Target Schools Served

*Grand Forks*
- Devils Lake High School
  Devils Lake, ND
- Dunseith High School
  Dunseith, ND
- East Grand Forks Senior High
  East Grand Forks, MN
- Four Winds High School
  Fort Totten, ND
- Grafton High School
  Grafton, ND
- Grand Forks Central High School
  Grand Forks, ND
- New Town High School
  New Town, ND
- Turtle Mountain Community High School
  Belcourt, ND
- St. John High School
  St. John, ND

For More Information Contact:

Upward Bound/TRIO
2891 2nd Ave N Stop 9027
University of North Dakota
Grand Forks, ND 58202-9027

Phone:
701-777-3427

Toll Free:
1-800-CALL-UND

Website:
trio.und.edu

Helping You Achieve Academic Success!
What is Upward Bound?

**UPWARD BOUND MISSION STATEMENT**

The University of North Dakota Upward Bound Program at Grand Forks, North Dakota is designed to generate in program participants the skills and motivation necessary to complete a program of secondary education and to enter and succeed in a program of post-secondary education.

**WHO IS ELIGIBLE?**

- First Generation college students
- Students who meet federal income guidelines
- Students in grades 9-11
- Students with academic potential
- Students who need academic support

**SCHOOL YEAR COMPONENTS**

- Assistance in preparing for college
- Monthly stipends (attendance, grades & assignments)
- Field/educational trips
- Cultural activities
- Mentoring activities
- Academic advising/assistance
- Daily classes in English, math, science, computer and foreign language
- High school/college credit
- Bridge program
- Cultural activities
- Mentoring activities
- Evening camps
- Weekly stipends
- Work study jobs
- Weekend activities/field trips
- Final trip

**SUMMER PROGRAM**

(6 week session)