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T&L 2900—The Trauma Sensitive Classroom: Building Resilience with Compassionate Teaching

Course at a Glance

Instructor/Presenter: Kelly Varley

Length: 45 hours

Dates: Enroll anytime—Complete in 4 months

Number of Graduate Professional Development Credits: 3

Introduction

Nearly half of the students in US schools have experienced trauma, violence or chronic stress. In this course, learn about the impact of trauma on the body and mind and how to recognize it in student behavior. Also, learn about trauma sensitive practices in working with students and help connect the dots between mindfulness, compassion and resilience.

Learning Objectives

At the end of this course, you should be able to accomplish the following objectives:

- Explore current educational research on developing questions linked to curricular outcomes.
- Evaluate current instructional practices.
- Develop an understanding of educational taxonomies and their applications in classrooms and instructional planning.

Text and/or Other Materials

The Trauma Sensitive Classroom: Building Resilience with Compassionate Teaching. Jennings, Patricia A. ISBN 978-0-393-71186-8

Module Topics and Assignments

Introduction
Understanding Trauma in Schools
Addressing Trauma in Schools
Problem Solving
Building Resilience with Mindful Compassion
Compassion

Grading and Evaluation Activities:

Assignments	Point Value
Discussion Questions: Each Module 1-5	15 points per question; 75 points for the course
Response/Reflection: Each Module 1-5	15 points per response; 75 points for the course
Application Assignments: Modules 2 and 3	40 points per assignment; 80 points for the course
Research Assignment: Module 4	100 points
Summary Assignment: Module 5	100 points
TOTAL	430 points

Graduate Grading Scale	
90-100% A or S	430-394 points
80-89% B or S	393-348 points
70-79% C or S	347-303 points
below 70% F or U	Below 302

Scholastic Dishonesty

Students enrolled in this course are expected to be aware of the seriousness of scholastic dishonesty. Unacceptable behavior such as submitting someone else's work as your own, cheating on exams, or plagiarizing can result in failure of the course or other sanctions. For a more detailed description of these policies, please refer to the UND Code of Student Life; Appendix IIIa-3, at:

<http://und.edu/student-affairs/code-of-student-life/>