



**Request for Optional Practical Training Recommendation
Undergraduate Students**

Student Information

Name: _____ EMPLID#: _____ SEVIS ID#: _____

Address: _____

Tel #: _____ Email: _____ Major: _____

OPT Information

I am applying for (select one only)

Pre-Completion OPT

Post-Completion OPT

NOTE: Requested employment start date for post-completion OPT must be between 1 day after graduation and 60 days after graduation. Requested end date may be no more than 14 months after graduation. Maximum of 12 months of OPT authorization is granted.

Once granted, OPT cannot be cancelled, even if you do not find employment. Program extensions for completion of academic coursework cannot be granted to students already approved for post-completion OPT. *

Length of OPT requested: _____ Start date: _____ Part-time/Full-time: _____

Student Certification

I understand that:

1. USCIS must receive my OPT I-20 within 30 days of its issuance in order for my OPT to be processed
2. USCIS must create a receipt for my OPT application within 60 days of the program end date listed on OPT I-20
3. If I receive permission from USCIS for Optional Practical Training, I am responsible for maintaining valid F-1 status and for ensuring that the employment is appropriate for my academic degree, as required by immigration regulations.
4. I understand that I must keep the UND International Center updated with my changes of address and employment information throughout the period of my OPT, so that my SEVIS record can be kept current.
5. I understand that UND and the International Center are not responsible for any misdirected mail.

Signature of student: _____ Date: _____

To be completed by Academic Advisor or Department Chair

The student is expected to complete his/her degree requirements on: _____

As the student's Academic Advisor, I certify that the student's program information as listed above is accurate and I recommend that this student be authorized to participate in the practical training program described.

Signature: _____ Date: _____

Name and title: _____ Telephone: _____

* Students should allow between 75 and 90 days for application processing with USCIS