Frozen Yogurt Banana Dippers

Ingredients:
- 1 small bunch of bananas, peeled and sliced in chunks
- Greek yogurt of preferred flavor
- Parchment paper

Directions:
1. Place parchment paper on a plate, cutting board or baking sheet.
2. Dry off the banana slices or use already frozen bananas.
3. Carefully dip the bananas in the yogurt, use a fork to roll and gently lift the banana chunks out of the yogurt and onto the pan.
4. Allow to freeze for at least 1 hour, or overnight.
5. Remove the bananas and place in a Ziploc bag.

Yields 3-6 cups of bananas, 1/2 cup serving

Notes: