




COUNTRY INN & SUITES, FARGO, ND
FRIDAY, MARCH 22 & SATURDAY, MARCH 23

2024
Spring
Festival
of Training

for Foster, Adoptive, & Kinship Families

The UND Children and Family Services Training Center sponsors all of our Foster Care Provider trainings through a grant from the North Dakota Department of Health & Human Services, Children and Family Services Division.





MARCH 22, 2024

Mother Rage

Foster youth often react to foster mothers and fathers differently. Female foster care providers can be especially targeted for the foster youth's anger and misbehavior. Many times male foster care providers do not experience the same level of anger directed towards them, which can create differences in how the foster couple views and responds to the foster youth. The training will trace the probable beginnings of "Mother Rage" to the youth's disruptive attachments. Very specific interventions on how to respond to the dynamics of "Mother Rage" will be discussed.

6:00pm to 7:00pm cst

Speaker: Charley Joyce

Helping Youth Transition to & from Home Visitation

A very difficult issue in foster care is home visitation and how visitations impact the foster youth, foster care providers, and the child's own family. This training will focus on why home visits are conducted, the connection between home visits and successful reunifications, foster care provider concerns and feelings about the visitation process. Specific interventions on how to support the child in the visitation process, before, and after visits, will be discussed.

7:00pm to 9:00pm cst

Speaker: Charley Joyce

MARCH 23, 2024

Introduction to Empathic Strain and Building Resiliency

In this session we will discuss the impact of high stress and exposure to other people's traumatic experiences. Through the use of a power point presentation, short videos, small group activities, and a little bit of humor we will discuss the differences between burnout, empathic strain, and secondary trauma, discuss symptoms and warning signs of empathic strain, begin to assess your own level of impact, learn about strategies to build resilience and create an action plan.

9:00am to 12:00pm cst

Speaker: Therese Hugg & Kari Kerr

Promoting Resiliency Through an Indigenous Lens

We understand that creating connections with tribes and maintaining involvement for an Indigenous child is crucial, while also acknowledging resources are limited, even scarce. During the training we will examine some theories and focus on creative resources so foster providers can assist in connecting a child with their family's tribe(s) and culture(s). This will be an informal session where participants can feel free to interact and ask questions.

1:00pm to 4:00pm cst

Speaker: Dereck Stonefish



Register Here

Contact CFSTC @ 701.777.3442 or by email to: UND.cfstc@UND.edu with any questions.

Lodging Details

Licensed ND Foster Care Providers past their 1st year of licensure are eligible for reimbursement for one night of lodging, meals, and childcare. Travel must exceed 60 miles for lodging. A block of rooms has been secured at the Country Inn & Suites (701.234.0565) under “UND Children & Family Services Training” through 03.01.24. You are welcome to book lodging at any Fargo hotel; however, please note reimbursement will be made at the state rate of \$96.30. There is no cost to attend the 9 hours of training.

To ensure you are eligible for travel costs we encourage you to verify with your licensing worker or contact CFSTC at 701.777.3442.

Trainer Bios

Charley Joyce

Charley Joyce, MSW, has been a social worker for approximately 40 years. He is the co-author of the book, “Behavior with a Purpose” and a contributing author of the books “The Kinship Parenting Toolbox” and “Assessing Youth Behavior”. He began his career as a VISTA volunteer and has worked as the clinical director of a psychiatric facility, as an outpatient therapist, supervisor of outpatient therapists, as a foster care caseworker, clinical director of foster care services and as the owner of his private practice. Charley was awarded the ND Adoption Advocate Award in 2011 and the ND Family Based Services Lifetime Achievement Award in 2021. On a part time basis, he develops on-line trainings and training DVDs through the Foster Parent College, Eugene, Oregon. He has taught college courses on an undergraduate level and graduate level. His MSW is from the University of Iowa and he has completed postgraduate education in family therapy funded by the Bush Foundation. Charley is a native North Dakotan. He is a husband, father, and grandfather. In his spare time, he volunteers for Big Brother/Big Sister of the Red River Valley.

Therese Hugg

Therese Hugg, MA, LPC, serves as the vice president of Therapy Services at the Community Violence Intervention Center (CVIC), based in Grand Forks, North Dakota. Hugg is a master’s-educated and licensed professional counselor, trained in serving clients using various counseling tools and techniques, including Trauma-Focused Cognitive Behavioral Therapy (TF-CBT), Structured Psychotherapy for Adolescents Responding to Chronic Stress (SPARCS), and Eye Movement Desensitization and Reprocessing (EMDR). Hugg began her journey with CVIC as an intern in 2005, going on to become CVIC’s child advocate until May of 2007. Following this, she worked as a children’s coordinator at a domestic violence shelter in Oslo, Norway for a year. She then returned to CVIC in January 2009, and held a variety of roles within our therapy team before joining the senior leadership team in 2018, where she brings a wealth of counseling experience and credentials to her role. Beyond her role at CVIC, Hugg serves on the Grand Forks County Human Service Zone Advisory Board. Additionally, she is a graduate of the Grand Forks Chamber of Commerce Leadership Class of 2021.

Kari Kerr

Kari Kerr, MA, LPC, is the Vice President of Prevention, Education and Violence Intervention at the Community Violence Intervention Center (CVIC), Grand Forks, ND. Her position oversees major collaborative projects, including the Grand Forks County Coordinated Community Response Project and CVIC’s New Choices program for individuals who have caused harm in their relationships. Additionally, she oversees the education and professional training conducted by CVIC, which is developed through the latest research and best practices in the areas of violence and trauma. Kari has provided national training for the National Center for Campus Public Safety, the National Sheriff’s Association and the Federal Law Enforcement Training Center, as well as a presenter at statewide training events in North Dakota, including as an instructor at the ND Law Enforcement Academy and the ND Victim Assistance Academy.

Kari’s roots are in direct service with victims of domestic violence and sexual assault, where she worked as an advocate and supervisor for several years before moving into violence prevention and training work. She has been with CVIC in a variety of roles for over 27 years. Kari received her master’s degree in counseling from the University of North Dakota. She is a Licensed Professional Counselor.

Dereck Stonefish

Dereck Stonefish, who is Oneida of the Iroquois Confederacy and “Hunka Relative” of the Hunkpapa Lakota has been involved in a plethora of education, research, & an “Indian Way of life”. Through internships, research appointments, teaching & the Public Health arena, he has crafted his expertise with a new way of thinking when it comes to addressing issues in modern Indian Country. Throughout his life, like many Natives, he’s witnessed abuse in multiple variations and degrees, but realized through his own healing journey & traditional knowledge, that unresolved trauma is a driving force contaminating the healing processes of Indigenous communities (Urban & Reservation) exponentially. The improvement & implementation of new culturally based curriculum and training has been a need for many years in Indian Country. Dereck has identified this need and become an innovator working for the betterment of ALL people creating curricula and training that are innovative and effective. Dereck is currently the Training Coordinator at the Native American Institute, a published and accomplished Ecologist and CEO of Indigenous Forward Consulting where he provides training and technical assistance to strengthen partner’s capacity to work with and within Indigenous Communities.