

SICK TRAY DINING REQUEST FORM

Today's Date _____

Name _____ Student ID # _____

Hall _____ Room # _____

Name of Person Picking Up Tray _____

Select One:

_____ **Traditional Sick Tray**

Choose a meal from daily menu. (1 meal swipe)

_____ **Flu-Fighter Kit 1** (mostly liquids)

Kit 1 (enough for 2 meals = 2 meal swipes) - for the first 24-48 hours of flu-like symptoms:

- 2 Cans of Campbell's Soup
- 1 Pkg. Oatmeal
- 2 Pkg. Saltine Crackers
- 2 Hot Tea Bags
- 1 Nutrigrain Bar
- 3 Sugar Packets
- 1 Can of Sprite
- 1 Powerade
- 3 Apple Juices
- 3 - 10 oz. Bottled Waters
- Utensils, napkins, paper hot cups, disposable bowl

_____ **Flu-Fighter Kit 2** (liquids and more solids)

Kit 2 (enough for 2 meals = 2 meal swipes) - for the 3rd- 4th day, after fever subsides:

- 2 Cans of Campbell's Soup
- 1 Pkg. Oatmeal
- 2 Pkg. Saltine Crackers
- 1 Banana
- 2 Slices Bread
- 4 Packets Peanut Butter
- 4 Packets Jelly
- 1 Nutrigrain Bar
- 2 Hot Tea Bags
- 3 Sugar Packets
- 1 Chocolate Pudding Cup
- 1 Powerade
- 3 Apple Juices
- 3 - 10 oz. Bottled Waters
- Utensils, napkins, paper hot cups, disposable bowl

Remember: The person picking up the meal will need to present their ID card for verification purposes.