

Healthcare Drains & HAIs: Challenges and Solutions

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Disclosures

Karoline Sperling is the clinical services manager at Ecolab.

This presentation is for educational purposes only.

The views and opinions expressed are those of the presenter and do not necessarily reflect the official policy or position of any agency, organization, employer or company.

Objectives

- Discuss how healthcare drains can be a reservoir for healthcare-associated infections (HAIs)
- Describe outbreaks associated with healthcare drains
- Review current guidance on preventing drain-associated infections

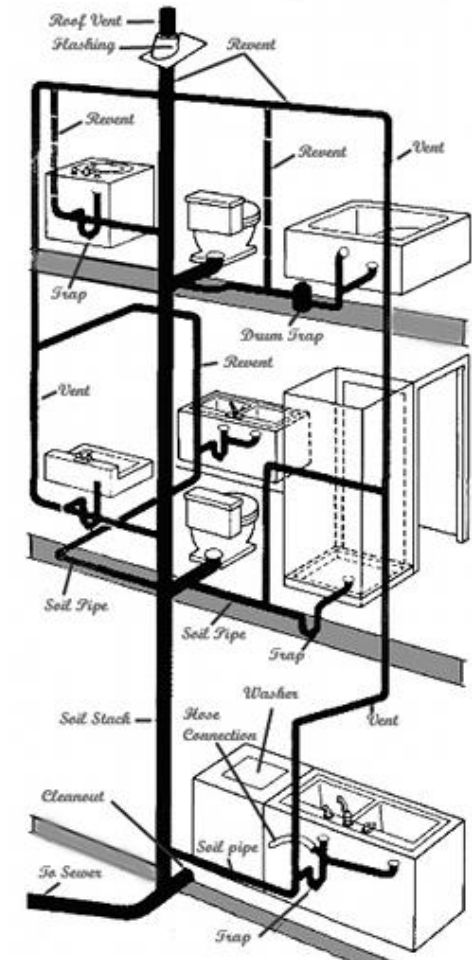
Water & Healthcare

Water

- Foundation of life
- Wet environments can pose a risk for infection
- Tap water is not sterile

Water in healthcare

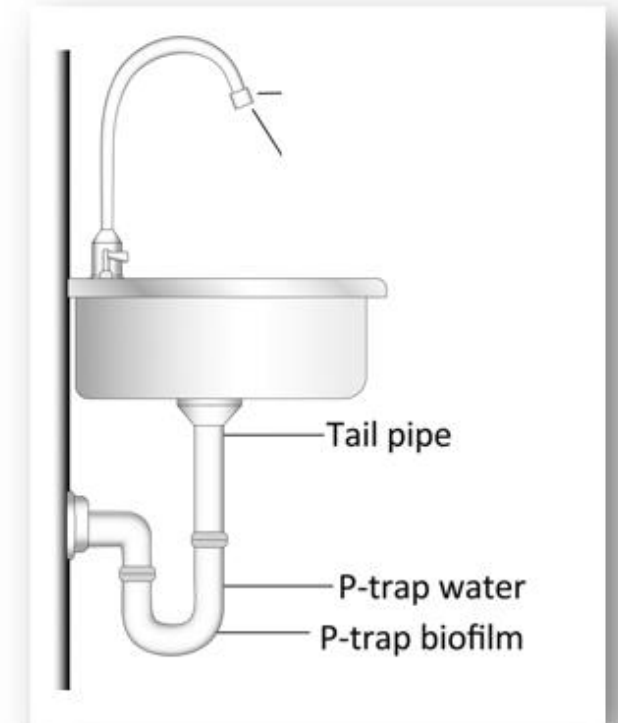
- Various ways water can be used
- Vulnerable patient populations
- Large, complex and often old plumbing systems



Dickey. APIC Text, 2014

Types of Wastewater Drains

- Sinks
- Showers
- Whirlpools
- Toilets
- Hoppers



Challenges

- Reservoirs for bacteria to grow, survive and form biofilm
- P traps - needed to prevent escape of sewer gas

Franco, et al. *Sci Rep*, 2020.

<https://doi.org/10.1038/s41598-020-65052-7>

Sinks in Hospitals

- Handwashing
- Waste disposal: body fluids, unused medications or tube feeds
- Patient care: bathing, perineal care
- Reprocessing: cleaning and soaking of instruments

Challenges

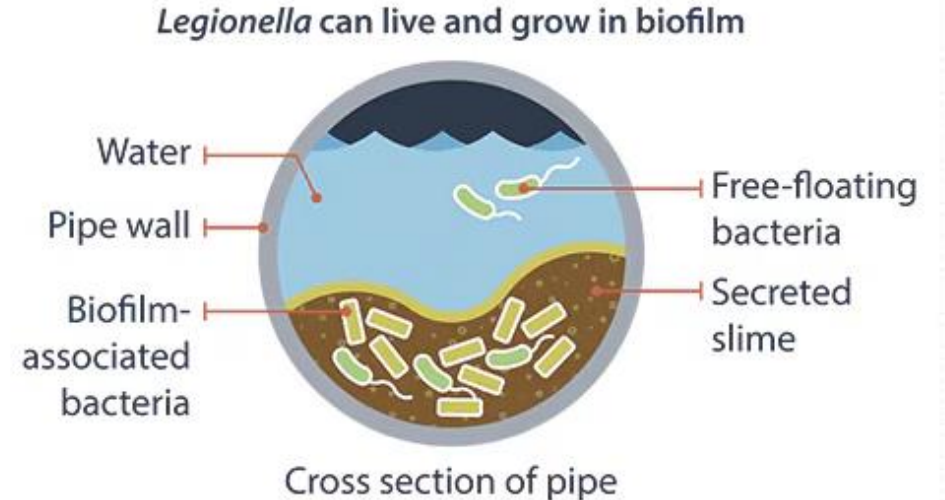
- Clean vs. dirty – designated sinks for certain tasks
- Location, location, location!!!

Water-associated Pathogens

- Bacteria and fungal contamination risks
- Common microorganisms:
 - *Pseudomonas aeruginosa*
 - *Serratia*
 - *Legionella*
 - *Mycobacteria* (non-tuberculosis)

Challenges

- Biofilm formation
- Antibiotic resistance – carbapenem-resistant organisms (CROs)
 - Resistant traits shared directly via mobile genetic elements



CDC, 2018

[Legionella Healthcare Facilities | CDC](#)

How Antibiotic Resistance Moves Directly Germ to Germ

Any antibiotic use can lead to antibiotic resistance. Antibiotics kill germs like bacteria and fungi, but the resistant survivors remain. Resistance traits can be inherited generation to generation. They can also pass directly from germ to germ by way of **mobile genetic elements**.

Mobile Genetic Elements



Plasmids

Circles of DNA that can move between cells.



Transposons

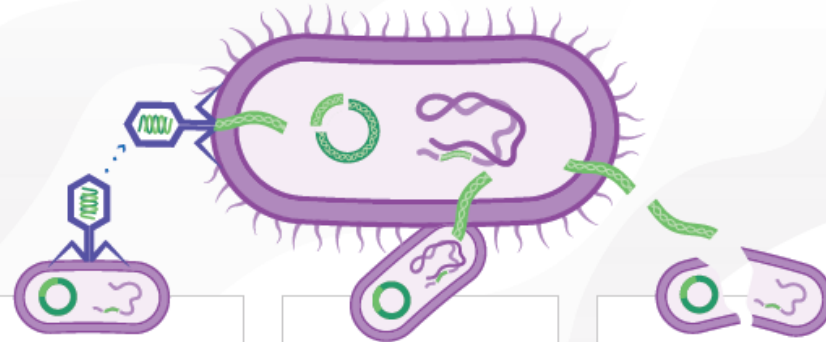
Small pieces of DNA that can go into and change the overall DNA of a cell. These can move from chromosomes (which carry all the genes essential for germ survival) to plasmids and back.



Phages

Viruses that attack germs and can carry DNA from germ to germ.

How Mobile Genetic Elements Work



Transduction

Resistance genes can be transferred from one germ to another via phages.

Conjugation

Resistance genes can be transferred between germs when they connect.

Transformation

Resistance genes released from nearby live or dead germs can be picked up directly by another germ.

<https://www.cdc.gov/drugresistance/about/how-resistance-happens.html>



Genomic Analysis of Hospital Plumbing Reveals Diverse Reservoir of Bacterial Plasmids Conferring Carbapenem Resistance

Rebecca A. Weingarten,^a Ryan C. Johnson,^b Sean Conlan,^b Amanda M. Ramsburg,^a John P. Dekker,^a Anna F. Lau,^a Pavel Khil,^a Robin T. Odom,^a Clay Deming,^b Morgan Park,^c Pamela J. Thomas,^c NISC Comparative Sequencing Program,^c David K. Henderson,^a Tara N. Palmore,^a Julia A. Segre,^b Karen M. Frank^a

^aNational Institutes of Health Clinical Center, Bethesda, Maryland, USA

^bNational Human Genome Research Institute, Bethesda, Maryland, USA

^cNIH Intramural Sequencing Center, Rockville, Maryland, USA

Found common plasmid backbones in patient and environmental CPOs

Weingarten et al. *mBio*. 2018;9(1):e02011-17.
[doi:10.1128/mBio.02011-17](https://doi.org/10.1128/mBio.02011-17)

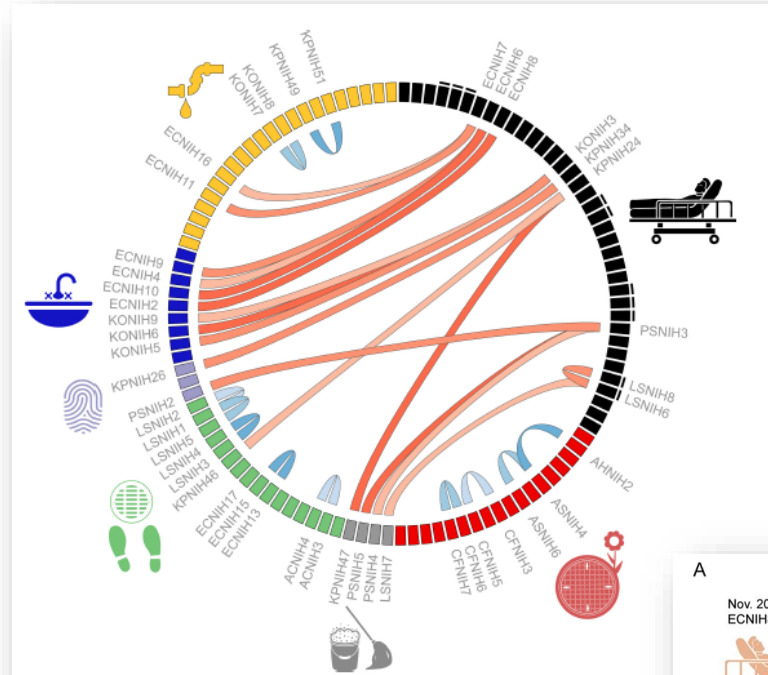
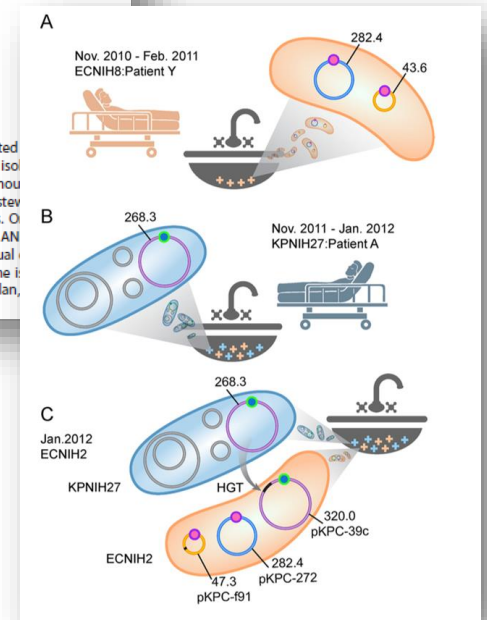
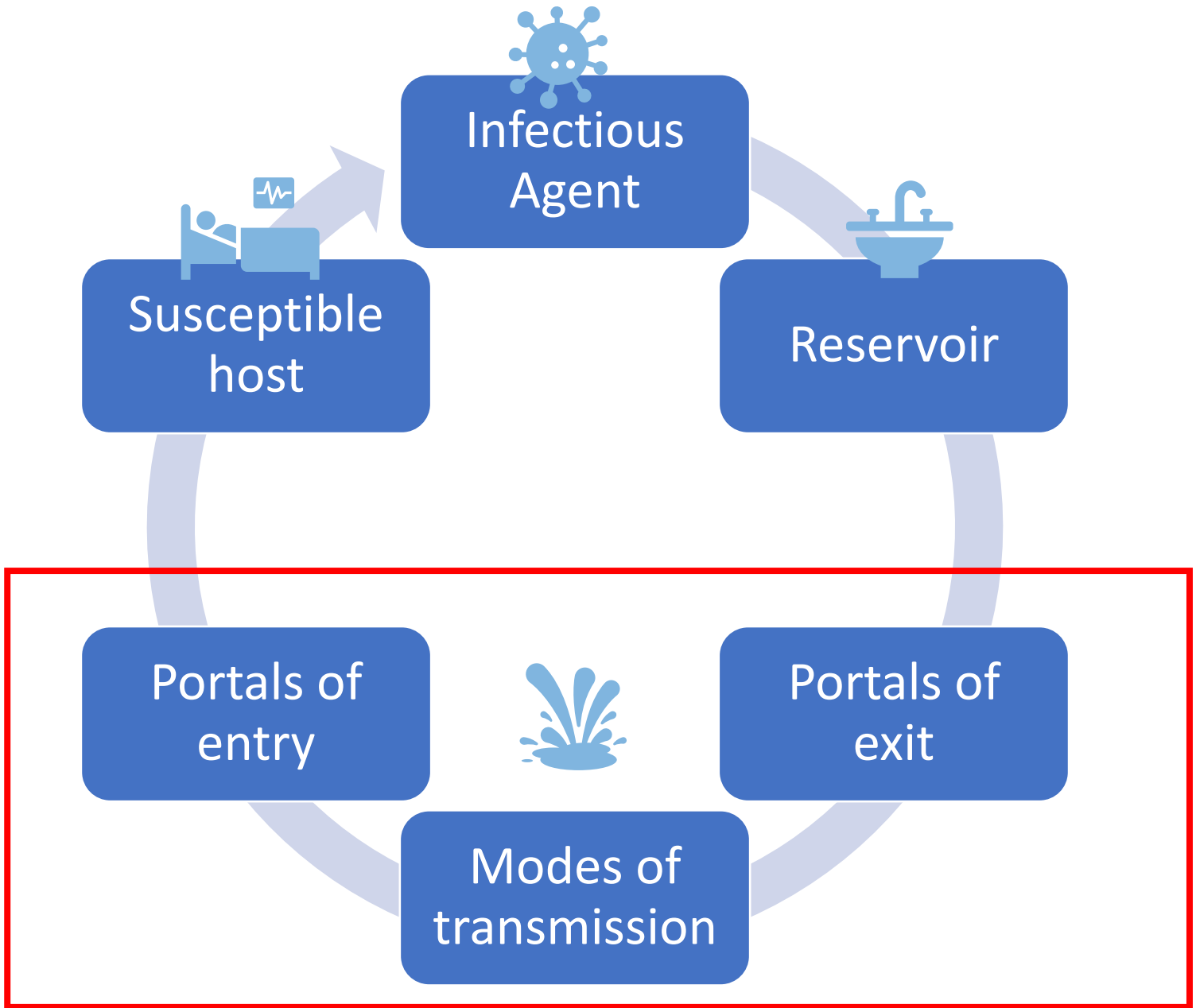


FIG 1 Connections identified on the basis of the genome sequence similarity of CPOs isolated in the environment and patients. Each rectangle in the outer ring represents a sequenced *bla*_{KPC}-positive isolate color coded on the basis of the source. Black, patient; red, wastewater manhole; light gray, house equipment; green, housekeeping closet drain; purple, high-touch surface; dark blue, sink; yellow, wastewater. Four patients have multiple isolates, and these are clustered and denoted by additional black bars. \circ indicate >99.90% ANI between patient and environmental isolates. Blue arcs indicate >99.90% ANI between environmental isolates. Arc color saturation does not have meaning and is used solely to aid the visualization of links. Redundant arcs between environmental isolates are excluded for simplicity. The isolate name is only if an environmental connection was found. Icon credits: Alonzo Design, Kathy Konkle, cihanterlan, Panpty, istrejman/Getty Images under license.





Spread from the Sink to the Patient: *In Situ* Study Using Green Fluorescent Protein (GFP)-Expressing *Escherichia coli* To Model Bacterial Dispersion from Hand-Washing Sink-Trap Reservoirs

Shireen Kotay,^a Weldong Chal,^a William Gullford,^b Katie Barry,^a Amy J. Mathers^{a,c}

Division of Infectious Diseases and International Health, Department of Medicine, University of Virginia Health System, Charlottesville, Virginia, USA^a; Department of Biomedical Engineering, University of Virginia, Charlottesville, Virginia, USA^b; Clinical Microbiology, Department of Pathology, University of Virginia Health System, Charlottesville, Virginia, USA^c

Biofilm growth = 1 inch per day



Kotay, et. al. *Appl Environ Microbiol.* 2017;83:e03327-16.
doi:10.1128/AEM.03327-16

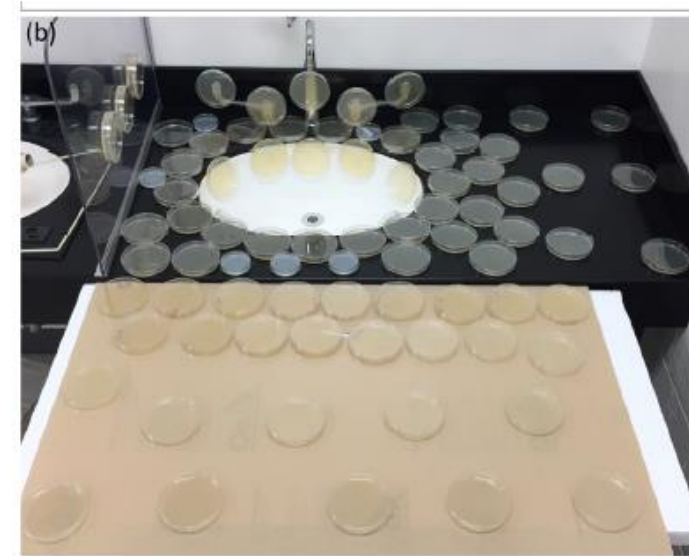
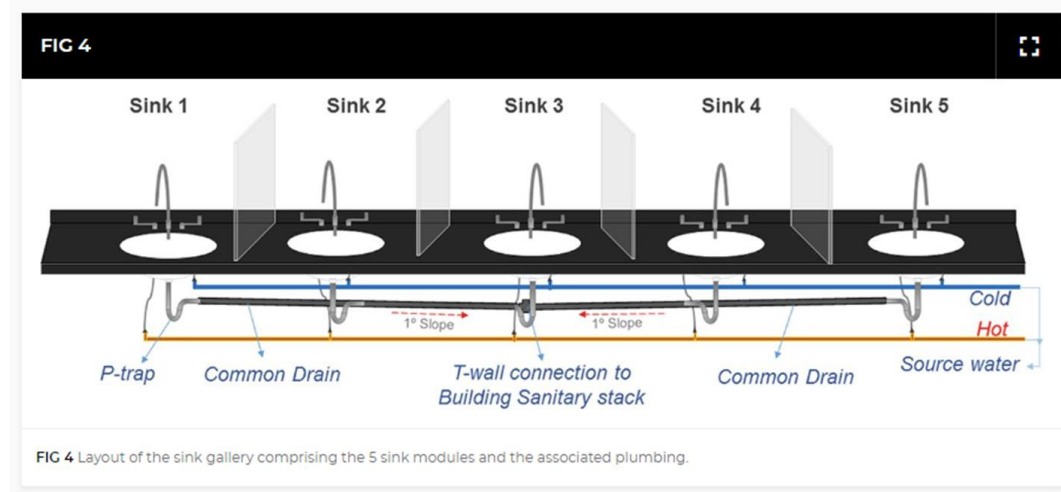


FIG 6 (a) Layout of the zones of the sink counter, bowl, and extension surface designated to monitor droplet dispersion and (b) layout of the TSA plates used for GFP-expressing *E. coli* droplet dispersion on the surfaces surrounding the sink.



NOSOCOMIAL AND HEALTHCARE RELATED INFECTIONS: EDITED BY TRISH M. PERL

Hospital water as the source of healthcare-associated infection and antimicrobial-resistant organisms

Hayward, Claire^a; Brown, Melissa H.^b; Whitley, Harriet^a

Author Information

Current Opinion in Infectious Diseases 35(4):p 339-345, August 2022. | DOI: 10.1097/QCO.0000000000000842

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Basin splashing Direct or indirect contact

Hayward et. al. *Curr Opin Infect Dis.* 2022, 35:339-345.
doi:10.1097/QCO.0000000000000842

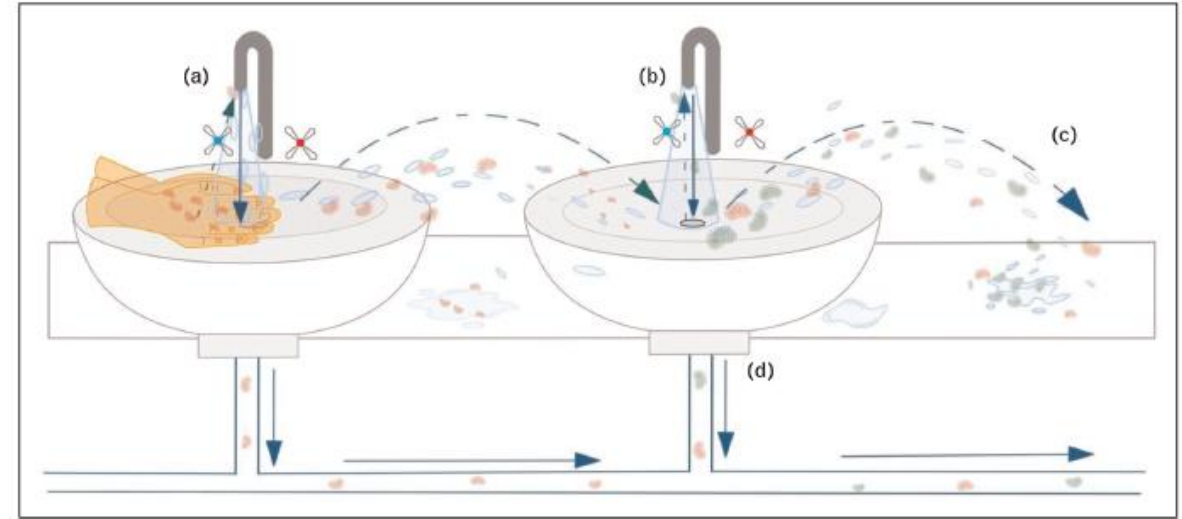


FIGURE 1. Proposed mechanisms for outlet contamination. Solid arrows indicate intended direction of water flow. Dashed arrows indicate subsequent splashing of potentially contaminated water. (a) Washing of soiled hands resulting in splashing to the surrounding environment and neighbouring basins, and causing retrograde contamination of the tap faucet with human microflora (shown in light grey), indicated by dashed grey arrows. (b) Water flow hitting the contaminated drain located directly below the faucet, causing retrograde contamination of the tap faucet with opportunistic premise plumbing pathogens (shown in grey), indicated by the dashed dark grey arrow. (c) Splashing from handwash basin contaminating the surrounding environment with both human flora (shown in light grey) and opportunistic premise plumbing pathogens (shown in grey). (d) Colonization of the deeper premise plumbing infrastructure with both human flora (shown in light grey) and opportunistic premise plumbing pathogens (shown in grey).

Sink-related Outbreaks

and more....

Healthcare Outbreaks Associated With a Water Reservoir and Infection Prevention Strategies

Hajime Kanamori,^{1,2} David J. Weber,^{1,2} and William A. Rutala^{1,2}

¹Division of Infectious Diseases, University of North Carolina School of Medicine, and ²Hospital Epidemiology, University of North Carolina Health Care System

Table 1 continued.

Location	Type of Infection	Molecular Typing	Study Type	First Author, Year
Biological	Nosocomial infection and febrile neutropenia	RAPD, PFGE	Outbreak – strong causation	Wong, 2011 [38]
	Pneumonia	PFGE	Outbreak – strong causation	Guyot, 2013 [39]
Legionnaires'	Healthcare-associated Legionnaires' disease	Sequencing	Outbreak – strong causation	Demirjian, 2015 [40]
Patients with	Disseminated infection	AP-PCR typing	Case report (single) – strong causation	Kauppinen, 1999 [41]
ward	Bacteremia	PFGE	Outbreak – strong causation	Lyttikainen, 2001 [42]
Patients	Aspergillosis	RAPD	Case report (single) – strong causation	Anaïs, 2002 [43]
Long-term care homes	Pontiac fever	NA	Case series (multiple)	Bauer, 2008 [44]
	Catheter-associated BSI	Repetitive element PCR, RAPD, PFGE	Outbreak – strong causation	Cooksey, 2008 [45]
Environment	Bioreactor infection	PFGE (related)	Case series	Hori, 2011 [46]

The Hospital Water Environment as a Reservoir for Carbapenem-Resistant Organisms Causing Hospital-Acquired Infections—A Systematic Review of the Literature

Alice E. Kizny Gordon,¹ Amy J. Mathers,³ Elaine Y. L. Cheong,^{4,5} Thomas G. Derrick W. Crook^{1,2} and Nicole Stoesser¹

¹Modernising Medical Microbiology Consortium, Nuffield Department of Medicine, John Radcliffe Hospital, Oxford, ²Department of Hospital Epidemiology, University of North Carolina School of Medicine, ³Division of Infectious Diseases and International Health, Department of Medicine, University of North Carolina School of Medicine, ⁴Concord Repatriation Hospital, Sydney, and ⁵University of Sydney, Australia

Infection Control & Hospital Epidemiology (2018), 39, 1463–1466
doi:10.1017/ice.2018.273

Commentary

Water as a source for colonization and infection with multidrug-resistant pathogens: Focus on sinks

Sarah S. Lewis MD, MPH^{1,2}, Becky A. Smith^{1,2}, Emily E. Sickbert-Bennett^{3,4} and David J. Weber^{3,4}

¹Infection Prevention and Hospital Epidemiology, Duke University Hospital, Durham, North Carolina, ²Division of Infectious Diseases, Duke University School of Medicine, Durham, North Carolina, ³Department of Hospital Epidemiology, University of North Carolina Hospitals, Chapel Hill, North Carolina and ⁴Division of Infectious Diseases, University of North Carolina School of Medicine, Chapel Hill, North Carolina



Review

Wastewater drains: epidemiology and interventions in 23 carbapenem-resistant organism outbreaks

Philip C. Carling MD, FSHEA^{1,2}

¹Infectious Diseases Section, Steward Carney Hospital, Boston, Massachusetts and ²Boston University School of Medicine, Boston, Massachusetts




Summary of WWD CRO outbreak characteristics →

Carling, P. *ICHE*. 2018, 39(8):972-979.
doi:10.1017/ice.2018.138

- Extended waste water drains (WWD) associated carbapenem resistant organisms (CRO) outbreaks have been increasingly recognized during the past 10 years in 12 countries on 4 continents.
- Almost all outbreaks occurred in intensive care and hematology/oncology special treatment units.
- Low incidence density of clinical cases and the frequently long intervals between cases adversely impacted outbreak recognition as well as evaluation of mitigation interventions.
- In these outbreak settings most WWDs were colonized with outbreak strain organisms.
- Drain disinfection treatment protocols had limited, if any, lasting impact on CRO drain system colonization.
- Sink drain system replacement alone would appear to have a limited, if any, lasting impact on CRO colonization as a result of biofilm re-colonization from more distal components of the drain system.
- Sink drain biofilm colonizing gram-negative bacteria are readily capable of both intra-species as well as inter-species transfer of many forms of gene mediated antibiotic resistance.

Original Article

Sink-traps are a major source for carbapenemase-producing *Enterobacteriaceae* transmission

Gili Regev-Yochay MD, MPH^{1,2}, Ili Margalit MD, MPH^{1,2} , Gillian Smollan MD³, Rotem Rapaport BSc^{1,2}, Ilana Tal MA¹, William P. Hanage PhD⁴, Nani Pinas Galia Rahav MD^{2,5}, Eyal Zimlichman

¹Infection Prevention & Control Unit, Sheba Medical Center, Ramat-Gan, Israel, ²Center for Infection Control, Massachusetts General Hospital, Boston, Massachusetts, ³Infectious Disease Unit, Sheba Medical Center, Ramat-Gan, Israel, ⁴Center for Global Health and Infectious Disease, Harvard T.H. Chan School of Public Health, Boston, Massachusetts, ⁵Arifel, Samaria

Infection Control & Hospital Epidemiology (2024), 45, 292–301
doi:10.1017/ice.2023.231

Original Article

Concurrent transmission of multiple carbapenemases in a long-term acute-care hospital






Danielle A. Rankin PhD^{1,2,3,a} , Maroya Spalding Walters PhD^{3,a} , Luz Caicedo MPH¹, Paige Gable MPH³ , Heather A. Moulton-Meissner PhD³ , Allison Chan MPH Gillian McAllister MPH³ , Alyssa Kent PhD³ , Alison Lau Linda Thomas MPH⁴, Nychie Q. Dotson PhD^{2,5} and Alvin

¹Florida Department of Health in Orange County, Orlando, Florida, ²Bureau of Healthcare Quality Promotion, Centers for Disease Control and Prevention, Atlanta, Georgia, ³Division of Infection Prevention and Control, University of Tennessee Health Science Center, Nashville, Tennessee and ⁴HCA Healthcare, Nashville, Tennessee

Infection Control & Hospital Epidemiology (2024), 45, 302–309
doi:10.1017/ice.2023.289

Original Article

Identification of carbapenem-resistant organism (CRO) contamination of in-room sinks in intensive care units in a new hospital bed tower

Bobby G. Warren MPS^{1,2,3,a} , Becky A. Smith MD^{1,2,3,a}, Aaron Barrett BS^{1,2,3}, Amanda M. Graves MPH^{1,2,3} , Alicia Nelson MPH^{1,2,3} , Erin Gettler MD^{1,2,3} , Sarah S. Lewis MPH MD^{1,2,3} and Deverick J. Anderson MD, MPH^{1,2,3} 

¹Division of Infectious Diseases, Duke Center for Antimicrobial Stewardship and Infection Prevention, Durham, North Carolina, ²Disinfection, Resistance and Transmission Epidemiology (DiRTE) Lab, Duke University School of Medicine, Durham, North Carolina and ³Division of Infectious Diseases, Duke University School of Medicine, Durham, North Carolina

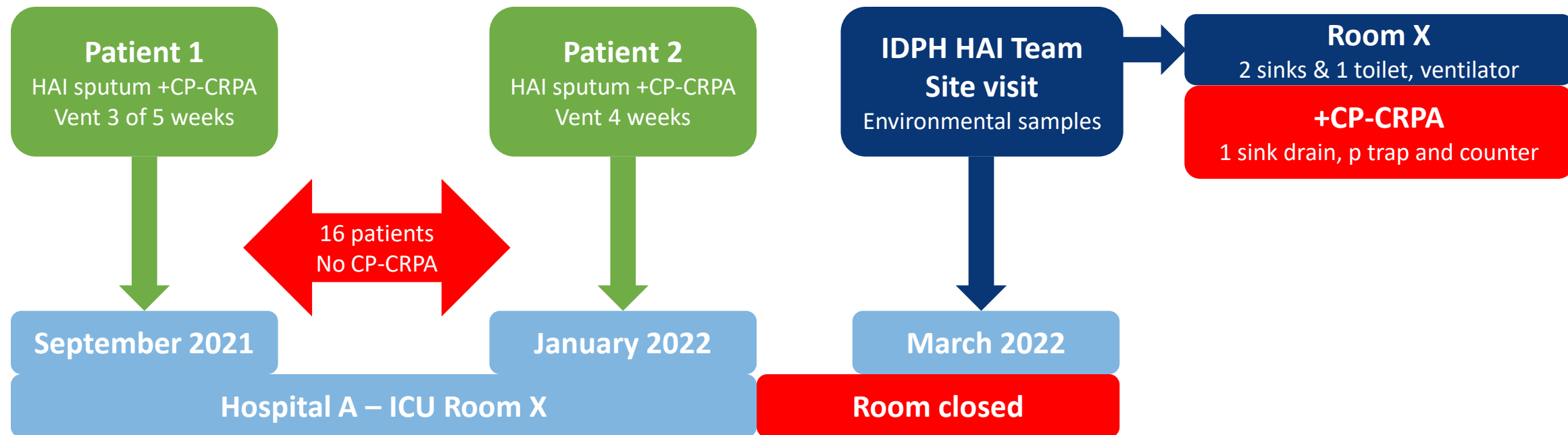


40 min

PLAY 

March 2024 - Episode 47
The role of sink and drain contamination in pathogen transmission

MMWR August 2023: Cluster of Carbapenemase-Producing Carbapenem-Resistant *Pseudomonas aeruginosa* in an Adult ICU

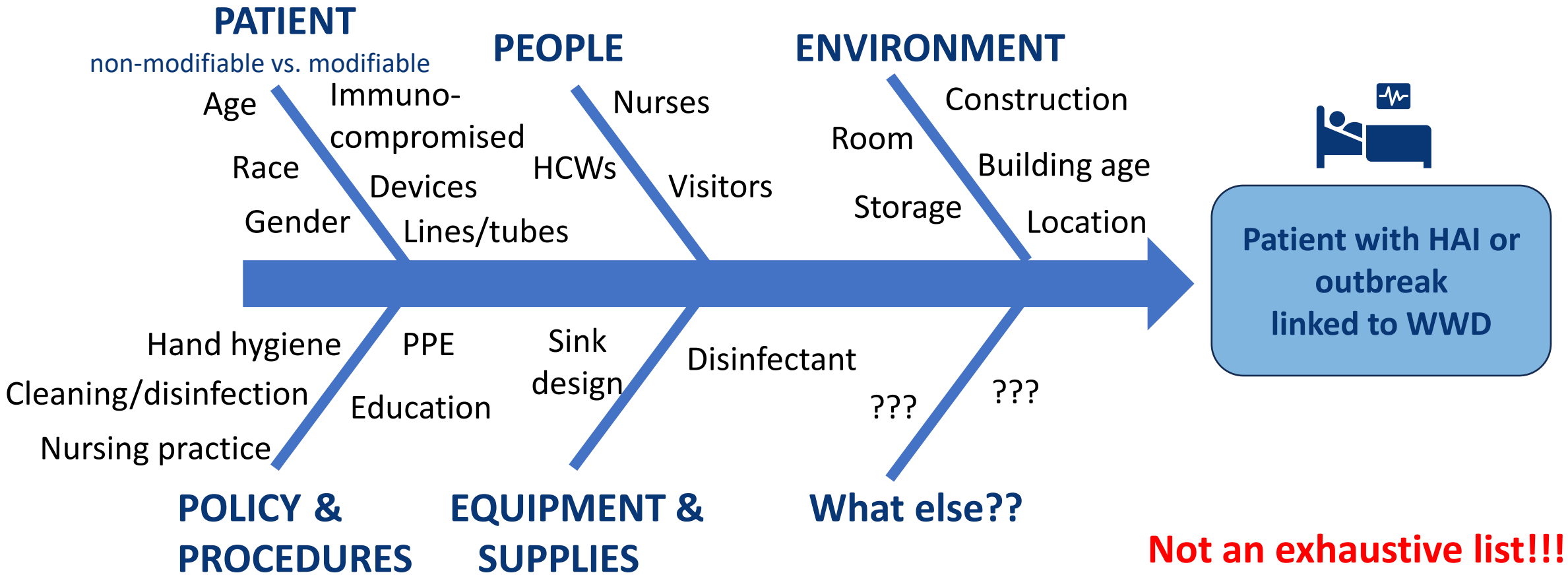
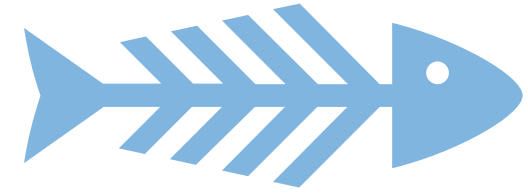


Cahill ME, et al. MMWR. 2023(72):844-846
[doi:10.15585/mmwr.mm7231a2](https://doi.org/10.15585/mmwr.mm7231a2)

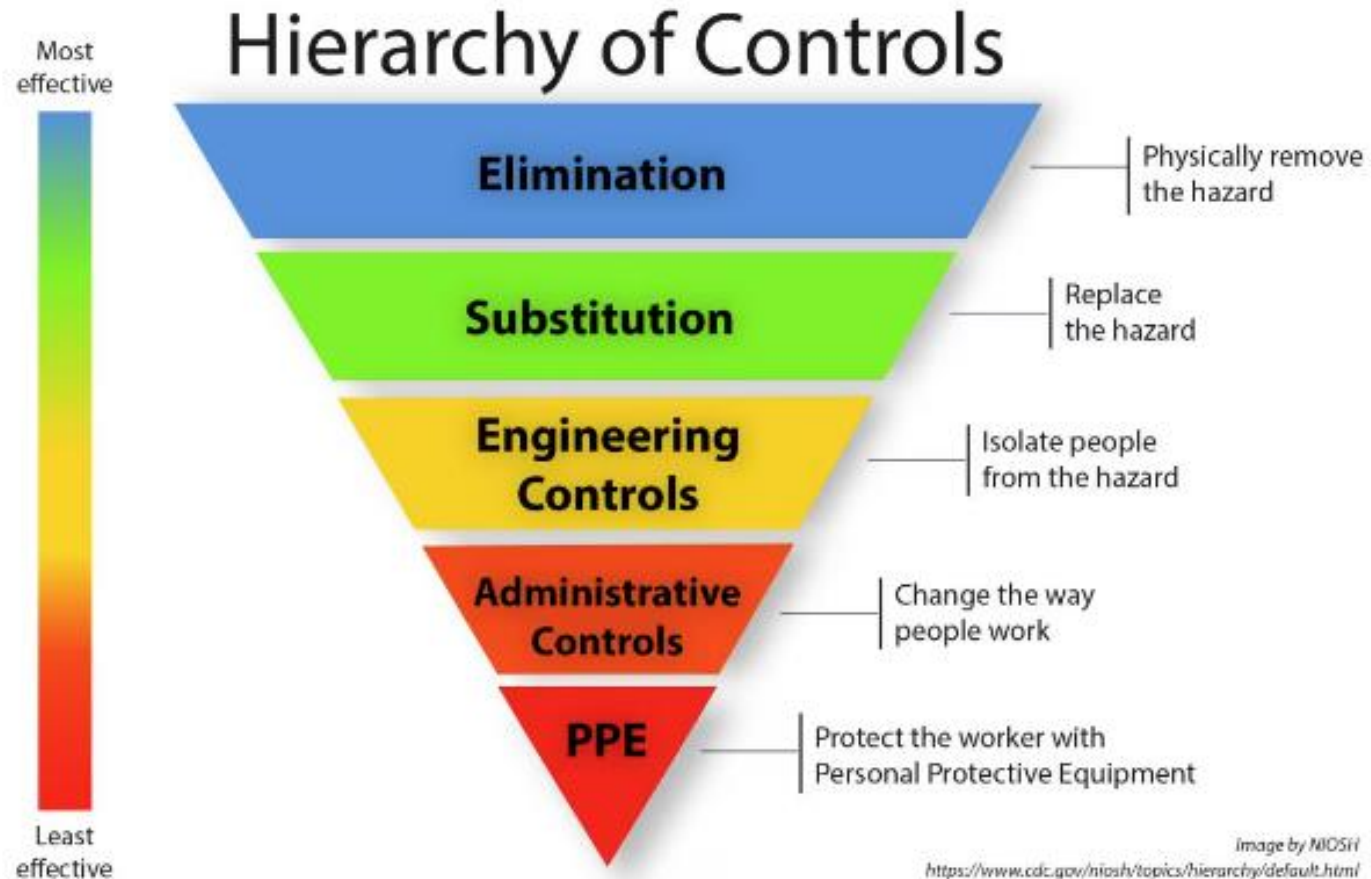
Solutions

and unanswered questions...

Wastewater Drain HAI Fishbone



CDC: Hierarchy of Controls



SHEA/IDSA/APIC Hand Hygiene: 2022 Update

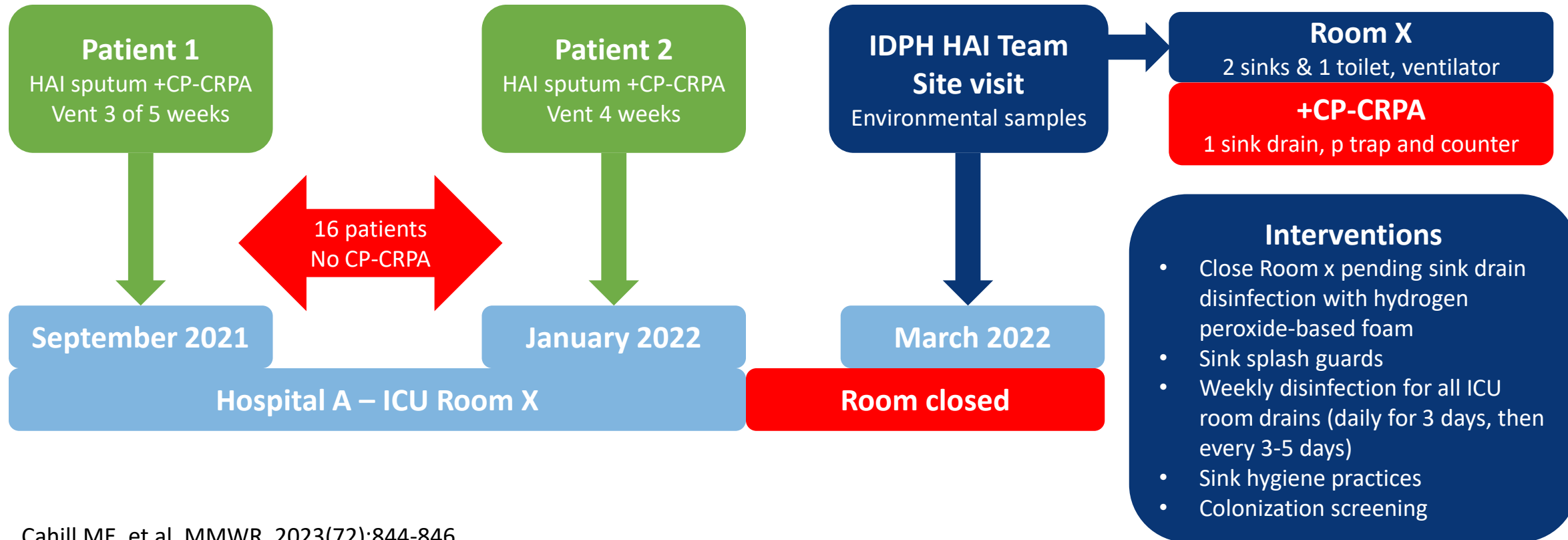


Reduce environmental contamination associated with sinks and sink drains *(Quality of Evidence: HIGH)*

- Sinks constructed according to code and handwashing sinks part of **infection control risk assessments**
- **Dedicate** sinks to handwashing, if possible
- Education on **proper disposal** of substances that promote growth of biofilm in handwashing sinks (e.g., IV solutions, meds, food, human waste)
- Use EPA-registered healthcare disinfectant to **clean sink bowls and faucets daily**
- **Do not keep** medications or patient care supplies on counters or mobile surfaces within 1 meter (3 feet) of sink
- Consult with state or local public health when investigating confirmed or suspected water-associated HAI outbreaks

Glowicz, J. *ICHE*. 2023, 44(3):355-376
doi:10.1017/ice.2022.304

MMWR August 2023: Cluster of Carbapenemase-Producing Carbapenem-Resistant *Pseudomonas aeruginosa* in an Adult ICU



Cahill ME, et al. MMWR. 2023(72):844-846
[doi:10.15585/mmwr.mm7231a2](https://doi.org/10.15585/mmwr.mm7231a2)

Antimicrobial-resistant bacteria* detected in two patients was linked to a contaminated sink in an intensive care unit

Multidrug-resistant *Pseudomonas aeruginosa*, a serious threat in the U.S., can persist in the health care environment, particularly in wastewater plumbing

A hospital stopped an outbreak of resistant *Pseudomonas aeruginosa*

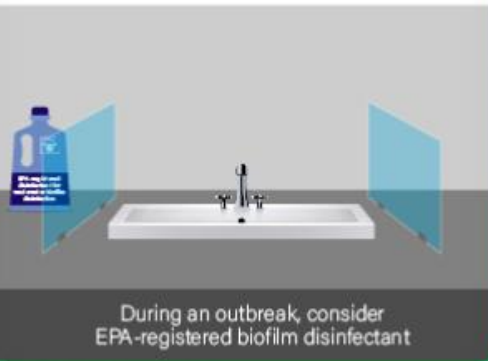
Engineering controls

Consider splash guards and sink designs to reduce splashing.



Clean and Disinfect

Always clean surfaces near the drain at least daily



During an outbreak, consider EPA-registered biofilm disinfectant

Sink hygiene

No patient waste or beverages. Keep care supplies & personal items away.



* Carbapenemase-producing carbapenem-resistant *Pseudomonas aeruginosa*

bit.ly/mm7231a2

AUGUST 4, 2023

MMWR

<https://twitter.com/CDCMMWR/status/1687541447967309824>

Solutions: Sinks

- Design - depth of bowl, size, material
- Faucet
 - Spout relative to strainer (directly over vs. offset, pressure)
 - Automatic vs. manual (flushing)
- Splash guards
- Drain covers

Challenges

- Cost benefit
- Doesn't address bioburden in drain



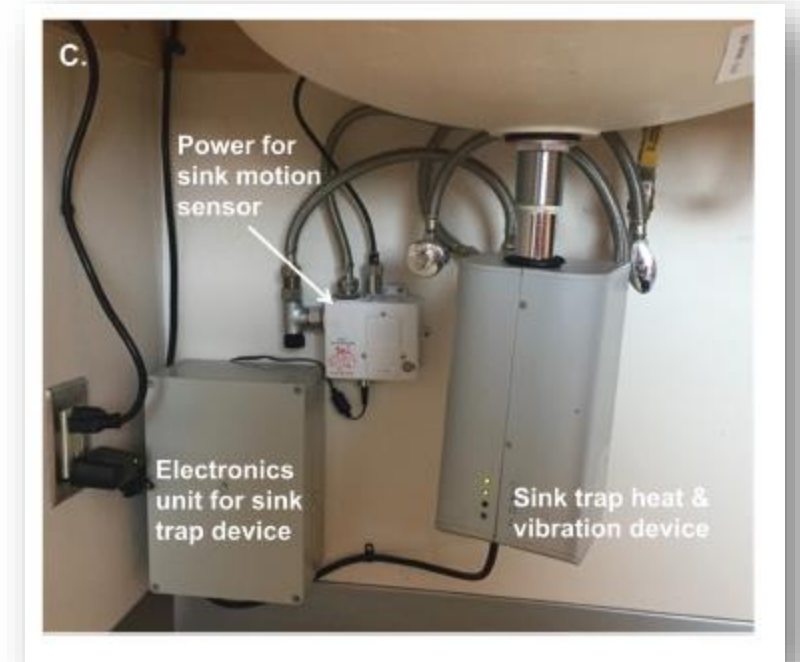
Livingston et. al. *ICHE*, 2018.

Solutions: Other approaches

- Flushing with ozonated water
- Heater-vibrator device for trap disinfection
- Replace or remove sinks
- Replace p-traps

Challenge:

- Cost
- Labor intensive
- Temporary fix



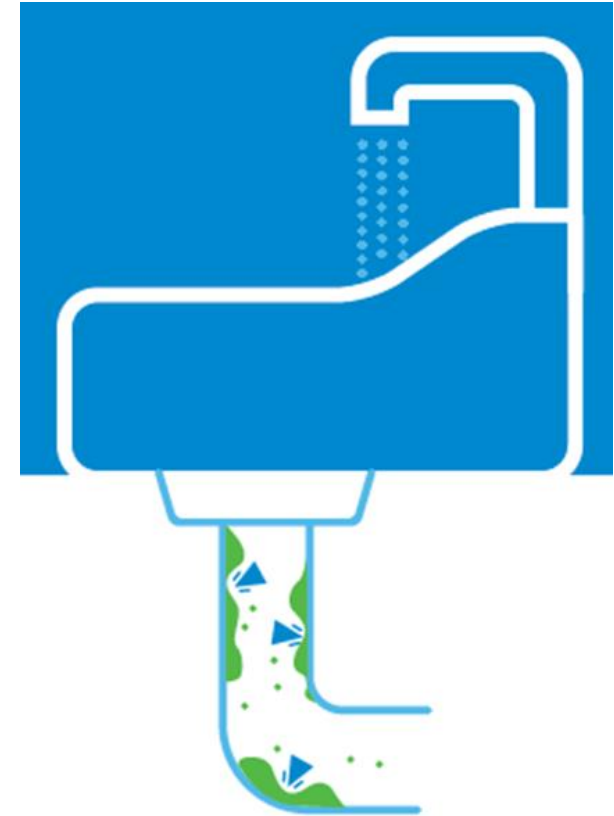
Mathers et. al. *CID*, 2018.

Solutions: Disinfectants

- Bleach, acetic acid, hydrogen peroxide, etc.
- Pouring chemical disinfectants down drains
 - Rapid flow prevents adequate contact time and poor penetration
 - Solutions: stop valve, inflated urinary catheter balloon or foam pump
- EPA-registered foam disinfectant against biofilm in drains (*hydrogen peroxide 3.13%, peracetic acid 0.05%, octanoic acid 0.099%*)

Challenge

- Frequency
- Labor



Original Article

Effectiveness of foam disinfectants in reducing sink-drain gram-negative bacterial colonization

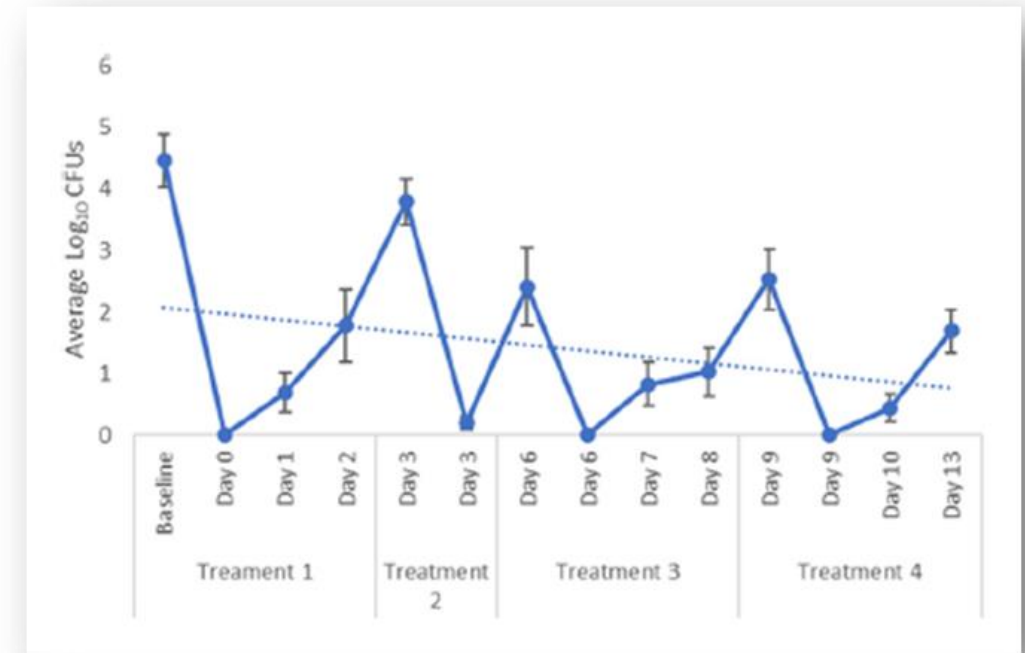
Lucas D. Jones BS^{1,2,a}, Thirveen S.C. Mana MNO^{2,3,a}, Jennifer L. Cadnum BS², Annette L. Jencson BS, CIC², Sandra Y. Silva MD⁴, Brigid M. Wilson PhD⁵ and Curtis J. Donskey MD^{5,6}

¹Department of Molecular Biology and Microbiology, Case Western Reserve University School of Medicine, Cleveland Ohio, ²Research Service, Louis Stokes Cleveland Veterans' Affairs Medical Center, Cleveland Ohio, ³Division of Infectious Diseases and HIV Medicine, Case Western Reserve University School of Medicine, Cleveland Ohio, ⁴Clinical Translational Science Program, Case Western Reserve University School of Medicine, Cleveland, Ohio, ⁵Geriatric Research, Education, and Clinical Center, Louis Stokes Cleveland VA Medical Center, Cleveland, Ohio and ⁶Department of Medicine, Case Western Reserve University School of Medicine, Cleveland, Ohio

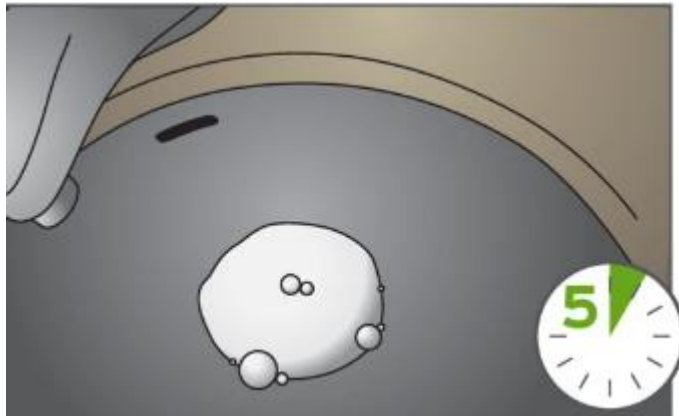
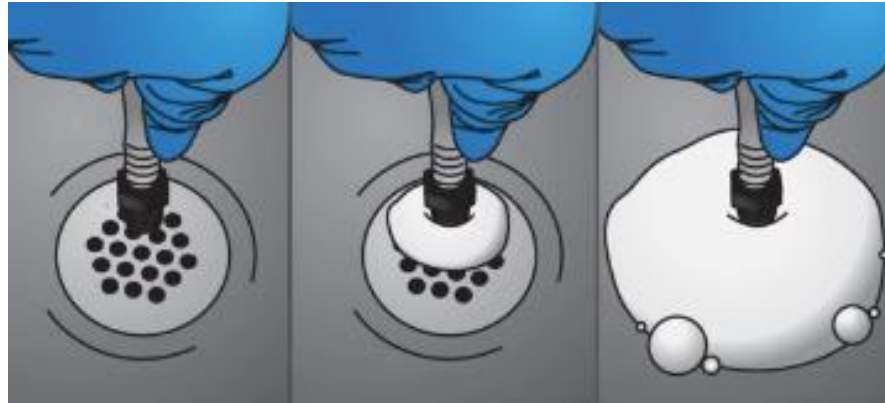


Hydrogen peroxide 3.13%, peracetic acid 0.05%, octanoic acid 0.099% disinfectant reduced bioburden Day 0,3,6 and 9

Intermittent use = simple, practical approach




Example: How to apply foam disinfectant



1. Fill foam pump with disinfectant and pressurize
2. Flush drain with water to make sure not blocked
3. Apply foam until excess pools at drain screen
4. Allow appropriate contact time
5. Drain may be rinsed

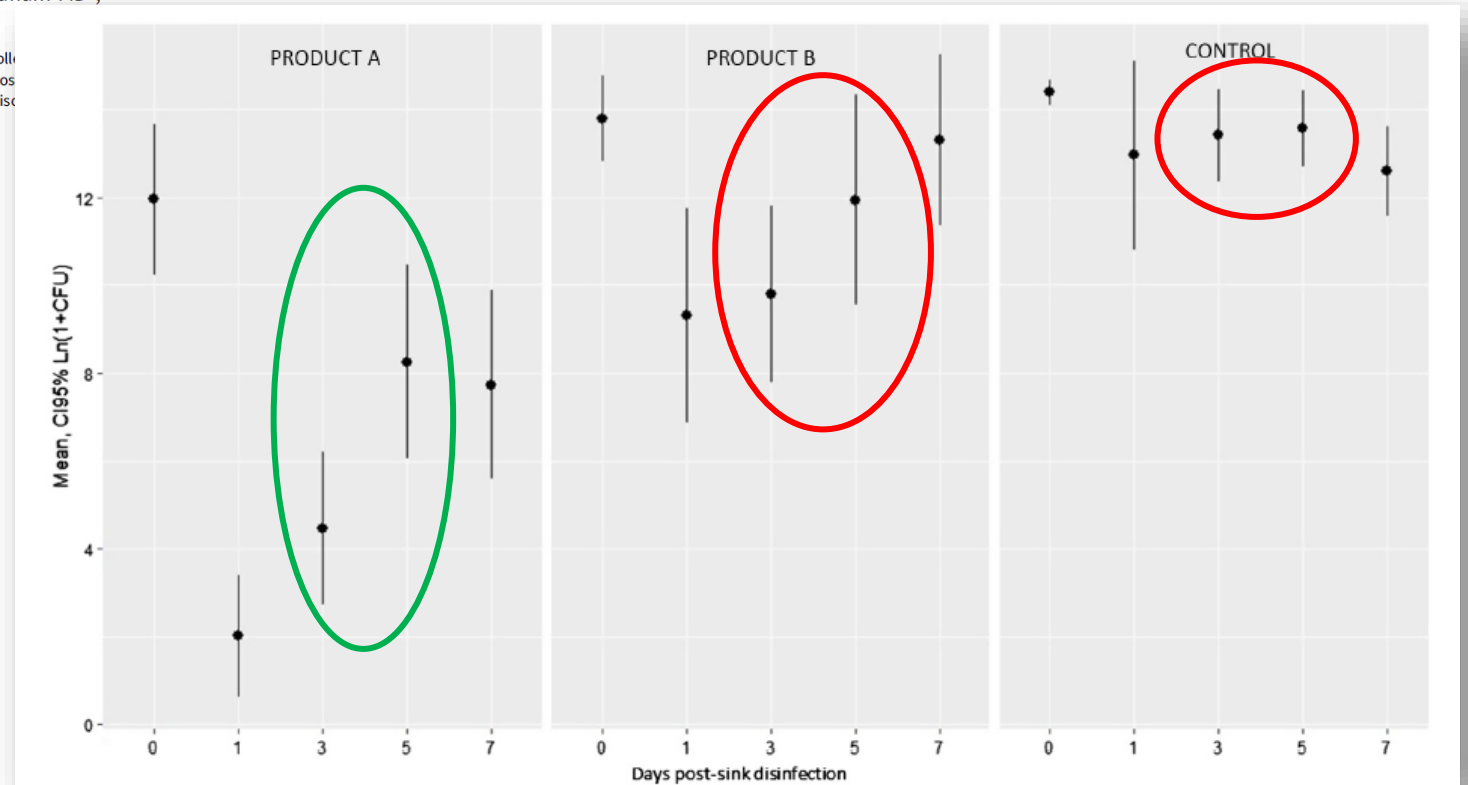
Concise Communication

How frequently should sink drains be disinfected?

Jorge A. Ramos-Castaneda MS^{1,2} , Matthew L. Faron PhD³, Joshua Hyke BS, MLS, CIC⁴, Dominique Bell-Key⁴, Blake W. Buchan PhD, D (ABMM)³, Rahul Nanchal MD⁵, Paula Pintar MSN, RN⁴, Mary Beth Graham MD², Susan Huerta PhD⁴ and L. Silvia Munoz-Price MD, PhD²

¹Graduate School, Universidad CES, Medellin, Colombia, ²Division of Infectious Diseases, Department of Medicine, The Medical College of Wisconsin, ³Departments of Pathology, The Medical College of Wisconsin, Milwaukee, Wisconsin, ⁴Froedtert Memorial Lutheran Hospital, ⁵Division of Pulmonary and Critical Care Medicine, Department of Medicine, The Medical College of Wisconsin, Milwaukee, Wisconsin

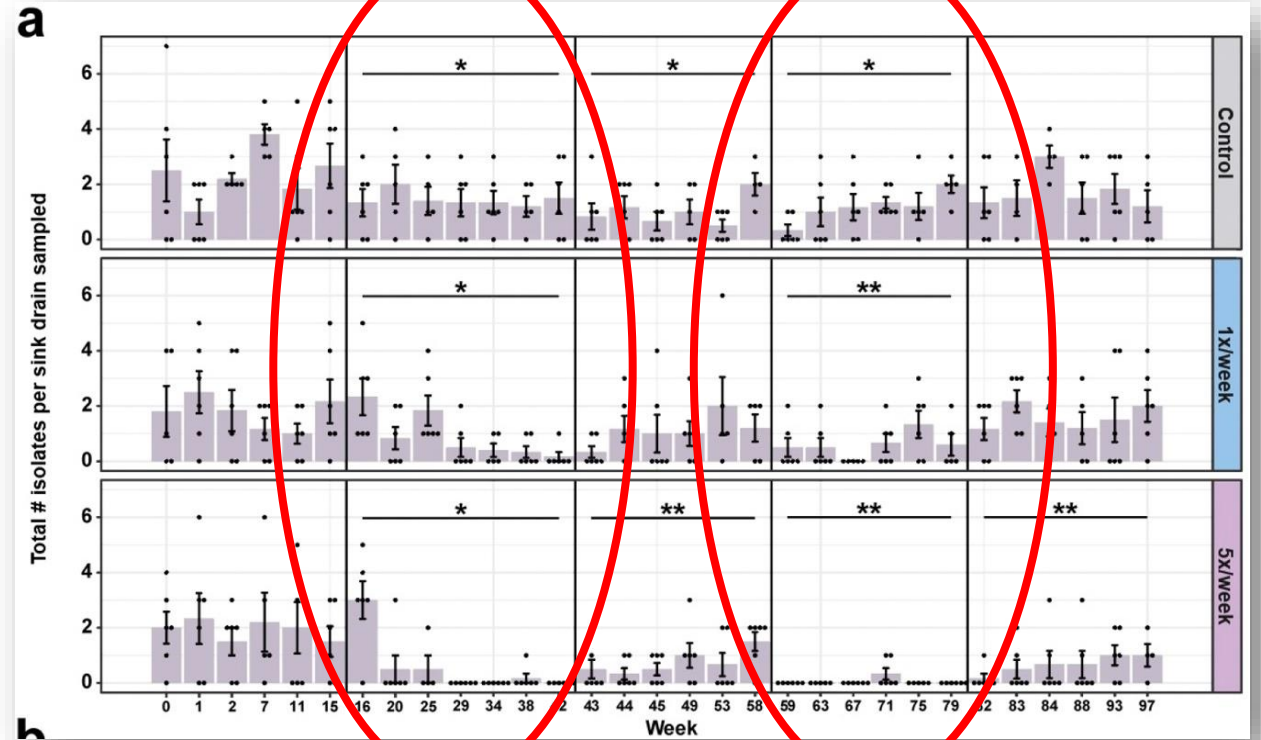
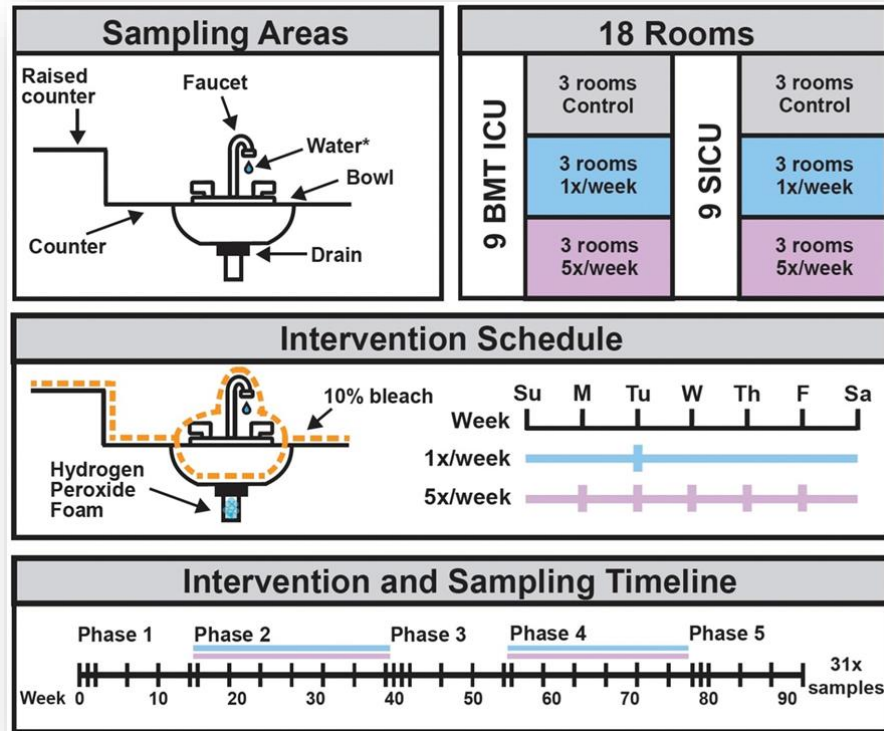
Every 3-5 days based on results, cost, and ease of use



Ramos-Castaneda, J, et al. *ICHE*. 2020, 41(3):358-360.
doi:10.1017/ice.2019.316

981. Sink drain environmental hygiene intervention successfully reduces burden of AROs

Erin Newcomer, BS, Carrie O'Neal, MA, MPH, Lucy Vogt, MPH, David Macdonald, BA,



Newcomer, et al. Open Forum ID. 2023, 10(2)ofad500.036.
 doi:10.1093/ofid/ofad500.036

Infection Prevention for Sinks



Sink hygiene

Only soap and water down drain

Splash guards

No storage near 'splash zone' (3 feet)



Sinks included in water management plan/risk assessment



When considering sink disinfection

MDRO risk – admission/colonization screening, local epi

High-risk areas - ICU, BMT, transplant

Frequency and labor

Resources



WATER SOURCES

Patients are potentially exposed to water via the healthcare environment, equipment, or procedures. Water sources include, but are not limited to:

- ◆ Sinks
- ◆ Water source
- ◆ Sinks
- ◆ Drains
- ◆ Showers
- ◆ Toilets
- ◆ Hoppers
- ◆ Humidification devices
- ◆ Mechanical ventilators
- ◆ Endoscopes
- ◆ Heater cooler devices
- ◆ Ice machines
- ◆ Indoor decorative fountains
- ◆ Lactation equipment
- ◆ Enteral feeding
- ◆ Bathing procedures
- ◆ Oral care



MODES OF TRANSMISSION

When assessing risk of healthcare-associated infections caused by waterborne pathogens, consider the diverse modes of transmission, including:

- ◆ **Direct contact**
(e.g., bathing, showering)
- ◆ **Ingestion of water**
(e.g., consumption of contaminated ice)
- ◆ **Indirect contact**
(e.g., from an improperly reprocessed medical device)
- ◆ **Inhalation of aerosols dispersed from water sources**
(e.g. faucets with aerators)
- ◆ **Aspiration of contaminated water**
(e.g. use of tap water to flush enteral feedings)



PATIENT SUSCEPTIBILITY

Patient populations with compromised immune status, comorbidities, and exposure to certain procedures are more vulnerable to infections caused by waterborne pathogens. Units/wards/wings can be classified according to those patients treated in these areas:

- ◆ **Highest**
(e.g., BMT, solid-organ transplant, hematology, medical oncology, burn unit, NICU)
- ◆ **High**
(e.g., non-transplant ICUs, ORs)
- ◆ **Moderate**
(e.g., general inpatient units)
- ◆ **Low**
(e.g., waiting rooms, administrative office areas)



PATIENT EXPOSURE

In order to characterize patient exposure to water sources, consider a categorization scheme that encompasses factors such as the frequency (how often), magnitude (how much), and duration (how long) of exposure:

- ◆ **High**
(e.g., high frequency, magnitude, and duration)
- ◆ **Moderate**
(e.g., combination of high and low frequency, magnitude, and duration)
- ◆ **Low**
(e.g., low frequency, magnitude, and duration)
- ◆ **None**
(e.g., patients are not exposed to the water source)



CURRENT PREPAREDNESS

Consider how your WMP addresses different water sources, as determined by factors such as policies and procedures already in place, relevant staff practice, and implemented mitigation strategies.

- ◆ **Poor**
(e.g., limited policies and procedures, staff practice, and mitigation strategies)
- ◆ **Fair**
(e.g., some policies and procedures, staff practice, and mitigation strategies)
- ◆ **Good**
(e.g., robust policies and procedures, staff practice, and mitigation strategies)

Water Infection Control Risk Assessment (WICRA) for Healthcare Settings

Facility Name: Hospital A **Assessment Location:** Burn ICU

Performed By (names): Jane Smith and John Doe **Assessment Date:** 10/01/2020

WMP Team Role(s) (check all that apply):

Hospital Epidemiologist/Infection Preventionist
 Facilities Manager/Engineer
 Environmental Services
 Compliance/Safety Officer
 Risk/Quality Management Staff
 Infectious Disease Clinician
 Consultant
 Equipment/Chemical Acquisition/Supplier
 Other (please specify):

Location	Water Source	Modes of Transmission	Patient Susceptibility Highest = 4 High = 3 Moderate = 2 Low = 1	Patient Exposure High = 3 Moderate = 2 Low = 1 None = 0	Current Preparedness Poor = 3 Fair = 2 Good = 1	Total Risk Score = Patient Susceptibility x Patient Exposure x Preparedness	Comments
BICU Inpatient Rooms	Sink counter storage of patient care supplies	Indirect contact; splashing onto supplies	4	3	3	36	Install splash guards; QI for sink hygiene; and flushing
BICU Inpatient Rooms	Toilets without lid	Direct contact	4	3	2	24	Place lid on toilet if in patient room
BICU Soiled Utility	Hopper, no lid, behind closed door	Indirect contact	4	2	1	8	Automatic door closure; appropriate soiled equipment storage
BICU Medication Preparation Room	Sink with aerator, no splash guard	Aerosolization, and potential for splashing	4	2	3	24	Install splash guards; evaluate removing aerator

<https://www.cdc.gov/hai/prevent/environment/water.html>

Resources

**Sinks:
A Mode of Infection
Transmission?**

NORTH
Dakota | Health & Human Services
Be Legendary.

Biofilm can build up when things are emptied in hand washing sinks. This can cause organisms that live in the pipes/drain to contaminate the environment from water and splashes when the sink is used. Sinks in health care systems should have splash guards to help reduce this risk.



- Don't empty body fluids down the sink.
- Don't empty IV bags, antibiotics, other IV additives or medications down the sink.
- Don't pour liquid enteral food or food supplements down the sink.
- Don't store patient/resident care items by the sinks.

For more information reach out to the Infection Control Assessment and Response (ICAR) Team hhsicar@nd.gov

Make sure your water safety program is looking at your sinks in care areas.

- Are splash guards in place?
- Where are things stored around/below the sink?
- Do the faucets drain directly into the drain?
- Make sure sinks are draining properly.

Version date: 11/03/2023

**GERMS LIVE
IN WATER
AND ON WET
SURFACES.**

WHERE IS THE RISK?
Know where germs live to stop spread and protect patients



Germs That Live in Water

- Acinetobacter
- Serratia
- Pseudomonas
- Legionella

Healthcare Tasks Involving Water

- Toileting
- Cleaning
- Handwashing

Infection Control Actions to Reduce Risk

- Cleaning and disinfection
- Device sterilization
- Hand hygiene
- Use of personal protective equipment (gloves, gowns, eye protection)

• Tap water is safe to drink, but it is not sterile. It always has some germs in it.

• Most of the time, the germs in tap water aren't a problem for healthy people, but they can cause illness in patients with very weak immune systems.

• Germs in water can spread to surfaces and people and cause harm.

• If medical instruments and equipment (e.g., devices and central lines) get wet, bacteria can grow. When those devices are used, that bacteria can then get into a patient's body or blood and cause infection.

 U.S. Department of Health and Human Services
Centers for Disease Control and Prevention  **PROJECT FIRST LINE** WWW.CDC.GOV/PROJECTFIRSTLINE

https://www.hhs.nd.gov/sites/www/files/documents/.../HAI/Sinks_IPC.pdf

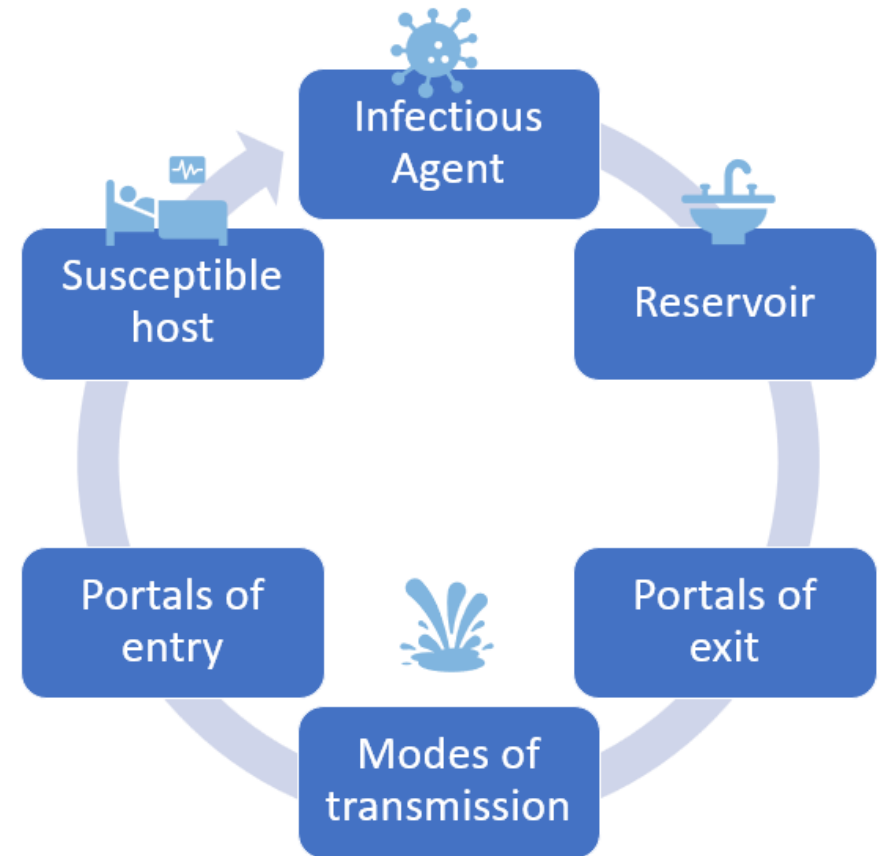
<https://www.cdc.gov/infectioncontrol/projectfirstline/healthcare/germs-environment.html>

Summary

Sinks and other wastewater drains are reservoirs for pathogens, especially MDROs

Sinks have been linked to numerous outbreaks

A multi-modal, proactive approach is key to breaking the chain



Thank you!

karoline.sperling@ecolab.com

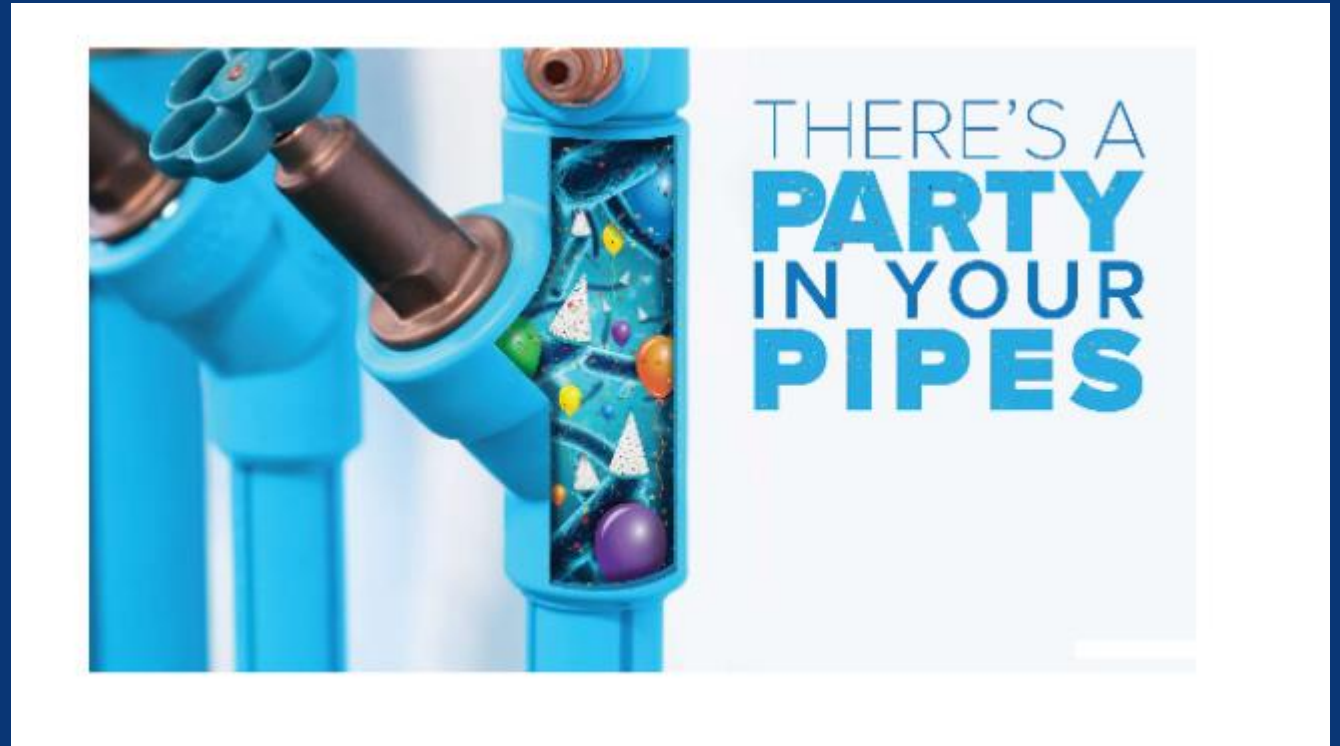


Image: J. Stout, [Special Pathogens Laboratory](#)

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