

T&L 2900 – Mindset: The New Psychology of Success

Course at a Glance

Instructor: Lisa Nordick

Length: 15 Hours

Delivery: Online

Dates: Enroll Anytime – Complete in 4 months

Number of Professional Development Credits: 1, from the University of North Dakota

Introduction

This online course explores how a persons' potential can be fulfilled through clarity and understanding of beliefs about their capabilities and how those beliefs influence learning and the paths taken in life. The course is comprised of 9 modules. The modules offer information and ideas about mindsets that teachers may consider adopting to improve classroom settings and student learning experiences.

This self-paced course can be started and completed at the student's own leisure **within four months from the UND course registration date.**

Course Objective

The purpose of this course is to encourage educators to explore "mindsets" as a strategy to enhance student achievement and classroom settings overall.

Learning Objectives

Individuals in this course will:

- Develop an awareness of the psychology of mindsets as it relates to fulfilling ones' potential
- Develop an understanding of and apply mindset strategies and practices
- Create a mindset activity geared toward improving student achievement
- Final Reflection

Course Materials

The following book is required for this course,

[Dweck, Carol S. Mindset: The New Psychology of Success. New York: Ballantine, 2016.](#)

Technical Requirements – An up-to-date computer with reliable internet access and an active email account are required for this course.

Assignments

- Course Readings
- Reflections/Notations
- Summary Paper
- Lesson Activity

Grading and Evaluation

This online course uses Letter Grading (A – F) or Satisfactory/Unsatisfactory (S/U). The grading option must be selected at the time of course registration.

The final reflection will be analyzed for quality of work and evidence of reading of the assigned materials. In particular; clarity of writing/presentation, organization of information and material, and accomplishment of the required activity and corresponding summary will be assessed.

A/S = 100 Percent
B/S = 90 Percent
C/S = 80 Percent
F or U = less than 80 Percent

The course instructor will review students' answers and provide feedback in a timely manner (generally within 24 to 48 hours).

Scholastic Dishonesty

Students enrolled in this course are expected to be aware of the seriousness of scholastic dishonesty. Unacceptable behavior such as submitting someone else's work as your own, cheating on exams, or plagiarizing can result in failure of the course or other sanctions. For a more detailed description of these policies, please refer to the UND Code of Student Life; Appendix IIIa-3, at: <http://und.edu/student-affairs/code-of-student-life/>