December 14, 2012 Meeting
12:00 – 1:00pm, River Valley Room, Memorial Union

Agenda

I. Call to Order – Brianna Crawford

II. Approve Minutes from the 11/2/12 Meeting – Brianna Crawford
   a. Minutes stand approved as circulated

III. Financial Report – Jane Croeker
   a. Expenditures were minimal in the past month, consisting primarily of printing and duplicating costs

IV. Campus and Community Pedestrian and Bicycle Commuter Trails – Guest Speakers: Kim Greendahl, Joe Vacek, and Teri Kouba
   a. Joe, Kim, and Teri addressed the coalition regarding commuter trail/transportation issues
   b. Kim Greendahl – discussed greenway projects/initiatives
      i. Consideration of city ordinances- example: boat house option. Proposal to have a boat house on the river down in GF - Complications with getting individuals on and off of the boat safely
      ii. City of GF and the Greenway project
         1. Greenway user group – advisory group that discusses more than just the Greenway itself.
      iii. Issues related to sharing the road
         1. Recent gathering to discuss frustrations/issues related to safety/road sharing
         2. Addressing these issues
            a. How to make improvements to both the roads as well as our bike trail
            b. Mayor Brown- 3 major requests
               i. Consider using one color to designate the bike lane in GF
                  1. Currently a white lane draw, but it can be confusing
                  2. Asking for a green line so that it is always clear where the bike lane is
                  3. ask that the route lane matches signage
                  4. Asking for additional stencils in the bike lanes
                  5. Questions about signage downtown GF
               ii. Better use of controlled crossings- overall, revisiting this piece
iii. Biker friendly designation
   1. Did apply in 2000 and 2006, and received honorable mention
   2. Believe that we qualify for bronze status at this time given recent efforts
      a. Ex: more bike racks downtown (i.e. Dakota Harvest rack, fish bike rack) - supported by Mayor Brown over the course of three years to implement
   c. Second project working on with the city and other partners – proposal for bike rental racks
      i. MN has a huge green bike business
      ii. Approached by the WC: students who are only here for a few semesters and have no way of getting downtown
      iii. We do not want to take this out of the private sector (i.e. a public program)
      iv. Don’t want them to be in an area where they should not be in
      v. Questions - Is this something that the Government should fund? The organization believes that it is, as we already provide busses.
   d. Overall shift in how the city views bike trails and bike usage
      i. Plowing issues – ramifications for bike trails
         1. In the past 15 years, Greenway efforts have changed the face of outdoor recreation in our community
            a. Plow schedule: 1) major paths, 2) crossways, 3) trails
            b. Ridges affecting bike trails –
               i. Dial-a-Ride service – high usage when we cannot address plowing issues \(\rightarrow\) greater expense for our city
         2. Not viewing outdoor biking as just a summer activity any more
         3. Also do not view sidewalks as only for fitness - for some, this is truly the only way of transportation
            a. Socioeconomic status implications
            b. Need to help others understand the importance of these bike trails
   e. Greenway group - email listserv and meetings every second Tuesday of the month at the GF district; also has Facebook and Twitter accounts
      i. City officials need to hear from a group, not as individuals.
3. Joe Vacek – discussed transportation issues broadly as they affect campus and as they reflect efforts of the sustainability council.
   a. UND lacks a coherent transportation policy.
      i. Question posed to the Coalition: Should UND have an overarching transportation policy? If so, what should it be?
      ii. Transportation problems currently exist on campus – particularly at the west end of campus
      iii. Green driving, placement of bike racks, location of parking lots, buses
   b. Campus Master Plan
4. Teri Kouba – representing the MPO
   a. A lot of people tend to misunderstand what the MPO is
      i. It is a mandated, federal, planning organization – assists in planning city transportation system (roads, sidewalks, trails)
      ii. Try to help the city understand that the emphasis must be on all, not just the roads
      iii. Looking to do more, through this group, to do more on alternative pathways (biking, skinning, rollerblading, etc.).
   b. When plans are in place, federal funding follows (Transportation Enhancement Dollars)
      i. Prefer input comes from the public.
   c. Addressing the issue of a UND Transportation Policy:
      i. Promoting multiple modes of transportation – also supports health and wellness (i.e. physical activity, environmental dimension)
      ii. Utility in considering the campus master plan: pictures of what the campus will look like in 5 years, 10 years, etc.
         1. Has there been any contact with UND leaders to see who has this master plan?
         2. Has been discussed this with UND Chief of Police, Eric Plummer –
            a. Example: Master plan alots pocket parking, increases foot traffic in the center of campus rather than car traffic
         3. MPO has talked about this in line with their transit development plan.
            a. Have spent time considering how they (UND and city) can work better together regarding transportation
         4. Currently in VPFO, Alice Brekke’s office.
      iii. Recent gathering to gain input from people regarding transportation and pedestrian safety on University Ave.
         1. Concerns- shuttles unable to get around campus in a timely manor
         2. Proposals- bikes and shuttles to share a line. What would this be like?
         4. Noted challenge on both ends- as bikers and as drivers.
      iv. Relation to Healthy People 2020 priorities and plan of action
         1. Consider safety
            a. Consider weather
i. Snow covered bike lanes
   ii. Sky walks help with this issue

2. Proactive planning
   v. Have the data to support a transportation plan (URS- engineering company)
      1. We could have some prohibited times for cars or pedestrians to cross/use at specific times
   vi. Policy change vs. education
      1. Environmental policies/design – i.e. street scaping – to promote healthier choices
      2. Education for students – bike lanes

   d. Motion (Jim W.) to develop some sort of letter of support for the Greenway, commuter trails, bike-friendly options within our community. UND is interested in aiding in the promotion of health and wellbeing through this project.
      i. Motion seconded (Tanis H.)

   e. Discussion:
      i. How might Student Government’s support/aid in this process
      ii. Create a template through the Healthy Greater GF in support
      iii. Do we have any research on what other campuses have done? We do not need to re-invent the wheel
         1. There is a uniform, suggested form for just this. Joe has taken a look at this in the past
      iv. If there are additional needs, the Physical Activity sub-committee could provide some work on this and bring it back to the large group. This was supported
      v. Motion passed unanimously
      vi. Will touch back on this in January- hope to have something developed by that next meeting for the group to provide feedback on.

V. Announcements/Updates

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<thead>
<tr>
<th>Healthy UND 2020 Priorities</th>
<th>Ongoing Priorities</th>
<th>7 Dimensions of Wellness</th>
</tr>
</thead>
<tbody>
<tr>
<td>Alcohol and other Drugs</td>
<td>Work Well</td>
<td>Spiritual Wellness</td>
</tr>
<tr>
<td>Managing Mental Health</td>
<td>Diversity</td>
<td>Intellectual Wellness</td>
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<tr>
<td>Healthy Relationships/Social Skills</td>
<td>Wellness Living &amp; Learning Community</td>
<td>Occupational Wellness</td>
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<tr>
<td>Nutrition</td>
<td>Tobacco-Free UND</td>
<td>Environmental Wellness</td>
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<td>Physical Activity</td>
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<td>Physical Wellness</td>
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<td>Emotional Wellness</td>
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- AOD Committee:
  - Hosting a webinar on prescription drug abuse- Thursday 1:30PM in the Memorial Room
  - AOD Policy committee group- working to bring UND policy into one document so that they are in one place
  - Bringing 2 professionals to campus to aid us in a review of our campus and community environment and policy
- They will develop recommendations regarding high risk alcohol and other drug use
  - Fine Arts & Entertainment Zones
    - No restrictions on open containers
    - Noise ordinance not in effect until 2AM
    - Coming up through Bruce Jovig and NV360
    - The YPL will have a lunch discussion
  - Bob Stutman presentation
    - Focused on drug used among youth
    - Misperception on the part of students
    - Lack of concern on the part of parents
    - Need for more resources
- Physical Activity
  - Maintain, Don't Gain- to help through the holiday season
    - Stephanie Hoffman has resources, as well as the Hub and SHS
  - Future events:
    - Love Your Body
    - Zumba-thon- Feb 28th
    - Yoga-thon end of Feb
- Nutrition
  - Main focus is National Nutrition month in March
    - Eat Right, Your Way, Every Day
    - Working with students, Dinning, Kim R., and Nutrition Peer as well
- Work Well
  - Will provide the Diabetes prevention program again
    - Cost will go down $64- or $4 a week
    - Starts Jan. 14th- registration is open now
      - Open for anyone now who is at risk
    - Will have information out soon
- Wellness LLC
  - Finishing fall assessment
  - Looking for more student interaction in the meetings
    - Will be hosting a social event to gain more student involvement
- Tobacco
  - Thank you for help with the Great American Smoke Out
    - Reached ~1300
    - Feedback indicated great visibility
    - Considering electronic cigarettes
    - Bringing the Tobacco policy into the AOD template as well
    - Brought forward a no tobacco advertising on campus
    - Have had a chance to meet with Eric Plummer- brought up the new state law regarding tobacco
      - Issues have come up with theatrical presentations and this new law- no longer able to have smoking even in a play setting
    - Encouragement to go out to city streets and sidewalks to use
- Unfortunately this means that they are also very visible while they are out there
- Karina- Pursuit of Wellness
  - Today is technically the last date to add programs
  - Wellness Expo will be the last Wednesday of Feb. 12PM-5PM
    - Looking for more help there

V. **Looking Ahead – January Meeting** – Brianna Crawford
   a. Jan 11th, 12-1PM in River Valley Room
   b. Remember to submit a brief description of sub-committee to Brianna to post on Healthy UND website

VII. **Adjourn** – Brianna Crawford