Slow Cooker Chicken Chili
Crock Pot Cooking – October 2013

Ingredients:
- 2 cloves garlic, minced
- ½ cup sweet onion, diced
- 2 – 3 chicken breasts cut in bite sized pieces
- 1 (14.5 oz.) can fire roasted tomatoes in juice
- 1 (6 oz.) can tomato paste
- 1 ½ cup low sodium chicken broth
- 2 Tablespoons chili powder
- ½ teaspoon cayenne pepper
- ½ teaspoon cumin
- ½ teaspoon black pepper
- Salt to taste
- 1 (15.5 oz.) can cannellini or navy beans, drained and rinsed
- 1 (15.5 oz.) can kidney beans, drained, rinsed

Directions:
1. Combine all of the ingredients in the slow cooker.
2. Cover and cook on low for 8 hours or high for 4 hours.
3. Garnish with cheddar cheese and diced onions, if desired.