

## ***T&L 2900—Bullying Prevention***

### **Course at a Glance**

**Instructor/Presenter:** Michelle Kalina

**Length:** 30 Hours

**Dates:** Enroll Anytime – Complete in 4 months

**Number of Professional Development Credits:** 2, from the University of North Dakota

### **Introduction**

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Bullying prevention is a topic that every teacher must eventually deal with in their career. Students in this online course will explore how bullying is a result of the relationships between the individual, family, peer group, community and culture. Teachers will learn how to prevent bullying from happening in their classrooms, as well as how to help bullied children cultivate the resources needed to heal. Learn to create classrooms that are non-violent, compassionate and safe places to learn. Some of the topics covered in the course include: the differences between boy and girl bullies, the role of peers in bullying, classroom atmospheres that support or discourage bullying, sexual harassment, as well as how to implement a successful intervention program. Students from preschool to high school will increase their self-esteem, mental well-being, and learn how to use conflict resolution skills that will promote positive social interaction in school, at home and in the community. Research has shown that teachers who maintain compassionate, safe learning environments result in higher academic achievement and student motivation.

This self-paced course can be started and completed at the student's own leisure **within four months from the UND course registration date.**

### **Course Objectives**

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As a result of participation in this course, students should:

1. Understand how bullies, victims and bystanders help to perpetuate bullying and school violence.
2. Describe the differences in bullying behaviors between boys and girls and how teachers can address the difference in planning behavior interventions.
3. Learn how to use the 6 Step Anti-Bullying Plan, the Pikas Method of Shared Concern, Circles of Friends, Support Groups and Collaborative Problem Solving to decrease school violence.
4. Assess your school environment and identify goals to implement an anti-bullying policy to create a safe school environment.
5. Understand the importance of the peer group and utilize peer mediation, mentoring and partnering to prevent bullying.

### **Session Topics**

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The course content is provided in three parts:

Part One – Chapter Readings and Packet Assignments

Part Two – Lesson Plans

Part Three – Summary Project

## **Course Materials**

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The required reading is found in the text listed below. The required text is:

Sullivan, K. (2011). *The anti-bullying handbook 2<sup>nd</sup> edition*. Los Angeles, CA: Sage Publications. (257 Pages)

**Technical Requirements** – Any online browser should work but IE 7 or Google Chrome are recommended.

## **Assignments & Grading Percentages toward Final Grade**

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- Reading/Packet Assignments (45% of final grade)
- Lesson Plans (50% of final grade)
- Summary Project (5% of final grade)

## **Grading**

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**This online course uses Letter Grading (A – F) or Satisfactory/Unsatisfactory (S/U). The grading option must be selected at the time of course registration.**

The course instructor will review students' answers and provide feedback generally within 24 to 48 hours.

## **Scholastic Dishonesty**

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Students enrolled in this course are expected to be aware of the seriousness of scholastic dishonesty. Unacceptable behavior such as submitting someone else's work as your own, cheating on exams, or plagiarizing can result in failure of the course or other sanctions. For a more detailed description of these policies, please refer to the UND Code of Student Life; Appendix IIIa-3, at: <http://und.edu/student-affairs/code-of-student-life/>