



FINISH IN 4 AT UND

When you begin your Associate of Arts degree at Northland Community & Technical College

Plan of Study: Bachelor of Science in Kinesiology (Option B)

Begin courses at NCTC		
First Year First Semester		
ENGL 1111: Composition I		3
MATH 1110: College Algebra		3
BIOL 1111: Biological Principles I		4
PSYC 1105: Introduction Psychology		3
FYEC 1110: Pathways to Success		1
Total Credits		14
First Year Second Semester		
ENGL 1112: Composition II		3
SPCH 1101: Intro to Public Speaking		3
BIOL 2260: Anatomy & Physiology I		4
SOCI 1101: Introduction Sociology		3
PHIL 1102: Intro to Ethics		3
Total Credits		16
Second Year First Semester		
BIOL 2262: Anatomy & Physiology II		3
ENGL 2231: Literature & Film		3
HPER 2250: Prevention & Care Athletic Injuries		4
BIOL 2131: Nutrition		3
PSYC 2201: Developmental Psychology		3
Total Credits		16
Apply to UND by April 15		
<ul style="list-style-type: none"> • Complete online application at UND.edu/transfer • Request NCTC transcripts to be sent to UND at northlandcollege.edu/students (link at bottom of page) 		
Apply for scholarships at UND by March 1		
<ul style="list-style-type: none"> • After admission submit application for campus-wide scholarships in UND's Scholarship Central 		
Second Year Second Semester		
ANTH 2202: Cultural Anthropology		3
HPER 2270: Health & Wellness		3
PHIL 2210: Morals & Medicine		3
MUSC 1101: Musical Experience		3
HLTH 1106: Medical Terminology		2
Total Credits		14



Take next steps to begin at UND

- Begin new student checklist at UND.edu/admitted
- Attend UND Transfer Student Orientation at UND.edu/orientation

Third Year First Semester		
	PHE 101: Introduction to Public Health	3
	PHIL 245: Death & Dying	3
	KIN 240: Introduction to Wellness	2
	KIN 242: Introduction to Kinesiology	2
	KIN 355: Applied Motor Development	3
	Upper Division Elective in Related KIN Area	3
Total Credits		16
Third Year Second Semester		
	KIN 276/L: Motor Learning/Laboratory	3
	KIN 326: Fundamentals of Physical Conditioning	3
	PHE 102: Epidemiology in Public Health	3
	PHE 305: Program Evaluation and Research Design	3
	KIN 111L: Individual Sports/Beginning Combo 1	1
	KIN 116W: Team Sports Beginning Combo 1	1
	KIN 231L: Individual Sports/Activities MP&A Combo 1	1
	KIN 236X: Team Sports MP&A/Combo 1	1
Total Credits		16
Fourth Year First Semester		
	KIN 104C: Aquatics Beginning Swimming	3
	KIN 224C: Aquatics MP&A Swimming	1
	KIN 332/L: Biomechanics	3
	KIN 402/L: Exercise Physiology/Laboratory	4
	KIN 440: Sport Psychology	3
	KIN 491: Senior Capstone	3
Total Credits		16
Apply to graduate from UND		
<ul style="list-style-type: none"> • After registering for your last semester of courses, apply at UND.edu/commencement 		
Fourth Year Second Semester		
	PHE 306: Epidemiology & Biostatistics	3
	KIN 401: Sport Sociology	3
	KIN 404: Adapted Physical Activity	3
	KIN 446: Exercise Testing and Prescription	3
	Special Emphasis: Analyzing Worldviews	3
Total Credits		15
TOTAL CREDITS TO GRADUATE		123