

Report Concerning Behavior:

- Student says or does something that you see as odd or peculiar and causes alarm.
- Student use of alcohol and/or drugs results in unhealthy or dangerous patterns of behavior that impact others.
- Student engages in behavior that is inconsistent with what you know of them.

Dean of Students Office

701.777.2664

McCannel Hall 180

Housing

701.777.4251

525 Stanford Road

Immediate Action Needed:

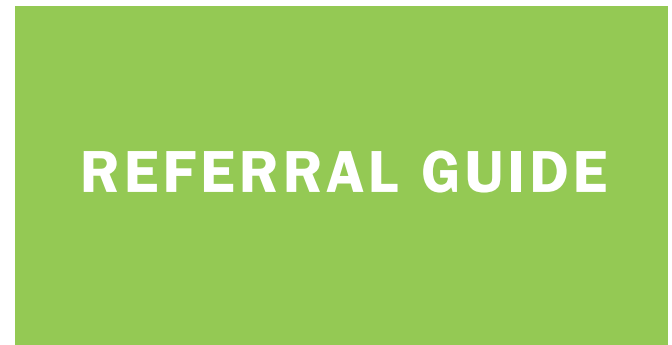
- Student acts in a frightening or threatening manner.
- Student talks about wanting to hurt self or someone else like a girlfriend or boyfriend.
- Student plays tricks or pranks that may cause harm to others.
- Student has a weapon on campus that is not stored at the University Police Department.
- Student has not been seen or heard from for a period of time that is inconsistent with previous behavior.

Call 911
or
University Police at
701.777.3491

A special note to students ...

The University of North Dakota is interested in helping students succeed. Staff members understand these situations and will work with your friend to get help.

Deciding to refer can be stressful and students may think that they will get themselves or others in trouble by making a referral. UND will always consider other behaviors in light of efforts to help protect the safety and wellbeing of community members. If you need support with making a decision to refer a friend, please contact any of the four offices listed in this handout.



University Counseling Center

701.777.2127

McCannel Hall 200

www.ucc.UND.edu

Dean of Students Office

701.777.2664

McCannel Hall 180

www.UND.edu/dept/dos

Do you have a friend who...

- Has not attended class for an extended period of time.
- Has cut off or minimized contact with family and/or friends.
- Has mentioned violence as part of a relationship with a girlfriend or boyfriend (verbal abuse, destroying property, putting them down, threatening to leave or commit suicide, doing illegal things.)
- Describes problems (missing classes, not remembering, destructive behavior) that result from experiences with drinking or drugs.
- Exhibits severe changes in personality. Appears anxious, depressed, withdrawn or angry.
- Is struggling to decide on a major or career path.
- Is debilitated or overwhelmed by a personal or family emergency (death in the family, divorce of parents, parents loss of job, weather related disaster, etc.)
- Communication indicates loss of touch with reality.
- Is struggling with problems they can't seem to solve or get through.
- Has had a drop in grades or G.P.A.

University Counseling Center

701.777.2127

McCannel Hall 200

How to Refer:

- Talk to your friend openly about your observations.
- Tell them about the campus services that are available to them.
- Volunteer to go with your friend to the first appointment.

University Counseling Center

Go to www.ucc.UND.edu for free and confidential mental health screenings.

Students can be seen for crisis sessions or for on-going counseling. The University Counseling Center has walk-in hours from 8:00 a.m. to 4:30 p.m. Monday through Friday. No appointment is necessary during these hours.

Call 701.777.2127 for assistance.

Dean of Students Office

The staff is available to consult on any of these issues from 8:00 a.m. - 4:30 p.m. Monday through Friday.

Call 701.777.2664 for assistance.

UND Housing

The Staff offer residential services through residence halls and campus apartments. Contact your residence staff for assistance or

Call 701.777.4251 for assistance.

Assisting Students with Problems:

Most students will experience significant changes in their lives during the course of their academic career. It is not uncommon for students to turn to other students for help when these changes become stressful and problems arise. Your willingness to assist your friend in distress may be a critical factor in helping them succeed in college.

Consultation:

Staff members in the University Counseling Center, the Dean of Students Office and Residence Services provide consultation services for students, faculty, and staff. These consultations often focus on student concerns and other issues that affect their ability to be a successful student. If you encounter a friend with these concerns, we urge you to contact staff members in these areas for support and information.