



MEMBERSHIP INFORMATION

WHAT IS THE HEALTHY UND COALITION?

The Healthy UND coalition is comprised of students, faculty and staff interested in promoting health and wellness on campus. It serves as a communication and coordination network for health and wellness issues on campus. In addition to its communication role, the coalition focuses on campus health and wellness priorities. Healthy UND's mission is to, "Work in partnership to promote healthy lifestyle choices by enhancing awareness, building skills, changing social norms, and creating a healthier environment."

CRITERIA FOR MEMBERSHIP

- ◆ Any UND student, faculty, or staff member is eligible for membership in the coalition.
- ◆ There are no membership fees.
- ◆ Time commitment varies per month depending on meeting length and sub-committee work, however the average time requirement is approximately 1-2 hour(s) per month.

BENEFITS OF INVOLVEMENT

- ◆ Access to UND's premier network of health and wellness organizations and leaders on campus.
- ◆ Stay on the cutting edge of health and wellness issues.
- ◆ Directly influence health and wellness decisions on campus.
- ◆ Develop communication and leadership skills.

LEVELS OF INVOLVEMENT

INDIVIDUAL MEMBER – Includes any UND student, faculty, staff, or member of the community.

- ◆ Subscribe to the listserv to receive e-mail updates.
- ◆ Attend Healthy UND Coalition meetings.
- ◆ Promote positive health and wellness issues on campus.

PARTNER ORGANIZATION – Includes any UND organization that supports the mission of the Healthy UND Coalition.

- ◆ Subscribe to the listserv to receive e-mail updates.
- ◆ Appoint an **organization liaison** to attend monthly Healthy UND Coalition meetings.
- ◆ Communicate Healthy UND Coalition information to the members of the organization.
- ◆ Promote positive health and wellness issues on campus.
- ◆ Post upcoming organization events/announcements at www.healthy.und.edu.

FINANCIAL SPONSOR – Includes any person or organization that contributes funds.

- ◆ Donate funds to the Healthy UND Coalition and/or the Healthy UND 2020 initiative.



INFORMATION SUBMISSION

If you have any questions please contact Jane Croeker, staff co-chair, janecroeker@mail.und.edu, or Michael Little, student co-chair, michaellittle@mail.und.edu. Please submit applications to the Student Health Promotion Office in the Memorial Union or send through the mail to:

Healthy UND Coalition
McCannel Hall Room 100
2891 2nd Avenue North, Stop 9038
Grand Forks, ND 58202-9038

PLEASE PROVIDE THE FOLLOWING:

1. CONTACT INFORMATION (PLEASE PRINT)

Name:

Address:

Phone:

E-mail:

Student Faculty Staff Other:

Department/Major:

2. DESIRED LEVEL OF INVOLVEMENT

Individual Member Organizational Liaison Financial Sponsor

Other:

3. QUESTIONS:

A. Why are you interested in becoming a member of the Healthy UND Coalition?

B. What qualities/expertise do you possess that would benefit the Healthy UND Coalition?

C. With whom would you share health and wellness information on our campus?

Student organization(s) Department(s) Class(es) Other: