The Dr. Robert H. Boyd Healthy UND Champion Award is named in recognition of a true champion of health and wellness at the University of North Dakota. Its purpose is to recognize the achievements of an individual, department, or group who have worked to improve the health and wellness of UND students, faculty, and staff by enhancing awareness, building skills, changing social norms, and creating a healthier environment. The award will be presented at the Annual Healthy UND Coalition meeting in the fall.

**Background:** In October of 2000, then-President Charles Kupchella officially launched the Healthy UND Coalition and charged Vice President for Student and Outreach Services Dr. Robert Boyd with its organizational oversight. From 2000 to his retirement in 2011, Dr. Boyd championed the expansion of health and wellness programs, services, and facilities that directly benefited the campus community. He was an advocate for the University’s efforts to focus on the seven dimensions of wellness.

On August 26th, 2010 the Dr. Robert Boyd Healthy UND Champion Award was launched with the presentation of the award to Dr. Boyd at the 10 year anniversary celebration of the Healthy UND Coalition.

At the 2011 Healthy UND Annual meeting, Kim Ruliffson, UND’s Worksite Wellness Coordinator, was the second recipient of the award. Kim is known to go above and beyond her job duties to find a creative, sustainable, and effective way to encourage a healthier lifestyle among UND staff and faculty, bringing out the best in UND employees. Kim has partnered with many different companies including the American Heart Association, Blue Cross Blue Shield, NDPERS, and the CEO Roundtable on Cancer to ensure that UND employees have the best care and resources available to live a healthier life.

During the 2012 Healthy UND Annual meeting, Scotty Dunbar was recognized as the third recipient of this award. Scotty serves as a Residence Life Coordinator in Walsh Hall, and was recognized by his peers and colleagues for his dedication, passion, and commitment to working with students and engaging them in making healthy decisions. Scotty was noted as an active participant on the UND Alcohol and Other Drugs Committee and the Black History/Martin Luther King Day Planning Committee. Overall, Scotty is viewed as a leader who contributes to the health and wellness of both students and staff.

**Deadline:** Nominations for the Dr. Robert H. Boyd Healthy UND Champion Award are due no later than Wednesday, May 15 at 4:30pm Central Standard Time.

**Instructions:** The attached nomination form, one letter of support, and up to three additional pages for answers to questions 4-7 are required for the individual, department or group to be considered. This information should be sent to: The Health and Wellness Hub, Memorial Union Room 149, 2109 University Ave, Stop 8262, Grand Forks, ND 58202 or e-mailed to: und.hwhub@und.edu.

For additional information please contact the Health and Wellness Hub at 701-777-2097.
Nomination Form
Dr. Robert H. Boyd Healthy UND Champion Award

1. Your name: ____________________________________________

2. Nominee: __________________________________________________________________________

3. Is the nominee a: ☐Staff ☐Faculty ☐Student ☐Department ☐Group ☐Other

Please limit your answers to the following questions to no more than three pages.

4. Explain how the individual, department or group contributes to healthier UND students, faculty, and/or staff.

5. Tell us about the significance of the impact that the individual, department, or group is making on the campus community. Expand your response to address the sustainability and effectiveness of the impact.

6. Describe the partnerships that the individual, department or group has developed to promote healthy lifestyle choices by enhancing awareness, building skills, changing social norms, and creating a healthier environment.

7. Which of the seven dimensions of wellness has the individual, department or group emphasized? Physical, emotional, social, spiritual, occupational, intellectual, and environmental.

__________________________________________________________________________
Nominator’s Address

__________________________________________________________________________
Nominator’s Phone Number

__________________________________________________________________________
Nominator’s Signature

__________________________________________________________________________
Date

The nomination form and one letter of support are required for the individual, department or group to be considered. All forms should be sent to: The Health and Wellness Hub, 149 Memorial Union, Stop 8262, Grand Forks, ND 58202 or e-mailed to: und.hwhub@und.edu no later than Wednesday, May 15 at 4:30pm CST.