Apple Crisp

Serves 8

Ingredients:
• 1/4 cup instant oatmeal
• 1/4 cup all-purpose flour
• 1/3 cup firmly packed light brown sugar
• 1/2 tsp. ground cinnamon
• 1/4 tsp. ground nutmeg
• 1 1/2 tbsp. margarine
• 4 granny smith apples
• 2 cups vanilla nonfat frozen yogurt

Directions:
1. Preheat oven to 375 degrees
2. Spray an 8x8 inch baking pan with cooking spray.
3. In a bowl, combine oatmeal, flour, brown sugar, cinnamon, nutmeg, and margarine.
4. Peel, core and thinly slice the apples
5. Spread apple slices evenly over surface of the baking pan
6. Sprinkle oatmeal mixture over the apples.
7. Bake in preheated oven for 30 minutes or until apples are tender and the topping golden brown.
8. Serve warm, topping each serving with 1/4 cup frozen yogurt.