



# GROUP EXERCISE SCHEDULE

## SUMMER 2 | JULY 1 - AUGUST 1

### 2024

SUN	MON	TUE	WED	THU	FRI	SAT
	1	2 6:00 PM - NIGHT RIDE CYCLING STUDIO	3 6:00 PM - NIGHT RIDE CYCLING STUDIO	4	5	6
7	8	9 6:00 PM - NIGHT RIDE CYCLING STUDIO	10 6:00 PM - NIGHT RIDE CYCLING STUDIO	11	12	13
14	15 6:00 PM - ZUMBA STUDIO 272/274	16 6:00 PM - NIGHT RIDE CYCLING STUDIO	17 6:00 PM - NIGHT RIDE CYCLING STUDIO	18 6:00 PM - ZUMBA STUDIO 272/274	19	20
21	22 6:00 PM - ZUMBA STUDIO 272/274	23 6:00 PM - NIGHT RIDE CYCLING STUDIO	24 6:00 PM - NIGHT RIDE CYCLING STUDIO	25 6:00 PM - ZUMBA STUDIO 272/274	26	27
28	29 6:00 PM - ZUMBA STUDIO 272/274	30 6:00 PM - NIGHT RIDE CYCLING STUDIO	31 6:00 PM - NIGHT RIDE CYCLING STUDIO	1 6:00 PM - ZUMBA STUDIO 272/274		

PRE-REGISTRATION & DROP IN AVAILABLE >>> [UND.EDU/GROUPEXERCISE](http://UND.EDU/GROUPEXERCISE)

CLASS OFFERINGS ARE SUBJECT TO CHANGE ON MOMENTS NOTICE. PLEASE REFER TO THE WELLNESS APP FOR THE MOST UPDATED SCHEDULE. ALL CLASSES 45 MINUTES LONG.