

# STUDY ABROAD PACKING LIST

## CARRY ON

### ELECTRONICS

- Headphones/Earbuds
- Laptop + Charger
- Tablet + Charger
- Phone + Charger
- Portable Phone Charger

### MISCELLANEOUS

- Book
- Camera
- Crossbody Bag
- Neck Pillow
- Sunglasses

- Travel Locks
- Watch
- Water Bottle

## CHECKED LUGGAGE

### CLOTHING

- Dresses
- Hat
- Hoodie/Pullover
- Jacket  
*(Rain Jacket, Winter Jacket)*
- Jeans/Pants
- Pajamas
- Shirts
- Shoes  
*(Sandals, Tennis Shoes, Boots)*
- Shorts/Skirts
- Socks
- Swimwear
- Tank Tops
- Underwear

### DOCUMENTS

- Acceptance Letter
- Bank Phone Numbers
- Birth Certificate Copy
- Currency  
*(Cash, Credit Card, & Debit Card)*
- Drivers License/ID
- Emergency Contact Form
- Enrollment Documents
- Health Insurance
- Health Records
- Housing Contract
- Passport
- Prescription Medications
- Program Information
- University Transcript
- Visa/Residence Permit

### MISCELLANEOUS

- Backpack
- First Aid Kit
- Glasses/Contacts
- Medicine/Vitamins
- Power Adapters/Converters
- Shower Shoes
- Travel Journal



## PURCHASE ABROAD

### TOILETRIES

- Body Wash/Soap
- Deodorant
- Floss

- Hairbrush/Comb
- Lotion
- Mouthwash
- Sanitary Items

- Shampoo/Conditioner
- Shaving Supplies
- Toothbrush
- Toothpaste

# STUDY ABROAD TRAVEL TIPS

## PACKING CUBES

Streamline organization and maximize space in luggage, simplifying packing and ensuring easy access to belongings while traveling.

## NO VACUUM TRAVEL BAGS

Simplifying your packing process and reducing bulk in your luggage allows you to pack more than usual.

## DRESS CODE

Research what the locals wear in your destination. For example, in Europe shorts are only worn in informal outdoor settings. Athletic clothing and flip-flops are frowned upon.

**Dress smart casual:** a dress code that balances formal and informal attire. It typically involves a neat and polished appearance without being overly formal.

## PREPARE FOR THE WEATHER

Look at the weather before you depart. For example, countries like the United Kingdom, Ireland, and Norway have frequent rainfall. Research whether you are going to experience snow, hot or cold temperatures.

## LUGGAGE

Bring a suitcase and save space for items you buy abroad, or bring an additional suitcase. If you plan to travel around your location, a daypack or wearable carry-on is perfect for packing enough for a weekend.

Some items you want to pack make more sense to buy when you are abroad instead of bringing them with you.  
**Don't forget to add a luggage tag to all of your luggage.**