

# ENVIRONMENTAL CLEANING & DISINFECTION IN REHAB & DIALYSIS:

**Key Considerations for the Infection Preventionist** 

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APIC Delaware Valley March 21, 2024

#### **Disclosure**

Rebecca is employed by Diversey—A Solenis Company. Her expenses to attend this presentation (travel, accommodation, and salary) are paid by this company. Diversey has had no input into this presentation from a commercial interest.



Me, as the Infection Control Assistant in 2005

#### **TODAY'S OBJECTIVES**

1

#### **CHARACTERISTICS**

Review Drs. Rutala & Weber's key considerations for selecting healthcare disinfectants.

2

#### **COMPLIANCE**

Describe regulatory elements of disinfectants, including manufacturer's instructions for use (MIFU) & emerging viral pathogen (EVP) claims language.



#### **PROCEDURES**

Provide facility-wide solutions to gaps in environmental cleaning & disinfection.



#### **DIALYSIS & REHAB ENVIRONMENTAL C&D**

State 3 challenges to dialysis & rehab environmental cleaning & disinfection.



#### **SEMINAL PUBLICATION:**

#### HOW DO WE SELECT THE RIGHT DISINFECTANT?

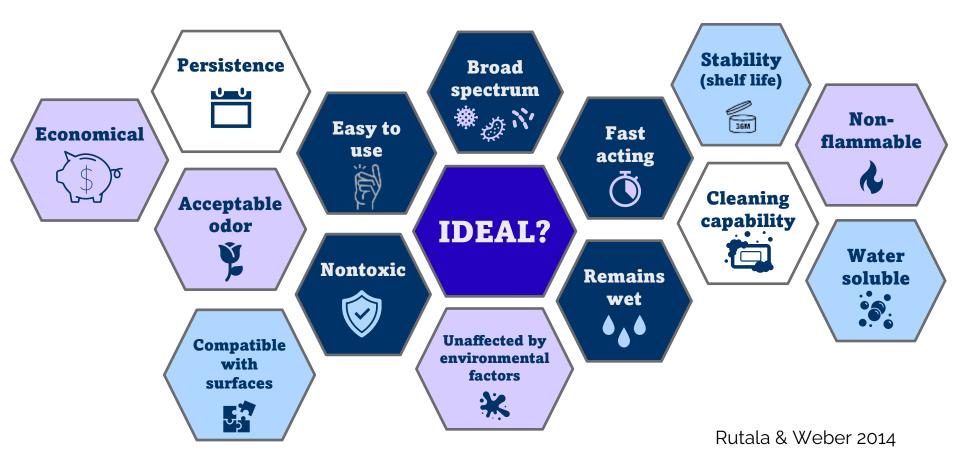
INFECTION CONTROL AND HOSPITAL EPIDEMIOLOGY JULY 2014, VOL. 35, NO. 7

COMMENTARY

#### Selection of the Ideal Disinfectant

William A. Rutala, PhD, MPH;1 David J. Weber, MD, MPH1

#### CRITERIA OF THE IDEAL DISINFECTANT



Before choosing disinfectants, consider who is using what disinfectant, where & when.

### PRIMARY DISINFECTION RESPONSIBILITIES IN ACUTE CARE FACILITIES



#### Device User/ Clinical

- Determined by facility policy
- Shared portable medical equipment



#### **Environmental Services**

- High-touch surfaces
- Occupied daily room cleaning
- Discharges
- General shared areas
- Generally not responsible for shared portable medical equipment



#### Central/ Sterile Supply

Unique/
complex
equipment
reprocessing
(e.g., IV
pumps)

### PRIMARY DISINFECTION RESPONSIBILITIES IN REHAB & DIALYSIS FACILITIES



#### Dialysis technicians

- Specialized training in dialysis-specific protocols (machine interiors, etc)
- May be employed by the facility or outside/ contracted company.
- Very helpful in learning dialysis complexities!

#### **Environmental Services**

- Responsibilities may be unique from acute care facilities.
- Contracted versus facility employed
- May need specialized training in dialysis areas.
- If contracted, what disinfectants are used?



#### Rehab Therapists & Assistants

- Responsible for in-between therapy disinfection.
- Can assist in rehab planning for contact isolation patients & residents.
- Typically, highly involved in care plans.

### BUT FIRST: CLEANING!

#### **CLEANING BASICS**

- Items must be cleaned using water with detergents or enzymatic cleaners before processing.
  - Especially important in areas where visible contamination is likely (e.g., OR, dialysis)
- Cleaning reduces the bioburden and removes foreign material (organic residue and inorganic salts) that interferes with the disinfection/sterilization process.
- Cleaning or decontamination should be done as soon as possible after the items have been used as soiled materials become dried onto the instruments.





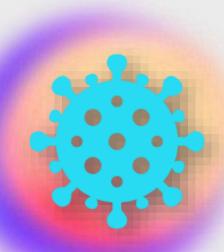
# Key Considerations for Selecting YOUR Ideal Disinfectant!

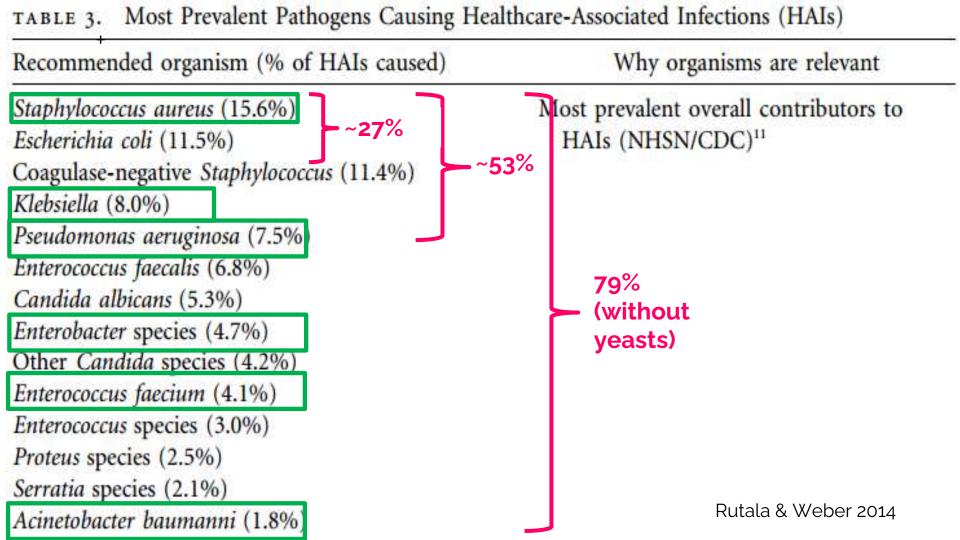
### CRITERIA OF AN IDEAL DISINFECTANT: KEY CONSIDERATIONS

CONSIDERATION	QUESTIONS TO ASK
Kill Claims	Does the product kill the most prevalent healthcare pathogens?
Kill Times and Wet Contact Time	How quickly does the product kill prevalent healthcare pathogens? Ideally, contact time greater than or equal to the kill claim.
Safety	Does the product have an acceptable toxicity & flammability rating?
Ease of Use	Odor acceptable, shelf-life, in convenient forms (wipes, spray) water soluble, works in organic matter, one-step (cleans/disinfects)
Other Factors	Supplier offers comprehensive training/education, 24-7 customer support, overall cost acceptable (product capabilities, cost per compliant use, help standardize disinfectant in facility/system)

#### **KILL CLAIMS**

- Does the product kill the most prevalent healthcare pathogens, including those that:
  - o Cause most HAIs?
  - o Cause most outbreaks?
  - Are of concern with your team?
    - Use your <u>annual risk</u> <u>assessment & plan!</u>
    - Consider unit/department specific needs





#### Antimicrobial-resistant pathogens associated with adult healthcareassociated infections: Summary of data reported to the National Healthcare Safety Network, 2015–2017

Distribution and Rank Order of the 15 Most Frequently Reported Pathogens Across All Types of Adult Healthcare-Associated Infections (HAIs), 2015–2017

Pathogen <sup>a</sup>	No. (%) Pathogens	Rank
Escherichia coli	62,571 (17.5)	1
Staphylococcus aureus	42,132 (11.8)	2
Selected <i>Klebsiella</i> spp	31,530 (8.8)	3
Pseudomonas aeruginosa	28,513 (8.0)	4
Enterococcus faecalis <sup>b</sup>	28,236 (7.9)	5
Coagulase-negative staphylococci	24,199 (6.8)	6
Enterobacter spp	16,568 (4.6)	7
Enterococcus faecium <sup>b</sup>	13,687 (3.8)	8
Proteus spp	11,463 (3.2)	9
Candida albicans <sup>b</sup>	11,043 (3.1)	10

Weiner-Lastinger LM et al 2020

#### **OUTBREAKS BY PATHOGEN**

#### **THEN**

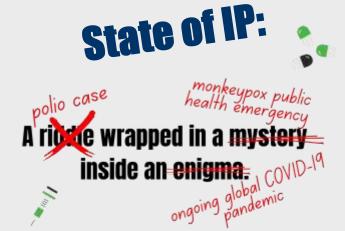
- Clostridioides difficile
- Norovirus
- Aspergillus
- Rotavirus
- Adenovirus

Rutala 2014

#### NOW?

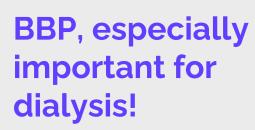
While not all are causing active "outbreaks," since 2018:

- Hepatitis A
- SARS CoV-2
- Mpox
- Candida auris
- Polio
- **Ebola**



#### VIRAL PATHOGENS

- <u>Enveloped Viruses</u> (<u>Easy</u> to Kill)
  - Influenza
  - Respiratory Syncytial Virus (RSV)
  - Parainfluenza virus
  - Human Metapneumovirus
  - Hepatitis B and C
  - HIV







#### VIRAL PATHOGENS

- Non-Enveloped Viruses (Not Easy to kill)
  - Norovirus
  - Rhinovirus
  - Enterovirus
  - Hepatitis A

\*Adenovirus
 \*Rotavirus

Larger – easier to kill

		Organism	Type	Examples
	R^	Bacterial Spores	Spore	Bacillus anthracis, Clostridioides difficile
		Mycobacteria	Bacteria	M. tuberculosis
		Small non-enveloped virus	Virus	Poliovirus, Norovirus, Hep A
		Fungal spores	Fungus	Aspergillus, Penicillium, Trichophyton
		Gram negative bacteria	Bacteria	E. coli, Klebsiella including <b>CRE</b> , Pseudomonas, Acinetobacter
		Fungi (Vegetative)	Fungus	Candida
		Large Virus (non-enveloped)	Virus	Adenovirus, Rotavirus
S*	S*	Gram positive bacteria	Bacteria	Staphylococcus including MRSA Enterococcus including VRE
^/	Resistan	Virus (enveloped)	Virus	HIV, HBV, HCV, Influenza, Mpox
*	Sensitive	Adapted from Rutala et al. ICHE 2014;35(7):862		

## Antimicrobial resistance #

## Disinfectant resistance

#### **CLAIM GAME**

Spores

Hardest to Kill

(least susceptible)



Protozoa & Cysts

(Giardia, Cryptosporidium)

Mycobacteria

(M. tuberculosis)
Non-Enveloped Viruses

(Calicivrus, Rhinovirus, Adenovirus)

Fungi

(Aspergillus, Candida, Trichophyton)

Vegetative Bacteria

(E. coli, Salmonella, Staphylococcus, Pseudomonas)

**Enveloped Viruses** 

(Coronavirus, Influenza, Hepatitis B & C, HIV)

20 or more of the EASIEST to kill pathogens does not make a product more effective.

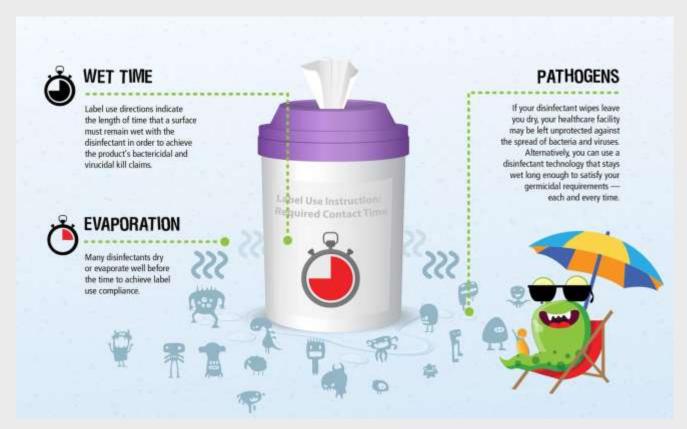
> Easiest to Kill (most susceptible

### utala 2014

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#### **KILL TIMES & WET-CONTACT TIME**



Regulatory & accreditation surveyors ARE TIMING disinfection!

### utala 2014

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#### PRODUCT SAFETY

### HMIS (Hazardous Material Identification System) rating

Health, flammability & physical hazard

### Best is 0/0/0 or EPA Toxicity Rating of IV

- Not harmful to health, not flammable, no physical hazard
- No gloves or other PPE (important for patients, residents, family & visitors)
- Staff will use gloves as per Standard Precautions



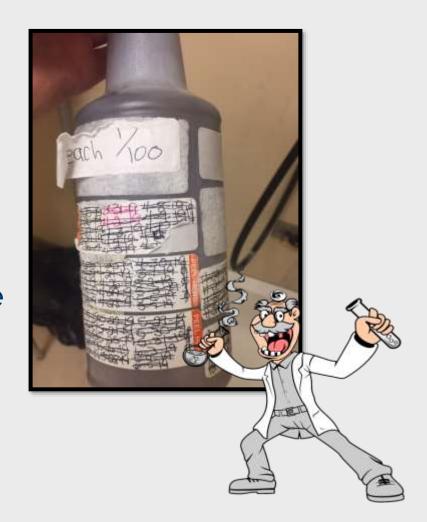
### ıtala 2014

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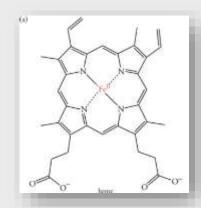
#### **EASE OF USE**

- Acceptable odor
- Shelf life
- Convenience
  - Ready-to-use, liquids, sprays, refills & multiple wipe sizes, etc.
  - Be careful w/ manual mixing!



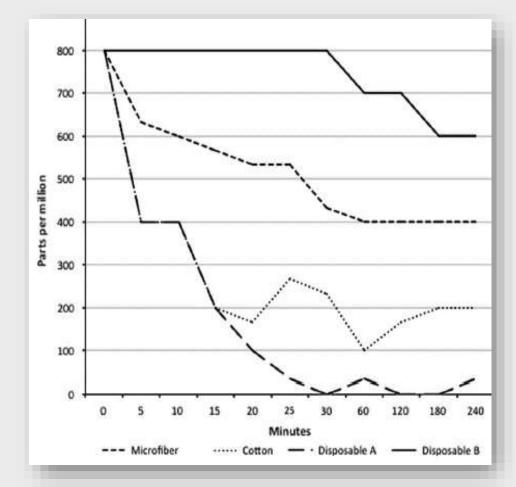
#### **QUAT BINDING**

- Some cleaning tool fabrics, such as cotton and microfiber, are known to bind with quaternary ammonium compounds ("quats"). This is known as "quat binding"
  - Active ingredients (quat) have a tendency to become attracted to, and absorbed into, microfiber and cotton fabrics
  - Cotton fabrics and most microfibers are negatively charged or anionic
  - Quats are positively charged, or cationic, and are attracted to the negatively charged fabric surfaces



#### **QUAT BINDING**

Microfiber wipers, cotton towels, and 1 of 2 types of disposable wipes soaked in a Quat disinfectant revealed significant binding of the disinfectant.



Boyce 2016

# REGULATORY CONCERNS

#### MANUFACTURER'S IFUs

- Contentious for disinfectant suppliers
  - Newer/improved disinfectants are not included in MIFUs
- Contentious issue for equipment manufacturers
  - May have found one disinfectant that works
  - May not have tested a true disinfectant (soap & water, isopropyl alcohol)
- MOST contentious for INFECTION PREVENTIONISTS!
  - IPs are caught in the middle, spending hours looking for answers.



Example of a portable hemodialysis machine. Some machine IFUs do not allow high alcohols or bleach.

#### MANUFACTURER'S IFUs

- Check if your disinfectant supplier has a compatibility specialist/expert that works with instrument components or provides our solutions to manufacturers!
- FDA expects you to communicate with device manufacturer first
- If solution cannot be reached, use FDA's DICE to communicate IFU issues



https://www.fda.gov/medical-devices/device-advice-comprehensive-regulatory-assistance/contact-us-division-industry-and-consumer-education-dice

#### **EPA REGISTRATION**

#### The List of Lists

https://www.epa.gov/pesticide-registration/selected-epa-registered-disinfectants#pathogens

- EPA's Registered Antimicrobial Products Effective as Sterilizers [List A]
- EPA's Registered Antimicrobial Products Effective Against Mycobacterium tuberculosis (TB)
   [List B]
- EPA's Registered Antimicrobial Products Effective Against Norovirus (Feline calicivirus) [List G]
- <u>EPA's Registered Antimicrobial Products Effective Against Methicillin-resistant Staphylococcus</u> <u>aureus (MRSA) and/or Vancomycin Resistant Enterococcus faecalis or faecium (VRE) [List H]</u>
- EPA's Registered Antimicrobial Products for Medical Waste Treatment [List J]
- EPA's Registered Antimicrobial Products Effective Against Clostridium difficile Spores [List K]
- EPA's Registered Antimicrobial Products Effective Against Ebola Virus [List L]
- EPA's Registered Antimicrobial Products Effective Against Avian Influenza [List M]
- <u>Disinfectants for Use Against SARS-CoV-2 [List N]</u>
- <u>Disinfectants for Use Against Rabbit Hemorrhagic Disease Virus (RHDV2) [List O]</u>
- EPA's Registered Antimicrobial Products Effective Against Candida auris [List P]
- <u>Disinfectants for Emerging Viral Pathogens (EVPs) [List Q]</u>
- <u>EPA's Registered Antimicrobial Products Effective Against Bloodborne Pathogens (HIV, Hepatitis B and Hepatitis C) [List S]</u>

Lists Q & S are new!

#### EMERGING VIRAL PATHOGENS: NO ONE CAN PREDICT THE FUTURE



#### **EPA LIST Q** (AS OF 11/6/2023)

Note that EVP language is not on the product label-must look at master label or EPA website.

Pathogen	Difficulty to Inactivate	Description
Marburg Virus	Tier 1 (enveloped virus)	Marburg virus disease is a rare disease that is caused by an infection from the Marburg virus. <u>Learn more</u> ☑. See also: <u>List Q</u> .
Ebola virus	Tier 1 (enveloped virus)	Ebola is a rare disease that is caused by an infection from the Ebola virus. <u>Learn more</u> . See also: <u>List L</u> and <u>List Q</u> .
Mpox virus	Tier 1 (enveloped virus)	Mpox (formerly monkeypox) is a rare disease that is caused by infection with mpox virus. <u>Learn more</u> ☑. See also: <u>List Q</u> .
SARS-CoV-2 and variants	Tier 1 (enveloped virus)	SARS-CoV-2 is the virus that causes COVID-19. See also: <u>List N</u> .
Rabbit Hemorrhagic Disease Virus (RHDV2)	Tier 3 (small, nonenveloped virus)	RHDV2 is a highly contagious fatal disease in rabbits. It does not impact human health. See also: <u>List O</u> and <u>List Q</u> .

https://www.epa.gov/pesticide-registration/disinfectants-emerging-viral-pathogens-evps-list-q

### **PROCEDURES**



#### **CLEARLY DEFINE...**

- WHAT?
- WHO?
- WHEN?
- WHERE?
- HOW?

CLEANING SPONSIBILITY	пем	APPROVED DISINFECTANT	FREQUENCY	
	Blood pressure machine	Wipe A	Between patient use	
	Feeding pumps	Wipe A	Weekly, PRN & at discharge	
CNA	Handheld thermometers	Wipe A	Between patient use	
CN.A	Shower gurney	Wipe A	Between patient use	
	Warming blanket machine	Wipe A	Between patient use	
	Shower chairs	Wipe A	Between patient use	
	Beds: handrails	Wipe A	Daily with room cleaning	
	Beds: horizontal surfaces	Wipe A	Discharge	
	Bedside cabinets	Wipe A	Daily with room cleaning	
	Call bell/remote	Wipe A	Daily with room cleaning	
EVS	Commode	Wipe A	Daily with room cleaning	
200	Computer keyboards at Nursing station	Wipe A	Daily	
	Privacy curtains	Wipe A	Every 30 days, PRN, and at discharge	
	Wheekhairs	Wipe A	Every 30 days & PRN	
HIM	Medical record chart	Wipe A	Daily	
	Bladder scanner	Wipe C	Between patient use	
	Glucose meter	Wipe 8	Between patient use	
Lic. Nurse	fV pumps while in use and after d/c	Wipe A	Weekly, PRN & at discharge	
	Med Carts	Wipe A	Daily and PRN	
	PCA pumps	Wipe A	Discharge	
Rehab	Rehab equipment	Wipe A	Between patient use	
RNA	Hoyer lift	Wipe A	Between patient use	
1000	Scales, patient	Wipe A	Between patient use	
	Cough assist machine	Product X	Between patient use	
	IPV	Wipe A	Between patient use	
	i-Stat	Wipe A	Between patient use	
RT	Pulse Oximeters	Wipe A	Between patient use	
0000	Space Lab	Wipe C	Weeldy, PRN & at discharge	
	Ventilators	Wipe C	Weekly, PRN & at discharge	
	Vest machine	Wipe C	Between patient use	

https://community.apic.org/viewdocument/cleaning-monitoring-and-medical-equipment-cleaning-responsibilities?CommunityKey=a42080cc-43bc-4706-beba-216aa38f9940&tab=librarydocuments

#### **APIC 2022 Noncritical Disinfection Poster**



Selected Equ	iipment for L	abeling
Equipment or Item =	Group Responsible =	Manufacturer Recommended
IV pump	CSS	Bleach
SCD Pump	EVS	Bleach
Vital Sign Machines	User	Bleach
Wall Mounted Vital Sign Machines	EVS	Bleach
EKG Machine	User	Bleach
PCA	CSS	Bleach
Feeding Pump	EVS	Bleach
Defibrillator on Code Cart	CSS	Quaternary Ammonium
Wall Mounted Patient Monitor/Leads/Pulse Ox/Cuff	EVS	Quaternary Ammonium
Bladder Scanner	User	Quaternary Ammonium
Telemetry Pack	User	Quaternary Ammonium

Dabkowski M. 2022. Improving Cleaning Compliance of Noncritical Equipment with Labels and Auditing. APIC 2022 oral abstract. Accessed securely online as conference attendee at <a href="https://c53ac34983397363b9e2-fa85729df59db74dofed9dc21ffea231.ssl.cf1.rackcdn.com//1884872-1491675-004.pdf">https://c53ac34983397363b9e2-fa85729df59db74dofed9dc21ffea231.ssl.cf1.rackcdn.com//1884872-1491675-004.pdf</a>.

POINT OF CARE DISINFECTION

• It is everyone's job to disinfect, but it is *not* everyone's job to disinfect everything, every time!

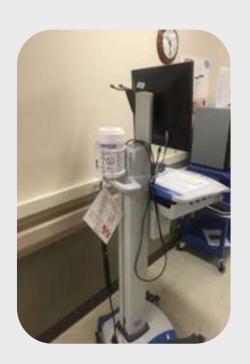
 If, during care, you touched it or used it: Disinfect it!

 Training cards/checklists for ALL who do the cleaning/disinfection.

> Bring the IFUs & product to the equipment!



#### MUST BE AVAILABLE AT POINT OF CARE!







#### **TARGETED 5 MOMENTS OF DISINFECTION**

1

#### **BEFORE**

Placing food or drink on the overbed table 2

#### BEFORE/ AFTER

Any aseptic procedure (e.g., wound/line care)



#### **AFTER**

Any procedure/task involving feces or respiratory secretions within the bed space



#### **AFTER**

Patient/resident bathing



#### **AFTER**

Any object used on/by a patient/resident touches the floor.

#### **REMEMBER:**

If it's something used on more than one patient, multiple times a day, EVS cannot be solely responsible for disinfecting it.

# ENVIRONMENTAL CLEANING & DISINFECTION IN DIALYSIS

#### **DIALYSIS RISK FACTORS**

- Comorbidities
  - Diabetes
  - Hypertension
  - o Hyperlipidemia
  - Cardiovascular disease
- AV fistula/grafts not w/o risk
- Peritoneal tubing
- Age/Sex
- Access to healthcare



#### **DIALYSIS OUTBREAKS**

Adverse drug & device events

Bacterial & fungal infections

- Chemical intoxication
- Hepatitis
- Peritoneal dialysis
- · Water-associated

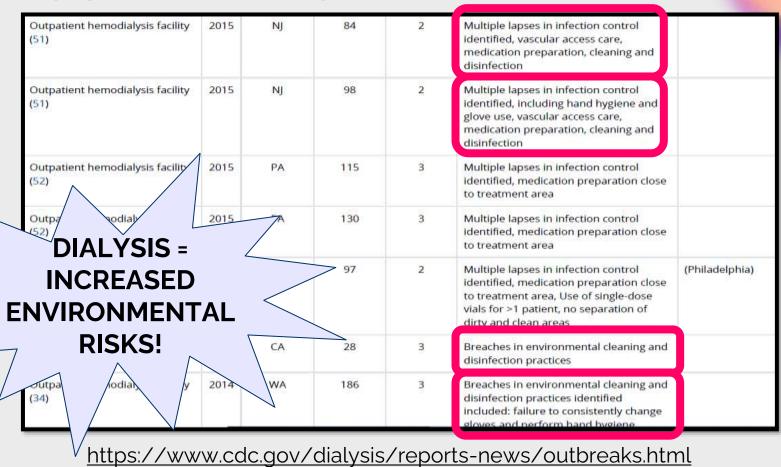


#### **DIALYSIS OUTBREAKS**

Outpatient hemodialysis facility (58)	2018	PA	108	2	Specific lapses in infection control not identified, however, practices observed at the time of the investigation may have not represented usual facility practices. Case patients were dialyzed in close proximity and cared for by the same staff.	Of these two new acute case-patients identified in 2018, one had HCV virus genetically related to virus from two facility patients with chronic infection who had been part of an earlier 2015 outbreak at this same location, listed below.
Outpatient hemodialysis facility (53)	2017	GA	47	2	Patients were dialyzed in close proximity and cared for by the same staff Lapses identified included environmental cleaning, hand hygiene	
Outpatient hemodialysis facility (33)	2016	unspecified	203	2	Specific lapses in infection control not identified at the time of the investigation	
Outpatient hemodialysis facility (54)	2016	PA	154	2	Breaches in environmental cleaning and disinfection practices identified included: lapses in hand hygiene, mixing of clean and dirty areas, inadequate cleaning of stations between patients	
Outpatient hemodialysis facility (S1)	2015	NJ	237	2	Multiple lapses in infection control identified, including hand hygiene and glove use, vascular access care, medication preparation, cleaning and disinfection	

https://www.cdc.gov/dialysis/reports-news/outbreaks.html

#### **DIALYSIS OUTBREAKS**



#### **CDC AUDIT TOOL**

Infection
Prevention
does NOT
own auditing.
Engage unit
staff in their
own
performance!

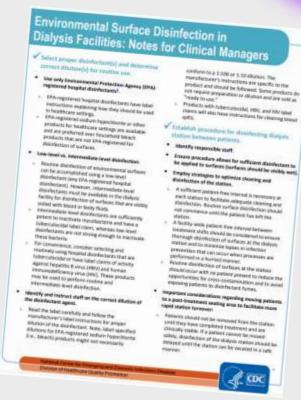
BUT do visit HD areas frequently

fiscipline	All supplies removed from station and prime bucket emptied	Gloves removed, hand hygiene performed	Station is empty before disinfection initiated	Now clean gloves worn	Disinfectant applied to all surfaces and prime bucket	All surfaces are wet with disinfectant	All surfaces allowed to dry	Gloves removed, hand hygiene performed	No supplies or patient brough to station until disinfection complete
								c	
ration of	P=physician, N=r observation per	riod:		Nu	mber of proced al number of p				011

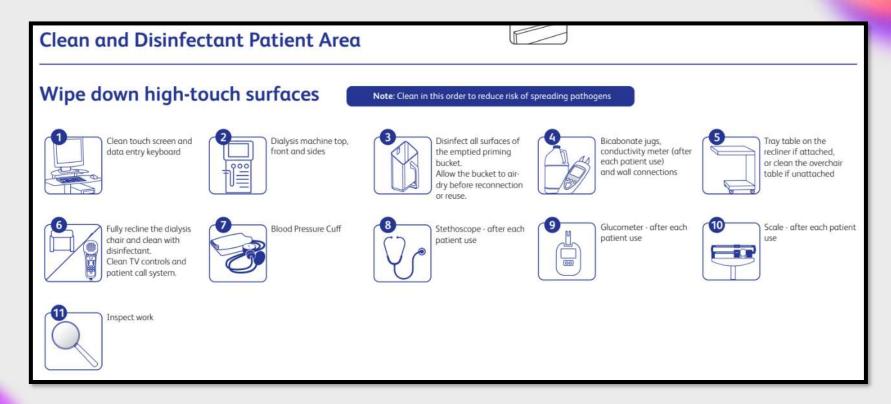
https://www.cdc.gov/dialysis/PDFs/dialysis-Station-Disinfect-Tool-508.pdf

### CDC'S ENVIRONMENTAL DISINFECTION IN DIALYSIS: NOTES FOR CLINICAL MANAGERS

- Select proper disinfectant(s) and determine correct dilutions, surface compatibility & IFUs
  - Check bleach dilutions
  - Don't over bleach!
- Establish procedures for disinfecting dialysis stations between patients.
- Ensure all staff have been properly trained.
- Ensure staff have access to supplies (PPE, cleaning tools, waste management, etc)



#### TOOLS TO BOOST COMPLIANCE



Customized wall charts & checklists available upon request at www.sdfhc.com.

#### **TOOLS TO BOOST COMPLIANCE**



#### DIALYSIS WALL BOXES

- Staff **unaware** of infectious risks assoc w/ wall boxes & necessary IP&C measures.
- Part of the immediate patient care environment & are considered contaminated or dirty.
- Wall boxes contain drains that are predisposed to the development of biofilms.
- May become clogged; splashing & foaming at the wall box may occur.
- **Biofilms** in wall box drains may contain opportunistic pathogens that can cause Healthcare-associated Infections (HAIs).
  - Gram negative bacteremia in dialysis patients are a red flag for water-associated contamination

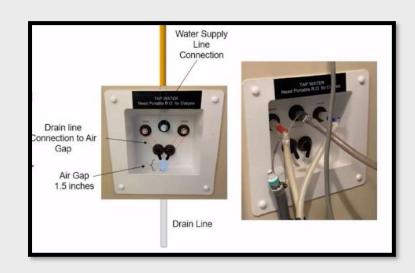




https://www.cdc.gov/dialysis/guidelines/wall-boxes.html

#### DIALYSIS OUTBREAK: WALL BOXES

- Wet with visible pooling of water
- Staff interviews foul odors, clogging, lack of hand hygiene after touching wall boxes
- Every wall box had contamination with PA, SM and E. cloacae
- Sinks were **not** commonly contaminated with above organisms
- WGS confirmed patients & wall boxes
- CVCs, dialyzing later in the day, and increased staff involved in dialysis session were identified risk factors



Novosad 2019: https://www.ajkd.org/article/S0272-6386(19)30797-8/pdf

CDC Webinar via YouTube https://www.youtube.com/watch?v=kzRiS5ZG3Jk

#### DIALYSIS CLEANING & DISINFECTION EDUCATION



## VALIDATION

#### **VALIDATION METHODS**







FLUORESCENT MARKER

**ATP** 





**CULTURE** 

#### Validating the Environmental Hygiene Program\*

	Method	Pros	Cons
	Visual audits	Easy to perform, cost effective, engages staff	Difficult to standardize, may be seen as punitive w/o team engagement, Hawthorne effect, IP resources
	Satisfaction surveys	Encourages resident participation, including family & visitors, quantitative measurement	Subjectivity, <b>emphasizes visible cleanliness only, not true disinfection</b> , no benchmarking
	Environmental culture	May be useful during an outbreak or research project, quantitative	Not recommended by CDC as routine measure, high cost, long turn around times, results may not correspond to the outbreak
	ATP	Easy to use & train others, immediate feedback, can be helpful when evaluating new/novel cleaning methods	Detection of organic matter (bioburden) is <b>not reliable predictor</b> of infection risk, <b>high cost of equipment &amp; supplies</b> , storage of swabs
Co. M.	Fluorescent marking	Very inexpensive, easy to perform, immediate results	Does not identify pathogens, only detects cleaned/not cleaned, may be seen as punitive w/o team engagement

Modified from Infection Prevention Guide to LTC 2<sup>nd</sup> ed, APIC, 2017.

# THANKS! ANY QUESTIONS?

**CREDITS**: This presentation template was created by **Slidesgo**, including icons by **Flaticon**, and infographics & images by **Freepik**.

#### **DIVERSEY CONTACT INFO**



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