Anne Bodensteiner called the meeting to order and introduced President Kelley.

President Kelley welcomed the group and discussed opportunities to be healthy at UND for students, faculty and staff.

Jane Croeker led the group in an overview of Healthy UND. Vision, mission were described as well as the membership. The founding group was based on Healthy Campus 2020 and priorities involve the 7 Dimensions of Wellness. Healthy UND has ongoing priorities and subcommittees that base their work on the social ecological model.

Anne Bodensteiner shared highlights about nutrition, physical activity, Work Well, and tobacco, as they relate to the social ecological model. As Jane mentioned earlier, our work has centered around the social-ecological model. Work Well would like to see a 10% increase in worksite wellness participation, piloting a Fitbit program, UND received 23 sit-stand units, all eight deans provided a wellness program as part of the Deans for Wellness initiative.

Get Moving challenges or group fitness challenge last year will be coming up in the next year. The PA subcommittee will be involved with bicycle initiatives, and road signs will placed on campus highlighting walk times to various locations on campus.

New dining center videos will be put a new video out every month. New this year is MyPlate Monday’s—with information, competitions, and more educating students about balancing their plate with nutritional options. New gardening initiatives with palette gardens for next summer.

The Tobacco Free Task Force which will be reconvened this year.

Jen Schoenecker shared updates on work from the AOD subcommittee. Including the new online training for all incoming students called Think About It. BASICS being changed to the UCC responsibilities, SHS currently doing screenings on high risk alcohol use and the KNOW campaign.

Dr. Lori Reesor talked about the initiatives and work taking place outside the UND Campus on the CCC.
A video was played regarding the Health and Wellness Issues Impacting Academic Success, that was shown to incoming students at orientation this summer.

Eric Plummer and Dr. Cara Halgren, shared stories about the importance of UND Cares and how it can help faculty, staff, and students maintain their health & wellbeing at UND.

Dr. Robert Boyd announced the 2014 Healthy UND Champion Award – Regin Galleghar. First time a student has won the award.

Student Body President, Tanner Franklin, discussed the importance of having more late night activities for students on campus and the growing concerns of prescription drug abuse.

Anne followed up with how to become involved, joining the list serv, participating in the upcoming meetings, and joining a subcommittee.