



# Tips to Succeed in Your UND Online Course

## Apply what you learn

Apply what you are learning so that it helps you remember why this course is so important to everyday life. And when you apply what you learn, it will be committed to your long-term memory.

## Read the syllabus

The syllabus is a detailed outline of course guidelines and expectations. Read through this carefully, take note of important requirements, and ask questions if you need clarification.

## Use your support systems

Take advantage of UND's student support services if you are in need of additional studying tools. If you are having a hard time staying on task, ask a friend or family member to check in on you and your progress. For more information on UND's student services, look for the "Student Support" tab in your Blackboard shell.

## Connect

Your instructor is there to help you from the beginning to the end. If you don't understand something, email your instructor and ask for clarification. Some instructors are even available through phone or live chat on special request.

## Stay committed

Life happens and things don't always go as planned. When something gets in the way of you staying on task, hold yourself accountable. Make up the time you missed. If something interferes with your study time, schedule a make-up session.

## Create a schedule

UND Self-Paced online courses don't come with regular due dates. Time management is vital! Schedule a regular study time for each week and stick to it. Nine months can fly by quickly.

## Stay motivated

After completing a lesson or an exam, reward yourself. Work completed is an accomplishment and you should feel good about it! Rewards can be as simple as a snack or extra study breaks.

## Distraction free environment

Find a private place to concentrate and work on your coursework. Separate yourself from other responsibilities and distractions.

# Plan Ahead and Stay Connected!

