Interdisciplinary Health Studies (B.S.)

Develop an interdisciplinary perspective and prepare for a fulfilling career as a health care professional.

Health care offers some of today’s fastest-growing careers. The major in Interdisciplinary Health Studies at UND combines courses from across the curriculum to provide both a general knowledge base in the human sciences and the interdisciplinary perspective that health care demands.

Program Snapshot

Program type: Major  
Format: On-campus  
Est. time to complete: 4 years  
Credit hours: 120

Why Study Interdisciplinary Health Studies at UND?

The major in Interdisciplinary Health Studies combines a strong foundation in the liberal arts with a broad education in the human sciences to prepare you for a successful career in any aspect of health care.

You can customize your coursework, drawing from disciplines such as:

- Humanities
- Interdisciplinary Studies
- Psychology
- Anthropology
- Sociology
- Math
- Chemistry
- Biology

The B.S. in Interdisciplinary Health Studies is an especially good choice for students interested in nursing, occupational therapy, physical therapy or any of our pre-health programs. You’ll become a critical consumer of information, lifelong learner and problem solver — and you’ll prepare to succeed in a health-related career.

Priority Application Deadlines

FALL: Feb. 1* (freshmen) | April 15* (transfer students)  
SPRING: Dec. 1  
SUMMER: April 1  
*academic scholarship priority deadline

Program Highlights

- Choose courses from hundreds of fields of study.  
- Explore your interests by joining one of UND’s 275-plus student organizations.  
- Prepare for the workforce with a real-world internship or co-op experience.

Outcomes

40K Median annual salary for massage therapists*  
18% Projected job growth in health care occupations*  

*U.S. Bureau of Labor Statistics
Interdisciplinary Health Studies is a flexible major that opens the door to a world of career choices by allowing you to build your course of study around your professional goals.

The major leads to rewarding careers in any area of health care, including:

- Medical Assistant
- Massage Therapist
- Medical Secretary
- Health Educator
- Midwife
- Holistic Therapist
- Corporate Wellness Manager
- Mental or Behavioral Health Technician
- Social and Human Services Assistant
- Personal Care Aide
- Case Manager
- Health Administration
- Health Data & Analytics
- Health Management
- Health Promotion
- Health & Law