1. Und website → Student Life tab → Health and Wellness → Wellness Center

2. Find the Online Registration Portal and click on it. It’s located on the left side on the bottom part of the page.

3. The registration page will pop up. Click on Log In in the upper right hand corner of the page

4. Sign into the portal using your Campus Connection login and password

5. Click on the Intramural logo and click register

6. Select the appropriate Season, Sport, League, and Division you want to sign up in on the left hand side of the page
8. It will ask your team name, if you want to play on the team or not, and which jersey color. (Jersey color is green)

7. Make sure it is the correct division you are registering for and then click register.

9. Sign the access waiver

10. Take the quiz. Some questions are required to answer correctly in order to pass the quiz

When adding players to your team, be aware that there are additional steps:

- Player REQUESTS to join the team.

- Captain gets email notice to APPROVE or deny the player.

- After Captain approves the player, the player must JOIN the team.

- After joining, the player must take the quiz and PASS to be placed on the roster.

http://wellnessregistration.und.edu