Work Well Advisory Board Meeting
School of Medicine & Health Sciences – Rm. 1917 in Grand Forks and Rm. 225 in Fargo
Friday, November 7, 2014, 1:30-3:00pm

**Mission:** Promote a culture of wellness for UND staff and faculty by providing information, services and programs to support healthy living.

**Advisory Board:** share expertise and knowledge of the group you represent to help shape Work Well’s programs, goals and objectives that support the mission.

**Excused Absences:** Julie Tennison

Minute Taker: __________________________________________________________

I. Getting to Know Your Fellow Board Member (1:30-1:45pm)
   a. Welcome to new members – Tanis Hastmann, Joe Vacek, Julie Tennison, Daphne Pederson, and Kimberly Cowden

II. Review of Minutes from Past Meeting (1:45-1:47pm)

III. Updates and Discussion (1:48-2:50pm)
   a. Budget Update: FY15
   b. Wellness Survey data update (Aleska Hagan)
   c. Sick Time as Wellness Time update (Pat Hanson)
   d. Massage/Safety issue and future topics like this
   e. Conference Trends and Highlights
   f. STRETCH
   g. Questions or discussions from documents sent to Board:
      i. Health Assessment data
      ii. Tobacco
      iii. EAP
      iv. BCBS Claim Data
      v. Highlights Document
      vi. Old Strategic Plan
      vii. Strategic Planning Document
   h. Rescheduling meetings for remainder of year based on some discussion
   i. Any other topics?

IV. Delta+ (2:50pm-2:59pm)

V. Adjournment (3pm)