Summer Fruit Salad

- 1 pint fresh blueberries
- 6 oz. package fresh blackberries
- 6 oz. package fresh raspberries
- 1 lb. fresh strawberries
- 1 nectarine
- 1 white peach
- 1/2 of a fresh pineapple
- Juice of one orange
Summer Fruit Salad

1. Wash hands with warm soapy water, for 20 seconds. Make sure to clean around your wrists, in between your fingers, and under your fingernails.

2. Wash all fresh produce, especially anything where you will be eating the peel/skin.
   a. In this case, everything except for the pineapple and orange.

3. Place washed blueberries, raspberries, and blackberries in a medium sized mixing bowl.
   a. Make sure that all the little stems are removed from the blueberries.

4. Halve nectarine and remove pit.
   a. Slice nectarine into 1/4 inch wedges and add to the mixing bowl.

5. Halve peach and remove pit.
   a. Slice peach into 1/4 inch wedges and add to the mixing bowl.

6. Remove the stems from the tops of the strawberries.
   a. Cut strawberries into 1/4 inch slices and add to the mixing bowl.

7. Cut the top & bottom off of the pineapple and cut the pineapple vertically down the middle.
   a. Remove the core of the pineapple.
   b. Remove the skin/rind and any eyes from the edible part of the pineapple.
   c. Cut the pineapple into 1/2 inch pieces/wedges and add to the mixing bowl.

8. Squeeze the juice of a whole orange over the mixing bowl.

9. Using a spoon, mix the contents of the mixing bowl together.

Bon Appetit!