel Tracker user name and password.

Review your profile information. Please keep your profile information such as your contact details up-to-date. This will ensure that you receive essential medical and travel security advice during your trip.

If you have any difficulties with the login, please contact: onlinehelp@internationalsos.com

A MyTrips tutorial is located at [http://und.edu/finance-operations/office-of-safety/riskmanagement.cfm](http://und.edu/finance-operations/office-of-safety/riskmanagement.cfm) under International SOS.