Camping Friendly Sausage and Eggs

Cheap, Fast, and Healthy – October 2014

Ingredients:
- 1 frozen hash brown patty
- 2 eggs, scrambled, uncooked
- 2 frozen sausage patties
- Spices and seasonings
- Desired toppings

Directions:
1. Crimp side of foil sheet so the eggs won’t wander around the foil.
2. Place frozen hash brown patty on foil.
3. Add uncooked scrambled eggs over hash brown patty.
4. Add sausage on top of eggs and hash brown.
5. Season with preferred spices and seasonings. Wrap up a tent pack.
6. Cook for 15 minutes over hot coals. Remove foil packet from coals. Add cheese and desired toppings.

Notes: