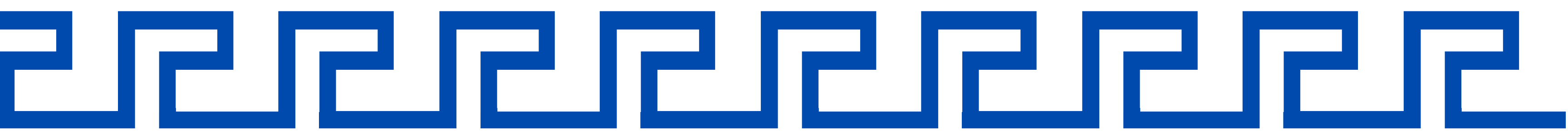




Greek Yogurt Parfait

- 1 - 5.3 oz. Chobani Blueberry Greek Yogurt (or yogurt of your choice)
- 1/4 cup of Taste of Seattle granola (or granola of your choice)

1. Wash hands for 20 seconds, making sure to get between the fingers, under your nails, and around the wrists.
2. If your yogurt comes with fruit on the bottom, make sure to mix the yogurt so that the fruit is fully incorporated.
3. Add a fourth cup of granola to the yogurt and mix it together.
4. Enjoy!



Greek Yogurt Parfait

- This pairs great with a piece of fruit (apple or banana).
- Feel free to use plain yogurt and sweeten it with honey and fresh berries.
- Feel free to use your favorite granola, just make sure to read the nutrition label and choose a low added sugar option.

