OCTOBER IS...
DOMESTIC VIOLENCE AWARENESS MONTH

Upcoming Events... Be There!

Take Back the Night Rally
Thursday, October 16th, 2014
Beginning at 7:00 pm
With Keynote Speaker: Karyn Hippen
Location: Memorial Union Ballroom

Mayor Karyn Gall Hippen, Thompson, N.D., has become a survivor, a person who has withstood the continual storm life throws her way. When Karyn made the decision to forego a future similar to that of her parents and siblings, she had no idea how rough the waters would be. Incidents of sexual abuse from her adolescent years haunted her, warping her view of her self-worth, resulting in a string of bad relationships based on one fact - the man claimed to love her. After suffering an abusive engagement, a miscarriage, and losing her best friend to a navy transfer, Karyn believed she’d found hope for a good life with a man who seemed the opposite of her first fiancé. But soon after marriage, she found her new life came with more difficulties than she was prepared to handle. As our keynote speaker, Karyn will share her story and the affect that violence has had on her life.

The Clothesline Project

October 13-17, 2014
Monday - Thursday
8:00 am - 8:00 pm
Friday: 8:00 am - Noon
Location: Memorial Union Ballroom
Meet, Eat, & Learn
Wednesday, November 19, 2014
From Noon—1pm
International Education Week, we will have a panel discussion on Diversity and Inclusion with students that have studied abroad and from International students studying in America.
Location: International Centre
Meet, Eat & Learn is an opportunity to learn something new, share views and ideas, and interact with others - all while enjoying a delicious and FREE lunch.

Domestic Violence in North Dakota: Know the Facts
♀ 5,177 incidents of domestic violence were reported to crisis intervention centers in North Dakota.
♀ At least 4,250 children were directly impacted by these incidents.
♀ 94% of the victims were women.
♀ At least 23% of the victims were under the age of 25. At least 1% were under the age of 18.
♀ 14% of the new victims were disabled. Of those disabled, 14% were developmentally delayed, 34% were physically disabled and 52% suffered from mental illness.
♀ 33% of the victims were self-referred to domestic violence programs; 28% were referred by law enforcement.
♀ Weapons were used in at least 11% of the cases identified. Guns were used in 26% of the cases involving weapons and knives were used in 34% of the cases involving weapons.
♀ Law enforcement officers were called to respond in 53% of the incidents. In at least 42% of those incidents, an arrest was made.
♀ At least 77% of victims served were physically abused.
♀ 1,338 (28%) of victims served were abused by a former spouse or former partner.
♀ Alcohol use by abuser only was indicated in 36% of the new cases. Alcohol use by both victim and offender was indicated in 11% of the cases.
♀ The abuser had a history of abusive behavior with other adults, including prior partners, in at least 45% of the cases.
♀ Domestic violence programs provided victim assistance with 618 emergency protection orders.

Domestic Violence Statistics are compiled by CAWS North Dakota for the State Health Department
525 N 4th Street Bismarck, ND 58501  (701)-255-6240 www.ndcaws.org
Significance of T-Shirt and Shawl Colors on Display at UND’s Clothesline Project:

- **White**: For those who have died of violence
- **Yellow or Beige**: For those who have been battered or assaulted
- **Orange or Pink**: For those who have been raped or sexually assaulted
- **Blue or Green**: For survivors of incest and childhood sexual abuse
- **Purple or Lavender**: For those attacked due to their sexual orientation
- **Red**: For children who have witnessed violence in their homes

If You Would Like to Make a T-Shirt/Shawl

If you are a survivor of violence and want to make a T-shirt/shawl for the display or would like to make a shirt for a loved one lost, the Women’s Center can help.

We will provide you with a shirt/shawl in the color of your choice. Stop into the Women’s Center, email us, or call to request one. You can then take the shirt/shawl home and return it when you are finished. This is your process and your experience, so take all the time you need. Shirts and shawls will also be available during the project.

Remember we are here to support you in any way we can.

If you have questions, give us a call at 777-4300.

Here are some basic steps to assist someone who may be in an abusive relationship:

- Help your friend recognize the abuse.
- Support your friend’s strength.
- Be non-judgmental.
- Help your friend with safety plans.
- Be there. Listen.

If your friend breaks up with the abuser, keep up the support.

Help your friend talk to others to get help.

If your friend becomes frightened or frustrated, get support from friends and family.

(For more details, visit: [http://www.ncrlc.com/passages-webpages/HelpFriendAbuseRel03.html](http://www.ncrlc.com/passages-webpages/HelpFriendAbuseRel03.html))

Signs that a Friend is Being Abused:

- Unexplained bruises, broken bones, sprains, or marks.
- Excessive guilt or shame for no apparent reason.
- Secrecy or withdrawal from friends and family.
- Avoidance of school or social events with excuses that don't seem to make any sense.

http://kidshealth.org/teen/your_mind/relationships/abuse.html
**A Survival Story**

**Never thought it would happen to me**

I was at a friend’s house on a Thursday night watching television when a girl I knew walked in drunk. She was going to walk alone a few blocks down to a party. I didn’t want her to go by herself; I was worried something would happen to her.

We walked into a basement where there were two guys behind the bar and three other girls talking in a group. I got a beer, one beer.

I never thought one beer would change my life.

I woke up the next afternoon on a friend’s futon, not knowing how I got there or why I felt so out of it. Walking home to my dorm room I fell twice, not having any control of my legs. I called a close friend who was worried, so he picked me up and brought me to the hospital. I didn’t want to go. I didn’t think I was raped. I didn’t think something like that could happen to me.

I was raped.

I never found who did it, and that is the hardest part. I will never have a name, a face, someone to hate with such passion I can’t describe. I will never remember what happened to me. Did he kiss me? Did he caress me? Did he laugh? Did he cry?

Some people say I was lucky: lucky that I didn’t get pregnant, lucky that I wasn’t “hurt”, lucky that I don’t know who did it. Some people who saw me earlier that night said that I “wasn’t asking for it” by the way that I was dressed, as though women who dress sexy are.

When I tell anyone about that night, I change in his or her eyes. Whether it is disgust, pity, compassion, or confusion, it hurts. I am “that girl”. I was raped.

I am just now starting to accept what happened that night. I can’t change it in anyway. What I can change though, is the future: my future and the future of others.

http://www.vday.org/contents/victory/success/0312022

**Do You Need Help?**

If you have experienced violence, a sexual assault, or harassment of any kind, there are a number of places that can help.

University Police: 777-3491  
Community Violence Intervention Center: 795-0405  
UND Women’s Center: 777-4300  
Grand Forks Police Department: 787-8000  
Dean of Students: 777-2664  
Altru Emergency Room: 780-5280  
Equal Employment Opportunity/  
Affirmative Action: 777-4171  
Suicide Prevention Lifeline: 1-800-273-TALK  
The Trevor Project (crisis and suicide for LGBTQ youth): 1-866-4-TREVOR

**Volunteers Needed!!!**

Volunteers are critical to the success and the impact of The Clothesline Project and Take Back the Night. For information on how you can help, call the Women’s Center at 777-4300 or email us at: und.womenscenter@und.edu