Greetings Students and Friends!

What a beautiful autumn we are being gifted through much of this Fall 2013 Semester! I hope this greeting finds students settling into the routine and academic expectations at UND. We have many new faces on campus, and I feel the need to continually encourage our returning students to help make our new freshmen and transfer students feel welcome! Sometimes simply asking a fellow student how their class schedule or housing arrangement is working out can open the door to new friendships. Research shows that students who develop a supportive social network at college are sure to be happier and more successful in their new environment, so never underestimate the power of peer support.

In visiting with students who frequent the American Indian Center, I have noticed many individuals rather stressed out with the academic demands of university life. I feel it is vital that students establish a balance between the time demands of family, community, campus, and social activities and their need to maintain satisfactory academic progress. There are many rewarding aspects of university life and unlimited opportunities for growth; however, students need to remain focused on their short-term academic and long-term professional goals. So when the going gets tough, remind yourselves of the goals and career aspirations that first brought you to campus and seek help when and where needed! The AISS tutors are very friendly and happy to assist students with challenging coursework, as well as helping to adopt and establish a successful study routine.

Students, please keep in mind there are many support services available here at American Indian Student Services and across campus to assist students in achieving all-around success. Please check out these wonderful opportunities for assistance, and also keep in mind that Mikki Kozel, AISS Program Coordinator, can assist you with proofreading your papers and improving your college level writing skills. All of these programs and services are designed to help you succeed and empower you with the skills to be retained through to graduation, so be sure to check them out! And if you are not frequenting the American Indian Center/American Indian Student Services, I strongly encourage you to come visit and keep coming! Our staff firmly believes that if they have the opportunity to get to know you and develop trusting relationships, chances are that you will share with us when problems arise. And when AISS staff members learn of a student experiencing hardships – they will practically go to the ends of the earth to find a solution! I assure you that while you can find support and assistance at a variety of places across campus, you will likely not find a more caring and committed staff than the individuals at AISS!
This semester has been a busy one for students, but also has featured a number of exciting changes and opportunities for our department. **We were very pleased to meet and greet the new provost at UND, Dr. Tom DiLorenzo; the new Dean of the College of Education and Human Development, Dr. Robert Hill; and the new Arts & Sciences Dean, Dr. Debbie Storrs.** All new administrators expressed a great deal of interest, support, and commitment to our program and the talented American Indian students we strive to serve. Our staff was very impressed and pleased! If you’d like to visit with any of these new administrators to campus, by all means make an appointment and share your story, struggles, and successes with them. They expressed a strong interest in getting more familiar with our students, their tribal communities and cultures, and their experiences in higher education at UND! **I feel very optimistic about these new leaders on campus and their visions and contributions towards making UND an exceptional institution of higher learning for all constituents!**

I hope to see a large turnout for the Friday, October 4th celebration of ND First Nations Day, which will be held here at the American Indian Center beginning at 11:00 a.m. Thanks to AISS staff, assistance from the academic department of American Indian Studies, and student presenters as well as student cultural contributors – the program is sure to be enlightening and enjoyable for all! **Also, AISS’s very popular Soup Fridays begins that Friday following the program, featuring Wild Rice Soup, so do join us!** Soup Fridays continue through the winter months, so be sure to come warm up at lunchtime and get to know others from all across our campus community. **One of President Kelley’s Strategic Initiatives is Encourage Gathering, where we thrive by gathering and sharing, challenging and exploring, supporting and understanding,** and the AISS Soup Fridays are certainly designed to do just that!

With that, please, students, keep in touch with the AISS staff and be sure to stop by, enjoy some coffee or hot chocolate, and to let us know how things are going for you!

Take care,

Dr. Leigh D. Jeanotte, Director

P.S. A good idea: post the AISS tutor schedule, other campus events, and the Soup Fridays schedule on your refrigerator for convenient access!
University of North Dakota Celebrates

“NORTH DAKOTA FIRST NATIONS DAY”

Friday, October 4, 2013
11:00 a.m. to noon
American Indian Center
315 Princeton Street

Traditional meal of wild rice soup and bread served from noon to 1:00 p.m.
Everyone Is Welcome!
ATTENTION ALL UNDERGRADUATE STUDENTS RECEIVING THE CULTURAL DIVERSITY TUITION WAIVER OR SIOUX SCHOLARSHIP:

As part of your requirements to maintain the CDTW or scholarship, you are obligated to attend a workshop that focuses on academic enhancement, personal life skills, or career development, as well as a social, cultural, or special presentation event. As promised I am providing you with a list of opportunities you can attend to complete this obligation. Of course all sessions are open to all students, not just the CDTW recipients.

CAREER DEVELOPMENT:
2013 Fall Career Fair: Business, Health & Liberal Arts related fields
   Wednesday, October 2
   11 a.m. – 3 p.m.
   Memorial Union Ballroom (2901 University Ave)
2013 Fall Career Fair: Engineering and Technical related fields
   Thursday, October 3
   11 a.m. - 3 p.m.
   Memorial Union Ballroom (2901 University Ave)

PERSONAL LIFE SKILLS:
http://und.edu/health-wellness/wellness/outdoorrec/outdoorrec.cfm

SOCIAL, CULTURAL, OR SPECIAL PRESENTATION EVENTS:
First Nations Day, American Indian Center, Friday October 4, 2013
   Program: 11:00 – 12:00
   Lunch: 12:00 – 1:30

Diversity Town Hall Meetings, Era Bell Thompson Multicultural Center:
   Wednesday, October 16, 2013 12:30 – 1:30
   Wednesday, November 6, 2013 12:30 – 1:30
   Wednesday, December 4, 2013 12:30 – 1:30

International Programs Thursday Night Cultural Series in Memorial Union
   Oct. 17 - Saudi Arabia Night* Memorial Union Ballroom 6:30 PM
   Oct. 24 - Pakistan Night* Loading Dock, Memorial Union 6:30 PM
   Nov. 14 - China Night* Memorial Union Ballroom 6:30 PM
   Dec. 5 - Ghana Night* Loading Dock, Memorial Union 6:30 PM

THE CLOTHESLINE PROJECT
The Clothesline Project is a visual display of shirts with written messages and illustrations that graphically demonstrate the impact of violence. October 7-11th 2013 At the UND Memorial Union
   Monday through Thursday 8am-8pm Friday 8am-Noon
Take Back the Night Rally October 8th, 2013, 7:00pm at the UND Memorial Union Ballroom
Speaking at Take Back the Night Rally is Linda Walker (Dru Sjodin’s Mother)
ACADEMIC ENHANCEMENT: (AND PERSONAL LIFE SKILLS)
(All sessions take place in the Memorial Union Lecture Bowl)

**Tuesday, October 8**

10:00-10:50 am  
TIME MANAGEMENT  
Presented by: Student Success Center

11:00-11:50 am  
TECHNOLOGIES FOR YOUR SUCCESS  
Presented by: Center for Instructional & Learning Technologies

12:00-12:50 pm  
KEEP GOING (PREPARING FOR ADVISEMENT & REGISTRATION)  
Presented by: Student Success Center

1:00-1:50 pm  
STUDENT ORGANIZATIONS: GETTING INVOLVED ON CAMPUS  
Presented by: The Office of Student Development

2:00-2:50 pm  
LEARNING STYLES: YOU MAY LEARN DIFFERENTLY THAN YOUR CLASSMATES  
Presented by: Student Success Center

3:00-3:50 pm  
WHY HEALTH & WELLNESS?  
Presented by: Health & Wellness

4:00-4:50 pm  
FINANCIAL WELLNESS  
Presented by: UND Financial Wellness Services

**Wednesday, October 9**

9:00-9:50 am  
WORKING IN A GROUP: MAKING IT WORK FOR YOU  
Presented by: Student Success Center

10:00-10:50 am  
TO CITE OR NOT TO CITE: UNDERSTANDING “COMMON KNOWLEDGE” AND AVOIDING PLAGIARISM  
Presented by: Writing Center

11:00-11:50 am  
STUDYING FOR & TAKING A TEST  
Presented by: Student Success Center

12:00-12:50 pm  
IT’S YOUR LIBRARY!  
Presented by: Chester Fritz Library

1:00-1:50 pm  
TAKING NOTES: IN AND OUT OF THE CLASSROOM  
Presented by: Student Success Center

2:00-2:50 pm  
KEEP GOING (PREPARING FOR ADVISEMENT & REGISTRATION)  
Presented by: Student Success Center

3:00-3:50 pm  
STRESS MANAGEMENT  
Presented by: Counseling Center

---

Dr. Linda Neuerburg  
University of North Dakota  
315 Princeton Street, Stop 8274  
Grand Forks, ND 58202  
Phone: 701-777-2578 Fax: 701-777-3292  
linda.neuerburg@und.edu
The Clothesline Project

October 7th-11th, 2013
Monday - Thursday
8:00 am - 8:00 pm

Significance of T-Shirt Colors on Display at UND’s Clothesline Project:

• **White**: For those who have died of violence
• **Yellow or Beige**: For those who have been battered or assaulted
• **Pink or Orange**: For those who have been raped or sexually assaulted
• **Blue or Green**: For survivors of incest and childhood sexual abuse
• **Purple or Lavender**: For those attacked due to their sexual orientation
• **Red**: For children who have witnessed violence in their homes

Contact Information:

**Staff:**
Kay Mendick, Director
Patty McIntyre, Prog. Assoc.

**Address:**
UND Women’s Center
305 Hamline Street
Grand Forks, ND 58203

**Phone:**
701-777-4300

**Website:**
http://und.edu/student-life/womens-center/index.cfm

**Hours:**
Monday - Friday:
8:00 am - 4:30 pm

**Email:**
und.womenscenter@und.edu

If You Would Like to Make a T-Shirt

If you are a survivor of violence and want to make a T-shirt for the display or would like to make a shirt for a loved one lost, the Women’s Center can help.

We will provide you with a shirt in the color of your choice. Stop into the Women’s Center, email us, or call to request one. You can then take the shirt home and return it when you are finished. This is your process and your experience, so take all the time you need. Shirts will also be available during the project.

Remember we are here to support you in any way we can.

If you have questions, give us a call at 777-4300.
College Safety 101 By: Jackie Hoffarth

With the start of another busy school year, safety may be the last thing on your mind with paying tuition and fees, figuring out your class schedule, and being bombarded with loads of new information. As much as getting organized for school is a priority, safety is important too. The Women’s Center is a firm believer that people are in no way responsible for violence perpetrated against them. Violence will not end, until perpetrators of such violence put an end to their actions. However, you can learn to take control of intimidating and potentially escalating situations. Please take a moment to read the following tips and info to help you stay safe this school year and always!

**Be Aware**

You may be disappointed to hear that your **first line of defense** is your **awareness**. That’s right, awareness - not some special kind of mace or kung-fu moves straight out of a Chuck Norris playbook. Your awareness of your surroundings and how you feel is key in keeping safe, so be aware! The use of cell phones and i-Pods tend to distract and decrease one’s awareness. So if you are out alone, avoid talking on your cell and if you listen to your i-Pod, use just one earphone to be more attuned to what is going on around you.

**Be Sober**

Alcohol and other substances can severely limit your ability to be aware of your surroundings and make good decisions regarding your safety. If you are of legal age to drink, do so in moderation and use the buddy system at bars and parties. **Binge drinking** (having four or more drinks for women or five or more drinks for men over a short period of time) is a risk factor for risky sexual behavior, unintended pregnancies, HIV and other sexually transmitted diseases, car crashes, violence, and alcohol poisoning.

If you are struggling to stay sober or would like more information on alcohol visit the following website:

http://und.edu/health-wellness/hub/alcohol

Or call the University Counseling Center at 777-2127

**Lock it Up**

- Keep your room door locked at all times. Never prop a door open. This means even if you run down the hall to borrow a book, regardless of time of day, and even while you sleep or nap. Keep keys with you at all times and never put your address on them.

- Lock your car doors. Consider locking expensive items in your trunk to avoid the temptation of a break in.

**Environment**

- Avoid working, studying, or jogging alone. If you find yourself alone, be sure to let someone know where you are at all times along with when to expect you home. Always walk on well lit routes. Utilize UND Escort Service for a free and safe ride at 777-3491.

- Do not let unknown people into your dorm. Be a good neighbor.

- Be careful what you post on social media. Not everyone needs to know where you are or if you are alone. Make sure your settings are private.
Women's Center

Meet, Eat, & Learn

Wednesday, October 2, 2013
12:00 PM - 1:00 PM, UND International Centre

Join us as we recognize Domestic Violence Awareness Month

With presenter: Michelle Rivard Parks
Assistant Director of Tribal Judicial Institute and Affiliated Faculty of UND School of Law

as she talks about:

The Complexities of Responding to Violence Against Native American Women

This presentation will introduce participants to the complexities that exist when responding to domestic violence crimes perpetrated against Native Women. Participants will learn about and have an opportunity to discuss the following issues and topics pertaining to domestic violence:

- available justice system responses
- comparative data pertinent to incidents of such violence
- Violence Against Women Act (VAWA) - tribal provisions

Meet, Eat, & Learn is a monthly presentation where you can learn something new and interact with others, all while enjoying a FREE LUNCH! Everyone is welcome.

For more information contact: und.womenscenter@nd.edu and (701)-777-4300
Take Back the Night Rally
With Keynote Speaker:
Linda Walker

Dru’s Legacy ~ a Mother’s Quest

Linda Walker is the mother of slain UND student, Dru Sjodin. In November, 2003 Dru was abducted, raped and murdered by a repeat sex offender. Since losing Dru, Linda has made it her mission to speak out against sexual violence, strengthen sex offender laws, teach children how to protect themselves and to advocate for victim’s rights. She has lobbied Congress and crisscrossed this country with her message.

As keynote speaker at this year’s “Take Back the Night” Rally, she will tell her story, share how far we have come and how far we still have to go. It is Linda’s prayer that through her work Dru’s memory will live on and result in safer communities for society’s most vulnerable, our children.

Tuesday, October 8,
2013
7:00 pm

Memorial Union Ballroom

Please join us and help us take a stand against domestic violence in our community and TAKE BACK THE NIGHT! A march down University Avenue will begin immediately following the night’s speakers.

For more information contact: 701-777-1401 or eand.womencenter@und.edu

Sponsored by:

UND WOMEN'S CENTER
THE UNIVERSITY OF NORTH DAKOTA
NORTH DAKOTA COUNCIL ON ABUSED WOMEN’S SERVICES
Volunteers are critical to the success and the impact of The Clothesline Project and Take Back the Night. There are many ways in which you can contribute to these events. For information on how you can help, call the Women’s Center at 777-4300 or email us at: und.womenscenter@und.edu

A FREE App That Could Help Prevent Violence Before It Happens

“Circle of 6”

How it Works?

This app allows you to connect with your friends (6) in a matter of two touches on your phone. There are three different icons that represent 3 different messages that can be sent to your friends in an event of an uncomfortable situation. It is a great app for you to use to look out for your friends.

Car Icon: Come Get Me

The message will read: “Come get me. I need help getting home safely.” The message will send your location to your friend, so they know where you are.

Phone Icon: Call Me

The message will read: “Call and pretend you need me. I need an interruption.”

Chat Icon: I need some advice.

The message will read: “I’m looking up information about healthy relationships and respect. Just letting you know” This allows your friends to know what you may be having troubles dealing with, but requires no immediate action.

Exclamation Point: National Hotlines

This icon allows you access to two pre-programmed national hotlines and also allows you to customize your local hotline number.

For more information: www.circleof6app.com

Do You Need Help?

If you have experienced violence, a sexual assault, or harassment of any kind, there are a number of places that can help.

University Police: 777-3491
UND Women’s Center: 777-4300
Dean of Students: 777-2664
Affirmative Action Office: 777-4171
UND Counseling Center: 777-2127

Community Violence Intervention Center: 795-3000
Grand Forks Police Department: 787-8000
Altru Emergency Room: 780-5280
Suicide Prevention Lifeline: 1-800-273-TALK
The Trevor Project (crisis and suicide for LGBTQ youth): 1-866-4-TREVOR
BREAK TO END THE SILENCE DOMESTIC VIOLENCE

HOSTED BY THE COMMUNITY VIOLENCE INTERVENTION CENTER

THURSDAY, OCTOBER 3, 2013

5:00 PM ART RECEPTION & HORS D’OEUVRES
ART ON DISPLAY CREATED BY CVIC CLIENTS

5:30 PROGRAM

EMPIRE ARTS CENTER
415 DEMERS AVENUE, DOWNTOWN GRAND FORKS

WWW.GFBREAKTHESILENCE.COM

SPONSORED BY O’ FOR HEAVEN’S CAKES, MIDCONTINENT COMMUNICATIONS, LEIGHTON BROADCASTING, GREEN MILL, EMPIRE ARTS CENTER, MAMMA MARIA’S, HUGO’S, BEEGEE DESIGNS, AND THE GREATER GRAND FORKS YOUNG PROFESSIONALS
Take the Opportunity to be a member of a Student Organizations:

- UNDIA (University of North Dakota Indian Assoc.)
- AISES (American Indian Science & Engineering Society)
  - AIBL (American Indian Business Leaders)
  - ISA (Indian Studies Assoc.)
- NACJA (Native Americans into Criminal Justice Assoc.)
  - NALSA (Native American Law Student Assoc.)
- SIP (UND Student Chapter of the Society of Indian Psychologists)
- NHRT (Native Health Research Team)

**Benefits of AISES Membership**

* Recognized members of the professional society
* Receive quarterly journal publication Winds of Change published by National AISES
* Discount on registration to the National AISES Conference
* Eligibility to attend annual leadership, regional, and national conferences
* Eligibility to apply for AISES Scholarships & Internships
* Access to AISES net services
* Resume builder
* Support from the UND AISES Family

Come and check out a UND AISES meeting, all majors welcome! AISES meets Tuesday nights @ 4pm at the American Indian Center.
Greetings,

The University of North Dakota Indian Association (UNDIA) Executive Board is seeking interested students to fill some vacancies on the Board for the 2013-2014 school year. If you are interested in filling one of the following positions, please contact Deanna Rainbow at deanna.rainbow@my.und.edu or Nicole or Darlene at American Indian Student Services at 777-4291. The following executive positions are open:

1. The **Vice-President / Wacipi Coordinator** shall assume responsibility for all activities in the absence of the President and be responsible for chairing, planning, and organizing the Wacipi along with working closely with the UNDIA Fundraiser.

2. The **Secretary** shall be responsible for keeping records for all meetings and activities of UNDIA, composing correspondence as needed, managing the UNDIA office area, and ordering supplies and materials as needed.

3. The **Time-Out Liaison** shall assist in the planning and organizing all events for the Annual UNDIA Time-Out Week.

4. The **Public Relations Coordinator** shall be responsible for the initiation of all publicity for planned activities and events of UNDIA by the various committees as notified by the committee chairpersons.

5. The **Fundraising Coordinator**, along with the UNDIA Executive Board, shall be responsible for initiating, planning, and organizing all fundraising activities.

6. The **Volunteer Coordinator** shall be responsible for recruiting volunteers for the various UNDIA events throughout the year, including the Time Out Week and Wacipi.

**Requirements for office are:**

1. The Executive Board members must have a minimum 2.0 cumulative grade point average to serve on the Board. All elected freshmen must maintain a minimum 2.0 cumulative grade point average while serving on the Board.

2. The Executive Board shall maintain at a minimum, part-time enrollment status at UND. Part-time enrollment status is defined as completing a minimum of 6 semester hours each semester.

The above positions will be appointed by the current UNDIA Executive Board and will be open until filled. Thanks.

Deanna Rainbow, UNDIA President
Hello again students and other members of the campus community!

I hope all new members of our campus community are feeling more at home now that their first semester has progressed a few weeks! This month I’d like to share with you a counseling treatment approach that is fast gaining popularity due to its ease of implementation and highly successful results. EMDR (Eye Movement Desensitization and Reprocessing) is a breakthrough approach to therapy that is uniquely offered by many counselors at the UND Counseling Center. It may be an option worth checking out for treating a wide range of issues, and in case you didn’t realize it, there is no charge for students to utilize Counseling Center services!

EMDR has been very successful in ameliorating psychological suffering from traumas, small or major, through bilateral stimulation (i.e. following fingers to the left and right sides of vision, tapping on each leg, snapping by both sides of the ears, or using gadgets such as lightbars). It offers enduring resolution and relief for most types of emotional distress. In fact, for us therapists, the positive, turnaround results even seem magical or miraculous at times. It has shown high effectiveness for those who have experienced or witnessed disasters (i.e. military/police violence, robbery, assault, rape, injury, accidents, murder, fire, earthquakes, floods, gang-related violence, and so on), been exposed to one or more significant losses (by death, divorce, loss of housing, frequent moves, etc.), or suffered from addictions, PTSD, phobias, anxiety, or panic attacks. It can reduce depressive symptoms, lack of motivation, high anxiety, fears of being alone or unwanted, relationship difficulties, distrust, excessive shame or guilt, and traumatic memories. Although not an exhaustive list, it can effectively assist with a variety of other conditions as well, such as performance/test anxiety, low self-esteem, extreme worrying, anger, sleeping difficulties, illness, and childhood trauma (including verbal, physical, and/or sexual abuse).

EMDR physiologically connects or interweaves the emotional side of the mind with the logical side for a better balanced understanding, and works similarly to REM processing during sleep. It is a cleansing, self-healing process that releases emotional garbage that is trapped in the body’s nervous system. With working with a person’s own “hard-wiring,” it can make therapy easier, more effective, and even quicker than usual. It does not require full disclosures of problems, but applies all five senses to reprocess through memory networks, which involves targeting the current bothersome problem/event and associated past incidents, and corresponding emotions, bodily sensations, and negative beliefs. Since there are no “shoulds” to doing EMDR and the healing naturally unfolds as it needs to, the unexpected may emerge through the reprocessing and consequent reduction of negative symptoms, including a re-experiencing of physical effects and an upwelling of emotions. However, the client has control over his/her own experience, and can manage it by perceiving oneself as watching a videotape, or riding a fast train to the destination of resolution. Furthermore, individualized resources for emotional safety are created and utilized, along with a strengthening of a desired positive belief, and future potentials worked toward through problem-solving or removal of obstacles.

It is important to note that EMDR does not get rid of memories; instead, it may help them become more accurate, yet also remembered with more emotional clarity and peace. Sometimes a client may not be automatically responsive to EMDR due to unidentified blocking memories or beliefs. It likely will not work if someone has overriding reasons to not become emotionally better (such as not wanting to lose a disability check, or not wishing to again be deployed). Therefore, it requires trained, professional expertise to understand the best direction for the reprocessing, or even to determine the appropriateness of EMDR for a client.

Check out www.emdr.nku.edu if you are interested in knowing more about EMDR. Personal EMDR training notes and a website (www.emdr-therapy.com/emdr.html) were the bases for this provided information.

In closing, students, I enthusiastically encourage you to come visit the Counseling Center on campus to see the many services and publications provided to assist you in making your University experience successful and rewarding. And if you are experiencing difficulties with emotions, stress, focusing on your studies, maintaining healthy friendships and relationships, or even something as seemingly simple as getting enough sleep – please do not put off getting the services and support you need to be happy and successful!

At the University Counseling Center, the staff and service providers are friendly, welcoming, trustworthy, and wholeheartedly committed to helping and empowering students to achieve the highest level of health and wellness possible. There is no doubt the rather rigorous demands of college can indeed be stressful; however, there are many resources available on campus to assist you in: becoming better at managing your time; working through issues that may be getting in the way of your success; or obtaining individual assistance, counseling, and/or treatment when needed. Never hesitate to ask for help! Learning is supposed to be an experience that engages you, not intimidates you!

Until next month, take good care, enjoy autumn on the beautiful UND campus, and feel free to stop by the CC to say hello and let me know how your semester is going!
American Indian Student Services
Learning Lab/Tutor Schedule
American Indian Center: 315 Princeton Street, Grand Forks, ND
Lab, Lounge, Kitchen phone: 777-2321

<table>
<thead>
<tr>
<th>Time</th>
<th>Sunday</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
</tr>
</thead>
<tbody>
<tr>
<td>4:30 p.m.</td>
<td>Tyler</td>
<td>Malith</td>
<td>Carol</td>
<td>Malith</td>
<td>Tyler</td>
</tr>
<tr>
<td>to 9:30 p.m.</td>
<td>Colleen</td>
<td>Christal</td>
<td>Christal</td>
<td>Colleen</td>
<td>Carol</td>
</tr>
</tbody>
</table>

Carol Whitman (Tuesday, Thursday) Biology 150, 151, Chemistry 121, 122, Genetics, Algebra, Applied Calculus, Business and Technical Writing, Evolution, Psychology-Intro/Abnormal/Developmental, Statistics, English courses, computer applications (Microsoft), Blackboard assistance.
E-Mail: carol.whitman@mv.und.edu

Tyler Colling (Sunday, Thursday) Math: Algebra, Calculus I, II, III, Chemistry 121, Physics 251, 252, Engineering courses, computer applications (Microsoft), Blackboard assistance.
E-Mail: tyler.colling@mv.und.edu

Christalin Casinader (Monday, Tuesday) Math, Applied Calculus, Economics, Accounting, Marketing, Business Studies, Business and Technical Writing, English, Communications, Statistics, computer applications (Microsoft)
E-Mail: christalin.casinader@mv.und.edu

Malith Silva (Monday, Wednesday) Calculus I, College Physics, Algebra, Applied Calculus, Economics, Accounting, Business courses, Statistics, Atmospheric Science courses, Aviation courses, computer applications (Microsoft), Blackboard assistance.
E-Mail: malith.silva@mv.und.edu

Colleen Burke (Sunday, Wednesday, and by appointment- contact Keith) Assistance with research and writing at the college level such as- brainstorming, writing an outline/draft, APA formatting, proofreading, and editing. Assistance with computer applications (Microsoft).
E-Mail: colleen.burke@mv.und.edu

Mikki Kozel (AISS-Mon.-Fri.-9am-5pm): Assistance with writing at the college level such as- brainstorming, writing an outline/draft, APA formatting, proofreading, and editing.
E-Mail: michelle.kozel@und.edu
Papers may also be sent via email for editing but must be picked up in person; please do not wait until the day the paper is due!

The American Indian Student Services Learning Lab tutors provide walk-in tutoring, therefore, no appointments are needed! All tutors can assist with homework, computers, papers, studying, and e-mail/Blackboard/Internet.

Students who would like assistance in an area not listed above should contact Keith Malerre, Student Learning Lab Coordinator, at 777-4292 or e-mail: keith.malerre@und.edu with any questions, comments or concerns.

(Updated 09/13/2013)
~Important Dates~

<table>
<thead>
<tr>
<th>Event</th>
<th>Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Last day for instructors to submit Removal of Incomplete Grade form</td>
<td>Oct. 4</td>
</tr>
<tr>
<td>to Registrar</td>
<td></td>
</tr>
<tr>
<td>Holiday, Veteran’s Day</td>
<td>Nov. 11</td>
</tr>
<tr>
<td>Last day to drop a full-term course or withdraw from school</td>
<td>Nov. 15</td>
</tr>
<tr>
<td>Last day to change to or from S/U grading for a full-term course</td>
<td>Nov. 15</td>
</tr>
<tr>
<td>Last day to submit Thesis/Dissertation :Preliminary Approval,” “Notice of Defense” and format copy to the School of Graduate Studies</td>
<td>Nov. 21</td>
</tr>
<tr>
<td>Thanksgiving Recess</td>
<td>Nov. 28-29</td>
</tr>
</tbody>
</table>

International Programs Thursday Night Cultural Series in Memorial Union

**Oct. 17** - Saudi Arabia Night  
Memorial Union Ballroom  6:30 PM

**Oct. 24** - Pakistan Night, Loading Dock  
Memorial Union 6:30 PM

**Nov. 14** - China Night*  
Memorial Union Ballroom  6:30 PM

**Dec. 5** - Ghana Night Loading Dock  
Memorial Union 6:30 PM

*Student Success Program participants...this is considered to be a cultural event for your booklet*
2013 Fall Soup Friday’s
serving at 11:30 a.m.

Oct. 4  Wild Rice Soup/Vegetarian Option
       First Nation’s Day Presentation begins at 11am

Oct. 11 Chicken Dumpling Soup/Vegetarian Option

Oct. 18 Potato Hamburger Soup/Vegetarian Option

Oct. 25 Chili/Vegetarian Option

Nov. 1 Vegetable Hamburger/Vegetarian Option

Nov. 8 Potato Hamburger Soup/Vegetarian Option

Nov. 15 Chicken Dumpling Soup/Vegetarian Option

Nov. 22 Chili/Vegetarian Option

Nov. 29 NO SOUP (Thanksgiving Break)

Dec. 6 Potato Hamburger Soup/Vegetarian

Dec. 13 Chicken Dumpling Soup/Vegetarian
       Graduation Reception
American Indian Student Services

The AISS office provides all-encompassing student support services including advocacy, tutorial support, and academic, financial aid, and cultural advisement. It is responsible for coordinating recruitment, establishing communication channels, assisting with institutional planning, and advising UND’s faculty, staff, and administration as to the needs of American Indian students.

The staff is committed to helping students realize success at UND, and each member brings a unique area of specialty to their position such as financial aid guidance, housing assistance, academic advising, and technological or tutorial support. AISS also administers the American Indian Center on campus, and provides guidance and assistance to the American Indian student organizations and their events.

Staff Directory

Leigh Jeanotte, Director of American Indian Student Services (701) 777-3296; leigh.jeanotte@und.edu

Linda Neuerburg, Assistant Director (701) 777-2578; linda.neuerburg@und.edu

Darlene Nelson, Administrative Secretary, Technology Coordinator (701) 777-4291; darlene.nelson@und.edu

Michelle Kozel, Program Coordinator (701) 777-6329; michelle.kozel@und.edu

Keith Malaterre, Program Coordinator (701) 777-4292; keith.malaterre@und.edu

Nicole Morin, Administrative Secretary, Student Employee Supervisor (701) 777-6985; nicole.morin@und.edu

Ross Zaste, Interim Recruiter for 7 Generations Program (701) 777-6285; ross.zaste@und.edu

Kristy Zaste, Recruiter/Program Coordinator (701) 777-2949; kristy.zaste@und.edu

American Indian Student Services staff members strive to help build stronger American Indian communities across the state and nation—one successful student at a time.

Let us help you to realize academic, personal, and all around success!
American Indian Center

The Center, located at 315 Princeton Street, provides a place for students to find peer and cultural support, academic advisement, advocacy, and support, find a quiet area for study, or relax between classes. It is equipped with a full-sized kitchen, large screen TV, and a staffed computer learning lab. If you haven’t visited us, drop in and check out what we have to offer! We’d love to hear how your semester is going and let you know about the many programs, opportunities, and services available to help you succeed!

Fall Semester Hours of Operation:
8:00am-9:30 pm Monday-Thursday
8:00am-4:30pm Friday
Closed Saturday
4:30 pm-9:30 pm Sunday
All students and visitors are welcome!

“Your home away from home”