Apple Spinach Salad

Yield: Makes 4 servings

Ingredients
1 tablespoon butter or margarine
1/2 cup pecan halves
1 tablespoon brown sugar
1 (6-ounce) package fresh baby spinach
1 large Granny Smith apple, thinly sliced
1/2 cup crumbled blue cheese
2 tablespoons olive oil
2 tablespoons white vinegar

Preparation
Melt butter in a small skillet over low heat; add pecans and brown sugar. Cook, stirring constantly, 2 to 3 minutes or until caramelized. Cool on wax paper.

Place spinach in a large serving bowl. Toss in pecans, apple, and blue cheese. Add oil and vinegar, tossing gently to coat.