Super Simple Pasta Salad

• Salad:
  ◦ 1 box of whole wheat pasta
  ◦ 2 European Cucumbers, sliced
  ◦ 16 oz. cherry tomatoes, halved
  ◦ 3 bell peppers, diced
  ◦ 1 can red kidney beans, rinsed & drained
  ◦ 1 jar pitted Kalamata olives, drained
  ◦ Crumbled feta cheese

• Dressing:
  ◦ 1/2 cup EVOO
  ◦ 1/4 cup balsamic vinegar
  ◦ 3 cloves of garlic, minced
  ◦ 1/2 shallot, finely chopped
  ◦ 1/4 tsp. ground black pepper
  ◦ Dash of salt
  ◦ 1/2 tsp. cumin
  ◦ 1/2 tsp. paprika
  ◦ 1/2 tsp. ground cayenne pepper
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1. Wash hands with warm soapy water, for 20 seconds. Make sure to scrub around your wrists, in between your fingers, and under your nails.
2. Fill a large pot with water and bring to a boil.
   a. Once the water is boiling add the pasta, and cook according to the instructions on the box.
3. Thoroughly wash all fresh produce.
4. Slice cherry tomatoes in half and place in a large salad bowl.
5. Peel and slice cucumbers. The cucumber slices should be 1/8 inch thick wedges. Add cucumber wedges to the large salad bowl.
6. Remove the stems, seeds, and veins from the bell peppers. Cut into 1/4 inch pieces. Add diced bell pepper to the large salad bowl.
7. Place cooked pasta in the large salad bowl.
8. Drain and rinse a can of red kidney beans. Place beans in large salad bowl.
9. Add feta and olives to the large salad bowl.
10. Mix contents of the bowl, until everything is fully incorporated.
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For the dressing:
1. Pour 1/2 cup of EVOO in a measuring cup.
2. Add 1/4 cup of balsamic vinegar to the measuring cup.
3. Mince 3 cloves of garlic and add to the measuring cup.
4. Mince/Finely chop half of a shallot, and add to the measuring cup.
5. Add 1/4 tsp. of ground black pepper, dash of salt, 1/2 tsp. cayenne pepper, 1/2 tsp. cumin, and 1/2 tsp. paprika to the measuring cup.
6. Whisk the dressing together.
7. When fully emulsified, pour over the pasta salad.
8. Toss the salad to make sure it is thoroughly coated in dressing.

BON APPETIT!!!