Your Summer Orientation Session

• Welcome!!!
• Today’s Schedule
• Handbook
• Silence Your Cell Phones
• Restrooms
• Summer Orientation ‘Office’
Success at UND:
It’s about Goals, Resources, Engagement, Choices, and Academic Success!!
Welcome … Class of 2019!!!
University of North Dakota

- Founded in 1883… 6 years before ND became a state
- June 13, 1889… 1st graduation
University of North Dakota

Official School Colors

Green & Pink

“suggestive of our green prairies and rosy prospects”
Your UND Community

Students - 14,906 total enrollment (fall 2014)
Faculty & Staff – 2,900
Alumni - 125,000 (living)

UND Student Body
- 11,537 undergraduates
- 3,369 graduate & professional (law & medicine) students
- 53% men & 47% women

UND students are from…
- North Dakota – 37%
- Minnesota - 35%
- 48 other states – 22%
- 83 other countries – 6%
The University of North Dakota...

...encourages students to make informed choices, to communicate effectively, to be intellectually curious and creative, to commit themselves to lifelong learning and the service of others, and to share responsibility both for their own communities and for the world. The University promotes cultural diversity among its students, staff and faculty.

~UND Mission Statement
Why college? Why UND?
How ready are you for college?

Not Ready ~ I started thinking about it 83 minutes ago.

Ready, but a little anxious.

Very Ready ~ My bags are packed and in the car because I’m hoping to stay here today.
High School vs. College

Freshman Year/First-Year is not Grade 13
You ARE part of the UND Community… membership includes responsibilities and expectations.

- Student Handbook
- Code of Student Life
Family Educational Rights & Privacy Act (FERPA)

Parents are vital partners in students’ success, but routine University business should be handled by the student.

Release of Information Forms:

• Academics (Registrar’s Office)
• Financial (Student Account Services & Financial Aid)
• Housing (Housing Office)
• Student Conduct (Dean of Students Office)
• Health (Student Health Services)
• Counseling (Counseling Center)

Exceptions to FERPA:

• Parental Notification for alcohol and drug violations
• Emergencies
What are your goals for Your UND Experience

Ask yourself honestly:

WHO DO YOU WANT TO BE?

&

WHAT ARE YOU WILLING TO DO TO BECOME THAT PERSON?

#PASSIONPLUSPURPOSE
We’re here to help
Services & Resources

- One-Stop Student Services
- Student Success Center
- Dean of Students Office
- University Counseling Center
- Multicultural Student Services
- Student Health Services
- American Indian Student Services
- Disability Services for Students
- TRIO Programs
- Financial Wellness
- Memorial Union
- Housing
- Student Involvement & Leadership
- Health & Wellness Hub
- Career Services/Student Employment
- Wellness Center
- Writing Center
- Veteran & Nontraditional Student Services
- International Center
- Women’s Center
- etc. etc. etc.
Title IX & Sexual Violence

Title IX of the 1972 Education Amendments…

• “No person in the United States shall, on the basis of sex, be excluded from participation in, be denied the benefits of, or be subjected to discrimination under any education program or activity receiving Federal financial assistance.”

• Discrimination includes
  – Sexual Harassment
  – Sexual Violence
  – Sexual Assault
  – Domestic Violence
  – Dating Violence
  – Stalking
Title IX & Sexual Violence

Title IX Coordinator and Deputy Coordinators

- Any student, faculty, staff member, or visitor who has questions or concerns about sex discrimination, harassment, or sexual violence at UND is encouraged to seek the assistance of the Title IX Coordinator or any Deputy Coordinator.

**Title IX Coordinator**

- Donna Smith
- Director, Equal Employment Opportunity/Affirmative Action
- Twamley Hall Room 401
- 701.777.4171 - donna.smith@UND.edu
- UND.edu/affirmative-action/title-ix

Confidential Resources

- University Counseling Center
- Student Health Services
- Community Violence Intervention Center (UND site)
Get Engaged in Your UND
Get Engaged in Your UND

#myUND

Remember…

• Your online profile may be the only impression someone has of you!

• Violations of the Code of Student Life can include behaviors on social media and in public view.

UND UNIVERSITY OF NORTH DAKOTA
Forget the resume, son. Let's just take a look at what you have posted on your Facebook instead.
Get Involved in Your UND

Volunteer
275+ Student Organizations
Army & Air Force ROTC

Student Government
Residence Halls
Campus Employment

Fraternities & Sororities
Study Abroad
Rec Sports (Intramurals)

Theater Arts
Athletic Events
Campus Ministries & Spiritual Organizations

Cultural Centers
You have BRAINS in your HEAD.
You have FEET in your SHOES.
You can STEER yourself in any DIRECTION you CHOOSE.

- Dr. Seuss
Life Outside the Classroom
Education Outside the Classroom

Think About It

A TITLE IX PROGRAM THAT COMBINES
SEXUAL ASSAULT AND SUBSTANCE ABUSE PREVENTION VIA
A COMPREHENSIVE HARM-REDUCTION MODEL

YOUR BOARDING PASS TO HEALTH & WELLNESS

DEPARTING NOW  ARRIVAL  HEALTHY MIND. HEALTHY BODY. HEALTHY LIFE.

THE HUB

FLY IN WITH QUESTIONS  FLY OUT WITH ANSWERS

UND.EDU/HWHUB  1ST FLOOR, MCCANNEL HALL  8AM-4:30PM MON-FRI  701-777-2097

Green Dot
Safety

UND’s Annual Security & Fire Safety Report
http://UND.edu/annual-security-report

The Care Team
A network of campus colleagues, coordinated through the Dean of Students Office who are available to assist with incidents involving UND students 24 hours a day, seven days a week. The Care Team responds to incidents such as major accidents, missing students, sickness that interferes with attending classes, death, suicidal ideations, situations involving self-harm, psychological trauma, and sexual violence.
NotiFind

An emergency notification system utilized to send out emergency information to students, staff, and faculty. In case of a campus emergency, NotiFind will send out a message by email, telephone, or text.
Safety

Basic Safety Tips:

There are no guarantees against becoming a victim. Assailants select their victims based upon the assailant’s desires – they seek an opportunity. Below are suggestions that will help to reduce the opportunity and make you less vulnerable:

1. Know the environment:
   - Be observant of your surroundings
   - Walk with friends
   - Stay in well-lit areas
   - Review the emergency plans for any buildings that you are in on a regular basis
   - Know where you can go for help

2. Reduce the opportunity:
   - Be observant of your surroundings

Emergency Contact Numbers:

- Emergency: 911
- UND News Bulletin Board: 701.777.6700
- University Police (non-emergencies): 701.777.3491
- Safety Escort: 701.777.3491
- Dean of Students/CARE: 701.777.2664
- Hearing Impaired: 701.777.4500
- Office of Emergency Mgmt: 701.777.3341
Preparing for Success and the Culture Shock...

The W-Curve

- **The Honeymoon**: Students are generally happy and excited to be in college. This feeling occurs before and during the first few weeks of college. Students feel welcomed to campus and the new sense of freedom is enjoyable.

- **Culture Shock**: The newness of college begins to wear off and students are dealing with large classes, how best to study, shared living spaces, etc. The first of grades on quizzes or projects are received. Homesickness may start.

- **Initial Adjustment**: Students have maneuvered the first part of the semester and are feeling more comfortable with themselves and their surroundings. They may have overcome the initial culture shock and are feeling confident.

- **Mental Isolation**: Students may relapse into a sense of isolation as they try to understand their new culture contrasted with their home culture. They may feel their beliefs and values are being challenged. Questions about the selection of institution, major or other situations may cause doubt.

- **Acceptance, Integration, and Connectedness**: As students become more connected on campus and with friends and as they deal with the realities of the campus culture, they become more confident and comfortable. They are able to manage challenges successfully and that builds confidence. “The university becomes the students’ home” (Zeller and Mosier, 1993, p. 22).

Success at UND:
✓ Goals
✓ Resources
✓ Engagement
✓ Choices
Academic Success
Academic Success

Academic Catalog - http://catalog.und.edu/

Includes:
- Undergraduate/Graduate Sections
- All majors
- All courses
  - Course descriptions
  - Number of credits
  - Prerequisites & co-requisites
  - Terms courses are offered: F, S, SS
- Levels of courses
  - 100, 200, 300, 400+
  - What’s appropriate?
Academic Success

- **Major/Department Requirements**
- **Elective Courses**
- **Essential Studies (ES)**

Minimum of 125 credits required for Bachelor’s Degree

- Courses for your major
- Elective courses
- 39 total ES credits
Essential Studies Goals

- Thinking and Reasoning
- Communication
- Information Literacy
- Diversity
Essential Studies

Breadth of Knowledge

Communication
9 Credits

Social Science
9 Credits

Arts & Humanities
9 Credits

Math/Science/Tech
9 Credits

Special Emphasis Areas:

“O” = Oral Communication Course

“U” = United States Diversity Course

“G” = Global Diversity Course

“Q” = Quantitative Reasoning Course

“A” = Advanced Communication Course

Senior Capstone

3 credits Fine Arts (FA)
3 credits Humanities (HUM)

3 credits lecture
+ 1 credit lab
## Advisement & Registration

### Come with questions
- What does my major require?
- What other courses should I consider?

### Be flexible
- Don’t get locked into specific times or instructors.
- Have alternate courses.

### Time Management
- Enroll in approximately 15 credits.
- Limit part-time work (10-20 hours per week).
Prepare to be Successful

Summer Orientation – Start of Classes
• Get excited… you made the right decision!
• Make plans for the transition
• Discuss expectations
• Watch your emails!!!!

Welcome Weekend
• Get settled in your new home/residence hall
• Meet new people
• Go to Welcome Weekend events

First Month of Classes
• Go to class
• Get involved in something
• Develop good routines/habits
• Meet your professors/academic advisor
• Remember that college is different
• Know that staff and faculty are here to help
Remember:

We care about your success – both in and out of the classroom!

We hope you will take advantage of the many services and opportunities available to assist you in your success.
BREAK TIME
10:00am - 10:15am
ONE-STOP STUDENT SERVICES
Exceptional Service. Exceptional Convenience.

Summer 2015 Orientation
ONE-STOP
STUDENT SERVICES

Exceptional Service. Exceptional Convenience.

UND.edu/one-stop
UND Finances

The question everyone is asking –

“What are my charges and how do I pay them?”
What will I owe fall semester?

Estimated amounts for Fall 2015

<table>
<thead>
<tr>
<th>Residency</th>
<th>Tuition &amp; Fees</th>
<th>Room &amp; Board</th>
<th>Books &amp; Supplies</th>
<th>Total</th>
</tr>
</thead>
<tbody>
<tr>
<td>North Dakota</td>
<td>$3,934</td>
<td>$3,760</td>
<td>$500</td>
<td>$8,194</td>
</tr>
<tr>
<td>Minnesota</td>
<td>$4,325</td>
<td>$3,760</td>
<td>$500</td>
<td>$8,585</td>
</tr>
<tr>
<td>Special Agreements</td>
<td>$5,563</td>
<td>$3,760</td>
<td>$500</td>
<td>$9,823</td>
</tr>
<tr>
<td>Non-Resident</td>
<td>$9,375</td>
<td>$3,760</td>
<td>$500</td>
<td>$13,635</td>
</tr>
</tbody>
</table>

TOTAL: $8,194
TOTAL: $8,585
TOTAL: $9,823
TOTAL: $13,635
How do I see my charges?
### Charges available in Campus Connection early August

<table>
<thead>
<tr>
<th>Charges</th>
<th>Acct Type</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuition Undergrad Resident</td>
<td>TUT</td>
<td>3,194.00</td>
</tr>
<tr>
<td>Mandatory ConnectND Fee</td>
<td>TUT</td>
<td>66.00</td>
</tr>
<tr>
<td>Mandatory NDSA Fee</td>
<td>TUT</td>
<td>0.36</td>
</tr>
<tr>
<td>Mandatory Technology Fee</td>
<td>TUT</td>
<td>50.00</td>
</tr>
<tr>
<td>Mandatory Student Fee</td>
<td>TUT</td>
<td>560.04</td>
</tr>
<tr>
<td>Business Prof Prgm Fee</td>
<td>TUT</td>
<td>150.00</td>
</tr>
<tr>
<td>Computer Science Course Fee</td>
<td>TUT</td>
<td>30.00</td>
</tr>
<tr>
<td>Geology Course Fee</td>
<td>TUT</td>
<td>5.00</td>
</tr>
<tr>
<td>510/520/530 Tulane Apt Rent</td>
<td>HOU</td>
<td>440.00</td>
</tr>
</tbody>
</table>

**Charge Subtotal**

4,495.40

### Financial Aid Disbursed

**Financial Aid Disbursed Subtotal**

0.00

### 2015 Spring Total

<table>
<thead>
<tr>
<th>2015 Spring Total</th>
<th>Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>4,495.40</td>
</tr>
</tbody>
</table>

### Anticipated Financial Aid

<table>
<thead>
<tr>
<th>Anticipated Financial Aid</th>
<th>Net Award Amount</th>
</tr>
</thead>
<tbody>
<tr>
<td>Federal Pell Grant OY</td>
<td>-2,865.00</td>
</tr>
<tr>
<td>Federal Supplemental Grant OY</td>
<td>-125.00</td>
</tr>
<tr>
<td>Federal Direct Loan Sub OY</td>
<td>-2,226.00</td>
</tr>
<tr>
<td>Federal Direct Loan Unsub OY</td>
<td>-2,968.00</td>
</tr>
<tr>
<td>Federal Perkins Loan OY</td>
<td>-1,000.00</td>
</tr>
</tbody>
</table>

**Total Anticipated Aid**

-9,184.00
What Financial Aid will I receive?

• Federal Aid
  – Free Application for Federal Student Aid (FAFSA)
  – FAFSA.gov
  – Federal loans
  – Grants
  – Scholarships
What Financial Aid will I receive?

• Federal Aid
  – Federal loans must be accepted in Campus Connection.
What Financial Aid will I receive?

- **Scholarships:**
  - UND Scholarships
    - Presidential, Academic Achievement, & Merit
  - North Dakota State Scholarships
    - State scholarships/grants will not be received until early August

Must be enrolled in at least **15 CREDITS** EACH SEMESTER
What Financial Aid will I receive?

• Scholarships:
  – Non-UND Scholarships
    • Make checks payable to UND
    • Mail to:
      Student Financial Aid
      264 Centennial Dr. Stop 8371
      Grand Forks, ND 58202-8371
How much aid should I accept?

- Example account #1:

<table>
<thead>
<tr>
<th>Semester</th>
<th>Charges</th>
<th>Financial Aid</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td><strong>Tuition</strong></td>
<td><strong>Academic Scholarship</strong></td>
</tr>
<tr>
<td></td>
<td>$3,940</td>
<td>$750</td>
</tr>
<tr>
<td></td>
<td><strong>Room &amp; Board</strong></td>
<td><strong>Supplemental Grant</strong></td>
</tr>
<tr>
<td></td>
<td>$3,575</td>
<td>$175</td>
</tr>
<tr>
<td></td>
<td><strong>Books</strong></td>
<td><strong>PELL Grant</strong></td>
</tr>
<tr>
<td></td>
<td>$500</td>
<td>$2,840</td>
</tr>
<tr>
<td></td>
<td><strong>Unsubsidized Loan</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>$2,750</td>
<td>$2,750</td>
</tr>
<tr>
<td></td>
<td><strong>Total Aid</strong></td>
<td><strong>Total Charges</strong></td>
</tr>
<tr>
<td></td>
<td>$6,515</td>
<td>$8,015</td>
</tr>
<tr>
<td></td>
<td><strong>Final Balance</strong></td>
<td></td>
</tr>
<tr>
<td></td>
<td>$1,500</td>
<td>$1,500</td>
</tr>
</tbody>
</table>

Financial aid that is accepted is split into 2 disbursements:

Example: $5,500 loan = $2,750/semester (- any fees)

How will this amount be covered?
What additional resources can I use?

• Payment Plan (through HigherOne)
  – tuitionpaymentplan.com/enroll
  – $35 application fee
  – 5, 4, or 3 month payment options

• Plus Loans
  – www.studentloans.gov

• Private Loans
  – Fast Choice
How do I pay my bill?

Pay online via Campus Connection:
- Electronic Check (No Fee)
- Credit/Debit Card (2.75% Convenience Fee)

On Campus
- Student Account Services
- One-Stop Student Services
Authorized User

• Authorized users can:
  – View financial account
  – Receive e-bill communications
  – Make an electronic payment
Deposits and Pre-payments

• Flight charges must be pre-paid
• Other deposit/pre-payments available:
  – Tuition and Fees
  – Parking Citations/Permit
  – Student Health Charges
  – Children’s Center
Disbursement date

• Student Financial Aid
  – September 9th

• Complete
  – Entrance Loan Counseling
  – Master Promissory Note
  – Hold’s & To Do’s

• Pay’s tuition, fees, housing, bookstore charges before refunding any excess amount.

Direct Loans: Studentloans.gov

Perkins Loan: MPN in Campus Connection
Entrance Loan Counseling
UND.edu/one-stop/loans
How much aid should I accept?

- Example account #2:

<table>
<thead>
<tr>
<th>Semester</th>
<th>Charges</th>
<th>Financial Aid</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Tuition</td>
<td>Presidential Scholarship</td>
</tr>
<tr>
<td></td>
<td>$3,865</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Room &amp; Board</td>
<td>High School Scholarship</td>
</tr>
<tr>
<td></td>
<td>$3,575</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Books</td>
<td>PELL Grant</td>
</tr>
<tr>
<td></td>
<td>$500</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Total Charges</td>
<td>Unsubsidized Loan</td>
</tr>
<tr>
<td></td>
<td>$7,940</td>
<td></td>
</tr>
<tr>
<td></td>
<td>Total Aid</td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td>Refund</td>
</tr>
</tbody>
</table>

Only accept the aid that you need!
What if I do have a refund?

- 2 options to receive excess funds from UND
  - ACH transfer to existing bank account
  - OneAccount (becomes debit card, no credit issued)
- www.undrefundchoicecard.com
Parking Permit

• Bringing a car to campus → parking permit
• Purchase them through Campus Connection starting July 1
  – Self Service → Parking
• Permits are valid from August to August
• Parking passes available:
  – Residence Hall - $155/year
  – Off Campus - $155/year
  – Ramp - $300/year
FERPA – Privacy Release

• FERPA – protects the privacy of your education records.
• Electronic Form
  – UND.edu/onestop
  – Forms
  – FERPA Privacy Release Form
Social Media

Follow @UNDonestop

Like UND One-Stop
Questions??

One-Stop Student Services
First Floor – Memorial Union
onestop@UND.edu
701.777.1234