



Winter Survival Kit for Your Automobile

Assemble a survival kit for your automobile with the following items. Storing some of these supplies in a small bag or backpack will make them more convenient to access.

- Blankets, sleeping bags
- Bottled water
- Extra clothing (for layering or in case of wet clothing)
- Cell phone charger
- First aid kit
- Hand sanitizer or towelettes
- Emergency signal device (light sticks, battery-type flasher, reflector, etc.)
- Flashlight with fresh batteries
- Food (nonperishable -- nutrition bars, trail mix, etc.)
- Gloves/mittens, hat, boots
- GPS or local maps (some smart phones have GPS built in)
- Rope for towing, rescue, etc.
- Paper and pencils
- Toilet tissue
- Tools (pliers, adjustable wrench, screwdriver, etc.)
- Whistle for signaling
- Jumper cables

TIPS – North Dakota winters can be quite harsh & unpredictable. It is always a good idea to inform someone of your destination and route ahead of time. Additionally, check local weather & road reports. Exposed skin can freeze very quickly due to exposure from low temperatures and/or windchill.

- _ It is strongly advised to NEVER leave your vehicle.
- _ It is safe to run your vehicle for short periods of time; however, be sure to keep one window open slightly to prevent carbon monoxide poisoning.