February 28th, 2014 Meeting
12:00 – 1:00pm, River Valley Room, Memorial Union

Minutes

Present: Jane Croeker, Clint Hosford, Megan Sonnabend, Jessica Albert, Apryl Schmitz, Kim Rulifson, Shari Nelson, Jen Schoenecker, Laurie Betting, Amber Flynn, Ashley Treit, Carmen Cryer, Maggie O’Keefe, Kelsie Gunnufson, Maggie Shay, Muna Mohamed, Miriam Wood-Alameda, Jim Whitehead, Sarah Khodel, Derick Ngorah, Anne Smith, Mary Coleman, Lisa Burger, Leah Sherman, Anne Bodensteiner

I. Call to Order – Anne Bodensteiner

II. Approve Minutes from January meeting – Anne Bodensteiner
   a. No changes or additions. Minutes approved as emailed out.

III. Announcements/Updates

<table>
<thead>
<tr>
<th>Healthy UND 2020 Priorities</th>
<th>Ongoing Priorities</th>
<th>7 Dimensions of Wellness</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alcohol and Other Drugs</td>
<td>Work Well</td>
<td>Spiritual Wellness</td>
</tr>
<tr>
<td>Managing Mental Health</td>
<td>Diversity</td>
<td>Intellectual Wellness</td>
</tr>
<tr>
<td>Healthy Relationships/Social Skills</td>
<td>Wellness Living &amp; Learning Community</td>
<td>Occupational Wellness</td>
</tr>
<tr>
<td>Nutrition</td>
<td>Tobacco-Free UND</td>
<td>Environmental Wellness</td>
</tr>
<tr>
<td>Physical Activity</td>
<td></td>
<td>Physical Wellness</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Social Wellness</td>
</tr>
<tr>
<td></td>
<td></td>
<td>Emotional Wellness</td>
</tr>
</tbody>
</table>

A. Healthy UND Priorities
   a. Alcohol and Other Drugs
      i. Spring Break Survival Event- Put on by the Health & Wellness Hub – Wednesday, March 12th at 6:30 p.m. in the Loading Dock AOD Peers will host 4 booths
      ii. The main goals of the Campus Community Committee on High Risk Alcohol Use are to reduce underage and binge drinking. The four priorities that have been established are: 1) Social Host Ordinance, 2) Restrictions on Happy Hours/Drink
Specials, 3) Stricter Enforcement and Legislation, and 4) Education, Awareness, and Media Campaigns

iii. Party buses - concern of how students get home after bus drops them off at night and underage drinking on buses

iv. Community waiting to get $302,000 alcohol abuse prevention grant from feds - needs assessment for that grant will take around 100 hours

b. Mental Health

i. UND has enhanced availability of psychiatric help for students through contract with Altru - students can come into student health and have visit with psychiatrist and SHS now offers telemedicine options for mental health appointments

c. Nutrition

i. Nutrition subcommittee finished objective one strategy tables, will be finished with 2&3 tables by April

ii. March is National Nutrition Month. A food drive is hosted on campus, student iron chef semi-finals and finals, delicious and nutritious recipe contest on culinary corners’s website, and Grocery Bingo will have a national nutritional month theme - March 29th

d. Physical Activity

i. City looking at proposed bike lane or sharrow (bikes sharing road with vehicles) - running from University Avenue and Columbia to downtown.

1. There was a public forum last evening and this issue will also be discussed at the Grand Forks Service Safety Committee meeting on Tuesday, March 11th at 5:30pm, and the Grand Forks City Council meeting on Monday, March 17th at 5:30pm. Both meetings will be held in City Council Chambers.

2. Would be helpful to have people there to educate on importance of non-motorized vehicle transportation

3. Neither of the proposals suggest that parking will be eliminated on University Avenue

B. Ongoing Priorities

a. Work Well Announcements:

i. Staff and Faculty Wellness Survey coming up in March

ii. Three health screenings in March: 5th: EERC, 21st: Dining Services, and 25th: Facilities. Final Screening on April 2nd: Wellness Center

iii. Special Denim Day for Heart Walk - March 25th

iv. Warm Up Your Heart Walks- Indoor Walking at Medical School- March 25th, Parking Ramp- April 1st, Aerospace- April 10th, Community Walk- April 12th @9am Choice Fitness. Pam Anderson is TEAM UND captain.

v. Temporary change for Mothering Room in Twamley - moved to Carnegie 5A.

vi. Building doing stairwell challenge while elevator is out for 10 weeks.

vii. Weight Watchers- still at EERC, Twamley site is closed

viii. Various Deans of Wellness programs running

ix. Metabolic Testing restarts in March

b. Diversity

i. Anne and Miriam working with nursing students - focus on multicultural needs assessments.

1. Blood pressure screening last week - within an hour and a half- 40 screenings

2. Planning a needs assessment: looking at current status of multicultural population @ UND regarding nutrition, physical activity, etc. Survey going out the week of 3/3 through Multicultural Student Services

ii. Black HIV testing from February - so well attended they ran out of testing kits

c. Tobacco Free UND

i. Faculty member asked about reporting options for people who are smoking on campus- is it appropriate to send a reminder email as to how to go about this… what are the repercussions if they refuse to stop, if it is staff or faculty?
ii. Chief Plummer - proactive reporting form on their website, will be anonymous and they work on if it is a violation of city ordinance and/or UND policy. The more specific people are about where it occurred then they step up their surveillance and talk to people about smoking. Using an E-cigarette in a building is a violation of city/state law.

iii. Suggestion: bring in Chief Plummer to Healthy UND meeting - have him introduce himself and we can have a discussion with him.

C. 7 Dimensions of Wellness
   a. Pursuit Of Wellness ended on February 14th, request an update about it from Karina at the next meeting.
   b. A researcher at the U of M is looking for public universities that are innovative when looking at different faiths. Came last summer and invited reps from UND to come there and collectively tell them what is working and what is not.
   c. Speaker at UND coming 3/5 and discussing physical activity and aging population. Wednesday at 3pm in Education Building Room 113.

IV. Continued Discussion on Healthy UND 2020 Healthy Relationships/Social Skills Priority – Shari Nelson
   a. Strategy table about goals and recommendations made during last meeting, progress has been made on the table
   b. Making sure advisors know everything about what affects students registration is important, not just that they know which classes the students should take
   c. Working on universal design coming out of university Disability Support Services
   d. Mandated now to make sure every student and faculty is aware of Title IX... how a student can report sexual assault and making sure we have resources available to inform them of Title IX.
      i. Sexual violence website in the works - hopefully up soon
      ii. Working on promoting off-campus resources... Student Health Services, UCC, Women's Center and others can also provide referrals to staff or students.
      iii. Affirmative Action Title IX position in process of being hired
      iv. Title IX presentation was shown to student leaders through the Student Involvement Office, and piloted with some of faculty and staff. We are working on getting it out to everyone else.

V. One Stop Shop/Memorial Union-McCanel Remodel/First Year Experience/McCanell Hall Update – Lisa Burger
   a. Lisa showed a powerpoint on the One Stop Shop and remodeling plans
   b. Group working last several months to look at spaces in Memorial Union and McCannel to maximize the use of space in those buildings. Followed 3 criteria looked at maximize use of space, space priorities, and units to realign. The functions they provide are together and make sense.
   c. Moves
      i. Multicultural Student Services will move to Third Floor Memorial Union (CILT is currently there)
      ii. Lower level of union- Financial Wellness will be in the union in what used to be Great Clips
      iii. Credit Union will move from first floor to lower level in what used to be Lifetime Sports Center. TIAA Cref will also have an office in the lower level. All financial wellness services together on lower level
      iv. Also on lower level- the “Idea Lab” with glass walls... place for students and staff to generate ideas in. Collaborative space for students for problem solving and using technology to assist, interactive screens, etc. Room to be scheduled but when not scheduled, it will be available for students.
   d. One Stop Shop Location
      i. Will occupy old Credit Union space on first floor
ii. Purpose: to pull entities (home offices for students) together, location front and center that students walk by, free flowing environment

iii. Students should not have to go to Twamley hall, they go to this one entity for a variety of different business operations (Financial Aid, Student Account Services, Registrar’s Office, Parking Services, assistance with online services, incoming and outgoing communications, entry-level technical support services, etc.)

iv. Struggling with name for this space, any ideas are welcomed.

v. Goal- to be complete by time new students and families here for orientation in June. *Full fledged opening- fall semester 2014

vi. Not appointment based. Might have a kiosk in this one stop shop to see when people will be available to assist students. Idea of express lanes for people who come in and know exactly what their questions are.

e. Staff for One Stop Shop
   i. Employees that work at Twamley will not necessarily move to the union
   ii. A one stop shop director has been hired and the plan is to hire or reassign other individuals for that space.
   iii. Training planned for one stop shop staff so they are ready to answer any student questions

f. McCannel Hall Remodel
   i. Records in Student Health Services are going electronic so no need for large amounts of space to hold records in the future. Business operations of Student Health will move back to clinic.
   ii. The Hub will be together with peer education in McCannel.
   iii. Dean of Students Office and Disability Student Services space is being reconfigured.

VI. Dr. Boyd Award Selection Committee – Jane Croeker
   a. Looking for a selection committee
   b. Recognize individuals that contribute to healthier students, factulty or staff that emphasizes the seven dimensions of wellness.
   c. Issue with being specific to Healthy UND- Do we want to still think of having this award go to a group/department or should we just focus on it being individual?
   d. The criteria will be sent out on the listserv… if you have feedback and/or you are willing to serve on the selection committee, please email Jane or Anne.
   e. We encourage people to submit nominations, last year we had 6 nominations.

VII. Adjourn – Anne Bodensteiner (UND Cares materials)
   a. UND Cares has the digital cleaners, cards, and magnets with information on them.
   Meeting Adjourned