2nd Annual
PLAY THERAPY
Conference
July 28 - 31, 2015

Featuring:
Garry L. Landreth, LPC, RPT-S
Regents Professor Emeritus,
Department of Counseling
University of North Texas

Internationally recognized for his writings and work in promoting the development of child-centered play therapy.

All training can be applied toward obtaining or maintaining certification as a Registered Play Therapist.
APT Approved Provider #14-375
Cancellations can be made by clicking on and completing the withdrawal form at www.conted.und.edu/secure/withdrawal (you will need your confirmation email receipt number to complete the process). If the cancellation notice is received by July 20, you will be refunded your registration fee minus a $35 processing fee. No refunds will be given AFTER July 20. Substitutions can be accommodated by contacting Brenda Dufault at 701-777-0841 or brenda.dufault@UND.edu.

Workshops

Tuesday: 9:00 am - 12:00 pm

Bubbles and Beyond: Play Therapy Techniques for Relaxation and Mindfulness
Presenter: Angela M. Cavett, PhD, LP, RPT-S

This workshop extends play therapy skills to include interventions related to anchoring, guided imagery, meditation, mindfulness and progressive muscle relaxation.

Objectives: 1) provide a theoretical foundation for the use of play therapy interventions for mindfulness, imagery and relaxation for treating internalizing and externalizing disorders 2) demonstrate at least five play therapy techniques that can be utilized for children and adolescents. 3) describe how play therapy interventions for mindfulness, imagery and relaxation are developmentally appropriate.

Tuesday: 1:30 - 5:00 pm

Socrates as Play Therapist: Advanced Cognitive Coping Skills in Cognitive Behavioral Play Therapy
Presenter: Angela M. Cavett, PhD, LP, RPT-S

This workshop will provide the fundamental concepts related to Cognitive Behavioral Play Therapy including similarities and differences from other play therapies and the principles of CBPT. Objectives: After the presentation: 1) participants will be able to explain how the language of children’s play allows the play therapist insight into the child’s thinking/beliefs; 2) participants will be able to explain how play therapy techniques enhance cognitive coping; 3) participants will be able to use at least five play therapy techniques for Socratic Questioning.

Dr. Cavett, PhD, LP, RPT-S earned her doctorate from the University of North Dakota (2002). She has over 10 years of post-doctoral experience as a psychologist. She provides assessment and therapy for mood disorders, anxiety disorders, autistic spectrum disorders, behavioral concerns, ADHD, and trauma. Dr. Cavett is a Certified Trauma Focused Cognitive Behavioral Therapist and Registered Play Therapist-Supervisor (RPT-S).

Wednesday and Thursday: 8:30 am - 5:00 pm

Healing the Hurting Child: The Necessary Dimensions of Child-Centered Play Therapy
Presenter: Garry L. Landreth, LPC, RPT-S

Workshop activities will center around spontaneous demonstrations by Dr. Landreth dealing with specific problems in the play therapy experience, critique of video tapes of Dr. Landreth’s play therapy sessions and the art expression of Ryan, a child who was dying. Handouts will be provided. Objectives: Following the workshop, using play therapy, participants should be able to 1) identify four healing messages needed by children; 2) identify the three steps in therapeutic limit setting; 3) identify essential dimensions that facilitate change in children; 4) identify the characteristics of themes in children’s play.

Garry L. Landreth, LPC, RPT-S, internationally recognized for his writings and work promoting the development of child-centered play therapy, is a Regents Professor Emeritus in the Dept. of Counseling and founder of the Center for Play Therapy at the University of North Texas. A frequent speaker at play therapy conferences around the world. Has more than 150 journal articles, books and videos receiving many awards including the 2010 Best Practices in Parent/Family Education Award for his Child Parent Relationship Therapy Model.

Kathleen (KatySue) Tillman, PhD
Assistant Professor and Director of the School Counseling Program in the Department of Counseling Psychology and Community Services at the University of North Dakota. She has over 10 years of post-doctoral experience as a psychologist. She provides assessment and therapy for mood disorders, anxiety disorders, autistic spectrum disorders, behavioral concerns, ADHD, and trauma.

Questions?
Call 701-777-3768