

**The Parenting Pivot: Thinking Differently about Foster/Adoptive Caregiving**



harmony family center

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Neurosequential Model of Therapeutics Phase 2 Trainer  
Neurosequential Model in Education Trainer  
Napa Infant Parent Mental Health Fellow @ UC Davis  
Fred Rogers Institute All Educators Cohort 2022-23

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*You're in the right place if...*

Things that work with other children don't seem to work with yours.

Parenting often feels exhausting, irritating and joyless.

You are willing to consider a new way of being.

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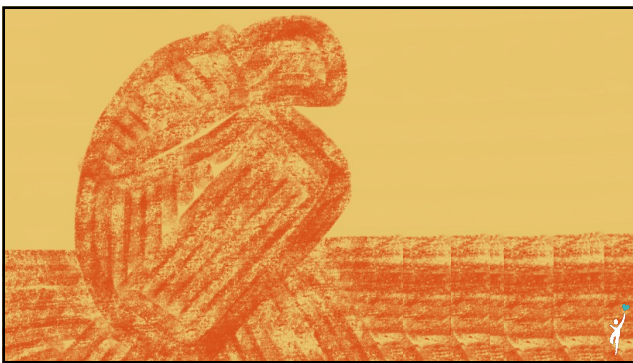
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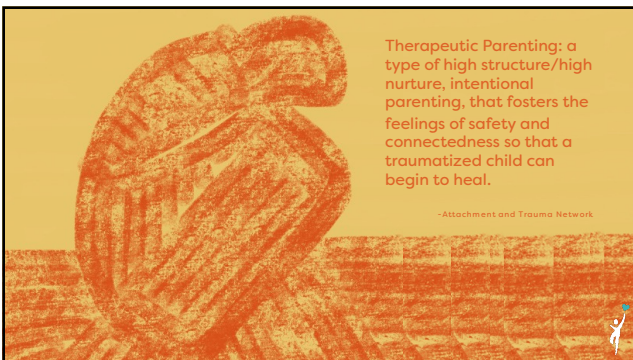
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- Create New Baseline Expectations
- Redefine Your Parenting Role- for Now
- Deep Nurturing of Yourself



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- Create New Baseline Expectations
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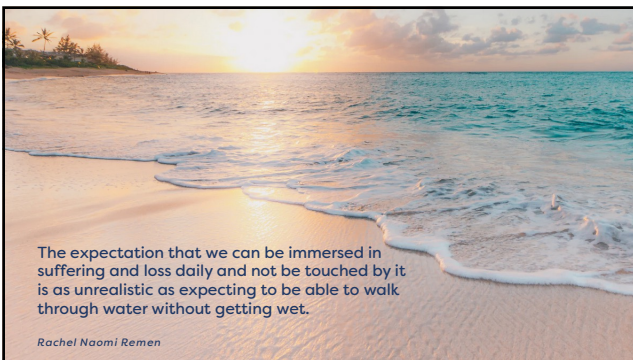
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The expectation that we can be immersed in suffering and loss daily and not be touched by it is as unrealistic as expecting to be able to walk through water without getting wet.

*Rachel Naomi Remen*

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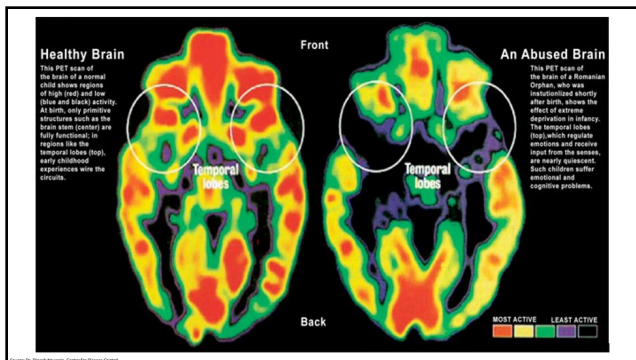
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Complex Developmental Trauma impacts every part of your child's being.



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Complex Developmental Trauma impacts every part of your child's being.



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Complex Developmental Trauma impacts every part of your child's being.



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Complex Developmental Trauma impacts every part of your child's being.

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- Lack of Self Regulation
- Inability to focus, physically hyperactive
- Blows up or withdraws when corrected
- Defiant
- Unresponsive/ appears to be daydreaming or lazy
- Resists change or transitions
- Odd sensory seeking/avoiding behaviors
- Frequently "seeks attention"
- Forgetfulness
- Reverts to younger behaviors
- Distrust of adults in authority/ appears to lack respect for adults
- Lying and stealing
- Activated by physical proximity

**Typical Trauma Based Behaviors**

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"An abnormal reaction to an abnormal situation is normal behavior."  
-Viktor Frankl

- Results from Reilly and Platz's (2003) survey of 249 Nevada adoptive families showed that realistic parental expectations had the greatest influence on the quality of parents' relationships with their children and impact on family and marriage

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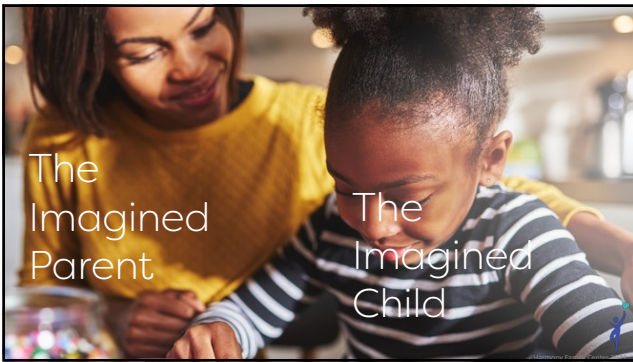
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The Imagined Parent

The Imagined Child



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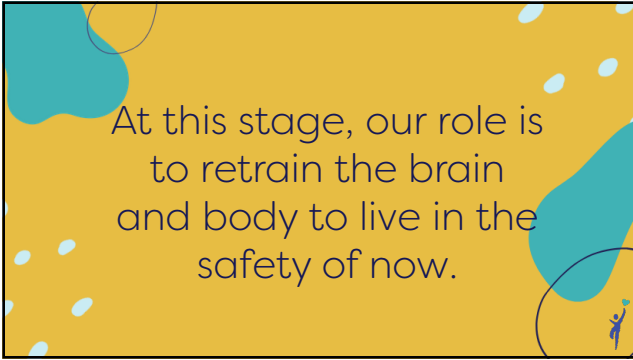
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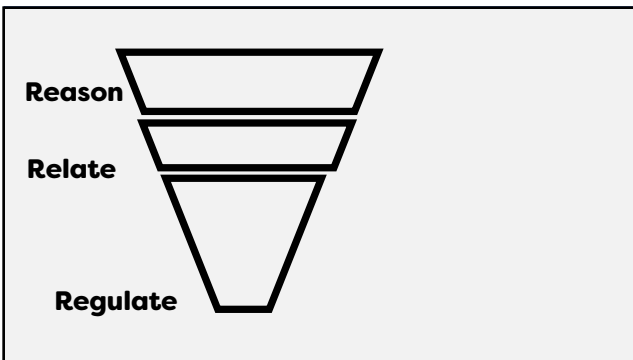
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- Commit to the Triage Process
- Intense Preparation and Planning

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- Commit to the Triage Process
- Intense Preparation and Planning
- Highly Coordinated Team-Work

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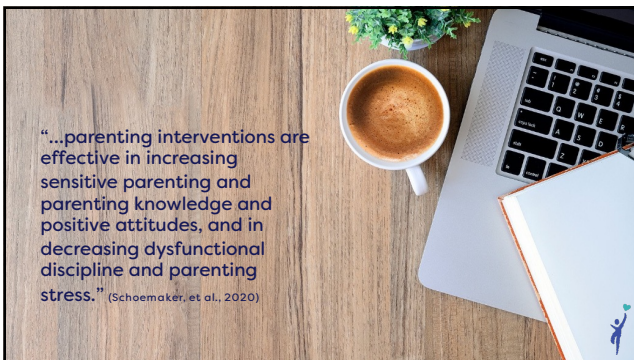
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- Create New Baseline Expectations
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Thank You!






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