Upcoming Events:

Meet, Eat & Learn:
November 7th
Noon-1pm
International Centre

Celebrating Women in Leadership

Join us for a panel discussion on Women In Leadership. Panelists will share their views on what it means to be a leader, how being a woman has shaped their leadership experiences, and offer advice for others in reaching their individual goals.

Meet, Eat & Learn is an opportunity to learn something new, share views and ideas, and interact with others - all while enjoying a delicious and FREE lunch.

Women in Leadership Panelists

Dr. Kim Konzak-Jones
Mickie Nakonechny
Dr. Gretchen Mullendore
Facilitator: Jane Peterson

Learn more about them on page 2!

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Important Dates:

Election Day
November 6th

Veteran’s Day
November 11th

No Classes
November 12th

Thanksgiving
November 22nd

No Classes
November 22nd and 23rd

Stop by the Women’s Center!

Hours:
Monday-Friday
8:00am-4:30pm

Or visit our website at:
http://und.edu/student-life/womens-center

Kay Mendick, Director
Patty McIntyre, Program Associate
Meet the “Women in Leadership”

**Dr. Kim Konzak-Jones** Dr. Konzak-Jones is a Faculty Physician at Altru Family Medicine Residency Center, where she has practiced and overseen residents for 10 years. A graduate of the University of North Dakota School of Medicine, she completed her residency in Grand Forks in 1995. Dr. Konzak-Jones practiced at the Towner County Medical Center in Cando for seven years prior to joining the Altru Family Medicine Residency. Her areas of interest include OB/GYN, Pediatrics and Geriatrics. She is currently the Medical Director for Valley Health and WIC and also the Medical Director for the North Dakota Family Planning Program.

**Mickie Nakonechny** Mickie is originally from Bismarck, ND. She attended UND, graduating with a BBA, double majoring in Management and Retail Marketing in 1987. Following graduation, Mickie worked for Target in Minneapolis. She moved back to Grand Forks where she worked for Alerus Financial for 13 years and then at the UND Bookstore as the gift and clothing buyer. In 2006, she decided to pursue her dream of owning her own business by opening True Colors, a premier resale boutique, located in Grand Forks. Mickie has two children, Tyler and Brenna.

**Dr. Gretchen Mullendore** Dr. Mullendore is an Assistant Professor in the Department of Atmospheric Sciences at the University of North Dakota. She received her B.S in Geophysics from the University of California, Santa Barbara, in 1998, and her Ph.D. in Atmospheric Sciences from the University of Washington in 2003. Her research interests include deep convective transport, numerical modeling and climate change education. Gretchen has served as principal investigator on four federal grants, and is co-founder and faculty advisor of UND Women in Science.

**Facilitator Jane Peterson** Jane Peterson is a Media Specialist for the National Suborbital Education and Research Center (NSERC) at the University of North Dakota. She supports education and outreach activities for NSERC, and shoots and produces documentary videos of Earth science field campaigns conducted by the NASA Airborne Science Program.
“Family Circle” Presidential Cookie Bake-Off

Every election year, the wives of the Presidential elects have their own contest in the kitchen. This year, the competition was between First Lady Michelle Obama and rival Ann Romney. The cookie bake-off is sponsored by “Family Circle” magazine. It was a close race with nearly 10,000 votes submitted! Michelle Obama won the contest 51.5% to Ann Romney’s 48.5%, only 287 votes separated the two! The recipes of both women are shown below.

Mama Kaye’s White and Dark Chocolate Chip Cookies

Makes 5 dozen cookies

Prep: 15 minutes

Bake at 375 degrees for 12 minutes

2 1/4 cups all-purpose flour
1 teaspoon baking soda
1 teaspoon salt
1 cup (2 sticks) unsalted butter, softened
1 stick Crisco butter-flavored solid vegetable shortening
3/4 cup granulated sugar
3/4 cup packed brown sugar
1 teaspoon vanilla extract
2 eggs
1 cup each white chocolate chips, milk chocolate chips and mint chocolate chips (or Andes mint pieces)
2 cups chopped walnuts

1. Heat oven to 375°.
2. Whisk together flour, baking soda and salt in a small bowl. In a large bowl with an electric mixer, cream butter, vegetable shortening, granulated sugar, brown sugar and vanilla extract.
3. Add eggs, 1 at a time, beating well after each addition.
4. On low speed, beat in flour mixture. By hand, stir in white and milk chocolate chips, mint chips and walnuts.
5. Drop rounded tablespoons of dough onto un-greased baking sheets.
6. Bake at 375° for 10 to 12 minutes or until golden brown. Cool on baking sheets for 5 minutes; remove to wire racks to cool completely.

Ann Romney’s M & M Cookies

Makes 3 Dozen Cookies

Prep: 15 minutes

Bake at 325 degrees for 18 minutes

1 cup granulated sugar
1 cup packed light brown sugar
1/2 cup (1 stick) unsalted butter, softened
1 1/2 cups crunchy peanut butter
1 tablespoon light corn syrup (such as Karo)
3 eggs
1/2 teaspoon vanilla extract
4 1/2 cups old-fashioned rolled oats
2 teaspoons baking soda
6 ounces chocolate chips
2/3 cup M&M’s candies

Directions
1. Heat oven to 325 degrees F. In a large bowl, cream sugars, butter, peanut butter and corn syrup on high speed until well combined. Beat in eggs 1 at a time. Beat in vanilla extract.
2. In a separate bowl, mix together oats and baking soda. Stir into peanut butter mixture until combined. Mix in chocolate chips and M&M’s.
3. Using a standard-size ice cream scoop, drop dough onto baking sheets (about 9 per sheet). Bake at 325 degrees F for 18 minutes or until lightly browned. Cool 2 minutes, then transfer cookies to a wire rack to cool completely.

“From Michelle Obama: Every evening, Barack, the girls and I sit down for a family dinner with good conversation and healthy food. If we want to splurge, these White and Dark Chocolate Chip Cookies, created by the girls’ godmother, is the perfect special treat.”

Find other recipes from Hillary Clinton, Cindy McCain, Laura Bush, and others at:
http://www.familycircle.com/recipes/desserts/cookies/presidential-cookie-recipes/
Leadership Workshop Series

**November 7th**— Meet, Eat, and Learn, 12-1 PM, International Centre

“Women in Leadership Panel”

**November 13th**— Shannon Jolly, 2:30-3:30 PM, Swanson 10/12

“Controversy with Civility: Cultural and International Awareness of Leadership”

**November 15th**— Professor Joe Vacek, 2:30-3:30 PM, Swanson 10/12

“Commitment, Passion, and Intensity Leadership”

**November 27th**— Dr. Steven Light, 2:30-3:30 PM, Badlands Room (Memorial Union)

“Being the Anti-Kardashian: Citizenship as Civic Learning & Engagement”

**November 29th**— Tony Trimarco, 2:00-3:00 PM, Badlands Room (Memorial Union)

“Values and Leadership: How they Shape Organizational Cultures”

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Thank You!!!

The Women’s Center would like to thank everyone who was involved with the 18th Annual Clothesline Project and Take Back the Night Rally. Many thanks to all the organizations, students, and faculty that took part in the Project. We look forward to working with you again next year!

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21880-5180

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Where to Find Us: