Upcoming Events

April is
Sexual Assault Awareness Month

MEET, EAT & LEARN
Wednesday, April 2nd
Noon-1 PM
International Centre

“Bullying in the Workplace”
Joshua Boschee
Joshua Boschee represents District 44, north Fargo, in the ND House of Representatives. Prior to being elected, he worked in higher education for ten years in student activities and leadership, admissions, orientation and career development. He serves on the Historic Fargo Theatre Board of Directors and the Fargo Moorhead Coalition for Homeless Persons. Joshua will be discussing what bullying looks like in the workplace and what his experience has been in regards to the topic.

Meet, Eat, and Learn is an opportunity to learn something new, share ideas, and interact with others, all while enjoying a delicious and FREE lunch. Everyone is Welcome!

Information Booth
April 11th
Memorial Union
11AM-1PM

Come and learn how alcohol plays a role in sexual assault.
FREE GIVEAWAYS!

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Address:
UND Women’s Center
305 Hamline Street
Grand Forks, ND 58203

Phone:
701-777-4300

Website:
www.und.edu/womenscenter

Hours:
M–F 8:00 am - 4:30 pm

Find us on Facebook for Event Updates and Information:
Search UND Women’s Center
The 5 Stages of Bystander Intervention

What is bystander intervention? A bystander is someone who may see a situation happening, whether it is a bullying, sexual harassment, verbal threats, etc., but may not know what to do in the situation. Many bystanders are torn between keeping the report to themselves or reporting it. This may happen because the bystander does not know who to tell, where to report, if they will get in trouble, etc. There are several bystander education programs to help individuals intervene when there is a risk for sexual violence, verbal harassment, bullying, etc.

Here are 5 stages in which bystanders typically move through before taking action:

1. Notice when a situation can lead to violence: Many situations can involve high risk behaviors that could result in a violence act, such as offensive comments, possessiveness, and aggression. In these situations, always trust your gut!
2. Identify when it is appropriate to intervene: When a situation seems like it will not end on its own or it is escalating, bystanders will feel a stressed and feel it is necessary to intervene.
3. Recognize personal responsibility to intervene: It is easy to think that someone else will intervene. Someone else will call the police or tell a supervisor. Bystanders are more inclined to help others when no one is around or they feel a personal connection the person involved or situation at hand.
4. Know how to intervene: Learning how to intervene comfortably allows bystanders to intervene more willingly.
5. Take action to intervene: Intervening in a situation can be done using several techniques. Techniques include: distraction, being direct, asking others to help, and countless other ways.

Always remember SAFETY FIRST and TRUST YOUR GUT!

Resource: http://share.princeton.edu/get-educated/bystander-intervention

White Ribbon Campaign

Men Working to End Men’s Violence Against Women

The white ribbon campaign began in 1991, when men were asked to wear white ribbons as a “pledge to never commit, condone, or remain silent about violence against women and girls.”

Take a Stand

- Challenge sexist jokes and sexist language
- Challenge a man who is abusing his partner
- Don’t support programming that portrays women in a negative light
- Always do it for the right reason
- Say something about yourself
- Take time to talk to the women in your life and find out their views on violence against women and LISTEN.

Resource: http://www.whiteribbon.ca

Resources

- UND Crisis Team: 777-2664 (day), 777-3491 (night/weekend)
- Campus Police (UPD): 777-3491
- Community Violence Intervention Center (CVIC) 24-Hour Abuse & Rape Crisis Line: 746-8900
- UND Counseling Center: 777-2127
- UND Women’s Center: 777-4300
- National Sexual Assault Hotline (operated by RAINN 24-hours a day): 1-800-656-HOPE

Remember that it is never too late to tell somebody what happened or to get help.

IT’S TIME ... TO TALK ABOUT IT!

Talk early, talk often. Prevent sexual violence.
45th Annual UND Writer’s Conference
April 2nd-4th, 2014
North Dakota Museum of Art
All events are FREE and open to the public.
No Registration Necessary.

Wednesday, April 2nd
10:00 AM: Public Readings
12:00 PM: Panel: “Muddy Waters: Literature and Culture”: Geoff Dyer, Jessica Lott, & Sarah Leavitt
   Moderator: Joel Jonientz
2:00 PM: Community Workshop (Poetry), 121 Merrifield
4:00 PM: Reading: Jessica Lott
6:00 PM: Film: UND Writer’s Conference Flashback: 1970s, 300 Merrifield
8:00 PM: Reading: Geoff Dyer

Thursday, April 3rd
10:00 AM: Public Readings
12:00 PM: Panel: “Literature, Art, and all that Jazz” : Robert Pinsky, Geoff Dyer, Sarah Leavitt, and Brian Maxwell
   Moderator: Laurel Reuter
2:00 PM: Community Workshop (Fiction), 121 Merrifield
4:00 PM: Reading: Sarah Leavitt
6:30 PM: Reading: Voices of the Valley
8:00 PM: Performance: Robert Pinsky with the UND Jazz Ensemble

Friday, April 4th
10:00 AM: Public Readings
12:00 PM: Panel: “Standin” at the Crossroads: Literature”: Colson Whitehead, Robert Pinsky, Jessica Lott, and Brian Maxwell
   Moderator: Eric Wolfe
2:00 PM: Community Workshop (Creative non-fiction), 121 Merrifield
4:00 PM: Reading: Brian Maxwell
6:00 PM: Film: UND Writer’s Conference Flashback: 1980s, 300 Merrifield
8:00 PM: Reading: Colson Whitehead

**For more information, please contact Crystal Alberts at 701-777-2393 or by email at crystal.alberts@email.und.edu or by mail at 110 Merrifield Hall, 276 Centennial Drive Stop 7209, Grand Forks, ND 58202

The University of North Dakota Alumni Association & Foundation raises and manages funds that support programs and educational opportunities for UND’s students, such as the Women’s Center. To support the Women’s Center, go to www.undalumni.org and designate your donation to ”Women's Center” in the comments or contact Jay Erickson, Director of Development, Division of Student Affairs, at 701.777.3693.
CAREER SERVICES EVENTS

**Dress to Impress – A Professional Dress Event**
Memorial Union Lecture Bowl
5:30 – 7 p.m.
Monday, March 31
Free, no need to register.
Learn the do’s and don’ts of how to dress for an interview and in the work place.

**Manners Matter – A Networking & Business/Dining Event**
Memorial Union Ballroom
5:30 p.m. social, 6:00 p.m. dinner/presentation
Monday, April 14
Presenter: Callista Could, Certified Etiquette Instructor, and Found of the Culture and Manners Institute
Tickets: $10 each (for a three-course meal)
Purchase tickets at Career Services, 280 McCannel Hall, by April 7.
Local employers also attend making this a great opportunity to develop your networking skills and learn the in’s and out’s of business dining.

CAREER SERVICES
WALK-IN WEDNESDAY
McCANNEL HALL ROOM 280
9 AM-3 PM
JANUARY 22-MAY 7

⇒ Internship Opportunities
⇒ Resume
⇒ Cover Letter/Personal Statement
⇒ Career Search
⇒ Interview Skills
⇒ Linkedin/Social Media Presence
⇒ Networking Skills
⇒ Career Fair Readiness
⇒ Student Employment

UND Women’s Center
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