Brought to you by the Osher Lifelong Learning Institute

in partnership with

UND
NORTH DAKOTA

in partnership with

BISMARCK
STATE COLLEGE
The Bernard Osher Foundation

With an endowment from the Bernard Osher Foundation, the University of North Dakota joins universities across the United States at the forefront of a national initiative to provide learning opportunities to serve the intellectual and cultural needs of older adults.

The Osher Lifelong Learning Institute at the University of North Dakota, OLLI@UND, offers more than 125 educational opportunities each year to 600+ members in the Red River Valley as well as the Bismarck and Mandan areas. Our members, ranging in age from 50 to 100+, enjoy the interaction, knowledge, new ideas and friends they meet while OLLI is in session. Come and learn more about the intellectual discovery, creative challenge, and camaraderie of OLLI@UND. There’s a chair waiting for you!

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Friends and Partners

OLLI@UND benefits from collaborations with many non-profit organizations and local businesses. Their support of lifelong learning is greatly appreciated by all OLLI members and the community. Thank you for your support!

- AARP of North Dakota
- Altru Health System
- Culvers
- EGF Campbell Library
- EGF City Hall
- Edgewood/Parkwood Senior Living
- Golden Link Center
- Myra Museum
- ND Heritage Center and State Museum
- Silver Waters
- Touchmark on West Century
- UND Alumni Association & Foundation - Gorecki Alumni Center
- UND Hyslop Sports Center
- UND School of Medicine & Health Sciences
- UND Women’s Center

And our host institutions: University of North Dakota and Bismarck State College

Instructors

Instructor bios can be found at UND.edu/OLLI/Instructors.

Membership Benefits

- Explore a broad range of topics in liberal arts, sciences and current events.
- Discover a new passion or explore subjects of long-standing interest.
- Make connections with other OLLI members during courses and activities.
- Keep active, stay mentally fit, enrich your life!
- Enjoy special events and many free activities.
- You will have first access to OLLI classes, lectures, and discussion groups.
- You will receive course catalogs and e-mails announcing OLLI and local campus events.

OLLI Ambassadors

OLLI Ambassadors have gone above and beyond to help OLLI@UND succeed in its mission to provide life-long learning opportunities in Bismarck, Grand Forks and their surrounding communities. Perhaps you welcomed your fellow OLLI members on the first day of class, introduced the instructor and collected evaluations, or volunteered to teach a course, or gifted your time in a million different other ways, please accept my heartfelt thanks and gratitude. You are valued and appreciated! If you are interested, call Connie at 701-777-4840.

Connie Hodgson
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FALL/WINTER SHOWCASES

FREE and OPEN to the Public! • Bring a Friend!

Grand Forks

Monday, August 29, 2016
4:00 – 6:00 pm
Gorecki Alumni Center | UND Campus
3501 University Ave. | Grand Forks

Bismarck

Thursday, September 1, 2016
4:00 - 6:00 pm
National Energy Center of Excellence
Bavendick | 1200 Schafer St | Bismarck

Create an online profile with OLLI@UND, in partnership with Bismarck State College!

• Renew and purchase memberships
• View and register for courses, lectures, trips and tours
• A convenient and secure way to sign up for OLLI happenings

Get started by visiting register.UND.edu

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1.800.225.5863 | olli.UND.edu | 3
It’s Christmas 1183, and King Henry II is planning to announce his successor to the throne. The jockeying for the crown, though, is complex. Henry has three sons and wants his boy Prince John to take over. Henry’s wife, Queen Eleanor, has other ideas. She believes their son Prince Richard should be king. As the family and various schemers gather for the holiday, each tries to make the indecisive king choose their option.

Trip includes deluxe motor coach transportation and theatre tickets. Does not include alcoholic beverages or personal incidentals. Dinner is on your own. (Longhorn Steak House)

Deadline for registration is Monday, November 7. No refunds after October 31.

Must have at least 22 people for the trip to go.
The Letters (2014)
On Sept. 10, 1946, Mother Teresa (Juliet Stevenson) receives a message from God that tells her to help the poor, the sick and the downtrodden. Her new purpose initially causes conflict with the Roman Catholic Church and the government of India. After her death, a Vatican priest begins to recount her life’s work, her political oppression and her unbreakable spirit. As her story unfolds through 40 years of personal letters, history remembers her as one of the world’s greatest humanitarians. Cast: Juliet Stevenson, Max von Sydow, Rutger Hauer

Ben Kingsley narrates this portrait of Winston Churchill that explores his impact on the course of world events and his influence on modern diplomacy.

Brooklyn (2015)
After emigrating from Ireland, Eilis Lacey readily adapts to the vastly different New York City, where she falls for a young Italian. But when tragedy pulls her back to her hometown, she finds her loyalties divided between two nations -- and two men. Cast: Saoirse Ronan, Domhnall Gleeson, Emory Cohen

Janis: Little Girl Blue (2015) (Documentary)
Janis Joplin is one of the most revered and iconic rock & roll singers of all time, a tragic and misunderstood figure who thrilled millions of listeners and blazed new creative trails before her death in 1971 at age 27. With Janis: Little Girl Blue, Oscar-nominated director Amy Berg examines Joplin’s story for the first time on film, presenting an intimate and insightful portrait of a complicated, driven, often beleaguered artist.

Ben Kingsley narrates this portrait of Winston Churchill that explores his impact on the course of world events and his influence on modern diplomacy.
classics because they have great themes that every
generation at any stage in life can understand—the
over-riding one being the conflict between good
and evil. Friendship, loyalty, and acceptance will
be discussed as will the imagination of J.K. Rowl-
ing. How did she put it all together and how do
her imaginings get into your head? We will read
the backstories she wrote for her characters and
much more. Every month we’ll read a book and
then meet the 1st Wednesday of the month to
discuss it. The first meeting, September 7, will be
organization, coffee, and talk.

No registration necessary.
For more info, call Betty at 701-772-0932

Special Interest Group:
Shakespeare!

Thursday, September 15 | 1:00 pm
Culvers | 3451 32nd Ave. S

The group views and reads Shakespearean plays
separately, then meets on the 3rd Thursday of
every month to discuss the bard’s works, with the
goal of eventually reviewing all of the plays. Come
and learn why Shakespeare’s pertinence in con-
temporary life is so amazing. The conversation is
casual, friendly, and all are welcome to attend.

No registration necessary.
For more info, call Betty at 701-772-0932

Special Interest Group:
Reading through the Presidents

Wednesday, September 28 | 1:00 pm
Myra Museum | 2405 Belmont Rd

Read anything on President Woodrow Wilson to
share with others at the discussion. Group will
continue to meet the 4th Wednesday of every
month. The conversation is casual, friendly, and
all are welcome to attend.

No registration necessary.
For more info, call Betty at 701-772-0932

Special Interest Group:
Brain Talk!

Friday, October 7 | 11:30 am - 1:00 pm
Gustafson Hall | Lower Level
3264 Campus Road | UND Campus

Use the lower level entrance on the west side of the
building. Requires Parking Permit.

This group will view and discuss the popular,
nationally broadcasted PBS TV program Charlie Rose: Brain Series. Charlie Rose is an Emmy
award winning journalist and has been praised as
“one of America’s premier interviewers”. On this
series, Charlie and cohost, Dr. Eric Kandel, have
leading doctors and scientists discuss biology,
behavior, and the brain. Group will meet the 1st
Friday of every month beginning October 7.
Conversations are casual, friendly.

No registration necessary.
For more info, call Betty at 701-772-0932

Author’s Notes: Life and Times
of the Atomic Bomb: Nuclear
Weapons and the Transformation of
Warfare

by Dr. Albert Berger, Veteran OLLI Presenter

Session#: GF-0008

Thursday, October 27 | 9:30 - 11:30 am
Parkwood Senior Living | 749 S 30th St.
Use entrance PWP-8 from south parking lot.

Life and Times of the Atomic
Bomb takes up the question of how the world found itself
in the age of nuclear weapons — and how it has since tried to
find a way out of it. Dr. Berger charts the story of nuclear
weapons from their origins through the Atomic Age and
the Cold War up through the present day, arguing that an understanding of the history of nuclear
weapons is crucial to modern efforts to manage
them. Topics include nuclear strategy debates,
weapon system procurement decisions, and arms
control conferences through the people and lead-
ers who experienced them.
Ralph Engelstad Arena
“No dream comes true until you wake up and go to work.” - Ralph Engelstad

With Ron Hanson, Ralph Engelstad Arena
Session#: GF-0009 | $18
Monday, September 12 | 1:30 - 3:00 pm
Ralph Engelstad Arena | UND Campus
Please arrive no later than 1:15 pm.
Max 20 people
Requires Parking Permit.

Ralph Engelstad Arena, which seats 11,643, opened on October 5, 2001 and is located on the UND campus. The REA is home to the UND men’s and women’s ice hockey teams, and hosts select games for UND men’s and women’s basketball. Called the “Taj Mahal of hockey,” the arena was built with materials that would not usually be found in such a facility. For instance, the concourses of the REA are covered in granite flooring, each spectator seat is made of Cherry wood and leather upholstery, escalators bring spectators between levels, and full-color LCD displays dot the arena. In its inaugural season (2001-02) in the new Ralph Engelstad Arena, hockey attendance erupted into an all-time high. All of the games in this 11,634 capacity hockey arena sold out in just 43 minutes after single game tickets went on sale! Join us for a tour of the “finest facility of its kind in the world.”

American Crystal Sugar Plant
With Lloyd Kennedy, American Crystal Sugar Co.
Session#: GF-0010 | $18
Monday, September 19 | 1:30 - 3:00 pm
18 4th St NE | East Grand Forks
Please arrive no later than 1:15 pm.
Max 15 people

American Crystal Sugar Company is a world-class agricultural cooperative. On this tour you will learn more about the company’s history, production of sugar and related agri-products. Must wear closed toe shoes.

The Grand Forks Air Force Base
With SSgt. Desiree Economides
Session#: GF-0011 | $35
Monday, September 26 | 7:30 am - 1:30 pm
(The tour/lunch is from 8:00 am - 12:30 pm)
Meet in the NW corner of the Walmart parking lot on Hwy 2 W no later than 7:15 am. Bus will leave from parking lot at 7:30 am and return at approximately 1:30 pm.
Max 20 people

Learn about the mission at Grand Forks Air Force Base and what our Airmen are doing to preserve the American Dream. This tour will have its fair share of walking so please wear closed toe, non-slip shoes. Following briefings and an up-close look at a Global Hawk, we will enjoy a buffet lunch at the Club on base. Cutoff date for registration: Wednesday, September 7 by 12:00 midnight. For tours at a security facility such as this, OLLI requires the birth date, SS number, and driver’s license number of each participant 14 days prior to the trip.

Tour includes transportation to and from GFAFB and lunch.

The New UND School of Medicine and Health Sciences
With Jessica Sobolik, Dir. of Alumni and Community Relations for the SMHS
Session#: GF-0012 | $18
Monday, October 3 | 1:30 - 3:00 pm
1301 N. Columbia Rd. | UND Campus
Please arrive no later than 1:15 pm.
Max 20 people
Requires Parking Permit.

In May, 2013, the 63rd Assembly of the North Dakota Legislature approved funding for a new $124 million, 325,000-square-foot, and four-story University of North Dakota School of Medicine and Health Sciences building in Grand Forks, ND. Construction began in Grand Forks in March, 2014. Today, construction of the building is nearly complete and many departments have already moved in. Join us for a tour of this brand new state-of-the-art facility.
Robin Hall, UND Aerospace’s newest addition, will be the new headquarters for unmanned aircraft systems programs at UND’s John D. Odegard School of Aerospace Sciences. The research facility that will go a long way in serving the school’s rapidly growing UAS enterprise as well as other aerospace related research activities. UND’s Center of Excellence for Unmanned Aircraft Systems, which will be a major tenant of the new research building, was the first collegiate degree program of its kind in the nation and is quickly becoming, one of, if not the largest and most widely recognized program in the world.

The New UND School of Medicine and Health Sciences

With Jessica Sobolik, Dir. of Alumni and Community Relations for the SMHS

Session#: GF-0014 | $18

Thursday, February 23 | 1:30 - 3:00 pm
1301 N. Columbia Rd. | UND Campus
Please arrive no later than 1:15 pm.
Max 20 people
Requires Parking Permit.

In May 2013, the 63rd Assembly of the North Dakota Legislature approved funding for a new $124 million, 325,000-square-foot, and four-story University of North Dakota School of Medicine and Health Sciences building in Grand Forks, ND. Construction began in Grand Forks in March 2014. Today, construction of the building is nearly complete and many departments have already moved in. Join us for a tour of this brand new state-of-the-art facility.

Introduction to Music Therapy

Introducing Carly Flaagan, Board Certified and Licensed Music Therapist

Session#: GF-0016 | $65

Mondays, September 12, 19, 26
October 3, 10, 17 | 5:00 - 7:00 pm
Silver Waters | 3783 S 16th St | Grand Forks
Max 16 people

Learn about the history and practice of music therapy through interactive lectures and musical experiences taught by local music therapist, Carly Flaagan. Find out who music therapy serves, how music therapy can be beneficial and the current trends in today’s inter-professional health care world. This course will be held in January 2017 as well. See page 14.
The “Me” in Memoir
With Ron Vossler, Veteran OLLI Presenter
Session#: GF-0017 | $65
Tuesdays, September 13, 20, 27, October 4, 11, 18 | 9:30 - 11:30 am
City Hall
600 DeMers Ave. | East Grand Forks
Max 24 people
This course will focus on the reading and writing of a memoir. The informal teaching format will encourage discussion and reflection concerning a range of actual models to use in writing about the events in one’s own life, including the instructor’s own book of memoir. Part of each class period will include in-class writing – with emphasis on the writing process, from initial brainstorming, drafting, feedback, revising, to completion of a final draft of at least one life experience. There will also be a discussion and examination of the various possible intended audiences for your memoir, from professional outlets to writing for your own family and forthcoming generations. Bring pen and paper to class.

Jesus, Sin and God’s Forgiveness
With Tom Rohland, Veteran OLLI Presenter
Session#: GF-0018 | $18
Tuesday, September 13 | 1:30 - 3:00 pm
Silver Waters
3783 S 16th St. | Grand Forks
Max 16 people
Christianity is comprised of those individuals who want to belong to God’s family, and who believe that Jesus, by his words, actions and life after death – has shown the world what God is like. Christians also believe in sin and in God’s forgiveness. What did Jesus say and not say about God’s forgiveness of sin? Christians should expect this class to be thought provoking.

Back from the Tundra!
Canadian Wildlife UAS 2016
With Andrew Barnas, Veteran OLLI Presenter Introducing Tanner Stechmann and Sam Hervey
Session#: GF-0020 | $18
Tuesday, September 13 | 3:30 - 5:30 pm
Parkwood Senior Living | 749 S 30th St.
Use entrance PWP-8 from south parking lot. Max 60 people
After Michael Harvey, OLLI member, took Andrew’s class last May, he said...“Andrew Barnas had the best presentation I have seen, with OLLI or any other venue. He easily moved back and forth in the sequence to answer questions and explain his points. Andrew drew us into his world
of discovery, research and science as it was meant to be. We were treated to meaningful insights into the man, the project and the science.” Andrew is back – by popular demand! AND, he’s bringing along two guys just like him! Hear about their new adventures from this past summer in northern Canada as they conducted research on wildlife with UAS technology in a sub-arctic ecosystem.

The Art, Science and Voodoo of Traditional Oriental Medicine/ Acupuncture

*Introducing Margaret Landry, L. Ac.*

**Session#: GF-0021 | $40**

**Thursdays, September 15, 22, 29**
1:30 - 3:30 pm

Former UND School of Medicine
501 N Columbia Road | Grand Forks
East Entrance Room 5510

*Max 25 people*

How does acupuncture/Traditional Chinese Medicine differ from allopathic medicine and what are the challenges in researching acupuncture treatment effectiveness? The 5 Phase (or Element) Theory of Traditional Chinese Medicine represents a system for viewing the relationship between man and nature, and the dynamic mutual restraint, generation, and interdependence of the physiological functions of the body and emotions. Non-drug options for pain management will also be discussed.

Word by Word with Matthew

*With Tom Rohland, Veteran OLLI Presenter*

**Session#: GF-0022 | $65**

**Wednesdays, September 21, 28**
**October 5, 12 | 1:30 - 3:00 pm**

Campbell Library
422 4th St NW | East Grand Forks

*Max 15 people*

No stone will be left unturned as we read through this biography of Jesus, which was written by one of his twelve select companions, a former tax collector. Scholars estimate that this biography was written about 35 years after Jesus’ death and resurrection. Bring a primary source of reference, either the New English Bible New Testament or any New Testament you may have.

**Being Mortal by Atul Gawande**

*Introducing Treasure Omdahl, OLLI Member*

**Session#: GF-0023 | $50**

**Wednesdays, September 21, 28**
**October 5, 12 | 1:30 - 3:00 pm**

Campbell Library
422 4th St NW | East Grand Forks

*Max 15 people*

For the sake of meaningful discussion, it’s imperative that you read the book prior to the first day of class. Look for the book in libraries, bookstores or Amazon.com

What matters toward the end of our lives? Read Dr. Atual Gawande’s book “Being Mortal” and we will discuss it as it pertains to our own experiences. Author Dr. Gawande, a well-known surgeon and author, admits that medicine can only do so much but he discovered in his practice as well as in others, how we can all do better – all the way to the very end. Just when we thought we have done all we need to prepare for this time of life, we will get clues on how to make our lives even more satisfying. The clue is to include some “hard conversations” with our families and physicians and after this class, you’ll be more prepared to take charge.

**Federalism: A Constitutional Relationship**

*With Lloyd Omdahl, Veteran OLLI Presenter*

**Session#: GF-0024 | $40**

**Wednesdays, September 21, 28**
**October 5, 12, 19, 26 | 4:00 - 5:00 pm**

Campbell Library
422 4th St NW | East Grand Forks

*Max 15 people*

This course will include topics such as Inadequacy of the Articles of Confederation; Federalism as a compromise/carving a role for states; nullification, civil war and recent secessionist sentiments;
Impact of the Fourteenth Amendment, power to tax & spend, commerce clause, war powers; Playing the presidential game in a federal system; Review of issues of states’ rights and national power.

Folding the Nature of the Circle
Introducing Bradford Hansen-Smith, Bronze Sculptor and Steel Fabricator

Session#: GF-0025 | $60
Lab Fee: $5.00 to be paid to the presenter on the first day of class.

Thursdays, October 6, 13, 20, 27 November 3, 10 | 3:30 - 5:30 pm
Campbell Library
422 4th St NW | East Grand Forks
Max 15 people

A unique, hands-on, learning experience; easier and more inclusive than origami. This principled and comprehensive approach to STEAM (Science, Technology, Engineering, Art, and Math) is for anyone that can fold a circle in half. We will be looking for what we do not see, folding and talking about things we do not know. This will change your idea about the circle, and how you view the world. This course will be held in January 2017 as well. See page 13.

The Physiology of Addictions
With Tom Solem, Staff Counselor at the UND Counseling Center

Session#: GF-0027 | $18

Thursday, October 13 | 12:30 - 2:00 pm
Parkwood Senior Living | 749 S 30th St.
Use entrance PWP-8 from south parking lot.
Max 60 people

According to a report from the Centers for Disease Control and Prevention, excessive alcohol use accounts for 1 in 10 deaths among working-age adults ages 20-64 years in the United States.... and that’s just one addiction. Science and research now give insight into how to best inform high risk users of the importance of biological, environmental and developmental changes within the individual who are using any substance in a dangerous way. Tom will share how a comprehensive approach effectively addresses barriers for at risk substance users as well as how it gives the user an opportunity to get the help they need.

American Indians and Star Quilts
With Dr. Birgit Hans, Veteran OLLI Presenter

Session#: GF-0026 | $18

Monday, October 10 | 12:30 - 2:30 pm
Parkwood Senior Living | 749 S 30th St.
Use entrance PWP-8 from south parking lot.
Max 60 people

On the Northern Plains, American Indian women were taught how to quilt by teachers, field matrons and missionaries in the late 19th century. Quickly, the star quilt became the preferred quilt pattern, and by the middle of the 20th century the star quilt had become an important social and economic commodity on the reservations. We will explore how and why the star quilt became a symbol of American Indian identity on the Northern Plains.

Four Very Special North Dakotans
With Dr. Kenneth Dawes, UND Professor Emeritus, Veteran OLLI Presenter and OLLI Member

Session#: GF-0028 | $18

Wednesday, October 26 | 9:30 - 11:30 am
Parkwood Senior Living | 749 S 30th St.
Use entrance PWP-8 from south parking lot.
Max 60 people

Ole Rolvaag, author of Giants in the Earth, once wrote: “…I am interested in human beings. And there will scarcely be a life history which it would not be interesting to look at if it were singled out for scrutiny. Human portraiture has no end. It is manifold and inexhaustible as life itself.” We will examine the lives of four largely unknown North Dakotans and the contributions they each made to the well-being of our citizens: Rev. August Hoeger of Arthur, Harriet Campbell Jones of Lisbon, Judge A. M. Christianson of Bismarck, and Father Elwood Cassedy of Sentinel Butte. It is doubtful they even knew of each other. What they had in common was a commitment to make life better for North Dakotans with special needs -- the disabled, the delinquent, the sick, and the poor. They are truly unsung heroes and heroines.
Re-Discovering Lawrence Welk

Introducing Dennis Almer, Retired USAF Lt. Colonel from the GFAFB

Session#: GF-0029 | $18

Tuesday, November 1 | 1:30 - 3:30 pm
Parkwood Senior Living | 749 S 30th St.
Use entrance PWP-8 from south parking lot.
Max 60 people

Only a simple reminder to “Keep a Song in Your Heart” is carved on the modest gravestone that marks where Lawrence Welk was buried in Santa Monica, CA, May of 1992. His life’s work was just that… at almost every turn… which means he proverbially became a master at “making lemonade”. The presentation of Re-discovering Lawrence Welk is a history lesson that actually extends back into the late 1800s when the Germans from Russia migration to the U.S. occurred and North Dakota became their “promised land” with the advent of statehood in 1889. The story of Lawrence Welk and his musical family is just the reason why hard work, self-determination, recognizing opportunities, and honoring a promise are markers in North Dakota lifestyle to this day. The Ludwig and Christina Welk Farm near Strasburg, ND, is the focal point of several historical, familial, and cultural events that formed the “perfect storm” for Lawrence’s achievements - his life-long dream of not only becoming a musician; but a band leader/manager on national stage, radio, and television. He succeeded in doing that and then some. Of special note, the Welk Farm near Strasburg recently became part of the ND State Historical Society on July 1, 2015.

Word by Word with John

With Tom Rohland, Veteran OLLI Presenter

Session#: GF-0031 | $65

Wednesdays, January 11, 18, 25, February 1, 8, 15, 22, March 1, 8 | 9:30 - 11:30 am
Silver Waters | 3783 S 16th St | Grand Forks
Max 16 people

Scholars estimate that this biography of Jesus, written by John, one of his twelve select companions and former fisherman, was written about 60 years after Jesus’ death and resurrection. Bring a primary source of reference, either the New English Bible New Testament or any New Testament you may have.

Around the World in 8 ½ Weeks!

With Lillian Elsinga, Veteran OLLI Presenter and introducing Boyd Wright

Session#: GF-0032 | $18

Thursday, January 12 | 9:30 - 11:30 am
Parkwood Senior Living | 749 S 30th St.
Use entrance PWP-8 from south parking lot.
Max 60 people

Have you ever wanted to go on a trip around the world? Well, now you can, albeit vicariously through Lillian Elsinga and Boyd Wright. This presentation will include a slide show of their travel to six continents, ten countries, and fifteen cities around the world. The program will also highlight the cultural, historic, political, social comments and insights they learned through the peoples they met. Discussion is encouraged.
Folding the Nature of the Circle
With Bradford Hansen-Smith, Veteran OLLI Presenter
Session#: GF-0033 | $60
Lab Fee: $5.00 to be paid to the presenter on the first day of class.

Thursdays, January 12, 19, 26
February 2, 9 | 3:30 - 5:30 pm
Campbell Library
422 4th St NW | East Grand Forks
Max 16 people

A unique, hands-on, learning experience; easier and more inclusive than origami. This principled and comprehensive approach to STEAM (Science, Technology, Engineering, Art, and Math) is for anyone that can fold a circle in half. We will be looking for what we do not see, folding and talking about things we do not know. This will change your idea about the circle, and how you view the world.

Powwows: Celebrations of American Indian Identity
With Dr. Birgit Hans, Veteran OLLI Presenter
Session#: GF-0035 | $18

Wednesday, January 18 | 9:30 - 11:30 am
Parkwood Senior Living | 749 S 30th St. Use entrance PWP-8 from south parking lot.
Max 60 people

Powwows take place everywhere today; they mark both urban and rural communities. Most of us have seen or even participated in these colorful celebrations and have admired the beautiful regalia and the skill of the dancers. In this session we will explore the various elements that make up the powwow (for example, regalia, music, dance categories) and, most importantly, the reasons for and meanings of these celebrations.

President Hayes: Forgotten Hero or Fraudulent Fool?
With Dr. Kimberly Porter, Veteran OLLI Presenter
Session#: GF-0034 | $65

Tuesdays, January 17, 24, 31
February 7, 14, 21 | 4:00 - 6:00 pm
Parkwood Senior Living | 749 S 30th St. Use entrance PWP-8 from south parking lot.
Max 60 people

Most Americans have never heard of President Rutherford B. Hayes, except perhaps as the winner of the fraud-wracked election of 1876. Few can point to any achievement of his administration. Such a view is short-sighted. In his four years in office, Hayes effectively ended military reconstruction in the American south, shored up the nation’s economy by enforcing a gold standard, negotiated a peace treaty with Paraguay and contemplated building a Panamanian canal. During their White House years, Hayes and his family had multiple cows and horses, as well as five cats, five dogs and five birds.

All in One Sack: Humor and Tragedy in the Life of Germans from Russia
With Ron Vossler, Veteran OLLI Presenter
Session#: GF-0036 | $65

Thursdays, January 19, 26
February 2, 9, 16, 23 | 9:30 - 11:30 am
City Hall
600 DeMers Ave. | East Grand Forks
Max 24 people

If you like your history mixed with humor, this is the course for you. During this course we will study both the humor and the various tragedies of the Germans from Ukraine (Russia), who settled in the Central Dakotas. You will hear prairie jokes and humorous anecdotes and stories, some made public for the first time; and you will also learn about at least two of the worst human rights tragedies of the twentieth century in which this group was involved, the Holodomor of 1933, and the Holocaust. With Ukraine in the news we will also take some time to look at events occurring there. Each session we’ll alternate, one-hour humor, one-hour tragedy, and proceed that way for the rest of the sessions.
The History of the Space Shuttle... THAT DIDN’T HAPPEN!

With Dennis Almer, Veteran OLLI Presenter

Session#: GF-0037 | $18

Monday, January 23 | 9:30 - 11:30 am
Parkwood Senior Living | 749 S 30th St.
Use entrance PWP-8 from south parking lot.
Max 60 people

Who would have ever imagined that a single, late-night telecom between Morton Thiokol contractors in Salt Lake City and NASA shuttle managers at Huntsville, AL, would ultimately result in the loss of seven astronauts? Even after 30 years from the Space Shuttle Challenger disaster on January 28, 1986, there are not many people who really know the “rest of the story” of not only what issues and uncertainties led to the accident but what might have been for the Space Shuttle Program had NASA not launched on that fateful day. While NASA had been launching the Space Shuttle since 1981 from the east coast Kennedy Space Center site in Florida, the USAF was readying a west coast Space Shuttle launch site and capability at Vandenberg AFB in California. This presentation will just scratch the surface in discussing the causes of the Challenger disaster. It will more so focus on the effects and impacts of that disaster on the future of the USAF West Coast Launch Site, a history of Space Launch Complex 6, and how that launch site is still being used even today for other DoD and NASA launches.

The Value of Antiques

Introducing Ell-Piret Multer, Owner of Plain and Fancy Antique Mall

Session#: GF-0039 | $18

Wednesday, January 25 | 9:30 - 11:30 am
Parkwood Senior Living | 749 S 30th St.
Use entrance PWP-8 from south parking lot.
Max 25 people

With the recent popularity of Antique Roadshow on PBS, people have a higher level of interest in the value of items in their attics and basements. There are multiple factors to consider in answering the age-old question, “What’s it worth?”, encompassing age, condition, and the nature of the item compounded by market trends and supply and demand. Ell-Piret will cover the factors that determine the value of old items with an optional component: allowing participants to bring one item each (small enough to carry) for in-class evaluation. Please, no jewelry.

Introduction to Music Therapy

With Carly Flaagan, Veteran OLLI Presenter

Session#: GF-0038 | $65

Mondays, January 23, 30, February 6, 13, 27, March 6
4:00 - 6:00 pm
Silver Waters | 3783 S 16th St | Grand Forks
Max 16 people

Learn about the history and practice of music therapy through interactive lectures and musical experiences taught by local music therapist, Carly Flaagan. Find out who music therapy serves, how music therapy can be beneficial and the current trends in today’s inter-professional health care world.

The Worldwide Project: Alcohol’s Harmful Effects on Others

Introducing Drs. Sharon and Richard Wilsnack

Session#: GF-0040 | $18

Tuesday, January 31 | 1:00 - 3:00 pm
Parkwood Senior Living | 749 S 30th St.
Use entrance PWP-8 from south parking lot.
Max 60 people

Chester Fritz Distinguished Professor Sharon Wilsnack & Professor Emeritus Richard Wilsnack will lead the School of Medicine and Health
What to Say After “NO”

With Kay Mendick, Veteran OLLI Presenter
Sponsored in part by the Red River Valley Motorcyclists. Course open to women 18+.

Session#: GF-0041 | Member | $35
Session#: GF-0041NM | Non-member | $45
Session#: GF-0041ST
UND Student/Staff/Faculty | $40

Tuesday, January 31 | 5:00 - 9:00 pm
UND Campus | Hyslop Sports Center
3rd Floor | 2751 2nd Ave. N
Park behind Starcher Hall and enter through the SW door, go to 3rd floor. Fee includes 1-day temporary parking permit. Max 18 people/Min 8 people. Wear comfy gym clothes (stretch pants and long sleeved t-shirt) and tennis shoes.

Gain confidence by building a voice against violence. This course is based on the idea that learning is best accomplished by doing. You will learn to use your voice and protect yourself emotionally in scenarios that are as realistic as possible. It doesn’t matter what size or age you are, or what physical limitations you have. In 4 hours, you will walk away with a confident voice that is STRONG, BIG AND LOUD, and be armed with a few, highly effective self-defense skills. Take this class with your mother, sister, daughter, granddaughter or girlfriend. Become empowered together!

Our Neighborhood Grocery Stores

Introducing Erik Fritzell, People, Landscape and Wildlife Enthusiast

Session#: GF-0042 | $18
Wednesday, February 1 | 9:30 - 11:00 am
Parkwood Senior Living | 749 S 30th St.
Use entrance PWP-8 from south parking lot.
Max 60 people

We all remember our neighborhood grocery store, right? This presentation will include the history of the “neighborhood grocery” and the nature of the grocery business as it was in Grand Forks (1900-1960), mostly from the perspective of the consumer. Photos will be shared of early stores ‘back in the day’ (mostly downtown) as well as contemporary photos of those same stores as they are today. Many stories to be shared!

Art Appreciation and Art History

With Dyan Rey, Veteran OLLI Presenter

Session#: GF-0043 | $50
Wednesdays, February 8, 15, 22, March 1
9:30 - 11:30 am
Parkwood Senior Living | 749 S 30th St.
Use entrance PWP-8 from south parking lot.
Max 60 people

This Art Appreciation class may be the course you wish you had taken in college—but without the tests! We will focus on the paintings by artists (male & female) from the 14th century through the mid-20th century. Each class will consist of a Power Point presentation with group discussion. The class may be particularly appealing for anyone who plans to travel to Europe or visit museums in major American cities. Topics: Looking at Art: Vocabulary of Form and Content, Medieval, Renaissance and Baroque painting, 18th and 19th century painting and 20th century painting.

Lincoln and the Emancipation Proclamation

With Dr. Albert Berger, Veteran OLLI Presenter

Session#: GF-0044 | $18
Thursday, February 16 | 1:30 - 3:30 pm
Parkwood Senior Living | 749 S 30th St.
Use entrance PWP-8 from south parking lot.
Max 60 people

After some changes, President Lincoln issued the
preliminary version of the Emancipation Proclamation to his Cabinet members on September 22, 1862, with the final document taking effect January 1, 1863. The document specified that slaves in Confederate states not back in the Union by then would be free, but slaves in the Border States were not affected. The most controversial document in Lincoln’s presidency, its signing met with both hostility and jubilation in the North. After the preliminary version was made public, Lincoln noted, “It is six days old, and while commendation in newspapers and by distinguished individuals is all that a vain man could wish, the stocks have declined, and troops come forward more slowly than ever. This, looked soberly in the face, is not very satisfactory.” However, on the day he approved the final version, Lincoln remarked, “I never, in my life, felt more certain that I was doing right, than I do in signing this paper.” The president knew the proclamation was a temporary military measure and only Congress could remove slavery permanently, but had the satisfaction of seeing the 13th Amendment pass a few months before his death. 


The Titanic

With Dr. Albert Berger, Veteran OLLI Presenter

Session#: GF-0045 | $18

Thursday, March 30 | 9:30 - 11:30 am
Parkwood Senior Living | 749 S 30th St.
Use entrance PWP-8 from south parking lot.
Max 60 people

More than a century has sailed by since the luxury steamship RMS Titanic met its catastrophic end in the North Atlantic, plunging two miles to the ocean floor after sideswiping an iceberg during its maiden voyage. The largest passenger steamship ever built, Titanic created quite a stir when it departed for its maiden voyage from Southampton, England, on April 10, 1912. After stops in Cherbourg, France, and Queenstown (now known as Cobh), Ireland, the ship set sail for New York with 2,240 passengers and crew. Rather than the intended Port of New York, a deep-sea grave became the pride of the White Star Line’s final destination in the early hours of April 15, 1912. More than 1,500 people lost their lives in the disaster.

At Touchmark, residents say living well means ...

- Having more friendships.
- Worrying less.
- Exercising more.
- Eating healthier.
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Enrich mind, body, and spirit—and live well!

We’re expanding!

Come see the exciting changes.
20th Century Heroes in Conservation - Who you may or may not have heard of before

With Dr. Robert Seabloom, UND Professor Emeritus, Veteran OLLI Presenter & OLLI Member

Session#: CR-2001 | $50
Mondays, September 19, 26, October 3, 10
9:30 - 11:30 am
Golden Link Center
324 N Main St. | Crookston
Max 50 people

Many have heard of, or even read about, some of the giants of North American conservation – Henry David Thoreau (Walden Pond), John Muir (Founder of the Sierra Club), Theodore Roosevelt (the great conservationist president), Rachel Carson (“Silent Spring”). But, there have been others in the past century whose dedication, courage, and intellect did so much to shape the conservation movement as we know it today: Bill Pruitt, a boreal ecologist who opposed the use of nuclear explosives to create harbors in Alaska; Mardy Murie, who with her husband explored and worked to protect the far north, and was a founder of the Wilderness Society; Sigurd Olson, educator and writer who fought to establish the Boundary Waters Wilderness of Minnesota; Aldo Leopold, author of “A Sand County Almanac,” and considered to be the “father” of the profession of Wildlife Management as we know it today. In this class, we will explore their lives, discuss some of their writings, and view some video interviews and beautiful documentaries.

All Things in Nature

With Ross Hier, Wildlife Supervisor for the Minnesota Department of Natural Resources

Session#: CR-2002 | $18
Thursday, November 3 | 1:30 - 3:30 pm
Golden Link Center
324 N Main St. | Crookston
Max 50 people

Ross Hier has been described as wildlife manager by day, wildlife artist by night. He’s known since he was a young boy that his passion for wildlife, together with his creative spirit, would help shape him into the man he is today. Learn more about Ross’ unique relationship with his wildlife career and his art.

Drug Crimes in Northwest Minnesota

With a variety of Law Enforcement Agencies

Session#: CR-2003 | $18
Monday, October 24 | 9:30 - 11:30 am
Golden Link Center
324 N Main St. | Crookston
Max 50 people

One only has to listen to the local and national news to learn there are many concerns with drug abuse in our communities. The Polk County Sheriff’s Office, the Crookston Police Department and the Pine to Prairie Drug Task Force will be presenting information to those who are interested in learning more about this concern. Participants will have the opportunity to hear firsthand from law enforcement about the concerning trends they are seeing with respect to drug crimes throughout Northwest Minnesota. Attendees will also be able to participate in a conversation about how the community can partner with local law enforcement to reduce and prevent drug abuse in our communities.
The Prairie/Forest Transition of North Dakota and Minnesota
- Why it is where it is

With Dr. Robert Seabloom, UND Professor Emeritus, Veteran OLLI Presenter

Session#: CR-2004 | $18
Wednesday, January 11 | 9:30 - 11:30 am
Golden Link Center
324 N Main St. | Crookston
Max 50 people

The striking transition (ecotone) of the tall-grass prairie of North Dakota to the forests of Minnesota has intrigued naturalists for many years. In this talk, we will explore the transition through photos taken on two aerial “field trips” 40 years apart (1966, 2006). In addition to the striking aerial views, we will examine satellite imagery, and discuss the role of topography, precipitation gradients, and fire in shaping the ecotone. Examples of characteristic vegetation and wildlife will also be discussed.

Geopolitics of Terrorism

With Samin Khan, Political Scientist and Veteran OLLI Presenter

Session#: CR-2006 | $40
Mondays, February 13, 20, 27 | 9:30 - 11:30 am
Golden Link Center
324 N Main St. | Crookston
Max 50 people

Geopolitics: is a method of studying foreign policy to understand, explain and predict international political behavior through geographical variables. These include area studies, climate, topography, demography, natural resources, and applied science of the region being evaluated. This course will introduce participants to ongoing debates about the nature and characteristics of the politics of Muslim countries and its relationship with the United States. What is the nature and Geo-strategic meaning of terrorist events happening around the world? Is terrorism part of the new great game or isolated events? Why are Muslims divided into Sunni and Shia? What is your question?

Mental Health Disorders

With James Schober, MA, LP

Session#: CR-2005 | $18
Monday, January 23 | 1:30 - 3:30 pm
Golden Link Center
324 N Main St. | Crookston
Max 50 people

This presentation will break down myths and stigma associated with mental health from children to adult populations. Numerous mental health conditions will be discussed and specific areas will be emphasized including suicide, depression, anxiety, ADHD and Post Traumatic Stress Disorder. Additionally, a variety of treatments and services that help manage such mental health conditions will be identified. Questions are appreciated and welcome.
TRIPS

BISMARCK

All are welcome!
OLLI members & non-members!
DON’T DELAY - RESERVE YOUR SPOT TODAY!

The Enchanted Highway

Session#: BIS-1001 | $145
Thursday, October 27 | 8:00 am - 4:30 pm
Departing at 8:00 am sharp from the lower level parking lot of the BSC National Energy Center of Excellence. Please arrive at BSC no later than 7:45 am.
Max 33 people

We will begin our enchanted day by going west out of Bismarck to Richardton then turning south to Mott, and then west to Regent. Once in Regent, we will tour the Hettinger County Historical Society Museum and Dr. S.W. Hill Drugstore. Afterwards, lunch at The Enchanted Castle. The gift shop has miniatures of each metal sculpture. After lunch, we will begin traveling north on The Enchanted Highway. Gary Greff, creator of the large metal sculptures, will be our step-on guide throughout the journey. Beginning with “Fisherman’s Dream,” sculptures include “Deer Crossing,” “Grasshoppers in the Field,” “Pheasants on the Prairie,” “Teddy Rides Again,” “World’s Largest Tin Family,” and ending with “Geese in Flight.”

Fee includes transportation, lunch, and water.
Must have 20 people for the trip to run.
Deadline for registration is Monday, October 24.
NO refunds after Thursday, October 20.

Dicken’s Village Festival

Session#: BIS-1002 | $145
Saturday, December 3 | 8:30 am - 11:00 pm
(Play begins at 7:30 pm)
Garrison, ND

Departing at 8:30 am sharp from the lower level parking lot of the BSC National Energy Center of Excellence. Please arrive at BSC no later than 8:15 am.
Max 33 people

Garrison’s Dickens Village Festival will delight and entertain families from across North Dakota, eastern Montana and southern Canada. The event turns a community of 1,500 into a quaint Victorian town from the era of Charles Dickens. As the official Christmas Capitol of North Dakota, Garrison and its Dickens Village Festival are a must for anyone who wants to turn the holiday season into a special experience year after year. Embracing a simpler time, experiences include: free carriage rides, street vendors, fruit cake toss, the Piccadilly Square Craft Show, Don’t be a Scrooge contest, getting on board the Queen Elizabus to Fort Stevenson Guardhouse and Interpretive Center, for the lighted parade, and the tour showcasing the lighted streets of Garrison before the bus delivers you to Kota Theater for the live play “A Christmas Carol by Tim.” Your experience will be enhanced ten-fold if you leave Bismarck Dressed for Dickens for your chance to win $50 for the best “out-of-town” Victorian garb!

Fee includes deluxe motor coach, water, admissions and Queen Elizabus rides, and the play “A Christmas Carol by Tim.” Lunch and dinner are on your own. Must have 20 people for the trip to run.
Deadline for registration is Tuesday, November 29. NO refunds after Wednesday, November 23.
FREE ACTIVITIES FOR OLLI MEMBERS

OLLI@The Movies

FREE to OLLI members!
Pre-registration REQUIRED.
National Energy Center of Excellence
Basin Auditorium, 3rd Floor | Room 304
1200 Schafer St. | Vending machines 1st floor Rm 115

Session#: BIS-1003
Friday, September 16 | 1:00 pm

Big Stone Gap (2014)
A single middle-aged woman who has lived her whole life in a small Virginia mining town discovers a family secret that alters her profoundly. Cast: Ashley Judd, Whoopi Goldberg, Patrick Wilson

Session#: BIS-1004
Friday, October 21 | 1:00 pm

Janis: Little Girl Blue (2015) (Documentary)
Janis Joplin is one of the most revered and iconic rock & roll singers of all time, a tragic and misunderstood figure who thrilled millions of listeners and blazed new creative trails before her death in 1971 at age 27. With Janis: Little Girl Blue, Oscar-nominated director Amy Berg examines Joplin’s story for the first time on film, presenting an intimate and insightful portrait of a complicated, driven, often beleaguered artist.

Session#: BIS-1005
Friday, January 20 | 1:00 pm

The Letters (2014)
On September 10, 1946, Mother Teresa (Juliet Stevenson) receives a message from God that tells her to help the poor, the sick and the downtrodden. Her new purpose initially causes conflict with the Roman Catholic Church and the government of India. After her death, a Vatican priest begins to recount her life’s work, her political oppression and her unbreakable spirit. As her story unfolds through 40 years of personal letters, history remembers her as one of the world’s greatest humanitarians. Cast: Juliet Stevenson, Max von Sydow, Rutger Hauer

Session#: BIS-1006
Friday, February 17 | 1:00 pm

Ben Kingsley narrates this portrait of Winston Churchill that explores his impact on the course of world events and his influence on modern diplomacy.

Special Interest Group: Dakota Writing Group

Beginning
Wednesday, September 7 | 1:00 pm
Bismarck Public Library | 515 N 5th St.
If you enjoy writing and have been looking to join a writer’s group, look no further. This is a very diverse group of writers, each one writing something different – memoir, fiction, poetry/screenplay, historical biography, etc. In turn, each is given gentle feedback, critique, and encouragement. All who are interested are welcome to come. The group typically meets at 1:00 pm each Wednesday.
No registration necessary.
Call Sonvy at 701-222-0514 or e-mail smrgs@midco.net for more information.

Tours

The Bismarck Tribune
With Julie Ramos Lagos, Marketing
Session#: BIS-1007 | $18
Monday, September 19 | 1:30 - 3:30 pm
707 E Front Ave | Bismarck
Max 20 people
Please arrive no later than 1:15 pm.
The Bismarck Tribune is a daily newspaper printed in Bismarck, North Dakota. Founded in 1873, it is the primary daily newspaper for south-central and southwest North Dakota.

**Nostalgic Glass Wet Plate Studio**

“Capturing Images in Silver on Glass using Light”

*With Shane Balkowitsch, Ambrotypist*

**Session#: BIS-1008 | $18**

**Monday, October 10 | 1:30 - 3:00 pm**

4419 Centurion Dr. | Bismarck

*Please arrive no later than 1:15 pm. Max 20 people.*

The “collodion wet plate process” is one of the earliest forms of photography dating back to 1851. But by 1880’s, the time consuming process was replaced by the “dry” process. In 2012, Bismarck business owner, Shane Balkowitsch, took up a hobby and brought back the collodion wet plate process. Images can be captured on glass (ambrotype) or on metal (tin type). The word ambrotype means “Immortal Impression” in Ancient Greek. Digital photography relies on technology, wet plate photography relies on 160-year-old chemistry, a bit of magic, and some luck. Shane is self-taught, shoots wet plate photography only, and will share the chemistry and magic with you.

**KFYR-TV Station**

*With Lee Ellison, Commercial Photographer with KFYR-TV*

**Session#: BIS-1009 | $18**

**Monday, January 9 | 11:30 am - 1:00 pm**

200 N 4th St. | Bismarck

*Please arrive no later than 11:15 am. Max 20 people*

Not only will there be a tour of the station, members will also enjoy sitting in on a live newscast as well as time in the control room.

**BISMAN Community Food Co-op**

*With Heidi DeMars, Outreach Coordinator*

**Session#: BIS-1010 | $18**

**Thursday, January 12 | 9:30 - 11:00 am**

200 N 4th St. | Bismarck

*Please arrive no later than 9:15 am. Max 20 people*

A diverse group of people came together in October 2011 with the shared interest of having a food co-op in the Bismarck community. In true ND form, they met at a truck stop called the Oasis. They cared about community, access to fresh local food, and working hard to get things done. Almost two years later, they incorporated as a Cooperative Association in North Dakota and were able to launch their membership drive and the rest is history…literally. In one year they grew their membership to over 600 invested members and became one of the fastest growing start-ups in the country. Learn so much more as Heidi shows and tells you the rest of the story.

**Salt Cave - Relaxation and Wellness Center**

*With Paul and Agata Zidon, Owners*

**Session#: BIS-1011 | $18**

**Thursday, February 16 | 1:30 - 3:00 pm**

1001 West Interstate Avenue | Suite 120

*Please arrive no later than 1:15 pm. Max 10 people*

The Salt Cave Wellness Relaxation Center is owned and operated by a Polish-American couple who wish to share their cultural heritage with the people of North Dakota. The Salt Cave concept provides unique health benefits previously unavailable in the Upper Great Plains region until now. Since a person’s mental and physical well-being is crucial, it will be interesting to learn how the properties of the salt cave nurtures the body and boosts the immune system.
Introduction to World Religions

*Introducing the Rev. Marv Mutzenberger, Retired Professor of Religion*

Session#: BIS-1012 | $65

Mondays, September 12, 19, 26
October 3, 10, 17 | 9:30 - 11:30 am
Nat’l. Energy Center of Excellence, Rm 103
BSC Campus | 1200 Schafer Street
Max 24 people

You will be introduced to a few major religious philosophies in our world beginning with the Abrahamic religions of Judaism, Christianity and Islam and then explore some that originate in India and China – Hinduism, Buddhism and Confucianism. Lecture and Discussion.

The Politics of the Supreme Court

*With Jason Matthews, Veteran OLLI Presenter*

Session#: BIS-1013 | $50

Tuesdays, September 13, 20, 27
October 4 | 9:30 - 11:30 am
Nat’l. Energy Center of Excellence, Rm 436
BSC Campus | 1200 Schafer Street
Max 32 people

The Supreme Court is pictured as an impartial, nonpartisan arbiter in American life. It is an image that is far from the truth. The history of the Court shows it is indeed subject to changing political circumstances and, in varying degrees, captive to the ideologies and personal predilections of its members -- and the presidents who appointed them. But is also an intensely personal institution in how it operates, in its impact on the lives of every American, and in its justices’ ability to often strike a delicate balance that preserves both the Court’s authority and public esteem. This course covers the history of the Supreme Court through the personalities that have shaped it and the political dynamics that have influenced many of its landmark decisions. Today’s Court stands at a crossroads. The current Court vacancy has exposed how the political dysfunction in the Senate is pushing the Supreme Court and the entire judicial branch into crisis. With the real likelihood that the next president will shape the Court for a generation to come, now is the perfect time to explore ‘The Politics of the Supreme Court.’

North Dakota: People Living on the Land

*With Barbara Handy-Marchello, Veteran OLLI Presenter and OLLI Member*

Session#: BIS-1014 | $18

Tuesday, September 13 | 1:30 - 3:30 pm
Nat’l. Energy Center of Excellence, Rm 104
BSC Campus | 1200 Schafer Street
Max 16 people

In October 2014, the North Dakota Studies Program at the State Historical Society of North Dakota released a web-based curriculum for 8th grade North Dakota Studies, titled *North Dakota: People Living on the Land*. The curriculum draws on written documents, maps, objects, photographs, and film, to support explanatory text. The website is user-friendly, searchable, printable, and designed to interest readers at every level. This course will show participants how to access and make best use of the website. Participants will be encouraged to locate topics of personal interest.

Growing up with Disney

*With Ann Vadnie, Veteran OLLI Presenter*

Session#: BIS-1015 | $65

Wednesdays, September 14, 21, 28, October 5, 12 | 1:30 - 3:30 pm
Nat’l. Energy Center of Excellence, Rm 103
BSC Campus | 1200 Schafer Street
Max 24 people
Ah, childhood...what a time of wonder! And who gave us “wonder” better than Walt Disney? He gave us Mickey Mouse, full length feature cartoons, imagination, love of fantasy, and Disneyland. This class will explore all things Disney and discussions about how his Wonderful World of Color influenced us all while we were growing and learning about ourselves.

**An Airman Recollects 1939-1945**
*With Dr. Herbert Wilson, Veteran OLLI Presenter*

**Session#: BIS-1016 | $65**

**Thursdays, September 15, 22, 29, October 6, 13, 20 | 1:30 - 3:30 pm**

Nat’l. Energy Center of Excellence, Rm 103
BSC Campus | 1200 Schafer Street

Max 16 people

Casablanca, Utah Beach, Dunkirk, El Alamein—these are all names of places, places very important to those alive at certain times in history. Eisenhower, Churchill, Lindberg, Bradley, Patton, all names of men who were very important to our fathers and all were truly great men who lived in the last century. But how much do we know about them today? The names are rapidly being lost to that great obscurer—some call him the March of Time—some call him the Works of Evolution. What will we call him? The intent of this course is to create a learning experience by using a historical review of immigration including an awareness that this often included an intolerance of “them.” Understanding how this past intolerance often associated with the most recent immigrants coming over at that time will create a better understanding of the make-up of our nation as a land of immigrants. This course offers an effective way to bring the humanities to life and also an opportunity to create a dialog on the current status of immigration in America.

**The History of Immigration in America**
*Introducing Dr. Perry Hornbacher, Professor of History at BSC*

**Session#: BIS-1017 | $50**

**Tuesdays, September 20, 27, October 4, 11 1:30 - 3:30 pm**

Nat’l. Energy Center of Excellence, Rm 103
BSC Campus | 1200 Schafer Street

Max 24 people

The intent of this course is to create a learning experience by using a historical review of immigration including an awareness that this often included an intolerance of “them.” Understanding how this past intolerance often associated with the most recent immigrants coming over at that time will create a better understanding of the make-up of our nation as a land of immigrants. This course offers an effective way to bring the humanities to life and also an opportunity to create a dialog on the current status of immigration in America.

**The Study of Real Monsters**
*With Becky Barnes, Paleontologist, ND Geological Survey and Veteran OLLI Presenter*

**Session#: BIS-1018 | $18**

**Wednesday, September 28 | 9:30 - 11:30 am**

ND Heritage Center and State Museum
612 E Blvd. Ave. | Bismarck

Max 36 people

When Becky presented this lecture last January, OLLI member, Clint Wanek, said: “The Study of Real Monsters” exceeded my expectations on every level. Learning about paleontology and North Dakota history was both informative and entertaining. Becky's presentation style is engaging and leaves you wanting more. The frosting on the cake was the behind the scenes tour of the lab at the North Dakota Heritage Center and the opportunity to see staff members working on fossils. If OLLI offers this class again I would attend the second time – it was that good!”
Everyone is Creative!

**Painting with Acrylic**

Session#: BIS-1019 | $60

Tuesdays, October 4, 11, 18, 25 | 5:00 - 7:00 pm
Theo Art School | 1810 Schafer St. #5
Bismarck
Max 25 people

This art course will be perfect for beginners and experienced artists! Haven’t picked up a paintbrush since 1st grade? Not sure of your artistic talent? New to art? No problem! The instructor will guide you step by step through the four - 2 hr. sessions. A4A [ART FOR ADULTS] is a class where students are taught how to paint a particular subject, by breaking the steps down into a simple process, in a fun friendly environment. The medium is acrylic, so at the end of the class you can take your masterpiece home. Participants will create a new art piece on each and every session. Theo Art School will provide all supplies (though you are welcome to bring your own). This course will be offered in February 2017 as well. See page 28

The Best Indian: The Day Schools in the Dakotas 1890-1920

Introducing Dr. Birgit Hans, Professor of Indian Studies at UND

Session#: BIS-1020 | $18

Wednesday, October 19 | 9:30 - 11:30 am
Touchmark on West Century
1000 West Century Ave. | Bismarck
Max 40 people

The Federal Government set up day schools in the Dakotas, as it did elsewhere, to help with civilizing American Indian children, and the couples hired to run the day schools - the teacher and the housekeeper - were meant to aid in the assimilation of the children and their parents. The Lakota parents however used the day schools for their own advantage between 1890 and 1920. Far from simply submitting to the assimilation program of the federal government, Lakota parents demanded that their children were treated with respect by the teachers and housekeepers and that they received the best education that they could. However, contrary to the Lakota parents, the representatives of the federal government did not feel that the day schools were very successful in the educational process.

The ND Legislative Process Part I

*With Dan Ulmer, Veteran OLLI Presenter*

Session#: BIS-1021 | $50

Mondays, October 24, 31, November 7, 14 | 1:30 - 3:30 pm
AARPND State Office | Suite #125
107 W Main Ave. | Bismarck
Max 36 people

This course will focus on North Dakota’s legislative process from the inside, a hands on approach on how to go about making and influencing legislation. **Class One** - An overview of how easy it is for citizens to engage in North Dakota’s legislative process. **Class Two** - Discussing issues that the class brings forward with legislative candidates. **Class Three** - One day before elections - continue discussing issues with local candidates. **Class Four** - Post election. Now that we know who won, how do you go about getting a bill introduced and passed?

The Life and Career of Pierre Wibaux: “Cattle King”

Introducing Doug Ellison, Owner of Western Edge Books, Artwork, Music

Session#: BIS-1022 | $18

Tuesday, October 25 | 1:30 - 3:30 pm
Nat’l. Energy Center of Excellence, Rm 431
BSC Campus | 1200 Schafer Street
Max 24 people

Pierre Wibaux was born in Roubaix, France in 1858 to a prominent family in the textile business.
After receiving a liberal and technical education, and a stint in the army, his father sent him to England on a two-year tour of the manufacturing districts. While there, he met his future bride and began learning from English families about the wonderful opportunities in the cattle business in America. Eager to make his own mark in the world, the ambitious Wibaux turned away from textiles and decided to visit the "states." Settling in Wibaux, Montana, Pierre became a successful rancher and cowboy, owning up to 60,000 head of cattle that ranged from the Little Missouri river west to the Yellowstone and from the Northern Pacific railroad north to the Big Missouri. He also excelled at various business ventures, including becoming President and principal owner of the State National Bank in Miles City and President and principal owner of the Clover Leaf Gold Mining company at Deadwood, South Dakota as well as business interests in France, Mexico, California, and in the Klondike region of Alaska. Doug has much to share about Pierre's life in Wibaux, Montana and elsewhere.

The Fame and Fortune Gap
With Marlene Norris, Veteran OLLI Presenter
Session#: BIS-1024 | $40
Wednesdays, November 2, 9 | 1:30 - 3:30 pm
Nat’l. Energy Center of Excellence, Rm 103
BSC Campus | 1200 Schafer Street
Max 16 people

At first glance, the term, “Fame and Fortune Gap” probably brings to mind, a highly-accomplished individual whose works would not be recognized or treasured until long after that person’s time on Earth. Yet, there are still different “fame & fortune gaps” that can be found among noteworthy individuals—gaps that can be explored in terms of their causes, developments, and impact—such as the random person coming up with a phenomenal invention that would bring about a fortune for that individual even though only the actual invention rather than the inventor would become a household word, or the individual of both fame and fortune who would come to face financial failure, or the person whose chance for fame or fortune would be impaired by technicalities. Here’s a discovery course into what worked or didn’t work for individuals in these situations...and why!

El Camino de Santiago
(Way of St. James)
With Bill and Jerry Schlosser, Adventurers Extraordinaire
Session#: BIS-1023 | $18
Wednesday, October 26 | 9:30 - 11:30 am
Touchmark on West Century
1000 West Century Ave. | Bismarck

Max 40 people

Although they have not traveled yet to Spain to do the Camino de Santiago pilgrimage at the time of this writing, brothers Bill and Jerry Schlosser know that they will experience a journey of a lifetime. The journey has entailed considerable preparation physically, mentally, and spiritually. Last winter, after being inspired by a couple who spoke about their Camino pilgrimage, Bill and Jerry began intense research and reading about the way of St. James. In February, having complete faith for what they were about to do, they booked their flight to Madrid to depart August 20 – there was no turning back. With apprehension and excitement, they charted their course and purchased their gear for the long pilgrimage…all 482.3 miles of it. This OLLI presentation includes the preparatory aspects of the journey, the physical conditioning, and duration, the highlights of the journey as well as the trials and tribulations encountered. Although this is being done as a pilgrimage, others do it for recreational purposes. Regardless of the reason, dimensions of body, mind and spirit will be experienced.
1983: The Cold War’s Coldest Year

With Jason Matthews, Veteran OLLI Presenter

Session#: BIS-1025 | $50

Tuesdays, January 10, 17, 24, 31
9:30 - 11:30 am
Nat’l. Energy Center of Excellence, Rm 436
BSC Campus | 1200 Schafer Street
Max 32 people

The Cold War between the United States and the Soviet Union lasted for 44 years. Of all those years no year was as dangerous as 1983. Detente was dead. The rhetoric between the superpowers was heated. President Ronald Reagan labeled the Soviet Union an “evil empire”. Soviet leader Yuri Andropov publicly compared Reagan to Hitler. The U.S. military buildup, the placement of Pershing Missiles in Western Europe, and the nuclear freeze movement almost broke the NATO alliance. The Soviet economy was starting to buckle and its military was on a hair trigger. Soviet jets shot down Korean Airlines 007. Andropov was convinced a surprise U.S. attack was imminent. And, for a few days in November, the world unknowingly stood at the brink of nuclear annihilation. Incorporating archival evidence and video, this course will reveal how close the superpower came to nuclear war, and how critical this year was in impacting Ronald Reagan and in setting the stage for the rise of Mikhail Gorbachev.

The ND Legislative Process Part II

With Dan Ulmer, Veteran OLLI Presenter

Session#: BIS-1027 | $50

Thursdays, January 12, 19, February 2, 23
1:30 - 3:30 pm
(Note: Sessions are not consecutive Thursdays.)
ND State Capitol Cafeteria (1st & 2nd classes)
600 East Boulevard Avenue
NDAARP State Office (3rd & 4th classes)
107 W Main Suite 125
Max 36 people

This is Part II of The North Dakota’s Legislative Process from the inside. (See ND Legislative Process Part I on pg. 24) Class One - gather at the capitol cafeteria for coffee- tour the session, review different ways to figure out what, when, where the action is and how to dive into the process. Class Two - meet at the capitol cafeteria. Participants will discuss their selections, figure out their bill's status, talk to a sponsor, supporter or opposer. Class Three - everyone meets at the NDAARP office to review their findings so far and what their experience has been. Class Four - class will meet at the NDAARP office to decide where to gather to figure out where their issues are and what they want to do about it...i.e., give up, or pursue their issues to sine die.

Learning by the Handful

With Ann Vadnie, Veteran OLLI Presenter

Session#: BIS-1026 | $65

Tuesdays, January 10, 17, 24, 31, February 7
1:30 - 3:30 pm
Nat’l. Energy Center of Excellence, Rm 436
BSC Campus | 1200 Schafer Street
Max 32 people

Five fingers on a hand, so this will be a handful of topics...one for each two-hour class. A little bit of fun with a lot of learning! Topics include: The Life of Escape Artist Harry Houdini; Heroes and Villains of the Wild West; Great Mysteries of the World; Amazing Facts about the Human Body; and Let’s All Go to the World’s Fair.

Readers Theatre

With Barry Wolcott, Veteran OLLI Presenter

Session#: BIS-1028 | $65

Mondays, January 23, 30, February 6, 13, 27, March 6 | 5:00 - 7:00 pm
(No class on February 20 due to President’s Day)
Touchmark on West Century
1000 West Century Ave. | Bismarck
Max 25 people

Hey, here's an idea...let's be those, those who read lines--from some really interesting plays. No auditions, no long rehearsals and all that other stuff. We'll just bring alive those lines from real plays. It will be fun doing the lines and fun understanding just what that playwright meant when he/she wrote them. And Barry knows about that stuff, being a playwright and also a director with a great deal of experience!
High on Nutrition
With Garnet Schatz, Veteran OLLI Presenter and Master Herbalist

Session#: BIS-1029 | $50
Wednesdays, February 8, 15, 22, March 1
9:30 - 11:30 am
BISMAN Community Food Co-op
Education Rm | 711 Sweet Ave E | Bismarck
Max 16 people

Learn the uses, preparation and medicinal benefits of at least ten commonly used spices and herbs you probably have in your kitchen. Explore different gluten-free grains and learn how to prepare them in tasty recipes. Find out which foods are best eaten together or separately, and how to combine foods for better digestion and health. Unlock the mystery of food labeling to identify potentially harmful, carcinogenic, unwanted food additives and ingredients in foods we eat and in personal care products. And learn the potential healthful or detrimental types of fats along with some interesting recipes. This is sure to be an interesting, fun and informative series of classes.

Peace of Mind
With Helen Aaker-Wolf, Preplanning Consultant

Session#: BIS-1030 | $18
Thursday, February 23 | 1:30 - 3:30 pm
Nat’l. Energy Center of Excellence, Rm 103
BSC Campus | 1200 Schafer Street
Max 16 people

Pre-planning a funeral (your own or for a loved one) is never easy. It feels like an insurmountable task. However, it’s in the preplanning that eases difficult moments and brings peace of mind. Preplanning eliminates 95% of the questions and decisions. Family members will be grateful you planned ahead and will now know how you or your loved one wanted to be remembered.

CONVERSATIONS AT BISMARCK STATE COLLEGE

September 25, 2016

January 29, 2017
“I Will Fight No More Forever” – Chief Joseph, Native American Resistance, and the End of the Indian Wars

February 26, 2017
Genesis from the Moon: Spiritual Journeys in the American Space Program

May 7, 2017
The Quincentennial of The Protestant Reformation: A Reevaluation

June 4, 2017
“Kill the Indian, Save the Man” – Education and the Assimilation of Native Americans

Hosted by humanities scholar Clay Jenkinson and BSC President Larry C. Skogen

Free and open to the public. Sundays at 3 p.m., Bavendick Stateroom, NECE, BSC
American Indians and Star Quilts
With Dr. Birgit Hans, Veteran OLLI Presenter
Session#: BIS-1032 | $18
Monday, February 27 | 9:30 - 11:30 am
Touchmark on West Century
1000 West Century Ave.
Max 20 people

On the Northern Plains, American Indian women were taught how to quilt by teachers, field matrons and missionaries in the late 19th century. Quickly, the star quilt became the preferred quilt pattern, and by the middle of the 20th century the star quilt had become an important social and economic commodity on the reservations. We will explore how and why the star quilt became a symbol of American Indian identity on the Northern Plains.

The Year We Lost Our Ponies
With Dr. Carole A. Barrett
Session#: BIS-1033 | $18
Wednesday, March 1 | 9:30 - 11:30 am
Nat’l. Energy Center of Excellence, Rm 103
BSC Campus | 1200 Schafer Street
Max 24 people

During the Summer and Fall of 1876, many Lakota and Dakota drifted onto their agencies after the Battle of the Little Big Horn (1876). In late October, General Alfred Terry, Commander of Dakota, carried out orders to disarm and dismount the Lakota and Yanktonais at Standing Rock and Cheyenne River Agencies. This “pony campaign,” as it was referred to, went well into the late spring of 1877; by that time well over 5,000 horses had been seized at these two agencies and herded to Bismarck and Minneapolis-St. Paul for sale. The proceeds of the horse auction were to be invested in a civilizing effort, the purchase of cattle so the formerly “wild Indians” could take up farming and ranching. This event was so memorable, and traumatic, that in Lakota and Dakota pictographs the year 1876-1877 is referred to as “the year we lost our ponies,” rather than memorializing the defeat of Custer and his troops. Josephine Waggoner, a historian from the Standing Rock Reservation who wrote her people’s history in the early 1900s, describes the loss of the ponies, “So, the horses were all gone. The life,
Grand Forks Parking Information

There is limited free parking in the immediate area of UND. Members using street parking can expect to walk up to three or four blocks. Some campus parking lots have metered parking that you may use. For a map of the entire UND campus go to UND.edu/discover/virtual-tour.cfm or call 1.800.225.5863 to have one mailed to you. An alternate choice is to purchase a special OLLI@UND parking permit (see registration page for more details). This entitles members to park in any S, A or G lot on campus during each OLLI semester and special event. You may purchase your special OLLI@UND parking permit when registering for classes. The permit is only available through OLLI@UND.

Bismarck Parking Information

Most courses are held on the Bismarck State College campus, with classrooms located in the National Energy Center of Excellence (NECE) building on the 1st floor. Park on the south side of the building and enter the entrance on the lower level. All location addresses are listed in the catalog under each course title. Parking on the BSC campus is free.

For a map of the entire BSC campus go to bismarckstate.edu/about/contact/
MEMBERSHIP FEES

The goal of OLLI@UND is to provide lifelong learning opportunities for mature learners while being a self-sustaining organization, advised by OLLI members, and supported through annual membership and course fees.

- An annual membership at $40
- Three year membership at $75 (HUGE savings!)

COURSE FEES

You must be a member of OLLI@UND to register for courses, lectures, tours and the many FREE activities. Registration fees for courses range from FREE to $65. Please read the specifics for each course carefully as some course registration fees do not include lab/supply fees or required books.

DON’T WAIT, REGISTER EARLY!

If you already know what courses you wish to take, please register ASAP. Registering online allows you a better chance in securing your place in the course(s) before it fills.

PLEASE NOTE: All OLLI courses must have a minimum of 6 participants, unless otherwise noted, enrolled for the course to be offered. Please call the OLLI office prior to purchasing books or supplies for a given course. We cannot refund your purchases if the course is cancelled.

CANCELLATIONS AND REFUNDS

If you register for a course but will not be able to attend, please call us as soon as possible. We have many courses with waiting lists and we want to accommodate as many members as possible. If you need to withdraw from a course, you must call OLLI@UND at 701.777.3000 or 1.800.CALL.UND (1.800.225.5863) at least 7 calendar days prior to the course START date to receive a full course fee refund. No refunds are available for withdrawal notifications received 6 or fewer business days prior to the course start date. However, you may transfer to another course (space permitting).

SCHOLARSHIPS

OLLI@UND offers scholarships for those on limited incomes. We want to make our program accessible to anyone who has a desire to learn. Scholarships are available through a simple, friendly, and confidential process. For more information, please email Connie at connie.hodgson@UND.edu or call 701-777-4840.

CLASSROOM DECORUM

If, in the opinion of the instructor or class members, a student interferes with the goals of learning, he or she may be asked to leave the class and ultimately may not be able to continue his or her affiliation with OLLI@UND. Remember to turn off cell phones and other electronic devices when you are in class. End times are approximate for offerings under Special Events.

EMERGENCY/INCLEMENT WEATHER INFO

Please pay close attention to the news media as they will always post cancelled classes for universities/colleges. If UND or BSC is closed for ANY reason, there will be no OLLI classes. When in doubt, please email Connie at connie.hodgson@UND.edu regarding cancellations at the OLLI site in Grand Forks. Call CETI at 701-224-5600 regarding cancellations at the OLLI site in Bismarck. Please include your telephone number in the email. Your personal safety is our main concern. Make-up classes will be scheduled, and you will be notified of the new dates via e-mail or phone.

WANTED! PRESENTERS & DISCUSSION LEADERS

Do you want to share your passion, develop innovative learning experiences and inspire others to learn without the burden of grades or homework? Go to UND.edu/olli/teach for more information about proposing an OLLI course.

WANTED! OLLI AMBASSADORS

If you register for a course, won’t you consider being the Class Assistant for that course? Class Assistants arrive early to be sure the room is open, and all the lights are on. You will assist the instructor/discussion leader, helping to ensure that announcements are made, equipment is set up (training will be provided), and new member gifts and handouts are distributed. You will make introductions and enjoy becoming better acquainted with instructors and fellow class members.
### OLLI FALL/WINTER 2016-2017 ENROLLMENT FORM

**OLLI Membership is required to participate in the OLLI@UND Program.**

- Yes, I want a **1-year** OLLI membership - **$40**
- Yes, I want a **3-year** OLLI membership - **$75**
- I am already an OLLI member.

**Note:** Your membership fee is non-refundable and non-transferable. Participants are responsible for any course materials required.

Name: __________________________ Date of Birth: ___________ Month/Day/Year

E-mail: __________________________

Mailing Address: __________________________ City/State/ZIP: ___________

Daytime Phone (Required): __________________________ Mobile Phone: __________________________

**Please enroll me in the sessions listed below:**

<table>
<thead>
<tr>
<th>Session#</th>
<th>Title</th>
<th>Fee</th>
</tr>
</thead>
<tbody>
<tr>
<td>BIS1001</td>
<td>Scrapbooking (Example)</td>
<td>$50</td>
</tr>
<tr>
<td>GF0015</td>
<td>Legacy of Abraham Lincoln (Example)</td>
<td>FREE</td>
</tr>
</tbody>
</table>

**Note:** I understand by registering, I am giving OLLI@UND permission to use for publicity purposes any photographs taken during courses conducted by this program.

**Need an OLLI@UND Parking Permit?**

- Fall/Winter (Sept. 1 - March 31) - **$13.50**
- Spring/Summer (April 1 - Aug. 31) - **$12.50**
- Full Year (Sept. 1 - Aug. 31) - **$25.00**

**PAYMENT METHOD** Your payment **must** be included with your registration form. Payable in US funds ONLY. UND's payment processor is unable to accept check payment from a foreign bank. Refunds will be processed using the current exchange rate.

- CHECK enclosed payable to: **University of North Dakota**
- CHARGE
  - Visa
  - MasterCard
  - Discover
  - American Express

Credit Card # __________________________ Exp. Date: __________________________

Name on Credit Card: __________________________________________________________________________

**Ways To Register:**

- **Preferred Method** **Web:** [olli.UND.edu](http://olli.UND.edu) (Secure Registration) **Preferred Method**

  - Mail check to or pay in person: UND
    - Gustafson Hall Room 103
    - 3264 Campus Road Stop 9021
    - Grand Forks, ND 58202-9021
  - **Phone:** 1.800.225.5863 or 701.777.3000

**Classes fill up rapidly, so as soon as you know what course(s) you want, register immediately to reserve your spot in class.**
FALL/WINTER SHOWCASES

Grand Forks

Monday, August 29, 2016
4:00 – 6:00 pm
Gorecki Alumni Center | UND Campus
3501 University Ave. | Grand Forks

Bismarck

Thursday, September 1, 2016
4:00 - 6:00 pm
National Energy Center of Excellence
Bavendick | 1200 Schafer St | Bismarck

Scan for pdf of current OLLI catalog.