Cinnamon Poached Peaches
Cheap, Fast and Healthy, Sept. 11th

Ingredients:
- 2 pears
- 1 cup water
- 1/3 cup sugar
- 1 cinnamon stick
- 1/2 cup heavy whipping cream
- 1 tablespoon sugar
- 1/4 teaspoon ground cinnamon

Directions:
1. Peel, halve and core 2 pears.
2. Put in a shallow dish with 1 cup water, 1/3 cup sugar, and 1 cinnamon stick.
3. Cover with plastic wrap and microwave until the pears are soft, 8 minutes.
4. Meanwhile, beat 1/2 cup heavy cream with 1 tablespoon sugar and 1/4 teaspoon ground cinnamon until soft peaks form.
5. Serve the pears with the syrup and cinnamon cream.