Texas Caviar
Cheap, Fast, and Healthy – January 2014

Ingredients:
- \( \frac{1}{2} \) red onion, diced
- 3-4 bell peppers, assorted colors, diced
- Garlic to taste, minced
- 2 tomatoes, diced
- \( \frac{1}{2} \) cup fresh cilantro, chopped
- 2 cans black eyede peas, rinsed and drained
- 1 can hominy, rinsed and drained
- \( \frac{1}{4} \) cup balsamic vinegar
- \( \frac{1}{2} \) bottle Italian dressing

Directions:
1. In a medium bowl, stir together the black-eyed peas, hominy, red onion, cilantro, tomatoes, bell pepper, and garlic.
2. In a separate bowl, mix together the balsamic vinegar and dressing. Pour the dressing over the salad. Stir to coat. Add salt and pepper to taste.

Best chilled for several hours. Serve cold as a side salad or with tortilla chips.

Makes about 5 cups (8 to 10 servings)