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~Books are due 4 weeks from date of checkout~
1. ADD - ADHD

Books:
ADD- Friendly Ways to Organize Your Life (2)
Author: Judith Kolberg, PhD & Kathleen Nadeau, PhD
ISBN: 1-58391-358-0

Attention Deficit Disorder In Adults: Practical Help and Understanding (3rd)
Author: Dr. Lynn Weiss
Publisher: Taylor Trade Publishing
ISBN: 0/87833-979-5

Driven to Distraction
Author: Edward M. Hallowell, M.D. & John J. Ratey, M.D.
ISBN: 0-684-80128-0

Living With ADD: A Workbook for Adults With ADD
Author: Dr. M. Susan Roberts & Dr. Gerald J. Jansen
Publisher: New Harbinger Publications, Inc.

Mind Over Mood
Author: Dennis Greenberger, PhD & Christine A. Padesky, PhD
ISBN: 0-89862-128-3

The Link Between ADD & Addiction: Getting the Help You Deserve
Author: Wendy Richardson, MA
Publisher: Pinon Press

You Mean I’m Not Lazy, Stupid, or Crazy?!
Author: Kate Kelly & Peggy Ramundo

2. ADDICTION

Books:
Counseling for Relapse Prevention
Author: Terence T. Gorski & Merlene Miller
ISBN: 0-8309-0367-4

Dangerous Drugs
Author: Carol L. Falkowski

Dual Disorders: Counseling Clients with Chemical Dependency & Mental Illness
Getting Off The Merry-Go-Round
Author: Carla Perez, MD
Publisher: Impact Publisher

If Only I Could Quit
Author: Karen Casey
Publisher: Hazelden
ISBN: 0-89486-438-6

Out of the Shadows: Understanding Sexual Addiction
Author: Dr. Patrick Carnes
Publisher: CompCare Publishers
ISBN: 0-89638-086-6

Relapse Prevention: Treatment Alternatives & Counseling Aids
Author: Dennis C. Daley

Rx For Addiction
Author: W. Robert. Gehring, MD
ISBN: 0-310-42750-9

Staying Clean Living Without Drugs
Author: Hazelden

Teenage Alcoholism & Substance Abuse: Causes, Consequences & Cures
Author: Carmella R. Bartimole & John E. Bartimole
ISBN: 0-936320-18-4

The Addictive Personality
Author: Craig Nakken
ISBN: 0-06-255488-3

The Misuse of Alcohol
Author: Nick Heather, Ian Robertson & Phil Davies
ISBN: 0-8147-3432-4

Treating the Alcoholic: A Developmental Model of Recovery
Author: Stephanie Brown
ISBN: 0-471-81736-8

Women, Sex, and, Addiction
Author: Dr. Charlotte Davis Kasl
Publisher: Harper & Row Publishers
3. **ALCOHOLIC FAMILIES - CODEPENDENCE**

**Books:**

A Life Worth Waiting For! Messages From a Survivor  
Author: Dwight Lee Wolter  
Publisher: CompCare Publishers  
ISBN: 0-89638-150-1

Alcohol Abuse: Straight Talk, Straight Answers  
Author: Pippa Sales  
Publisher: Ixia Publications  
ISBN: 1-884633-04-8

Another Chance  
Author: Sharon Wegscheider Cruse (2nd)  
Publisher: Science and Behavior Books, Inc.  

A Teenager’s Guide to Living With An Alcoholic Parent  
Author: Edith Lynn Hornik-Beer  
Publisher: Hazeldon  

A Workbook For Healing: Adult Children of Alcoholics  
Author: Patty McConnell  
Publisher: Harper and Row Publishers  
ISBN: 0-86683-526-1

Beyond Codependence and Getting Better All the Time  
Author: Melody Beattie  
Publisher: Harper and Row Publishers  

Children of Alcoholism: A Survivor’s Manual
Co-Dependence: Misunderstood-Mistreated
Author: Anne Wilson Shaef
Publisher: Harper and Row Publishers

Cool Water: Alcoholism, Mindfulness, and Ordinary Recovery
Author: William Alexander
Publisher: Shambhala

Daily Affirmations: For Adult Children of Alcoholics
Author: Rokelle Lerner

Dear Dad: Letters From and Adult Child
Author: Louie Anderson
Publisher: Penguin Group
ISBN: Copy 1 0-14-014845-0
ISBN: Copy 2 0-670-82939-0 (hardcover)

Facing Codependence
Author: Pia Mellody
Publisher: Harper and Row Publishers
ISBN: 0-06-250589-0

Facing Shame: Families in Recovery
Author: Merle A. Fossum & Marilyn J. Mason
Publisher: W.W. Norton and Company
ISBN: 0-393-30581-3

From Nightmare to Vision: A Training Manual For Native American Adult Children of Alcoholics
Author: Jane Middleton-Moz
ISBN: None

Growing Up Again: Parenting Ourselves, Parenting Our Children
Author: Jean Illsley Clarke and Connie Dawson
Publisher: Hazeldon
ISBN: 0-89486-566-8

Hope For Healing: Good News For Adult Children of Alcoholics (2 Copies)
Author: Rachel Callahan & Rea McDonnell
Publisher: Paulist Press
Hope: New Choices and Recovery Strategies for Adult Children of Alcoholics
Author: Emily Marlin
Publisher: Harper and Row Publishers
ISBN: 0-06-091511-0

Making Changes: How Adult Children Can Have Healthier, Happier Relationships
Author: Amy E. Dean
Publisher: Hazeldon

Of Course You’re Angry: A Guide to Dealing with the Emotions of Chemical Dependency
Author: Gayle Rosellini & Mark Worden

Old Patterns: New Truths: Beyond the Adult Child Syndrome – an Earnie Larsen Workbook
Author: Earnie Larsen
Publisher: Hazeldon
ISBN: 0-89486-539-0

Once Upon A Time: Stories From Adult Children of Alcoholic and Other Dysfunctional Families
Author: Amy E. Dean

Potato Chips for Breakfast: A True Story of Growing Up in an Alcoholic Family
Author: Cynthia G. Scales
Publisher: Bantam Books
ISBN: 0-553028166-6

Repeat After Me
Author: Dr. Claudia Black, MSW
Publisher: MAC Printing and Publishing
ISBN: 09-102-2304-1
ISBN: 0-553-05700-6

Stage II Relationships: Love Beyond Addiction
Author: Earnie Larsen

Struggle For Intimacy
Author: Janet G. Woititz
ISBN: 0-932194-25-7

The Broken Cord
Author: Michael Dorris
The Dilemma of the Alcoholic Marriage
Author: Al-Anon
ISBN: 0-910034-18-4

The Invisible Alcoholics: Women & Alcohol abuse in America
Author: Marian Snadmaier
ISBN: 0-07-054661-4

When a Bough Breaks: Mending the Family Tree
Author: Mary Ylvisaker Nilsen
Publisher: Hazelden

Victims No More
Author: Dr. Thomas R. McCabe
Publisher: Hazelden
ISBN: 0-89486-049-6

Videos:

Adult Children of Alcoholics
AIMS Media

Adult Children of Alcoholics: Choices for Growth
Author: Dr. Robert J. Ackerman

Alcohol, Children, and the Family
AIMS Media

Bradshaw On: Adult Children of Dysfunctional Families
Author: John Bradshaw

Making Peace With the Past
Hazelden

Problem Families: The Impact on the Children
Author: Robert Ackerman

Survivor’s Pride: Building Resilience in Youth at Risk
Author: Steven Wolin

Where Are You Father?
Author: John Bradshaw
4. ANGER MANAGEMENT

**Books:**

Anger: How to Recognize and Cope With It
Author: Leo Madow, MD
Publisher: Charles Scribner's Sons
ISBN: 0-684-13688-0

Anger Work-Out Book
Author: Hendrie Weisinger, Ph.D.
Publisher: Quill
ISBN: 0-688-04114-0

The Angry Book
Author: Theodore I. Rubin, M.D.
Publisher: Simon and Schuster
ISBN: 0-684-84201-7

Boiling Point: The High Cost of Unhealthy Anger to Individuals and Society
Author: Jane Middleton-Moz
Publisher: Health Communications Inc.

How to Keep People From Pushing Your Buttons
Author: Dr. Albert Ellis & Arthur Lange, Ed.D
Publisher: Carol Publishing Group

Learning To Live Without Violence
Author: Daniel Jay Sonkin Ph.D., Michael Durphy M.D.
Publisher: Volcano Press
ISBN: 0-912078-84-7

Overcoming Frustration and Anger
Author: Paul A. Hauck Westminster Press
ISBN: 0-664-24983-3

Responding to Anger, A Workbook
Author: Gayle Rosellini, Mark Worden
Publisher: Hazelden

The Angry Book
Author: Theodore Isaac Rubin M.D.
Publisher: Macmillan Publishing Company
ISBN: 0-02-077820-1
Tools for Anger Work-Out
Author: James J. Messina Ph.D.
Publisher: Kendall/Hunt Publishing Company
ISBN: 0-8403-7195-0

When Anger Scares You
Author: John Lynch, Ph. D.
Publisher: New Harbinger Publications, Inc.

Audio Cassettes
Dr. Harriet Lerner
Tapes: 1-2

Video

5. ANXIETY & STRESS MANAGEMENT

Books:

Don’t Sweat The Small Stuff Workbook
Author: Richard Carlson, Ph.D.
ISBN: 0-7868-8351-0

I Can’t Get Over It: Trauma Survivors
Author: Aphrodite Matsakis, Ph.D.

Managing Your Time (3rd)
Author: Jeff Davidson, MBA, CMC
Publisher: Alpha
ISBN: 0-02-864263-5

Overcoming Anxiety, Panic, & Depression
Author: James Gardner & Arthur Bell
Publisher: Career Press

Relax, Recover: Stress Management For Recovering People
Author: Patricia Wuertz, Lucinda May
Publisher: Harper and Row Publishers
ISBN: 0-6-255482-4

Resilience
Simple Meditation & Relaxation
Author: Joel Levey & Michelle Levey
Publisher: Conari Press

STOP Obsessing!
Author: Dr. Edna B. Foa & Dr. Reid Wilson
Publisher: Bantam Books

The Panic Attack Recovery Book
Author: Shirley Swede & Seymour Jaffe
Publisher: New American Library
ISBN: 0-451-20043-8

The Procrastinator’s Handbook
Author: Rita Emmett
Publisher: Walker & Company

The Relaxation and Stress Reduction Workbook
Author: Davis, Eshelman, McKay

The Stress Management Handbook
Author: Lori Rubenstein
Publisher: Keats Publishing, Inc.

When Anger Hurts: Quieting the Storm Within
Author: Mathew McKay, Ph.D., Peter D. Rogers, Ph.D., Judith McKay, R.N.

Worry: Hope and Help For A Common Condition
Author: Hallowell, Edward
Publisher: Ballantine Books
ISBN: 0-34542-458-1

Audio Tapes:
Guided Relaxation – Let Go Of Stress And Pressure
Author: Howell, Kelly
Publisher: Brain Sync Corporation
ISBN: 1-881451-24-0

Videos:
6. **BODY IMAGE – EATING DISORDERS**

**Books:**

- **Am I Hungry?**  
  Author: Michelle May, Lisa Galper, & Janet Carr  
  Publisher: Nourish Publishing  
  ISBN: 0-9760444-0-4

- **Anorexia Nervosa: A Guide to Recovery**  
  Author: Lindsey Hall & Monika Ostroff  
  Publisher: Gurze Books  
  ISBN: 0-936077-32-8

- **Anorexia Nervosa and Recovery: A Hunger for Meaning**  
  Author: Karen Way  
  Publisher: Harrington Park Press  
  ISBN: 0-918393-95-7

- **Because I Feel Fat**  
  Author: Tony Paulson & Johanna Marie McShane  
  Publisher: iUniverse, Inc.  
  ISBN: 0-595-32061-9

- **Big Fat Lies**  
  Author: Glenn A Gaesser, Ph.D.  
  Publisher: Gurze Books  

- **Breaking Free From Compulsive Eating (2 Copies)**  
  Author: Geneen Roth  
  Publisher: A Plume Book  
  ISBN: 0-452-27084-7

- **Bulimia: A Guide to Recovery (3 Copies)**  
  Author: Hall & Lindsey & Cohn  
  Publisher: Gurze Books  

- **Eating Disorders**  
  Author: Philip S. Mehler, M.D. & Arnold E. Andersen, M.D.  
  ISBN: 0-8018-6277-9

- **Eating in the Light of the Moon**  
  Author: Anita Johnston  
  Publisher: Gurze Books
ISBN: 0-936077-36-0

Fat Girl: A True Story
Author: Judith Moore
Publisher: Hudson Free Press

Father Hunger: Fathers, Daughters & Food (2 Copies)
Author: Margo Maine
Publisher: Gurze Books

Feeding the Empty Heart: Adult Children and Compulsive Eating
Author: Barbara McFarland & Tyeis Baker-Baumann
Publisher: Harper/Hazeldon Book

Feeding the Hungry Heart
Author: Geneen Roth
Publisher: Penguin Group

“How Did This Happen?”: A Practical Guide to Understanding Eating Disorders— for teachers, parents, and coaches.
Author: Institute for Research and Education Health System Minnesota

Intuitive Eating—A Revolutionary Program that Works
Author: Evelyn Tribole & Elyse Resch
Publisher: St. Martin’s Griffin
ISBN: 0-312-32123-6

The Invisible Woman
Author: W. Charisse Goodman
Publisher: Gurze Books
ISBN: 0-936077-10-7

Life Without Ed—How One Woman Declared Independence
Author: Jenni Schaefer & Thom Rutledge
Publisher: McGraw-Hill
ISBN: 0-07-142298-6

Living With Anorexia and Bulimia
Author: James Moorey
Publisher: Manchester University Press
ISBN: 0-71903-369-1

Making Peach With Food: A Step-By-Step Guide To Freedom From Diet/Weight Conflict
<table>
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<tr>
<th>Title</th>
<th>Author</th>
<th>Publisher</th>
<th>ISBN</th>
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<tr>
<td>Never Too Thin</td>
<td>Eva Szekely</td>
<td>The Women’s Press</td>
<td>0-88961-127-0</td>
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<tr>
<td>New Hope for Binge Eaters</td>
<td>Harrison G. Pope Jr., James I. Hudson</td>
<td>Harper &amp; Row</td>
<td>0-06-091239-1</td>
</tr>
<tr>
<td>The Beauty Myth: How Images of Beauty are Used Against Women</td>
<td>Naomi Wolf</td>
<td>Harper Perennial</td>
<td>10-0-06-051218-0</td>
</tr>
<tr>
<td>The Fat Girl’s Guide to Life</td>
<td>Wendy Shanker</td>
<td>Bloomsbury</td>
<td>1-58234-428-0</td>
</tr>
<tr>
<td>Too Fat or Too Thin?</td>
<td>Cynthia R. Kalodner</td>
<td></td>
<td>0-313-31581-7</td>
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Voices of Recovery
Author: ?
ISBN: ?

Why Weight? A Guide to Ending Compulsive Eating
Author: Geneen Roth
Publisher: Plume Book

When Food Is Love: Exploring the Relationship Between Eating and Intimacy
Author: Geneen Roth
Publisher: Plume
ISBN: 0-452-26818-4

When Your Child Has An Eating Disorder
Author: Abigail H. Natenshon
Publisher: Jossey-Bass Publishers
ISBN: 0-7879-4578-1

**Audio Cassettes:**
Breaking Free From Compulsive Eating: The Workshop
Author: Geneen Roth

Hope For Compulsive Eaters (Tapes 1-6)
Author: Dr. Judi Hollis

Hope For Compulsive Eaters (2 Workbooks)
Author: Dr. Judi Hollis

Tape 62-Transforming Body Image

**Videos:**

#2-#6 Dark Secrets, Bright Victory With Discussion Guide
Hazelden

Hope for Compulsive Eaters

7. **CAREER**

**Books:**

8. **CHANGE - TRANSITION**

**Books:**
Changes: Becoming the Best You Can Be
Author: Gary Collins
Publisher: The Quest National Center
ISBN: 0-933419-07-4

For Colored Girls Who Have Considered Suicide/ When The Rainbow Is Enough
Author: Ntozake Shange
ISBN: 0-613-13552-0

Getting Over Getting Older: An Intimate Journey
Author: Letty Cottin Pogrebin
Publisher: Berkley Books
ISBN: 0-425-15793-8

Leaving Home: Survival of the Hippest
Author: Andie Parton & Lynn Johnston
Publisher: Andrews McMeel Publishing
ISBN: 0-7407-3303-6

Life Changes: Growing Through Personal Transitions
Author: Sabina Spencer & John Adams
Publisher: Impact Publishers

Listening to Midlife: Turning Your Crisis Into a Quest
Author: Mark Gerzon
Publisher: Shambhala

The Everything After College Book
Author: Leah & Elina Furman

Transitions: Making Sense of Life’s Changes
Author: William Bridges
Publisher: Perseus Books
ISBN: 0-201-00082-2

What You Can Change…And What You Can’t
Author: Martin E. Seligman
Publisher: Fawcett Columbine
ISBN: 0-449-90971-9

9. COMMUNICATION - ASSERTIVENESS
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<th>Books:</th>
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<tr>
<td>10 Things Employers Want You To Learn In College</td>
</tr>
<tr>
<td>Author:  Bill Coplin</td>
</tr>
<tr>
<td>Controlling People</td>
</tr>
<tr>
<td>Author:    Patricia Evans</td>
</tr>
<tr>
<td>Don’t Say Yes When You Want To Say No</td>
</tr>
<tr>
<td>Author:  Dr. Herbert Fensterheim &amp; Jean Baer</td>
</tr>
<tr>
<td>Publisher: Dell Publishing</td>
</tr>
<tr>
<td>ISBN:    0-440-15413-8</td>
</tr>
<tr>
<td>Effective Communication: The Essential Guide to Thinking &amp; Working Smarter</td>
</tr>
<tr>
<td>Author: Chris Roebuck</td>
</tr>
<tr>
<td>Publisher: Amacom</td>
</tr>
<tr>
<td>ISBN:    0-8144-7020-3</td>
</tr>
<tr>
<td>Holding Back: Why We Hide the Truth About Ourselves</td>
</tr>
<tr>
<td>Author: Mark Lindquist</td>
</tr>
<tr>
<td>Publisher: Hazelden</td>
</tr>
<tr>
<td>The Fine Art of Small Talk</td>
</tr>
<tr>
<td>Author: Debra Fine</td>
</tr>
<tr>
<td>Publishing: Small Talk Publishers</td>
</tr>
<tr>
<td>ISBN:    0-9711322-2-4</td>
</tr>
<tr>
<td>The Power of Positive Confrontation</td>
</tr>
<tr>
<td>Author:  Barbara Patcher</td>
</tr>
<tr>
<td>Publisher: Marlowe &amp; Company</td>
</tr>
<tr>
<td>ISBN:    1-56924-608-4</td>
</tr>
<tr>
<td>Pulling Your Own Strings</td>
</tr>
<tr>
<td>Author:  Dr. Wayne W. Dyer</td>
</tr>
<tr>
<td>Publisher: Avon</td>
</tr>
<tr>
<td>Working With Difficult People</td>
</tr>
<tr>
<td>Author:  Muriel Soloman</td>
</tr>
<tr>
<td>You Can’t Say That To Me</td>
</tr>
<tr>
<td>Author:  Dr. Suzette Haden Elgin</td>
</tr>
<tr>
<td>Publisher: John Wiley &amp; Sons</td>
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Your Perfect Right
Author: Robert Alberti & Michael Emmons
Publisher: Impact Publishers, Inc.

Video:
Shyness and Assertiveness
Cambridge Career Products

10. DEPRESSION

Books:

Appearance Obsession: Learning To Love the Way You Look
Author: Joni E. Johnston, Psy. D.
ISBN: 1-55874-270-0

Beating The Blues
Author: Michael E. Thase, M.D. & Susan S. Lang

Breaking the Patterns of Depression
Author: Dr. Michael D. Yapko
Publisher: Broadway Books
ISBN: 0-385-48370-8

Control Your Depression
Author: Peter Lewinson, Ricardo Munoz, Mary Ann Youngren, & Antonette Zeiss
Publisher: Simon & Schuster
ISBN: 0-671-76242-7

Depression and Suicide in Children and Adolescents
Author: Philip G. Patros & Tonia K. Shamoo
Publisher: Allyn and Bacon
ISBN: 0-205-11670-1

Depression Fallout: The Impact of Depression on Couples and What You Can Do to Preserve the Bond
Author: Anne Sheffield
Publisher: Quill
ISBN: 0-06-000934-9

Here Comes the Sun: Dealing with Depression
Author: Gayle Rosellini & Mark Worden
Publisher: Hazelden
ISBN: 0-89486-466-1

I Don’t Want to Talk About It: Overcoming the Secret Legacy of Male Depression
Author: Terrence Real
Publisher: Sceibner
ISBN: 0-684-83539-8

Living Without Depression & Manic Depression
Author: Mary Ellen Copeland MS
Publisher: New Harbinger Publications

The Beast
Author: Tracy Thompson
Publisher: Plume
ISBN: 0-452-27695-0

The Noonday Demon: An Atlas of Depression
Author: Andrew Soloman
ISBN: 0-684-85467-8

The Pain Behind the Mask- Overcoming Masculine Depression
Author: John Lynch & Christopher Kilmartin
Publisher: The Haworth Press
ISBN: 0-7890-0558-1

My Depression
Author: Elizabeth Swados
Publisher: Hyperion Books

Understanding Your Teenager’s Depression
Author: Dr. Kathleen McCoy
Publisher: The Berkley Publishing Group
ISBN: 0-399-51856-8

You Can Beat Depression
Author: Jon Preston Psy.D.
Publisher: Impact Publishers
ISBN: 0-915166-64-X
**Videos:**

Surviving Depression: A How-To Session with Clayton Barbeau  
Author: Clayton Barbeau

Surviving Loneliness: A How-To Session with Clayton Barbeau  
Author: Clayton Barbeau

11. **GAY, LESBIAN, BISEXUAL, TRANSGENDER**

**Books:**

Are You Ready? The Gay Man’s Guide to Thriving at Midlife  
Author: Rik Isensee  
Publisher: Alyson Books  
ISBN: 1-55583-459-0

Becoming Gay. The Journey to Self Acceptance  
Author: Richard A. Isay, M.D.  
Publisher: Henry Holt and Company  
ISBN: 0-8050-5315-8

Being, Being Happy, Being Gay  
Author: Bert Herman  
Publisher: Alamo Square Press  
ISBN: 0-962475-0-6

Bi Any Other Name: Bisexual People Speak Out  
Author: Loraine Hutchins & Lani Kaahumanu  
Publisher: Alyson Books  

Bisexuality in the Lives of Men  
Author: Brett Beemyn & Erich Steinman  
Publisher: Haworth Press, Inc.  

Bisexual Men in Culture and Society  
Author: Brett Beemyn & Erich Steinman  
Publisher: Haworth Press, Inc.  

Bisexual Resource Guide  
Author: Robyn Ochs  
Publisher: Bisexual Resource Center  
ISBN: 0-9653881-3-1

Coming Out While Staying In  
Author: Leanne McCall Tigert  
Publisher: United Church Press
Dual Identities: Counseling Chemically Dependent Gay Men & Lesbians
Author: Dana G. Finnegar, Ph.D., CAC & Emily B. McNally, M.Ed., CAC
ISBN: 0-89486-418-1

Homosexuality
Author: Dr. Alan P. Bell & Dr. Martin S. Weinberg
Publisher: Simon & Schuster

Lesbian and Gay Marriage
Editor: Suzanne Sherman
Publisher: Temple University Press
ISBN: 0-87722-975-9

Looking Queer: Body Image and Identity in Lesbian, Bisexual, Gay and Transgender Communities
Author: Dawn Atkins
Publisher: Haworth Press, Inc.
ISBN: 0-7890-0463-1

Loving Someone Gay (2 Copies)
Author: Dr. Don Clark
Publisher: Celestial Arts
ISBN: 0-89087-837-4

Mom, Dad, I'm Gay
Author: Rictch C. Savin-Wiliams
Publisher: American Psychological Association

Outing Yourself
Author: Michelangelo Signorile
Publisher: Simon and Schuster
ISBN: 0-684-82617-8

The Gay Men’s Wellness Guide
Author: Robert E. Penn
Publisher: Henry Holt and Company
ISBN: 0-8050-4772-7

The Intimacy Dance: A Guide to Long-Term Success In Gay & Lesbian Relationships
Author: Betty Berzon, Ph.D.
ISBN: 0-452-27747-7

The Lesbian Almanac
Publisher: Berkley Book
ISBN: 0-425-15301-0
The Lesbian Reader
Editor: Gina Covina & Laurel Galana
Publisher: Amazon Press

Two Spirit People: American Indian Lesbian Woman and Gay Men
Author: Lester Brown
Publisher: Haworth Press

We Are Everywhere: Writings By and About Lesbian Parents
Editor: Harriet Alpert
Publisher: Crossing Press

Working-Class Gay and Bisexual Men
Author: George Alan Appleby
Publisher: Haworth Press, Inc.

Videos:
Beyond The Facts Programs
Promoting Sexual Health on Campus
Understanding and Meeting the Needs of Gay, Lesbian, and Bisexual Students

I Have Two Moms – Lesbian Mothers
20/20 Documentary

12. GRIEF AND LOSS

Books:

A Grief Observed
Author: Lewis, C.S.
Publisher: Harper San Fransico
ISBN: 0-06-065238-1

Aftershock
Author: David Cox & Candy Arrington
Publisher: Broadman & Holman Publishers
ISBN: 080542622-1

Healing After the Suicide of a Loved One
Author: Ann Smolin, & John Guinan
Publisher: Fireside
ISBN: 0-671-79660-7

How To Survive the Loss of a Love (2 copies)
Author: Dr. Melba Colgrove & Harold H. Bloomfield, MD & Peter McWilliams
Publisher: MaryBooks

Life After Loss (3rd)
Author: Bob Deits
Publisher: Fisher Books

Life is Goodbye Life is Hello
Author: Alla Renee Bozarth, Ph.D.
Publisher: Hazeldon

No Time to Say Goodbye-Surviving the Suicide of a Loved One
Author: Carla Fine
Publisher: Broadway Books
ISBN:  0-385-48551-4

Suicidal: The Forever Decision
Author: Paul G. Quinnett

The Loneliness Workbook
Author: Mary Ellen Copeland, M.S., M.A.
Publisher: New Harbinger Publications

When a Friend Dies: A Book for Teens about Grieving and Healing
Author: Marilyn E. Gootman, Ed.D
Publisher: Free Spirit Publishing Inc.
ISBN:0-915793-66-0

Videos:

Carved From the Heart: A Portrait of Grief, Healing & Community
Surviving Life Transitions: A How-To Session with Clayton Barbeau
The Truth About Suicide: Real Stories of Depression In College
Warning Signs: How to Help Someone Who Is Suicidal

MEN'S ISSUES

Books:

Dear Dad: Letters From An Adult Child
Author: Lovie Anderson
ISBN:  0-14-014845-0

I Don’t Want To Talk About It: Overcoming The Secret Legacy of Male Depression
Author: Terrance Real
Publisher: Simon and Schuster
ISBN: 0-684-83539-8

Iron John (x2)
Author: Robert Bly
Publisher: Vintage Books

Real Boys’ Voices
Author: William Pollack
Publisher: Henry Holt and Company

Sexuality
Author: Sander L. Gilman

The Five Love Languages
Author: Gary Chapman

Victims No Longer: Men Recovering from Incest and Other Sexual Child Abuse
Author: Mike Lew
Publisher: Harper and Row Publishers

Whose Kids Are These Anyway?
Author: Ken Swarner
Publisher: Perigree
ISBN: 0-399-52881-4

14. MULTICULTURAL ISSUES

Books:

ApplePie & Enchiladas: Latino Newcomers in the Rural Midwest
Author: Ann Millard & Jorge Chapa
Publisher: University of Texas Press

Asian American Dreams: The Emergence of and American People
Author: Helen Zia
Publisher: Farrar, Straus & Giroux
ISBN: 0-374-52736-9

Beyond the Down Low: Sex, Lies, and Denial in Black America
Author: Keith Boykin
Black Like Me
Author: John Howard Griffin
Publisher: Signet
ISBN: 0-451-19203-6

Black Rednecks and White Liberals
Author: Thomas Sowell
Publisher: Encounter Books

In The Company Of My Sister: Black Women and Self-Esteem
Author: Julia A. Boyd
Publisher: Plume Book
ISBN: 0-452-27246-7

Native Roots: How the Indians Enriched America
Author: Jack Weatherford
Publisher: Fawcett Columbine
ISBN: 0-449-90713-9

Race Rules: Navigating the Color Line
Author: Michael Eric Dyson
Publisher: Vintage Books
ISBN: 0-679-78156-0

The Black Man’s Guide to Good Health
Author: James W. Reed MD & Neil B. Shulman MD & Charlene Shucker
Publisher: Perigree Book
ISBN: 0-399-52138-0

The Hip Hop Generation
Author: Bakari Kitwana
Publisher: Basic Civitas Books

The Lakota Way
Author: Joseph Marshall III
Publisher: Penguin Campus
ISBN: 0-14-219609-6

The Nature of Prejudice
Author: Gordon W. Allport
Publisher: Perseus Books
The Power of Acceptance: Building Meaningful Relationships in a Judgemental World
Author: Doug Shadel & Bill Thatcher
ISBN: 0-87877-242-1

The Ties That Bind
Author: Dr. Joyce A. Lander
Publisher: John Wiley & Sons, Inc.

15. MOOD ISSUES

Books:

Beating The College Blues
Author: Paul A. Grayson, Ph.D. & Phillip W. Meilman, Ph.D.
ISBN: 0-8160-3986-0

Emotional Claustrophobia
Author: Dr. Aphrodite Matskis
ISBN: 1-57224-211-6

Emotional Discipline: The Power To Choose How You Feel
Author: Charles C. Manz
Publisher: Berrett-Koehler Publishing

God’s Last Children
Author: Sister Mary Rose McGready
ISBN: None

Living Without Depression and Manic Depression: A Workbook for Maintaining Mood Stability
Author: Mary Ellen Copeland, MS
Publisher: New Harbinger Publications

The Feeling Good Book
Author: David D. Burns, M.D.

16. PARENTING

Books:

1-2-3 Magic: Effective Discipline for Children 2-12
Author: Dr. Thomas W. Phelan
Publisher: Child Management Inc.
ISBN: 0-9633861-9-0
17. PERSONAL GROWTH TOPICS & OTHER

Books:

Attitude is Everything
Author: Keith Harrell
Publisher: Harper Business
ISBN: 0-06-095490-6

Authentic Happiness
Author: Dr. Martin E. P. Seligman
Publisher: The Free Press
ISBN: 0-7432-2297-0

Embracing Uncertainty
Author: Dr. Susan Jeffers
Publisher: St. Martin’s Press
ISBN: 0-312-30955-4

Emotional Intelligence: When It Can Matter More Than IQ
Author: Daniel Goleman

How To Escape the Messiah Trap
A Workbook For: When Helping You Is Hurting Me
Author: Carmen Renee Berry

Imperfect Control
Author: Judith Viorst
Publisher: The Free Press
ISBN: 0-684-84814-7

Intersections: Readings in Sociology
Author: Kathleen Tiemann
ISBN: 0-536-68119-8

Learn to Relax
Author: Mike George
Learned Optimism: How to Change Your Mind and Your Life
Author: Seligman, Martin
Publisher: Freepress
ISBN: 0-671-01911-2

Living Through Personal Crisis
Author: Ann Kaiser Sterns

Reinventing Your Life
Author: Jeffrey Young, ad Janet Klosko
Publisher: Plume
ISBN: 0-452-27204-1

Self-Sabotage: How To Stop It And Soar To Success
Author: Martha Baldwin MSSW
Publisher: Warner Books
ISBN: 0-446-39108-5

Seven Times Down, Eight Times Up: Landing On Your Feet in an Upside Down World
Author: Alan Gettis
Publisher: Trafford Publishing
ISBN: 041200541-0

Staying OK
Author: Amy Bjork Harris & Thomas A. Harris, MD
Publisher: Harper & Row Publishers
ISBN: 0-06-015315-6

The NEW Birth Order Book; Why You Are the Way You Are
Author: Dr. Kevin Leman
ISBN: 0-8007-5679-7

The Power Is Within You
Author: Louise L. Hay
ISBN: 1-56170-023-1

The Resilient Self
Author: Steven J Wolin, M.D. and Sybil Wolin, Ph.D.
Publisher: Villard Books
ISBN: 0-394-58357-4

The Social Style Handbook
Author: Larry Wilson Learning Library
Publisher: Nova Vista Publishing
ISBN: 90-77256-04-0
Time Flies Whether You’re Having Fun…Or Not
Author: Bob Cushman
ISBN: 0-9704964-0-0

What Color Is Your Parachute?
Author: Richard Nelson Bolles
ISBN: 978-1-58008-794-0

Who Moved My Cheese?
Author: Spencer Johnson, M.D.
ISBN: 0-399-14446-3

Why Am I Afraid To Tell You Who I Am?
Author: John Powell, SJ
Publisher: Thomas More

You’ll See It When You Believe It
Author: Wayne W. Dyer
Publisher: Quill

Videos:
Caring For Ourselves: Hope For Healthy Relationships
Author: Melody Beattie
Skills for Adolescence Program: Getting Together
Lions-Quest

Surviving Failure Rejection: A How-To Session with Clayton Barbeau
Clayton Barbeau

Trust in Yourself
MTI Film and Video

#1 Well Aware: Choose Wellness + Healthy Living Guide
Distributed By: Whole Person Press

#2 Well Aware: Exercise + Healthy Living Guide
Distributed By: Whole Person Press

#3 Well Aware: Healthy Nutrition + Healthy Living Guide
Distributed By: Whole Person Press

#4 Well Aware: Stress Management + Healthy Living Guide
Distributed By: Whole Person Press

#5 Well Aware: Personal Environment + Healthy Living Guide
Distributed By: Whole Person Press
**Audio Cassettes:**

**Books:**

18. **RELATIONSHIPS**

**Accepting Each Other: Individuality and Intimacy in Your Loving Relationships**
Author: Dr. Michael L. Emmons & Dr. Robert E. Alberti
Publisher: Impact Publishers
ISBN: 0-915166-77-1

**Divorce & New Beginnings**
Author: Geneieve Clapp, Ph.D.
ISBN: 0-471-32648-8

**Do I Have To Give Up Me To Be Loved By You?**
Author: Dr. Jordan Paul & Dr. Margaret Paul
Publisher: CompCare Publisher

**Forgiving Our Parents, Forgiving Ourselves: Healing Adult Children of Disfunctional Families**
Author: Dr. David Stoop & Dr. James Masteller
ISBN: 0-89283-992-9

**How It Feels When Parents Divorce**
Author: Jill Krementz
Publisher: Alfred A. Knopf

**I Hate You: Don’t Leave Me**
Author: Jerold J. Kreisman, M.D. & Hal Straus

**Infidelity**
Author: Elissa Gough
Publisher: Avery Publishing Group

**Is It Love Or Is It Addiction?**
Author: Brenda Schaeffer

**Love Is A Choice**
Author: Dr. Robert Hemfelt & Dr. Frank Minirth & Dr. Paul Meier
Publisher: Thomas Nelson Publishers
ISBN: 0-7852-7530-4

**Marriage on the Rocks: Learning to Live With Yourself and an Alcoholic**
Author: Janet. G Woititz, Ed.D  
Publisher: Health Communications  
ISBN: 0-932194-17-6

Rebuilding Trust: For Couples Committed to Recovery  
Author: Jennifer P. Schneider & Burt Schneider  
Publisher: Hazelden  
ISBN: 0-89486-581-1

Rebuilding When Your Relationship Ends  
Author: Dr. Bruce Fisher  
Publisher: Impact Publishers  

Still Single?  
Author: Casey Maxwell Clair  
Publisher: St. Martin Griffin  
ISBN: 0-312-30373-4

Surviving Infidelity (2nd)  
Author: Rona Subotnik, MFCC & Dr. Gloria G. Harris  
Publisher: Adams Media Corporation  

The Betrayal Bond  
Author: Dr. Patrick J. Carnes  
Publisher: Health Communication  

The Couple’s Journey: Intimacy as a Path to Wholeness  
Author: Dr. Susan M. Campbell  
Publisher: Impact Publisher  
ISBN: 0-915166-45-3

The Good Divorce: Keeping Your Family Together When Your Marriage Comes Apart  
Author: Dr. Constance Ahrons  
Publisher: Harper-Collins Publisher  
ISBN: 0-06-061973-7

The Hard Questions  
Author: Susan Piver  
Publisher: Penguin Putnam, Inc.  

The New People Making
Author: Virginia Satir  
Publisher: Science and Behavior Books, Inc.  
ISBN: 0-8314-0070-6

The Seven Principles for Making Marriage Work  
Author: Dr. John M. Gottman  
Publisher: Three Rivers Press  
ISBN: 0-609-80579-7

Trait’s Of A Healthy Family  
Author: Dolores Curran  

Unmarried to Each Other  
Author: Dorian Solot & Marshall Miller  
Publisher: Marlowe & Company  

Understanding Relationships  
Author: Steve Duck  
Publisher: The Guilford Press  
ISBN: 780898624700

We Can Work It Out: Making Sense of Marital Conflict  
Author: Dr. Clifford Notarius & Dr. Howard Markham  
Publisher: G. P. Putnam Sons  
ISBN: 0-399-13866-8

When To Forgive  
Author: Mona Gustafson Affinito, Ph.D., L.P.  
ISBN: 1-57224-175-6

Worthy Of Love  
Author: Karen Casey  
Publisher: Hazelden  
ISBN: 0-89486-339-8

Videos:  
Fighting For Your Marriage  
Dr. Scott Stanley, Dr. Howard J. Markham, Dr. Susan L. Blumberg

Audio Cassettes:  
Adult Single Relationships  
Earnie Larsen

19. SELF-ESTEEM – SHAME - GUILT

Books:
Creating Self-Esteem: A Practical Guide to Realizing Your True Worth
Author: Lynda Field
Publisher: Element Press

Ending The Struggle Against Yourself
Author: Stan Taubman, D.S.W.
Publisher: Penguin Putnam Inc.
ISBN: 0-87477-763-1

Frantisek: Release From Abuse: A Story of Spiritual Recovery
Author: Frank Vrabel
ISBN: 0-9658585-7-X

Good Bye To Guilt
Author: Gerald G. Jampolsky, MD
Publisher: Bantam Books

Healing the Shame That Binds You
Author: John Bradshaw
Publisher: Health Communications, Inc.
ISBN: 0-932194-86-9

Increasing Confidence
Author: Philippa Davies
Publisher: DK Publishing
ISBN: 0-7894-9328-4

Learning to Love Yourself
Author: Sharon Wegscheider-Cruse
Publisher: Health Communications, Inc.

On Shame and the Search for Identity
Author: Helen Merrell Lynd
Publisher: Harcourt, Brace, & World, Inc
ISBN:

Other-Esteem
Author: Dr. Philip O. Hwang
Publisher: Black Forest Press
ISBN: 1-881116-61-1

Self-Esteem (2 Copies)
Author: Matthew McKay & Patrick Fanning
Publisher: New Harbinger Publications, Inc.
Self-Esteem  (2)
Author: Virginia Satir
Publisher: Celestial Arts
ISBN: 0-89087-109-4

Self-Esteem: Paradoxes and Innovations in Clinical Theory and Practice
Author: Richard Bednar & M. Gawain Wells & Scott R. Peterson
Publisher: American Psychological Association

Shame and Guilt
Author: Dr. Ernest Kurtz
Publisher: Hazelden
ISBN: 0-8986-132-8

Soul Without Shame
Author: Byron Brown
Publisher: Shambhala

Staying OK
Author: Amy Bjork Harris & Thomas A. Harris, M.D.
ISBN: 0-06-015315-6

The Power of Self-Esteem
Author: Dr. Nathaniel Branden
Publisher: Health Communications, Inc.

The Self-Esteem Companion
Author: Dr. Matthew McKay & Patrick Fanning & Carole Honeychurch & Catharine Sutker
Publisher: New Harbinger Publications, Inc.

What Exactly Is Self-Esteem?
Author: Clint Saunders
Publisher: CDS Enterprises

Video:
Healing the Shame That Binds You
Author: John Bradshaw

20. SELF-INJURY- SUICIDE

Books:
Cutting
Author: Steven Levenkron
Publisher: W. W. Norton and Company

How I Stayed Alive When My Brain Was Tyring To Kill Me
Author: Susan Rolse Blauner
Publisher: Quill Publishers

Secret Scars
Author: V. J. Turner
Publisher: Hazelden
ISBN: 1-56838-914-0

Too Perfect
Author: Allan Mallinger M.D. & Jeannette Dewyze
Publisher: Ballantine Publishing Group
ISBN: 0-449-90800-3

21. SEXUAL VIOLENCE – SEXUAL ABUSE

Books:
Allies in Healing
Author: Laura Davis
Publisher: Harper Perennial
ISBN: 0-06-096883-4

Betrayal of Innocence
Author: Dr. Susan Forward & Craig Buck
Publisher: Penguin Books
ISBN: 0-14-011002-X

Ending the Cycle of Violence
Author: Einat Peled, Peter G. Jaffe, and Jeffrey L. Edleson
Publisher: Sage Publications
ISBN: 0-8039-5369-0

Father Daughter Incest
Author: Judith Lewis Herman
Publisher: Harvard University Press
ISBN: 0-674-00270-9

Free of the Shadows: Recovering From Sexual Violence
Author: Caren Adams MA & Jennifer Fay MA
Publisher: New Harbinger Publications, Inc.

Outgrowing the Pain Together
Author: Dr. Eliana Gil
Publisher: Dell Trade Paperback
ISBN: 0-440-50372-8

Rising to the Dawn: A Rape Survivors Journey Into Healing
Author: Laverne C. Williams (Ed.)
Publisher: Little Treasure Publication
ISBN: 0-9639838-3-0

Secret Survivors: Uncovering Incest and Its Aftereffects in Women
Author: E. Sue Blume
Publisher: John Wiley & Sons
ISBN: 0-471-61843-8

Sexual Assault on Campus: What Colleges Can Do
Author: Aileen Adams & Gail Abarbanel
Publisher: Rape Treatment Center

Surviving A Stalker
Author: Linden Gross
Publisher: Marlowe & Company

The Courage To Heal Workbook: For Women and Men Survivors of Child Sexual Abuse
Author: Laura Davis
Publisher: Harper and Row Publishers

The Right To Innocence: Healing the Trauma of Childhood Sexual Abuse
Author: Beverly Engel MFCC
Publisher: Jeremy P. Tarcher
ISBN: 0-87477-482-9

When Violence Begins at Home
Author: R.J. Wilson
ISBN: 0-89793-227-7

Violent No More
Author: Michael Payman
ISBN: 0-89793-273-0

Videos:
Campus Rape (With Discussion Guide)
Rape Treatment Center

Violence in the Home: Living In Fear
22. SPIRITUALITY

Books:
Chicken Soup for the Soul (2nd)
Author: Jack Canfield & Mark Victor Hansen
Publisher: Health Communications, Inc.

Embracing Uncertainty
Author: Susan Jeffers, Ph.D.
ISBN: 0-312-30955-4

Paths Are Made By Walking
Author: Therese Jacobs-Stewart
Publisher: Warner Books
ISBN: 0-446-53067-0

The Road Less Traveled
Author: M. Scott Peck
Publisher: Simon & Schuster
ISBN: 0-671-25067-1

23. SUBSTANCE ABUSE

Books:
A Woman Like You
Author: Rachel V.
ISBN: 0-06-250703-6

Alcohol in America: Taking Action to Prevent Abuse
Author: Steve Olson
Publisher: National Academy Press

Are You Ready To Quit Smoking?
Author: Linda R. Bryson
Publisher: Kendall/Hunt Publishing Company
ISBN: 0-8406-2988-1

Flesh, Metal Glass
Author: Fraydun Manocherian

Inside the Adolescent Alcoholic
Author: Ann Marie Krupski
Publisher: Hazelden
ISBN: 0-89486-159-X
Intervention: How To Help Someone Who Doesn’t Want Help
Author: Vernon E. Johnson DD
Publisher: Johnson Institute Books

It’s So Simple…It Just Ain’t Easy
Author: Bob Cushman
Publisher: Partner’s Institute

Parents Recover Too: When Your Child Comes Home From Treatment
Author: Harriet W. Hodgson
Publisher: Hazelden
ISBN: 0-89486-502-1

Research on Alcoholics Anonymous
Author: Barbara S. McCrady (Ed) & William R. Miller (Ed)
Publisher: Publications Division Rutgers Center for Alcohol Studies

Stage II Recovery: Life Beyond Addiction
Author: Earnie Larsen
Publisher: Harper and Row Publishers

Staying Sober: A Guide for Relapse Prevention
Author: Terrence T. Gorski & Merlene Miller
Publisher: Independence Press

Staying Sober Workbook Exercise Manual
Author: Terrance T. Gorski
Publisher: Independence Press

Stop Smoking Naturally
Author: Martha Work Ashelman
Publisher: Keats Publishing
ISBN: 0-658-00384-4

Strong Choices, Weak Choices: Challenge of Change in Recovery
Author: Gayle Rosellini & Mark Worden
Publisher: Harper and Row Publishers
ISBN: 0-06-255484-0

Take What Works: How I Made the Most of My Recovery Program
Author: Anne W.
Publisher: Hazelden

When Society Becomes An Addict
Author: Anne Wilson Schaef
Publisher: Harper and Row Publishers
ISBN: 0-06-254854-9

Women In Treatment: Creating A New Self-Image
Author: Barbara McFarland
Publisher: Hazelden
ISBN: 0-89486-196-4

You Are What You Drink
Author: Allan Luks & Joseph Barbato
Publisher: Villard Books
ISBN: 0-679-72364-1

Young, Sober, and Free
Author: Shelly Marshall
Publisher: Hazelden
ISBN: 0-89486-055-0

Videos:
ACA Recovery: Meeting the Child Within
AIMS Recovery

America Hurts: The Drug Epidemic
Publisher: Simon & Schuster

Back to Reality
AIMS Media

Be A Good Neighbor Be A Designated Driver
State Farm Insurance

Confessions Of A Resident Advisor
Englewood Co.

Crack: Phil Donahue Show
Films for the Humanities and Sciences

Dying To Be Sober
Films for the Humanities and Sciences

Enabling: Masking Reality
AIMS Media

Family and Peer Factors
Author: Scott Marshall

Female Alcoholism
Films for the Humanities and Sciences
From Use to Abuse  
Author: Scott Marshall

Hazelden Experience: Survivor’s Pride-An Introduction To Resiliency Attainment Co.

Intervention: Facing Reality  
AIMS Media

Pandora’s Bottle  
Author: Mariette Hartley

Sentenced For Life  
Ohlmeyer Comm. And Volkswagen

Shattered Spirits: ACOA Theme  
TV Movie

Steroids: Crossing the Line  
Films for the Humanities and Sciences

The Aftermath: Drinking and Driving

The Betty Ford Story

The Heart of the Matter: A Look at Alcohol Issues Facing Women’s Fraternities Bacchus

This Is My House  
Englewood Co.

Uppers, Downers, All Arounders: Part I-The Effects Cinemed

Viable Alternatives With Scott Marshal

**Audio Cassettes:**

Voices: The Midwest Audio Network for Drug-Free Schools and Communities Midwest Regional Center

**Discussion Guides:**

Drunk Driving: The Toll, The Tears  
Discussion Leaders Guide  
National Collegiate Alcohol Awareness Week

“The Aftermath”  
Manocherian Foundation
The Betty Ford Story

Uppers, Downers, All Arounders
Guide Sheets

24. WOMEN’S ISSUES

Books:
A Woman Like You: Life Stories of Women Recovering From Alcoholism and Addiction
Author: Rachel V.
Publisher: Harper and Row Publishers
ISBN: 0-06-250703-6

A Woman’s Guide to Mental Health
Author: Beryl W. Langley MD & Joyce Stapp MD
Publisher: The Pia Press

Beauty Secrets: Women & The Politics of Appearance
Author: Wendy Chapkis

Body Love: Learning to Like Our Looks & Ourselves
Author: Rita Freedom, Ph.D.

How To Be An Assertive (Not Aggressive) Woman in Life, in Love, and on the Job: A Total Guide to Self-Assertiveness
Author: Jean Baer
Publisher: New American Library

My Mother, My Self: The Daughters Search for Identity
Author: Nancy Friday
Publisher: Dell Publishing Company
ISBN: 0-440-15663-7

Once A Month
Author: Katharina Dalton, MD
Publisher: Hunter House
ISBN: 0-89793-071-1

Reviving Ophelia: Saving the Selves of Adolescent Girls
Author: Dr. Mary Pipher
Publisher: A. Grosset/Putnam Books
ISBN: 0-399-13944-3

Self-Help for Premenstrual Syndrome
Author: Michelle Harrison, MD
Publisher: Random House
ISBN: 0-394-73502-1
The Dance of Deception: Pretending and Truth –Telling in Women’s Lives
Author: Dr. Harriet G. Lerner
Publisher: Harper Perennial

The Dance of Intimacy: A Woman’s Guide to Courageous Acts of Change in Key
Author: Dr. Harriet Goldhor Lerner
Publisher: Harper and Row Publishers

The Gift of Fear
Author: Gavin DeBecker
Publisher: Dell
ISBN: 0-440-22619-8

The Imposter Phenomenon: When Success Makes You Feel Like a Fake
Author: Dr. Pauline Rose Clance
Publisher: Bantam Books
ISBN: 0-553-25730-7

The Mother Dance
Author: Dr. Harriet Lerner
Publisher: Harper Perennial

The Possible She
Author: Susan Jacoby
Publisher: Farrar, Straus, and Giroux

Unfinished Business
Author: Maggie Scarf
Publisher: Ballantine Books
ISBN: 0-345-34248-8

Women and Disabilities: It Isn’t Them and Us
Author: Mona Hughes
Publisher: Lady Press

Women and Drugs: Getting Hooked, Getting Clean
Author: Emanuel Peluso & Lucy Silvay Peluso
Publisher: CompCare Publishers
ISBN: 0-89638-144-7

Women As They Age: Challenge, Opportunity, and Triumph
Author: J. Dianne Garner DSW & Susan O. Mercer DSW
Publisher: Haworth Press

Women Who Love Too Much
Author: Robin Norwood
Publisher: Pocket Books

Women Who Think Too Much
Author: Susan Nolen-Hoeksema, Ph.D.
ISBN: 0-8050-7525-9

Women’s Bodies, Women’s Wisdom: Creating Physical and Emotional Health and Healing
Author: Christiane Northrup, MD
Publisher: Bantam Books
ISBN: 0-553-37953-4

Women’s Reality: An Emerging Female System in White Male Society
Author: Anne Wilson Schaef
Publisher: Harper and Row Publishers
ISBN: 0-86683-753-1

Videos:
Life Balance For Women: Tapes 1-8
Author: Dr. Bee Epstein

The Strength To Resist: The Media’s Impact On Women & Girls
(Study Guide w/ Video)

Audio Cassettes:
The Dance of Anger
Author: Harriet Lerner, Ph.D.
Tapes 1-2