HSR Screening

Section 1: Temperature and Self-assessment Screening for Researchers and HSR Participants

1. Have you traveled outside of the country in the past 14 days?
2. Have you crossed state lines via public transportation (airline, train, or bus) in the past 14 days?
3. Do you have a fever ≥100.4°F?
4. Do you have any of the common symptoms of COVID-19: fever and cough, sometimes difficulty breathing, more rarely sore throat, body aches, headache, chills, diarrhea, nausea/vomiting, and runny nose?
5. Are you considered a “close contact” to a person who has been diagnosed with COVID-19 or has been under investigation for COVID-19 in the last 14 days?

A close contact is defined as being within 6 feet of a COVID-19 case for a period of time greater than 15 minutes within the past 48 hours or someone who was directly coughed or sneezed on.

If your answer is YES to Questions 1 or 2, then you cannot participate in the research until you comply with North Dakota Department of Health recommendations regarding international travel or travel across state lines. If you live in another state with Department of Health guidelines that differ from those of the ND Department of Health, you should defer to and follow whichever state guidelines are the more stringent/restrictive. The researcher should work with their supervisor to determine what protocols to follow before approving participation at a future date. Follow the [North Dakota recommendations](https://www.health.nd.gov/diseases-conditions/coronavirus/travel).

If your answer is YES to Questions 3, 4, or 5, you may not participate in the research. Researcher should contact their supervisor if this screening was done in person.

If you feel you have symptoms of COVID-19, contact Altru’s 24/7 Coronavirus Screening Hotline (701-800-6358).

**Section 2: High-Risk Populations**

1. Are you at higher risk for severe illness based on CDC guidelines (see below) or for any other reason?
2. Are you considered a “close contact” with anyone who would be considered to be at high risk of poor outcomes from COVID-19? A close contact is defined as being within 6 feet of a COVID-19 case for a period of time greater than 15 minutes with the past 48 hours or someone who was directly coughed or sneezed on.

According to the CDC, an individual participant would be considered to be at high risk of poor outcomes from COVID-19 if they meet any of the following:

* People 65 years and older
* People who live in a nursing home or long-term care facility
* People of all ages with underlying medical conditions, particularly if not well controlled, including:
  + People with chronic lung disease or moderate to severe asthma
  + People who have serious heart conditions
  + People who are immunocompromised
    - Many conditions can cause a person to be immunocompromised, including cancer treatment, smoking, bone marrow or organ transplantation, immune deficiencies, poorly controlled HIV or AIDS, and prolonged use of corticosteroids and other immune weakening medications
  + People with severe obesity (body mass index [BMI] of 40 or higher)
  + People with diabetes
  + People with chronic kidney disease undergoing dialysis
  + People with liver disease

Generally speaking, research participants identified as high-risk according to the criteria above should be excluded from the research.  If, however, the PI has research-based reasons for wanting to include those identified as high-risk, and the high-risk participants also express interest in continuing their participation in full awareness of the high risks to their health, the PI should articulate a rationale and additional safety protocols for inclusion of high-risk participants. This rationale will then be evaluated by the HSR Restart Review Committee and IRB.