UND STUDENTS IN COVID-19 QUARANTINE

Overview:
If you were identified as a close contact to a person who tested positive for COVID-19 or have been directed to quarantine by the North Dakota Department of Health (NDDoH) or another public health official, please read this document in its entirety.

This document outlines the expectations and the support that the University will provide students who are required to quarantine.

For information specific to isolation protocols due to a positive COVID-19 test, see the STUDENTS IN COVID-19 ISOLATION document.

- Information regarding UND’s response to COVID-19 is available online at the UND Coronavirus Blog, http://blogs.und.edu/coronavirus/. All members of the University community should subscribe to the blog so they can receive COVID-19 updates as they become available.


General information about being quarantined:

- The CDC defines quarantine as separating and restricting the movement of people who were exposed to a contagious disease, in this situation COVID-19, to see if they become sick.

- Additional information about quarantine and isolation is available at https://www.cdc.gov/quarantine/quarantineisolation.html.

- Students may be notified by the NDDoH or other public health official that they have been identified as a close contact with someone who has tested positive for COVID-19 and need to quarantine as a result. Individuals may also need to quarantine if they have traveled to or from specific locations or are waiting for COVID-19 test results (this does not include tests done based solely on participation in a mass testing event).

- NDDoH or other public health official will determine who is a close contact. For information regarding being identified as a close contact, please see: https://www.health.nd.gov/sites/www/files/documents/Files/MSS/coronavirus/Factsheet_for_People_Who_are_Close_Contacts.pdf

- For information regarding travel related quarantines, please see: https://www.health.nd.gov/diseases-conditions/coronavirus/travel

• Quarantined individuals should remain at home throughout the quarantine period. This includes avoiding public places, workplaces, retail and dining locations, public transportation, and any other locations where people may congregate. Quarantined individuals can continue to work and learn remotely. Students should work with their faculty members on accommodations for continuing their classwork during the quarantine period.

How does quarantine end?
• The NDDoH will inform individuals when their quarantine period is officially complete. Generally, people are quarantined for 14 days following their last close contact with an individual who tested positive.

• If a student learns that they have tested positive for COVID-19 during quarantine the student should report the change in their status using the reporting protocol describe in the “How should students report if they are in quarantine?” section.

How should students report if they are in quarantine?
All students are asked to report if they have been identified as a close contact by the NDDoH or other public health official and required to quarantine. Students may report information in either of the following ways:

• Submit an online reporting form at: https://veoci.com/veoci/p/w/ss2x4cg9238u

• Call the Office of Student Rights & Responsibilities (OSRR) at 701.777.2664. Students should leave a voicemail message with their name, phone number, and student ID if they call outside of normal business hours or if their call is not answered. OSRR staff will call the student back to gather additional information.

Who needs to quarantine?
• All identified close contacts as identified by the ND Department of Health (NDDoH) or public health official must quarantine.

• All U.S. citizens coming to North Dakota from an international location, excluding Canada, must quarantine upon arrival to North Dakota. This includes individuals coming from United States military installations abroad.

• All international students, faculty and staff arriving from outside of the United States within the past 14 days must quarantine upon arrival to North Dakota. Canadian students, faculty and staff are exempt from this state order.
  o International students should contact the International Center as soon as their travel plans are known. International Center staff will work with campus partners to prepare for the student’s arrival. This will include, but is not limited to, assisting with arrangements for travel from the Grand Forks airport to their designated housing assignment.
  o During business hours, students should contact the International Center at UND.internationalstudentadv@email.UND.edu or 701.777.4231. If students arrive after 4:30 p.m. on weekdays or on the weekend, they should contact Amy Senger at 701.330.6059.
• Students should use the reporting methods identified in the “How should students report if they are in quarantine?” section of this document.

**Staying off-campus during quarantine:**
• Students in quarantine should not be on-campus during the quarantine period for any reason, with the exception of students who are living on-campus (see the “Information for students living on-campus” section for more details).

• Staying off-campus includes NOT utilizing the Wellness Center, entering dining centers, attending in-person classes, participating in athletic requirements, engaging in student organization functions, or participating in extracurricular activities, or any other in-person meetings/requirements.

**University support:**
• When the University learns that a student has been placed in quarantine a staff member from OSRR will reach out to the student to discuss the situation and will continue to communicate with the student periodically throughout the quarantine period.

• The student will receive information regarding working with their instructors to identify how to continue to attend classes remotely (if possible), making course arrangements and adjustments due to the isolation, having absence notifications sent on their behalf, and other options that may benefit the student if the student is unable to continue with the course.

• Faculty members are encouraged to work with students during their quarantine period to allow students to continue to participate and progress in their coursework.

• Other options include exploring academic courses with the student’s academic advisor, requesting an incomplete for a specific course, and facilitating a late drop / withdrawal if the student is unable to finish or perform well in the course due to the quarantine.

• The staff member will also discuss how students can utilize many campus services remotely during the quarantine period. The campus resources include, but are not limited to, the University Counseling Center, Housing, Dining Services, Student Health Services, One-Stop Student Services, program specific contacts, and academic advisors.

**Information for students living in residence halls:**
• Prior to August 1, 2020 students may be allowed to quarantine within their current residence facility and room if it is determined by University officials that it can be done safely.

  o Students in quarantine who live in the residence halls will be assigned to a Housing staff member. The Housing staff member will connect with the student regarding living in Housing during the quarantine period. This conversation will include, but is not limited to, the following: dining, trash, access to technology, toiletries, and laundry options.

  o Students living on-campus should not use public or common areas within the housing facility during the quarantine period. This includes, but is not limited to, the dining
facility, laundry facility, lounge and hang out areas, and common study spaces. Students must remain in their primary residence throughout the quarantine period. Students may exit the building only if they are able to do so without coming into close contact with others for health-related visits or other emergencies. Students must always abide by the rules of quarantine.

- Starting August 1, 2020 students will need to move to a UND-designated hotel during the quarantine period so as to minimize the spread of COVID-19 on campus. Designated hotel accommodations and meals through UND Dining Services will be available at no cost to the students.

- During normal business hours, students living in on-campus housing entering quarantine should call the UND Housing Office at 701.777.4251 for assistance.

- Outside of normal business hours, students living in on-campus housing entering quarantine should call the UND Operations Center at 701.777.2591 for assistance. The UND Operations Center will contact a member of the UND Housing Team for assistance.

Dining:
- Students entering quarantine will receive three meals per day (breakfast, lunch, and dinner) from UND Dining. Meals will be delivered twice per day, at lunch and dinner time. Breakfast for the subsequent morning will be delivered with the dinner meal.

- Once dining services receives notification of a student in quarantine along with the needed information, see: https://und.edu/student-life/dining/forms/quarantine-meal-enrollment, dining services will automatically start meal service. Students will need to provide their dietary needs and related information to dining. Students will not fill out a daily order, as meals will be based on the dining center’s menus. Dining Services will consider declared food allergies, special diets, vegan, and vegetarian diets.

- Regular lunch meals will consist of a salad, sandwich/wrap, fruit, and a beverage. Dinner meals will consist of a hot meal with the appropriate accompaniments and a beverage. A non-perishable continental breakfast will be provided.

- All meals will arrive in disposable containers with disposable utensils. Meals will be delivered to the room. The person delivering the meals will knock on the door to notify the student of the delivery and leave the meal in front of the door to avoid physical contact. Lunch deliveries will occur between 11:00 a.m. and 1:00 p.m. Dinner deliveries will occur between 4:30 p.m. and 6:30 p.m. Times are subject to change based on the availability of delivery staff.

- For additional information regarding dining options for students and online requests please see: https://und.edu/student-life/dining/forms/quarantine-meal-enrollment.

- Meals ordered through hotel room service will not be allowed to be charged to the room and must be paid by the individual and not by the University.
Information for students living off-campus and with a dining plan:

- Students living off-campus with a meal plan may not enter the dining facility if they are quarantined. If a student wishes to use their meal plan during their quarantine period, they will be charged three meals per day until they are no longer quarantined or until they run out of meals and/or dining dollars.

- To request meals from Dining Services, students need to do the following:
  - Submit an online request at https://und.edu/student-life/dining/forms/quarantine-meal-enrollment to receive meals.
  - Designate someone to pick up and deliver their items from Dining Services on their behalf.

- For additional information regarding dining options for students and online ordering please see: https://und.edu/student-life/dining/covid-19-updates.html.

Information for students living off-campus:

- Starting August 1, 2020 students living off-campus, including in a fraternity or sorority house, may contact the University for assistance in finding an alternative housing location during a quarantine period.

- If students are unable to quarantine safely off-campus or in a fraternity or sorority house, they will be able to stay at a UND-designated hotel during the quarantine period. Hotel accommodations and meals through UND Dining Services will be available at no cost to the student.

- During normal business hours, students living off-campus, including in a fraternity or sorority house, entering quarantine should call OSRR at 701.777.2664 for assistance.

- Outside of normal business hours, students living off-campus, including in a fraternity or sorority house, entering quarantine should call the UND Operations Center at 701.777.2591. The UND Operations Center will contact a member of the UND Care Team for assistance.

- The University will assign each student to a staff member. The staff member will periodically check-in with the student and answer questions that the student has regarding quarantine.