Muffins in an Orange Shell

Cheap, Fast, and Healthy – October 2014

Ingredients:
- 6 oranges
- 1 package of “just add water” muffin mix
- Water

Directions:
1. Mix muffin mix as instructed.
2. Cut off the top quarter of the oranges. Carefully hollow out the orange without breaking the white skin.
3. Pour muffin mix into oranges.
4. Wrap the oranges in foil, crimping foil around the hole at the top of the orange shell, leaving it open.
5. Place the oranges upright in a stable position on hot coals and cook for about 10-15 minutes.

Notes: